## Stem cell Transplantation in Multiple Myeloma in 2009

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# AUTOLOGOUS STEM-CELL TRANSPLANTATION

## RESULTS ACHIEVED WITH ASCT

	ASCT	CC
CR	15-25%	< 10%
VGPR	40-50%	< 20%
Median PFS	25-35 months	15-20 months
Median OS	55-60 months*	42-60 months

Until now ASCT has been the standard of care for patients up to 65 years without major organ dysfunction

## Improvements in survival according to the age

Period estimates of 10-yr survival by major age groups in defined calendar periods



Brenner et al. Blood 2008;111:2521-26

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# What have we learned in the past 20 years ?

Preparative regimen : Mel 200 mg/m2 ASCT > CC (7 randomized trials) Double vs single ASCT PFS Impact of ASCT on OS in younger patients Impact of CR achievement

### LONG-TERM FOLLOW-UP OF IFM 90 and 94



With longer follow-up results remain stable Survival significantly longer in the transplant arm compared to the conventional chemotherapy arm Trend in favor of double vs single ASCT

## ASCT vs Conventional CT Results of Randomized Studies

Author	N of pts	Age	CR rate	EFS	OS
Attal 1996	200	≤65	38% vs 14% ***	7-yr EFS 16% vs 8%	7-yr OS 43% vs 27%
Fermand 1998 <sup>3</sup>	** 185	≤ <b>55</b>	19% vs 5%	39 m vs 13m	65m vs 64m
Child 2003	401	≤ <b>65</b>	44% vs 8%	32m vs 20m	54m vs 42m
Palumbo 2004	195	<70	25% vs 6%	28m vs 15m	58m+ vs 42m
Fermand 2005	190	55-65	542% vs 20% ***	25m vs 19m	48m vs 47m
Blade 2005*	164	<65	30%vs 11%	42 m vs 33m	61m vs 66m
Barlogie 2006	* 516	≤ 70	11% vs 11%	7-yr PFS 17% vs 16%	7-yr OS 37% vs 42%

•Randomized after induction Chemo

\*\* early vs late ASCT

\*\*\* CR + VGPR

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### LONG-TERM FOLLOW-UP OF IFM 90 and 94



With longer follow-up results remain stable Survival significantly longer in the transplant arm compared to the conventional chemotherapy arm Trend in favor of double vs single ASCT

## The only factor predicting the impact of the 2nd ASCT is the result of the first



## Cytogenetic + b2m model H Avet Loiseau Blood 2007

<b>OS</b>		
No t(4;14), no del(17p), β2m<4, <u>no del(13)</u> No t(4;14), no del(17p), β2m<4, <u>del(13)+</u>	155 pts 110 pts	
No ((4;14), no del(17p), <u>β2m&gt;4</u> , no del(13) No t(4;14), no del(17p), <u>β2m&gt;4, del(13)+</u> t(4;14) <u>or</u> del(17p)>60%, <u>β2m&lt;4</u>	74 pts 69 pts 63 pts	
t(4;14) <u>or</u> del(17p)>60%, <u>β2m&gt;4</u>	42 pts	0.25
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0.00

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# What have we learned in the past 20 years ?

Preparative regimen : Mel 200 mg/m2 ASCT > CC (7 randomized trials) Double vs single ASCT PFS better but OS benefit is marginal (at best) Impact of ASCT on OS in younger patients Impact of CR achievement What have we learned in the past 20 years ? ASCT > CC (7 randomized trials)

Preparative regimen : Mel 200 mg/m2

Impact of CR achievement Impact of ASCT on OS in youger patients



#### **IFM95-02 trial**



Moreau et al, Blood 2002

# What have we learned in the past 20 years ?

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Impact of CR achievement

Impact of ASCT on OS in youger patients

What have we learned in the past 20 years ? ASCT > CC (7 randomized trials) Preparative regimen : Mel 200 mg/m2 Impact of CR achievement

Impact of ASCT on OS in younger patients

# **Recent improvements**

Induction therapy

# Impact of CR + VGPR on outcome



Attal M NEJM 96

Harousseau JL JCO in press

## **Thal-Dex prior to ASCT**

	TD vs D	TD vs VAD	TD vs VAD	
Author	Rajkumar JCO 2006	Cavo Blood 2005	Macro ASH 2006	
N° of pts	201	200	204	
Response Prior to ASCT	RR: 69% vs 51%	RR: 76% vs 52% RR	VGPR 35% vs 17	
DVT	17% vs 3%	15% vs 2%	23% vs 7.5%	

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Author	Rajkumar JCO 2006	Cavo Blood 2005	Macro ASH 2006
N° of pts	201	200	204
Response Prior to ASCT	RR: 69M vs 51% No ≠ce in CR rate	RR: 76% vs 52% RR No ≠ce in CR rate	VGPR 35% vs 17%
Response After ASCT	NA	NA	VGPR 44% vs 42%
DVT	17% vs 3%	15% vs 2%	23% vs 7.5%

# **Len-Dex prior to ASCT**

- -No randomized study comparing induction with Len-Dex to other regimens
- In available studies on Len-Dex, patients who were candidates for ASCT and who received 4 cycles prior to ASCT were mixed with patients who received long-term treatment
- -Response rate after 4 cycles was the primary end-point of the ECOG E4A03 trial

	Len-Dex	Len-dex
PR rate	<mark>80%</mark>	67%
VGPR rate:	44%)	<b>26%</b>

# Vel-Dex prior to ASCT IFM 2005-01 TRIAL

Study Design

#### Randomization



Second ASCT if <VGPR

### IFM 2005-01 Response To Induction (4 cycles)

	VAD	Vel-Dex	P value
	N=210	N=214	
CR CR+nCR ≥ VGPR ≥ PR MR+SD PD Death	1% 7% 16% 65% 28% 4% 3%	6% 15% 39% 82% 13% 5% 0.5%	0.0109 0.0035 < 0.0001 <.0001

#### **Response by IRC assessment**

#### Harousseau ASH 2008

### **Response to First ASCT Intent-to-treat analysis**

	VAD	Vel-Dex	P value
	N=213	N=212	
CR CR + nCR ≥ VGPR ≥ PR MR/SD/PD No ASCT	9% 19% 38% 79% 4% 17%	17% 37% 57% 84% 3% 13%	0.016 <0.0001 0.0003 NS

#### **Two-drug regimens: response before and after ASCT**

	TD vs VAD <sup>1</sup>	VD vs VAD <sup>2</sup>
N° of pts	204	424
pre-ASCT	35 vs 13	<mark>39</mark> vs 16
≥VGPR (%)	P = 0.002	P<0.0001
post-ASCT	44 vs 42	<mark>57</mark> vs 38
≥VGPR (%)	P=NS	P=0.0003

#### VD is clearly superior to VAD while TD is not VD appears to be superior to TD. No information on post-ASCT rate with RD/Rd

1 Macro et al ASH 2006 (abs. 57) 2 Harousseau ASH 2008

#### **PFS** (2 yr median f-up)



#### IFM 2005-01 Impact of t(4;14) and del(17p) on PFS in patients treated with Vel/dex



# Three-Drug combinations prior to ASCT

	TAD vs VAD Lokhorst IMW 09	TCD vs VAD Morgan ASH 07	PAD vs VAD Sonneveld ASH 08	VTD vs VAD Cavo ASH 08
Nb of pts	402	251	300	460
Pre ASCT RR	72 vs 54	87 vs 75	83 vs 75	<b>O</b> 94 vs 79
≥ VGPR	32 ys 15	39 vs 27	42 vs 15	62 vs 29

# Three-Drug combinations prior to ASCT

	TAD vs VAD 1	TCD vs VAD 2	PAD vs VAD 3	VTD vs VAD 4
Nb of patients	402	251	300	460
Pre ASCT RR ≥ VGPR	72 vs 54 32 vs 15	87 vs 75 39 vs 27	83 vs 75 42 vs 15	94 vs 79 62 vs 29
Post ASCT CR ≥ VGPR	16 vs 11 49 vs 32	51 vs 40 67 vs 43	15 vs 9 59 vs 47	43 vs 23 76 vs 58

1 Lokhorst (Hovon/GMMSG)IMW 2009 3 Sonneveld(Hovon/GMMSG ASH 2008

2 Morgan (MRC) ASH 2007

4 Cavo (GIMEMA) ASH 2008

### Summary of novel agent induction trials (randomized studies)

≥ VGPR rates post-induction and post-transplant



ASH/ASCO symposium during ASH 2008

Sonneveld et al. ASH 2008 (abstract 653); IMW (abstract 152) Cavo et al. ASH 2008 (abstract 158); IMW 2009 (abstract 451)

# Induction treatment VGPR rate



## CONCLUSION

Bortezomib-based combinations appears to be superior to thalidomide-based combinations (VD>TD,PAD>TAD)

Preliminary results with VD induction show that a higher initial tumor burden reduction may translate into a longer PFS

Bortezomib might overcome poor prognosis related to t(4;14)

VTD appears to yield the best results

## Incidence of PN in Bortezomib induction trials

Study		Grade 2	Grade 3/4
IFM	Vel-Dex	18%	7%
	VAD	8%	2%
GIMEMA	VTD	n/a	9%
	TD	n/a	2%
HOVON-65/GMMG- HD4	PAD	13% (Grade 2)	16%
	VAD	17% (Grade 2)	6%
PETHEMA/GEM	TD	n/a	n/a
	VTD	n/a	16%

## **VD vs VTD IFM 2007-02**



#### stratification according to b2m and del13 4 cycles Evaluation at 2 cycles and 4 cycles

VD (IFM 2005/01)

Vel 1.3mg/m2 J1,4,8,11 Dex 40mg J1-4,9-12 Cycles 1- 2 J 1-4 cycles 3-4 VTD

Vel 1mg/m2 Ji,4,8,11 Thal 100mg/j Dex Idem Increase to V 1.3 and T 200 if < RP at 2cycles

enoxaparin 40000 U

Primary objectice CR rate 202 patients included
# **Recent improvements**

Induction therapy

**Preparative regimen** 

# VEL-MEL STUDY DESIGN

Open-label, multicenter, phase II study in de 54 de novo MM pts < 65 yrs

Primary endpoint: CR + VGPR rates at 3 mo post HDT Secondary endpoint: safety profile

**HDM PBSC** 



# RESPONSE to VEL-Mel +ASCT

	All pts	VAD	Bor-Dex	≥ 2 lines
	n=53	n=28	n=18	n=7
CR	18 (34%)	36%	39%	14%
≥ VGPR	37 (70%)	<mark>68%</mark>	<b>72%</b>	71%
<u>&gt;</u> PR	50 (94%)	93%	100%	86%
SD	2 (4%)	7%	0	0
PD	1 (2%)	0	0	14%

**IMWG** criteria

M Roussel ASH 2008

## MATCHED CASE-CONTROL STUDY: Response to Mel 200 or Vel-Mel

	Control (Mel 200)	Pilot Vel-Mel
	n= 115	n= 46
CR	20 (18%)	19 (42%)
≥VGPR	62 (54%)	32 (70%)
≥PR	113 (98%)	44 (96%)
SD	2 (2%)	2 (4%)

Matched according to induction Tt (VAD od Vel/Dex), response to Induction and age M Roussel ASH 2008

# **Recent improvements**

Induction therapy Preparative regimen Post- ASCT treatment

# Role of Thalidomide as Post ASCT maintenance Tt







# IMPACT OF THALIDOMIDE

#### EFS

OS





# Impact of maintenance on survival after relapse in the intensive arm



- The cause for rapid death following relapse for thalidomide maintenance cases is uncertain:
  - selection of resistant clones
  - lack of effective treatment for relapse

# Thalidomide Maintenance Studies

Author	Reference	Induction	ASCT	Thal Administration	Design
Barlogie	NEJM 06 Blood 08	50% Thal	Double	Starting dose 400mg/D Until relapse	Initial randomisation Thal vs no Thal
Attal	Blood 06	No Thal	Double	Starting dose 400mg/D Until relapse	After ASCT No treatment vs Thal+Pamidronate
Spencer	JCO 09	No Thal	Single	200 mg/D 1 year	After ASCT
Morgan	ASH 08	50% Thal	Single	100 mg/D Until relapse	After ASCT
Lokhorst	IMW 09	50% Thal	Double	200 mg/D Until relapse	Initial randomisation TAD $\rightarrow$ Thal

### **Thalidomide Maintenance Studies**

## **Positive Results**

(C	Response R or CR + VGPR)	PFS	OS
Barlogie	YES	YES	YES in patients with Cytogenetic abnormalities
Attal	YES	YES	NO
Spencer	YES	YES	YES
Morgan	YES	YES	NO
Lokhorst	YES	YES	NO

# **Maintenance Thalidomide**

- 1) Thalidomide maintenance increases the CR/VGPR and PFS rates
- 2) But no firm conclusion as regards OSLong follow-up is needed before showing OS data ( more possibilities of salvage at relapse )
- 3) Thalidomide could improve OS only in subgroups of patients (<VGPR or poor-risk cytogenetics)
- 4) Optimal duration of post-ASCT is unknown (long-term treatment is associated with more toxicity)
- 5) Results of trials with Velcade or revlimid are awaited

## **VTD** consolidation

#### • Aim

 Assess impact of VTD consolidation on residual MM cells in patients achieving ≥VGPR after ASCT by qualitative and quantitative PCR

#### Treatment

- VTD started within 6 months from ASCT (for 4 cycles)
  - Bortezomib 1.6 mg/m<sup>2</sup> once weekly (days 1, 8, 15, 22)
  - Thalidomide 50 mg/day (increments of 50 mg every 7 days up to 200 mg)
  - Dex 20 mg/day, days 1-4, 8-11, 15-18
- Results (n=40)
  - Six patients converted to MR
  - No clinical relapse observed in MR patients at median follow-up of 26 months

Ladetto et al. ASH 2008 (abstract 3683)

# **Recent improvements**

Induction therapy Preparative regimen Post- ASCT treatment Novel agents pre and post

## T T 3 vs TT 2 Impact of bortezomib Pineda-Roman (BJH 2008)



## PAD induction + reduced-intensity ASCT + lenalidomide consolidation/maintenance

- Patients (n=102) (65-75 years
- Treatment

Induction (four 21-day PAD cycles)

Intensification

Palumbo et al. ASH 2008 (abstract 159)b

Tandem Melphalan 100 mg/m<sup>2</sup> (MEL100) + ASCT

Consolidation (four 28-day LP cycles) (Lenalidomide 25 mg days 1-21 + Prednisone 50 mg every other day)

Maintenance

Lenalidomide (10 mg days 1-21 every 28 days

	After PAD	After tandem MEL100 + ASCT	After LP Consolidation
CR	13%	41%	53%
≥ VGPR	59%	88%	88%
≥ PR	94%	Not available	100%

#### LONG-TERM FOLLOW-UP OF IFM, S9321 & TT Pair-mate Analyses (Albumin, B2M, LDH, Hemoglobin)



#### NOTE THE PROGRESSIVELY SUPERIOR OUTCOMES OBSERVED WITH TT3 > TT2 > TT1 AND OTHER TRIALS

In TT3 novel agents were administered at all steps Induction,consolidation and maintenance

## Novel agents plus ASCT CR + TBRP rate



# **Recent improvements**

Induction therapy Preparative regimen Post- ASCT treatment Novel agents pre and post Impact of CR level and duration

## Importance of achieving <u>durable</u> complete response (Results from TT2)



LOS-CR: attained and lost CR status

Barlogie et al. Cancer 2008;113:355-359

#### Impact on Survival of MRD by Immnunophenotyping in BM obtained 3 months after ASCT in CR patients

### PFS

OS



MRD negative (n=94) MRD positive (n=53)

Paiva et al; Blood. 2008; 112: 4017-23

#### RFS: Impact of immunophenotyping at 3 months post-ASCT in 99 CR (IF-) patients

%MM-PC

%N-PC / total PC



## MP-Thal vs MP vs MEL100 T. Facon Lancet 2007

#### PFS





 MP
 IDM
 MPT

 N=196
 N=126
 N=125

Best response at 12 mos			
CR	2%	18%	13%
CR+VGPR	7%	<b>43%</b>	47%
Median PFS	18 m	19m	28 m
Median OS	52 m	<b>38m</b>	33 m

#### **0S**

#### **MP vs MPT : PFS and OS**

GIMEMA	IFM 99-06	IFM 01-01	NMSG	HOVON
Blood 08	Lancet 07	<b>JCO 09</b>	EHA 08	ASH 08

PFS (	med,mo.)					
MP		14.5	18	19	18	10
MP <sup>.</sup>	т	22	27.5	24	20	13
Р		.0004	<.0001	.001	NS	<.001
OS (n	ned,mo.)					
MP		47	33	27.5	33	30
MP.	т	45	51.5	45	29	37
Р		NS	.0006	.03	NS	NS
	In 45 studio	es, MPT wa	s superior to	MP in teri	ns of PF	S
	In 2/5 studi	es, MPT wa	as superior t	o MP in ter	ms of OS	

# **Response to treatment** High CR rate with VMP

	VMP, N=337		MP,	MP, N=331	
	EBMT <sup>1</sup>	Uniform <sup>2†</sup>	EBMT <sup>1</sup>	Uniform <sup>2†</sup>	p-value
ORR (≥PR)	71%	74%	35%	39%	<10 <sup>-6</sup>
CR	30%	33%	4%	4%	<10-6
VGPR	NA	8%	NA	4%	
PR	40%	33%	31%	31%	
MR	9%	NA	22%	NA	
SD	18%	23%	40%	58%	

\*CT or Urine

<sup>†</sup>Post-hoc analysis by International Uniform Response Criteria<sup>2</sup>

1. Bladé et al. Br J Haematol 1998;102:1115-23 2. Durie et al. Leukemia 2006;20:1467-73

San Miguel et al. N Engl J Med 2008;359:906–17

#### Time to progression: 52% reduced risk of progression with VMP



San Miguel et al. N Engl J Med. 2008; 359:906-17; EHA 2008;110:Abstract 473.

# Efficacy in patients with poor prognostic characteristics

#### Age ≥75 vs <75 years

#### CrCl <60 vs ≥60 mL/min

High-risk (t(4;14), t(14;16), del 17p) vs standard-risk cytogenetics by FISH



62

#### EMN/Celgene study in patients > 65 years

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# ECOG/E4A03 Adverse events

(N=223) (N=220)

DVT/PE	25%	11%	<0.001
Infection/Pneumonia	16%	8%	0.019
Cardiac ischemia	3%	0.5%	0_068
Any non Hem toxicity (Grade ≥ 3)	<mark>6</mark> 6%	46%	<0.001
Toxicity of any type (Grade ≥ 4)	27%	17%	0.022
Early deaths (< 4 mo. All pts)	5%	0.5%	0.003

Rajkumar et al. JCO 2008;26:455s

### Phase III ECOG trial: RD vs Rd

		RD	Rd
After 4 induction cycles	≥VGPR	51% (17%)	40% (14%)
	≥PR	81%	70%



Rajkumar et al. ASH 2008 Joing ASH/ASCO symposium MPT vs Revlimid-low dose Dexamethasone in Newly Diagnosed Myeloma Patients, Aged > 65 Years

CC5013-MM-020, IFM 2007-01, FIRST study



## Lenalidomide/dexamethasone AS PRIMARY TREATMENT

#### Follow-up is still short In available studies patients can proceed to ASCT

	70%	2-yr 7 <u>5%</u>

## **RVD Efficacy** P. Richardson ASCO 08

- Best response (EBMT/UC)\* in 66 evaluable pts as of May 2008:
  - 17 CR (26%)
  - 7 nCR (11%)
  - 23 VGPR (35%)
  - 18 PR (27%)
  - 1 MR (2%)
- Overall response rate, (ORR;CR/nCR+PR) 98% (95% CI: 87.4–99.9%)
  - CR/nCR+VGPR: 71%
  - CR/nCR: 36%

- Dramatic improvement of ASCT results is achieved with the addition of novel agents
- However a number of questions remain to be addressed (induction ,role of consolidation/maintenance)
- With prolonged treatment with novel agents (MPT,MPV,Rd,RVD) it is now possible to achieve up to 30% CR and up to 70% VGPR without ASCT
- In published trials median PFS are comparable to those achieved in the past with ASCT (24-28 months)
- Therefore trials comparing Novel agents + ASCT upfront vs Novel agents + ASCT at relapse are warranted







# ALLOGENEIC STEM CELL TRANSPLANTATION

## ALLOGENEIC SCT IN FRONTLINE THERAPY MYELOABLATIVE REGIMEN

	Ν	TRM	EFS
HOVON JCO 2003	53	34%	Med 18m
US INTERGROUP JCO 2006	36	53%	22% or 7y
SFGM P. Moreau	116	43%	Med 21m

#### Myeloablative regimens are almost abandonned in MM
# RIC vs myeloablative EBMT retrospective analysis (Crawley, Blood 2006)



#### ORIGINAL ARTICLE

A Comparison of Allografting with Autografting for Newly Diagnosed Myeloma

N ENGLJ MED 356;11 WWW.NEJM.ORG MARCH 15, 2007



Months

Bruno et al., NEJM 356:1110, 2007.

#### CONCLUSIONS

Among patients with newly diagnosed myeloma, survival in recipients of a hematopoietic stem-cell autograft followed by a stem-cell allograft from an HLA-identical sibling is superior to that in recipients of tandem stem-cell autografts. (ClinicalTrials. gov number, NCT00415987.)



Tandem Auto-RIC Allo Updated results (med f-up 5 years) 100 newly diagnosed patients



53% CR 38% Grade 2-4 aGVHD 50% cGVHD 11% TRM

Bruno et al., Blood 2009

### IFM 99-03/04 Updated OS P Moreau Blood 2008



## **2<sup>nd</sup> ASCT vs RIC-ALLO**

	Selection Criteria	RIC	Results
IFM9903 Blood 09	Poor-risk	F/B/ATG	NS
			<b>RIC better</b>
<b>B</b> Bruno	NO	LD TBI	<b>OS 0.03</b>
NEJM 07			EFS 0.07
ROSINOL	<vgpr< td=""><td>F/M</td><td>NS</td></vgpr<>	F/M	NS
Blood 08	after		
	ASCT1		

# AUTO/RIC ALLO Conclusions

- TRM rate is still 10-15% at 2 years
- 30-50% C-GVHD (morbidity and late mortality)
- GVM and GVH are linked
  → Allogeneic dilemna
- ① → Patients selection Not in good risk patients
   ② → Test strategy to reduce relapses without increasing GVHD ( DLI + / - novel agents after SCT)
   ③ → Frontline = only in clinical trials

## DLI +/- novel agents for patients not in CR at 100 days

- 32 pts ( age 35-68 med 50)
- 19 upfront 13 postASCT relapse
- Med number of DLI 2 (1-4)
- Thal 15 Vel 8 Len 2
- 19 CR (59%)
- 6 VGPR (19%)
- Median f-up 56 months



#### DLI +/- new agents after allo-SCT

#### **According EBMT criteria**



### DLI +/- new agents after allo-SCT for patients with PR/VGPR

#### According Flow cytometry (sensitivty: 10<sup>-4</sup>)



# THE IFM

