

# Management of Bone Disease and Renal Impairment in Patients with Multiple Myeloma

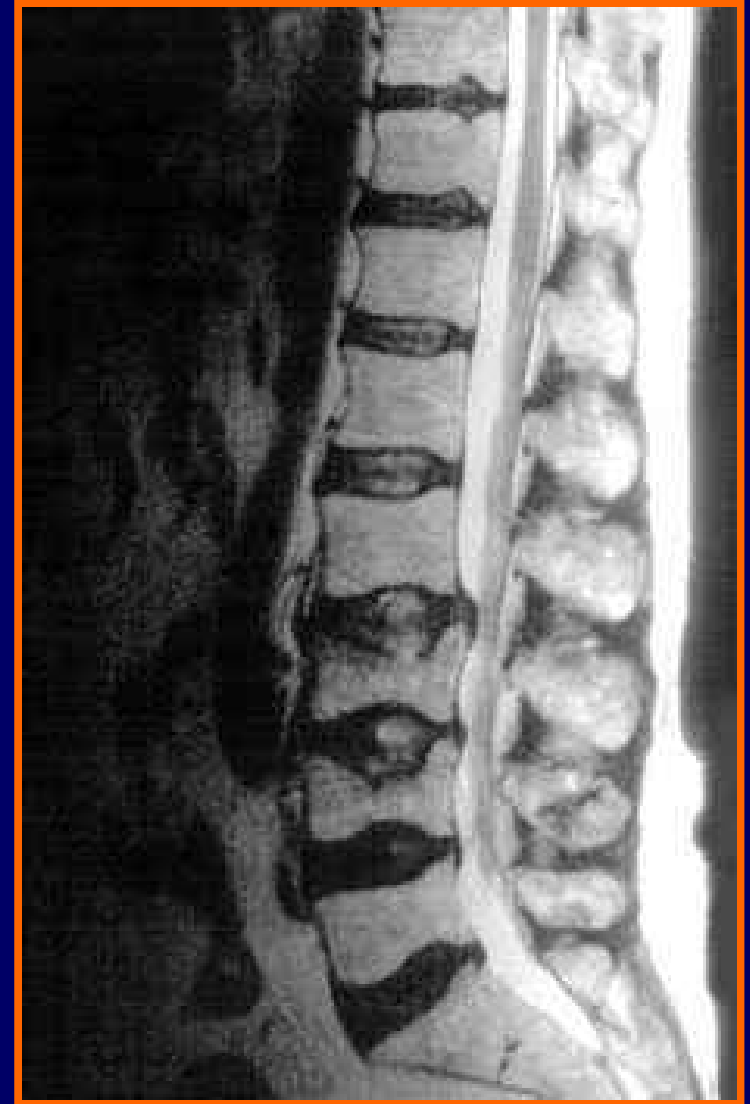
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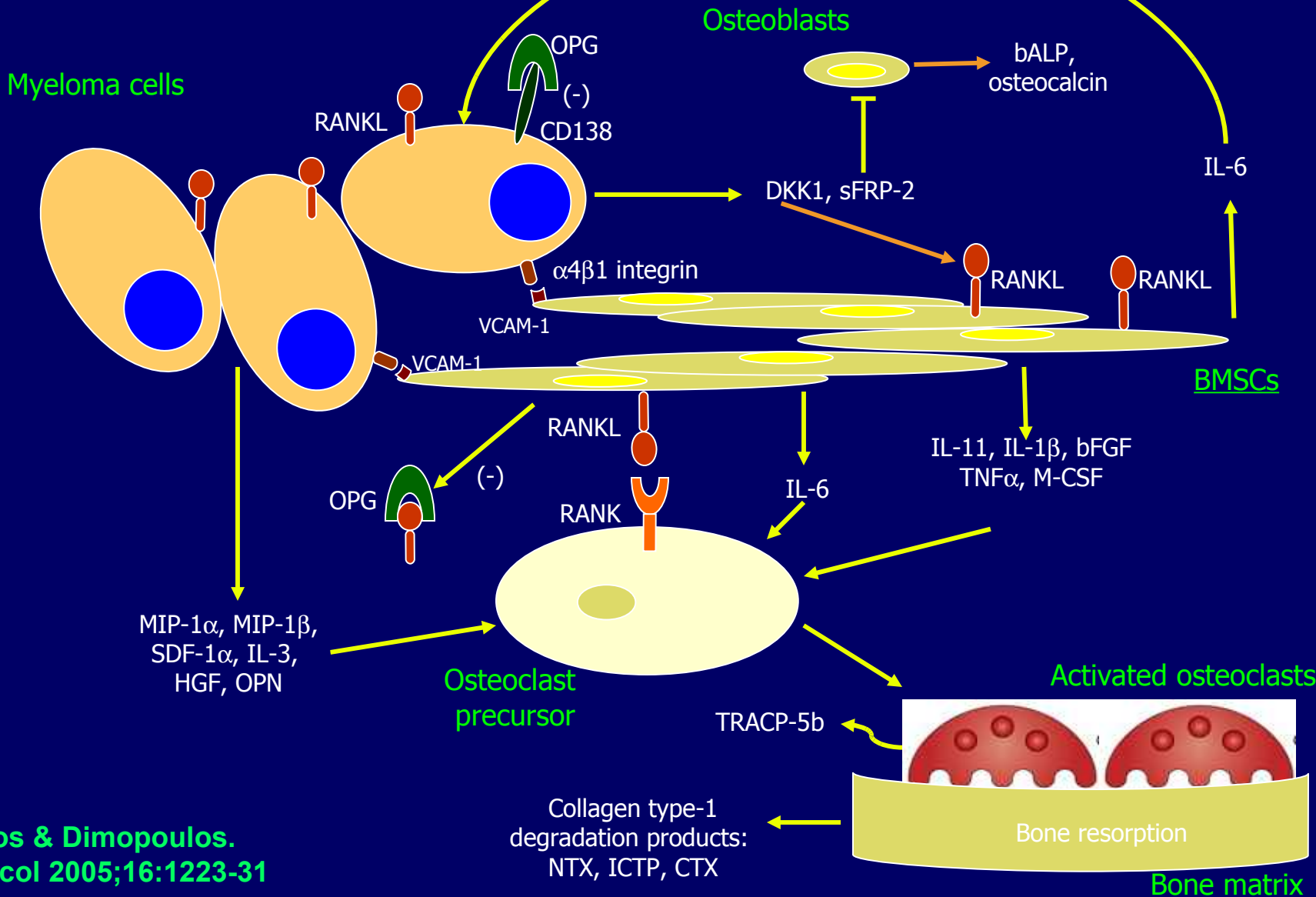


# Bone Disease in Multiple Myeloma

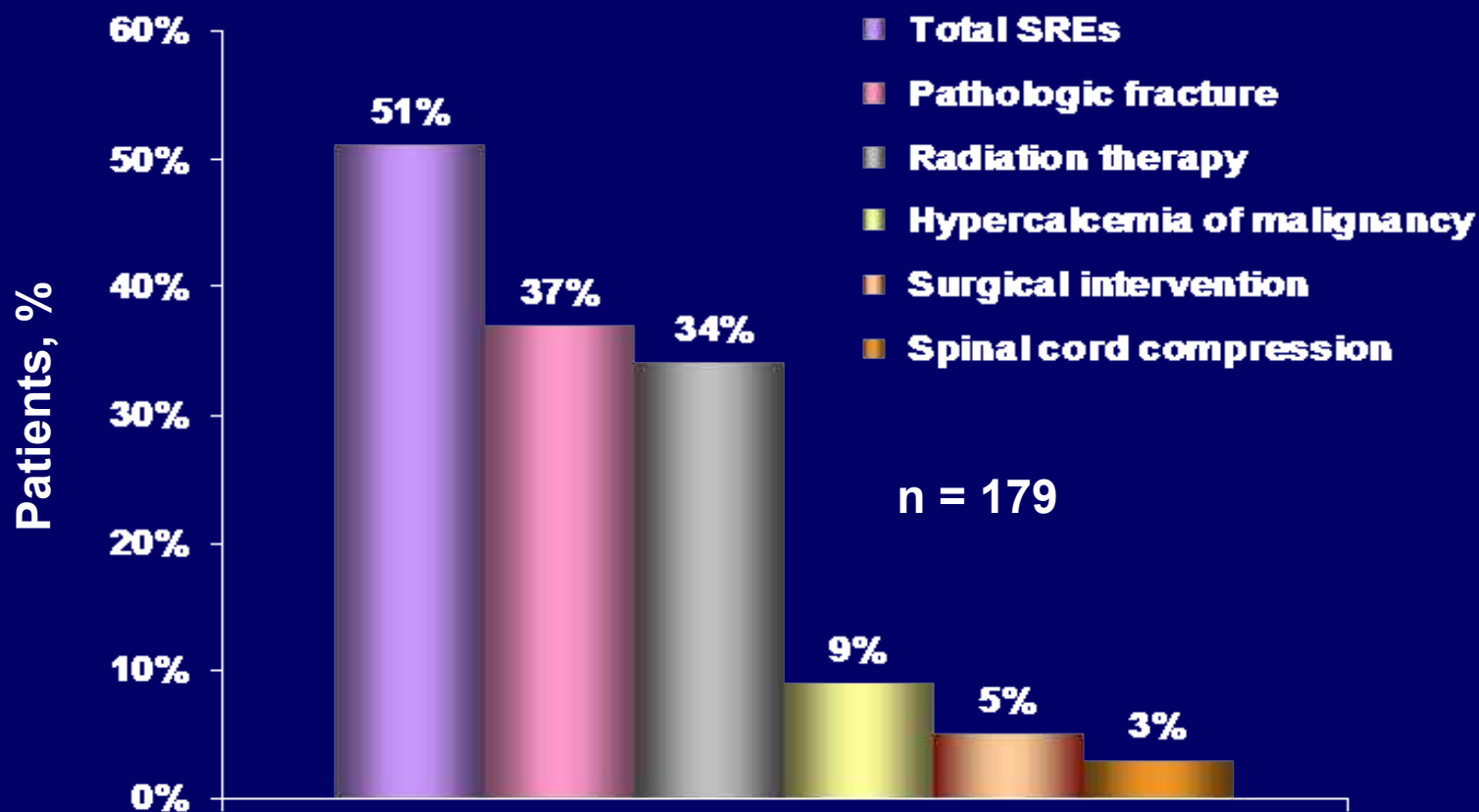
- A burdensome and frequent complication in MM
  - Present in up to 80% of patients at diagnosis
- Characterized by osteolytic bone lesions secondary to increased bone resorption and impaired bone formation
- Sequelae
  - Pathological fractures
  - Osteoporosis
  - Hypercalcemia
  - Bone pain
  - Spinal cord compression



# Myeloma Microenvironment & Bone Disease



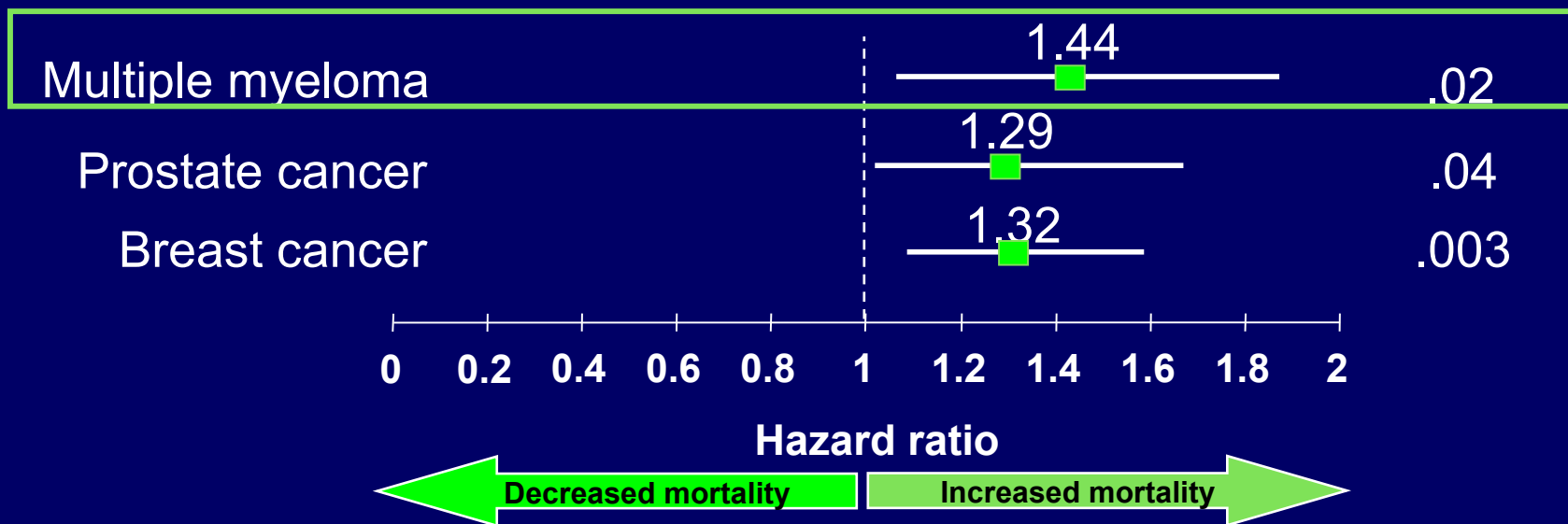
# Skeletal-Related Events (SREs) In Myeloma Patients



\*21-month data (including osteolytic lesions) except for surgical intervention and spinal compression, for which only 9-month data are available from placebo arm of randomized study.

# Early Treatment to Prevent SREs Is Important Because...

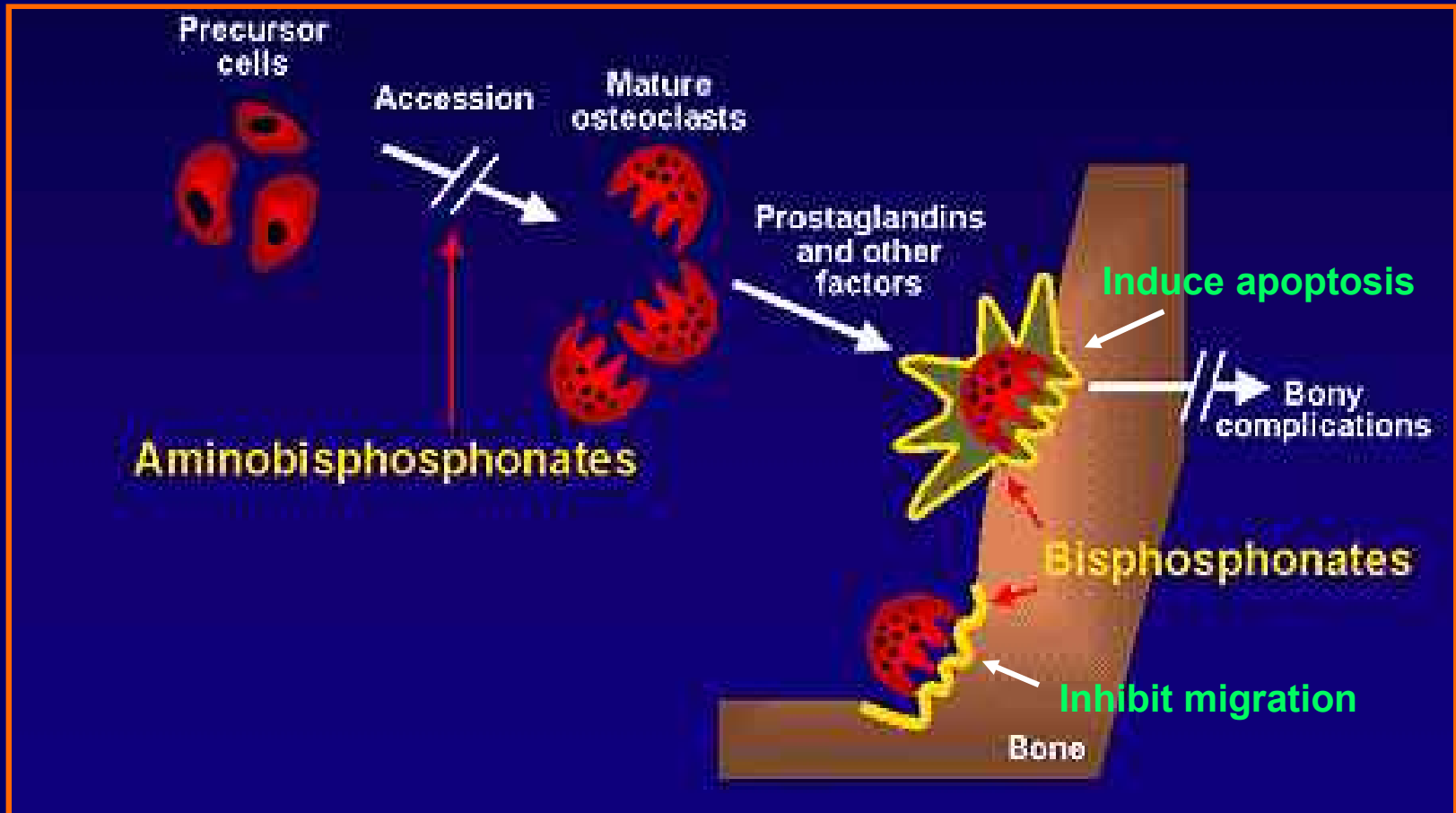
- Patients who experience a first SRE are 2-fold more likely to experience subsequent SREs
- Pathologic fractures are associated with reduced survival



# The Goal of Therapy for Myeloma Bone Disease

- Preserve patient's functional independence and QOL by
  - Preventing skeletal-related events (SREs)
    - Prevent the **first** SRE
    - Delay the onset of the first SRE
    - Prevent the **recurrence** of SRE
  - Palliating and controlling bone pain
    - Reduce the need for analgesics and palliative radiotherapy

# Bisphosphonates

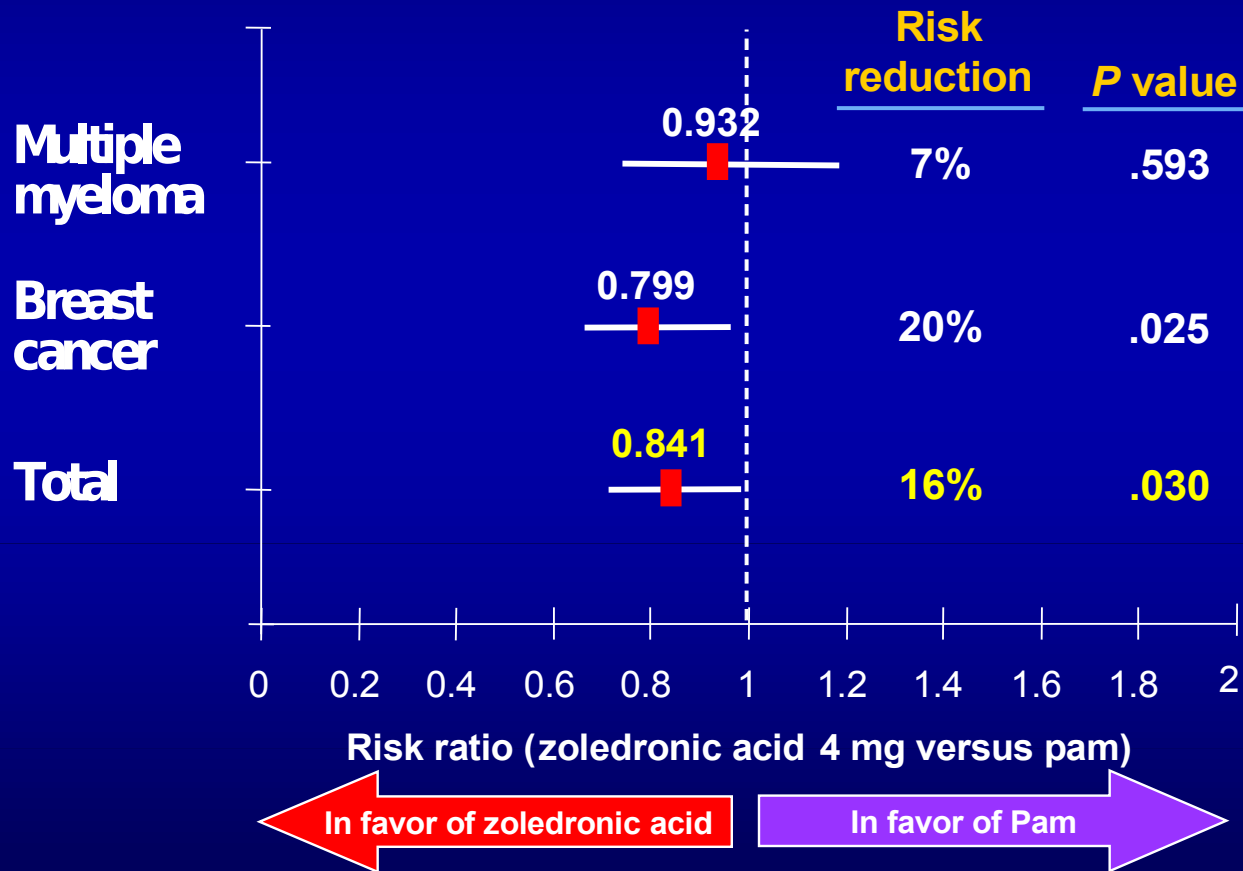


# Major Double-Blind, Placebo-Controlled, Trials On Bisphosphonates In MM

Authors/year	Type of BP	No pts	↓ of pain	↓ of SREs	Survival benefit
Belch et al, 1991	Etidronate	173	No	No	No
Daragon et al, '93	Etidronate	94	No	No	No
Lahtinen et al, '92	Clodronate	350	Yes	Yes	NE
McCloskey et al 1998 & 2001	Clodronate	530	Yes	Yes	+/-
Brincker et al, '98	Pamidronate	300	Yes	No	No
Berenson et al, '96	Pamidronate	392	Yes	Yes	+/-
Menssen et al, '02	Ibandronate	198	No	No	No
Berenson et al, '01	Zoledronic acid	108	Yes	Yes	NE
Rosen et al, '01 & '03	Zoledronic acid	513	Yes	Yes	+?



# Zoledronic Acid Was at Least as Efficacious as PAM in the Myeloma Stratum



\*Hypercalcemia of malignancy is included as an SRE.

# Bisphosphonates: Adverse Events

- **Oral**

- **GI intolerance (in up to 33% of pts)**
  - **Especially esophagitis & esophageal ulcers**

- **Intravenous (PAM or ZOL)**

- **Common adverse events**
  - **Flu-like symptoms**
  - **Fever/Myalgias/Arthralgias**
- **Uncommon adverse events**
  - **Renal-function effects**
  - **Osteonecrosis of the jaw**

# Bisphosphonates and Renal Insufficiency

- **IV bisphosphonates are cleared almost entirely by the kidneys**
- **2007 ASCO Multiple Myeloma Guidelines**
  - **In patients with pre-existing renal impairment (serum creatinine clearance 30-60 mL/min) should receive reduced dosage of zoledronic acid**
  - **No change in infusion time or interval of zoledronic acid is required**
- **Use of these bisphosphonates in patients with more severe renal dysfunction has been minimally assessed**

# ONJ: Novel Complication of Bisphosphonates

- Avascular osteonecrosis of the jaw (ONJ) is a recent complication that has been described in multiple myeloma and other cancer patients who receive potent bisphosphonates.
- ONJ presents as an exposure of the mandible or maxilla that can be either painless or painful.



# ONJ: characteristics

## Symptoms

- “heavy jaw”, a dull aching sensation
- numbness/tingling of the jaw
- tooth pain
- undiagnosed oral pain

## Signs

- rough area on the jawbone
- soft tissue swelling, drainage or infection
- exposed bone in the oral cavity
- sudden change in the health of periodontal tissue
- failure of oral mucosa to heal
- loosening of teeth

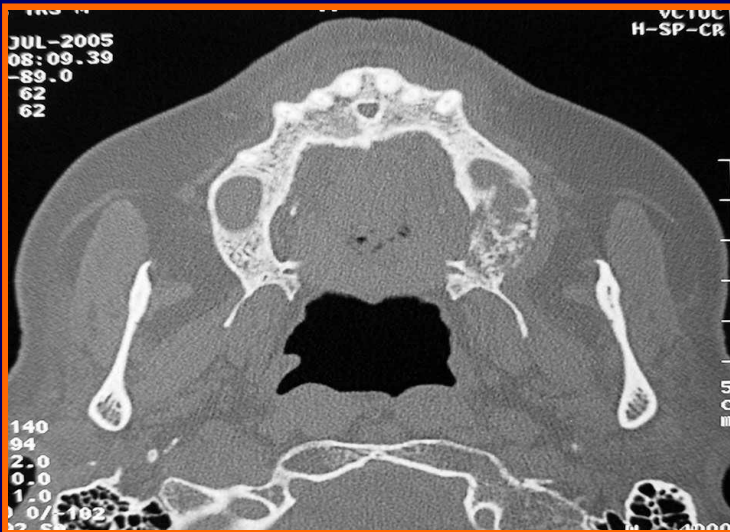


# Clinical Presentation and Working Diagnosis of ONJ



## Clinical features of suspected ONJ

- Exposed bone in maxillofacial area that occurs in association with dental surgery or occurs spontaneously, with no evidence of healing



## Working diagnosis of ONJ

- No evidence of healing after 6 weeks of appropriate evaluation and dental care
- No evidence of metastatic disease in the jaw or osteoradionecrosis



# Incidence of ONJ in Malignant Bone Disease:

## Prior to Implementation of Prevention Strategies

Study	Study type	Pts treated w BP, n	Pts w suspect or proven ONJ, n	Frequency %
Hoff et al. MDACC (JBMR 2008)	Chart review	3,994	29	0.7%
Durie et al (NEJM 2005)	Web-based survey	1,203	152	12.6%
Badros et al (JCO 2005)	Chart review/ observational	340	11	3.2%
Zervas et al (BJH 2006)	Chart review/ prospective after 2001	254	28	11.0%
Dimopoulos et al (Haematologica 2006)	Chart review/ prospective after 2003	202	15	7.4%

# Relative Risk for ONJ Development

15/202 developed ONJ (7.4%)	Relative risk							
	12 months		24 m		36 m		48 m	
	%	95%CI	%	95%CI	%	95%CI	%	95%CI
All (n=202)	1	0-2	3	1-4	6	2-10	13	5-21
Zoledronic acid (n=93)	1	0-3	5	0-11	15	3-27	15	3-27
PA (n=33)	0	0	1	0-3	1	0-3	5	0-11

	ONJ	Yes	No	p-value
Thalidomide				
Yes		8 (7.5%)	99 (92.5%)	0.977
No		7 (7.4%)	88 (92.6%)	



# ASCO Guidelines

- **The Update Committee suggests that bisphosphonate treatment continues for a period of 2 years.**
- **At 2 years, physicians should seriously consider discontinuing bisphosphonates in patients with responsive or stable disease, but further use is at the discretion of the treating physician.**
- **Re-initiation at relapse.**

# Update for ONJ and Bisphosphonates in Myeloma (1)

- Appropriate preventative measures, such as a detailed assessment of dental status by experienced specialists, and avoidance of dental procedures during treatment with ZOL have the potential to reduce the number of ONJ cases.
- Group A, with no special precautions (n=38) and Group B, with a detailed dental assessment and preemptive dental care (n=90).
- ONJ occurrence was 0.671/100 person-month for Group A vs. 0.230/100 person-month for Group B: **3-fold reduction of ONJ occurrence (p=0.029)**

## **Update for ONJ and Bisphosphonates in Myeloma (2)**

- ONJ resolved and did not recur in 60/97 cases (62%)**
- resolved and then recurred in 12 patients (12%)**
- did not resolve over a follow-up period of at least 9 months in 25 patients (26%)**
- ONJ recurrence followed re-initiation of bisphosphonate in 6 of 12 patients**

# Update for ONJ and Bisphosphonates in Myeloma (3)

- ONJ recurrence was linked to BP re-challenge, mostly in the setting of relapsed MM
- Patients in whom ONJ was precipitated by dental procedures, were less likely to have recurrence or non-healing lesions, after BP re-initiation following ONJ healing, as compared to those who

# Recommendations by An Expert Panel on behalf of the EMN (1)

- BPs should be given for 2 years; then at the physician's discretion.
- In patients in CR after 12 months the benefit of an additional 12 months of treatment is debatable.
- BP therapy should be resumed upon relapse.
- **Comprehensive dental examination & education on dental hygiene. Existing dental conditions should be treated before initiating BPs.**
- **After therapy initiation, unnecessary invasive dental procedures should be avoided and dental status should be monitored annually.**

## Recommendations by An Expert Panel on behalf of the EMN (2)

- Temporary BPs suspension if invasive dental procedures needed.
- Initial ONJ therapy should include discontinuation of BP until healing.
- The decision to restart BP should be individualized, until prospective long-term studies are available.
- The physician has to take into consideration the advantages and disadvantages of BPs mainly in the relapsed/refractory setting.

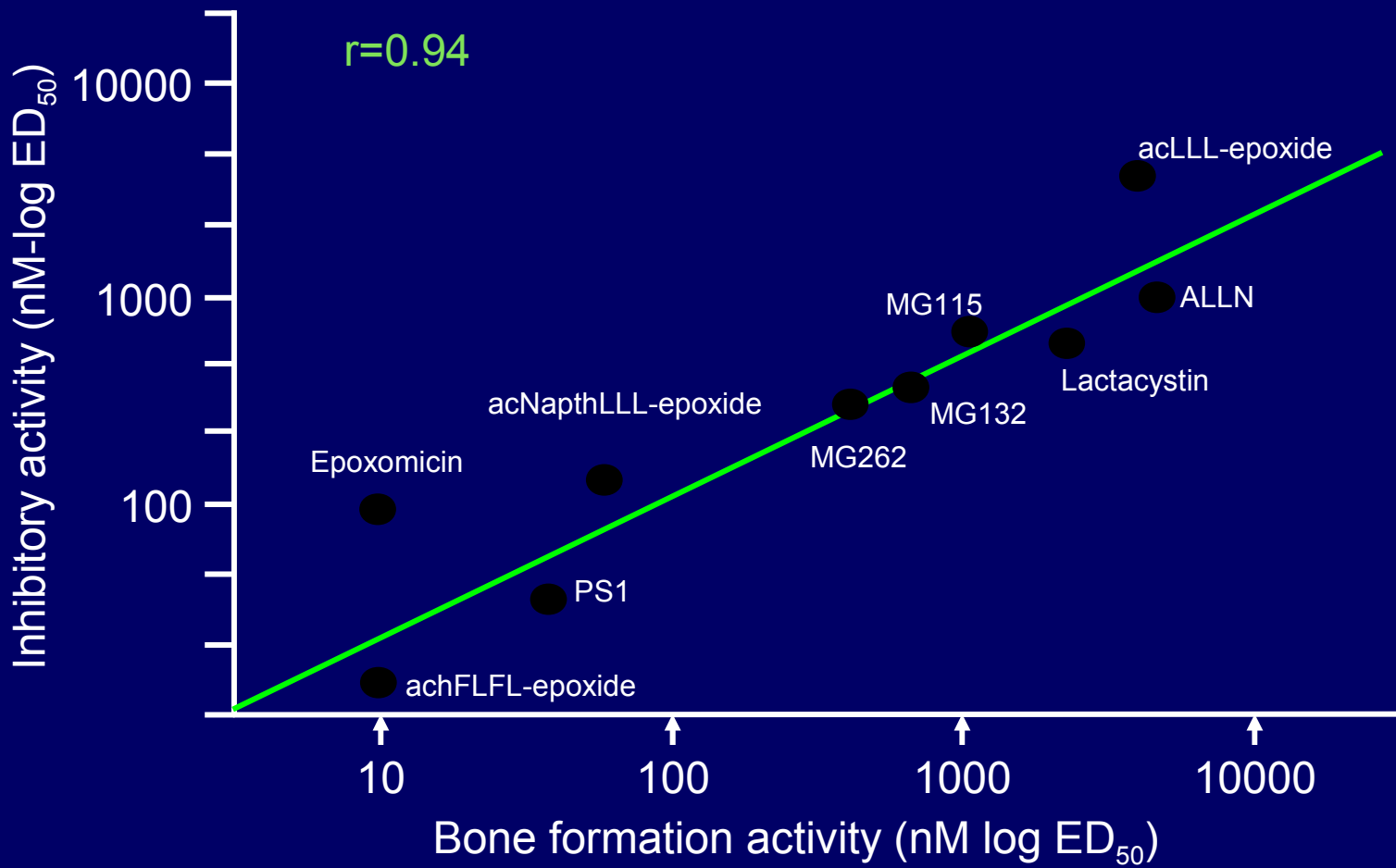
# Recommendations by An Expert Panel on behalf of the EMN (3)

Creatinine Clearance rate (mL/min)	Recommended dosage of CLO (1600 mg)
>80	100%
50-80	75%
12-50	50-75%
<12	50% or discontinue

Creatinine Clearance rate (mL/min)	Recommended dosage of ZOL (mg)
> 60	4.0
50-60	3.5
40-49	3.3
30-39	3.0
<30	Not recommended

Creatinine Clearance rate (mL/min)	Recommended infusion time for PAM (90mg)
>30	2-4 hours
<30	Not recommended

# Proteasome Inhibition and Bone Formation

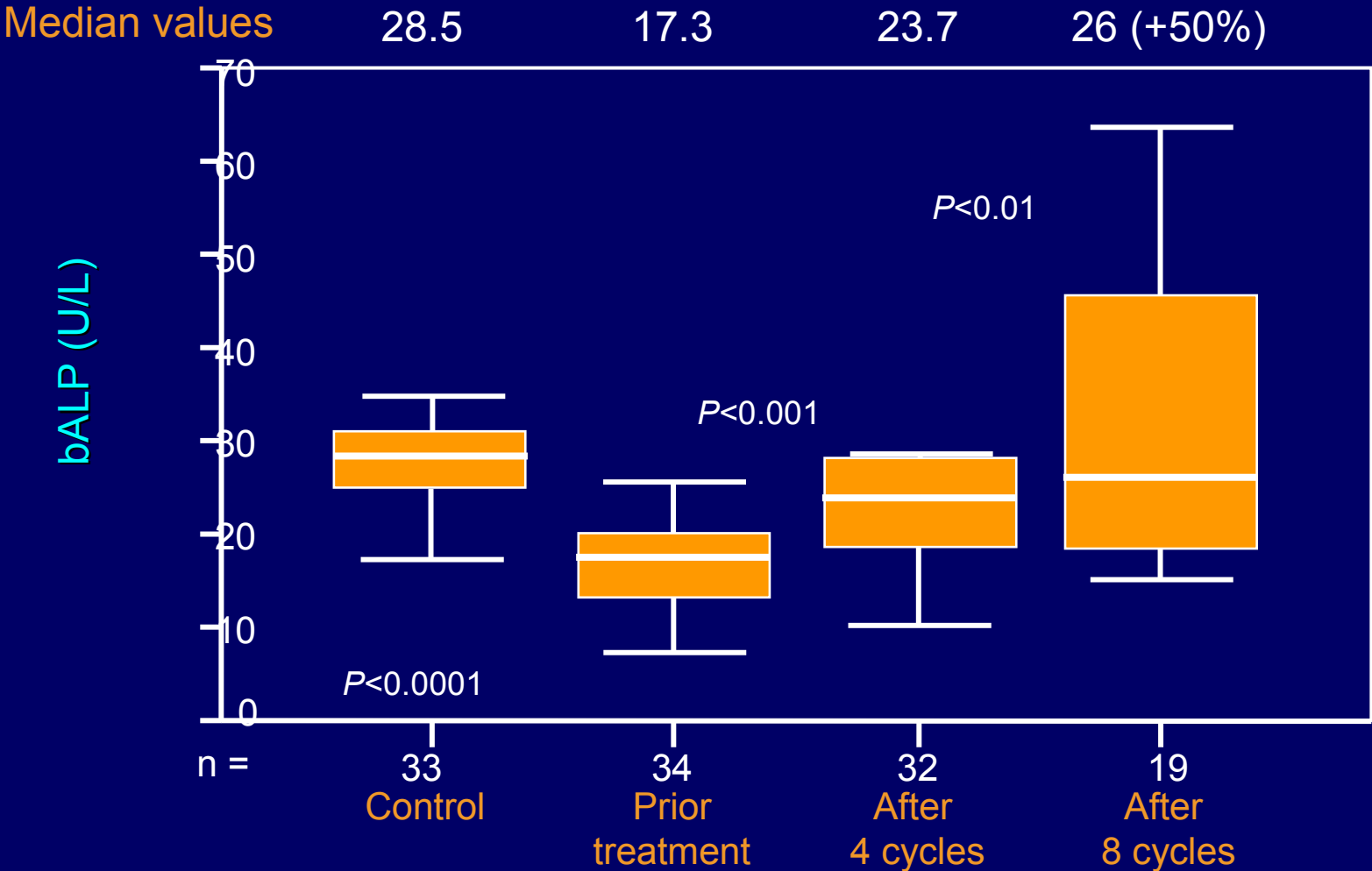




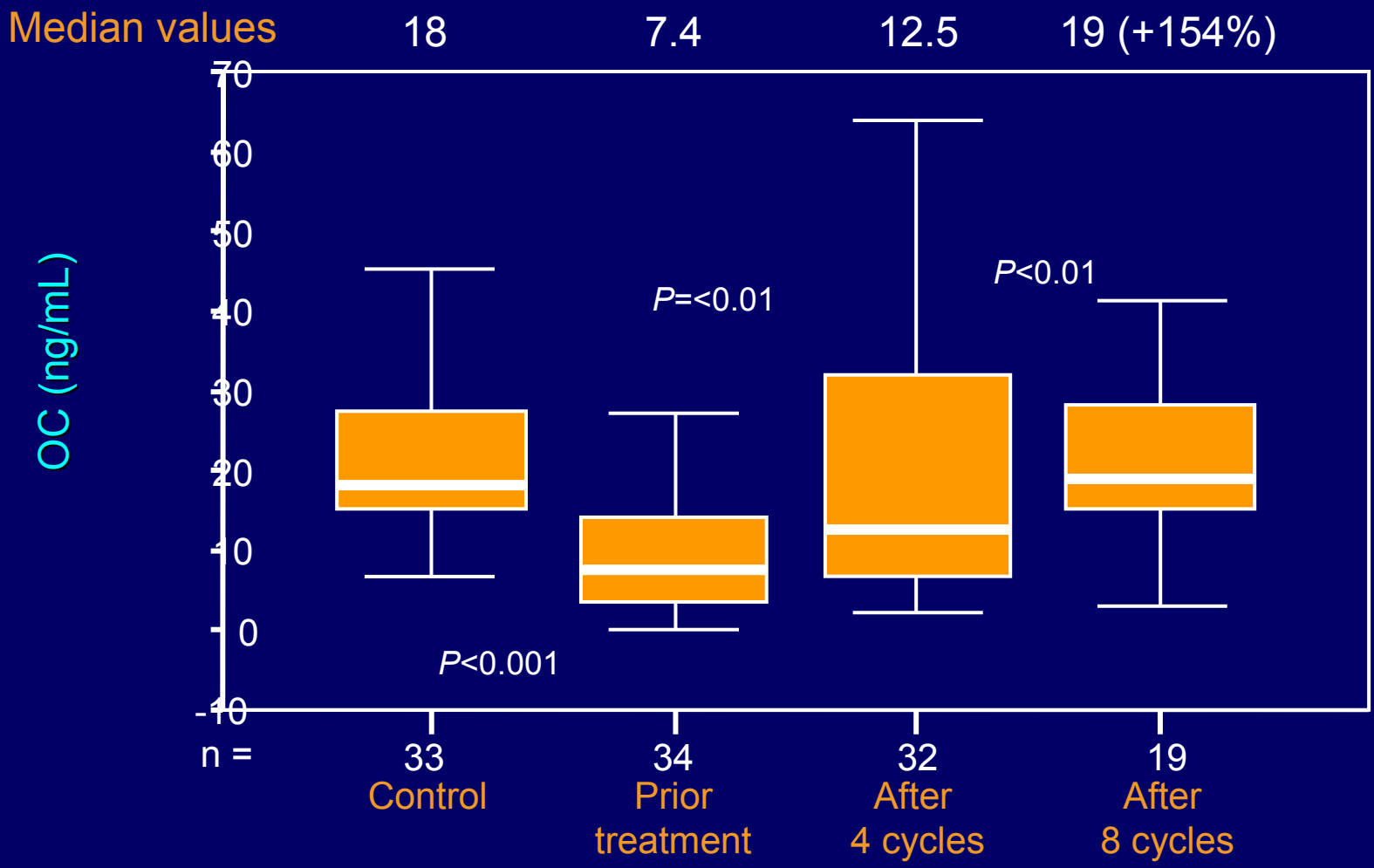
# Effect of Bortezomib on Bone Remodeling in Patients with Relapsed MM

- **Aim**
  - Evaluate effect of bortezomib on markers of bone remodeling and osteoblast or osteoclast stimulators
    - DKK-1, RANKL, OPG
- 34 patients with relapsed MM
- Treated with bortezomib 1.3 mg/m<sup>2</sup> days 1, 4, 8, 11 of 3-week cycle x 4
  - Responders could receive 4 more cycles
  - Non-responders after 4 cycles could have dex added
- **Results**
  - Response data
    - 8% CR, 58% PR

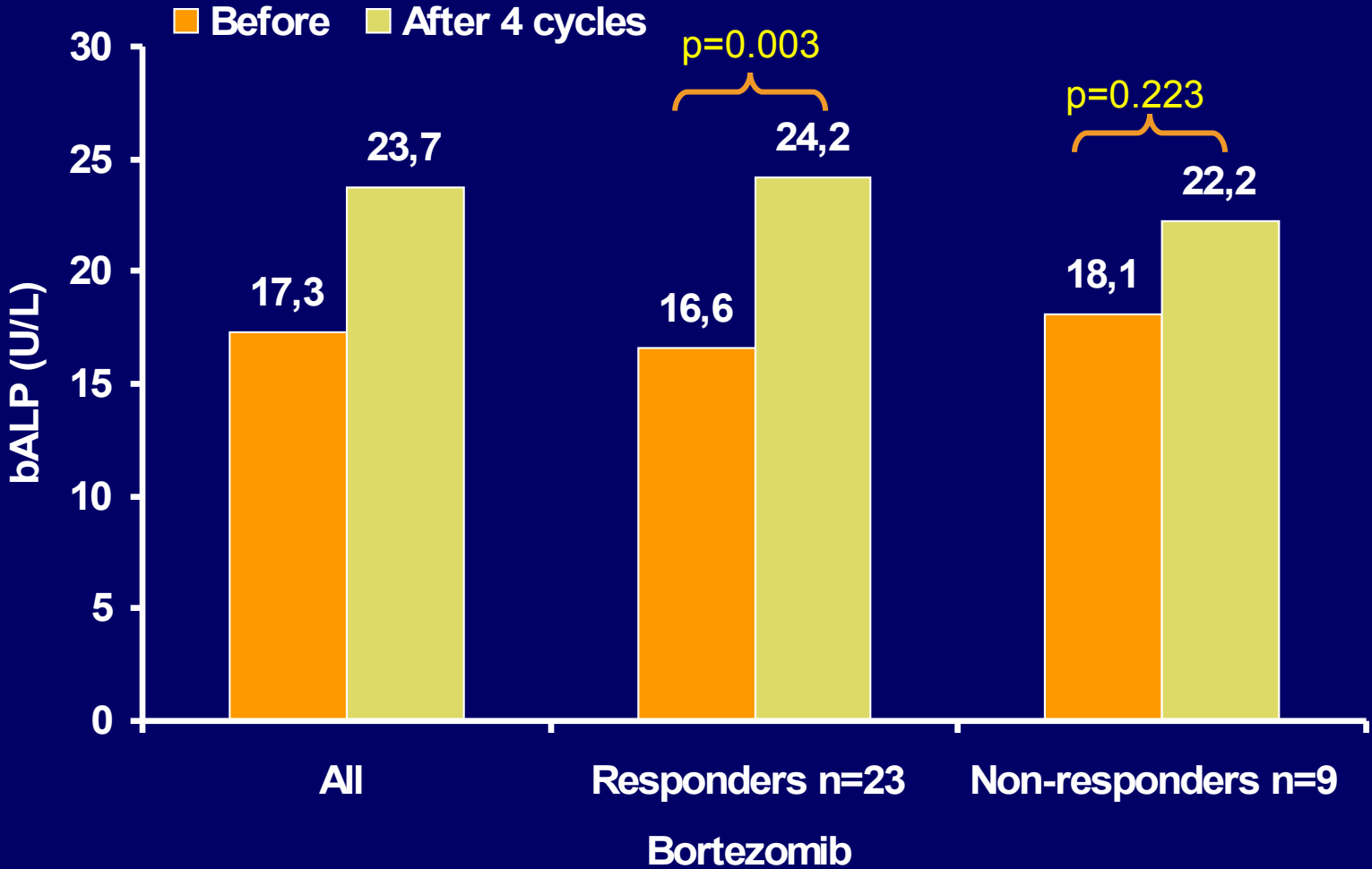
# Osteoblast Markers: Pre- and Post-bortezomib (1)



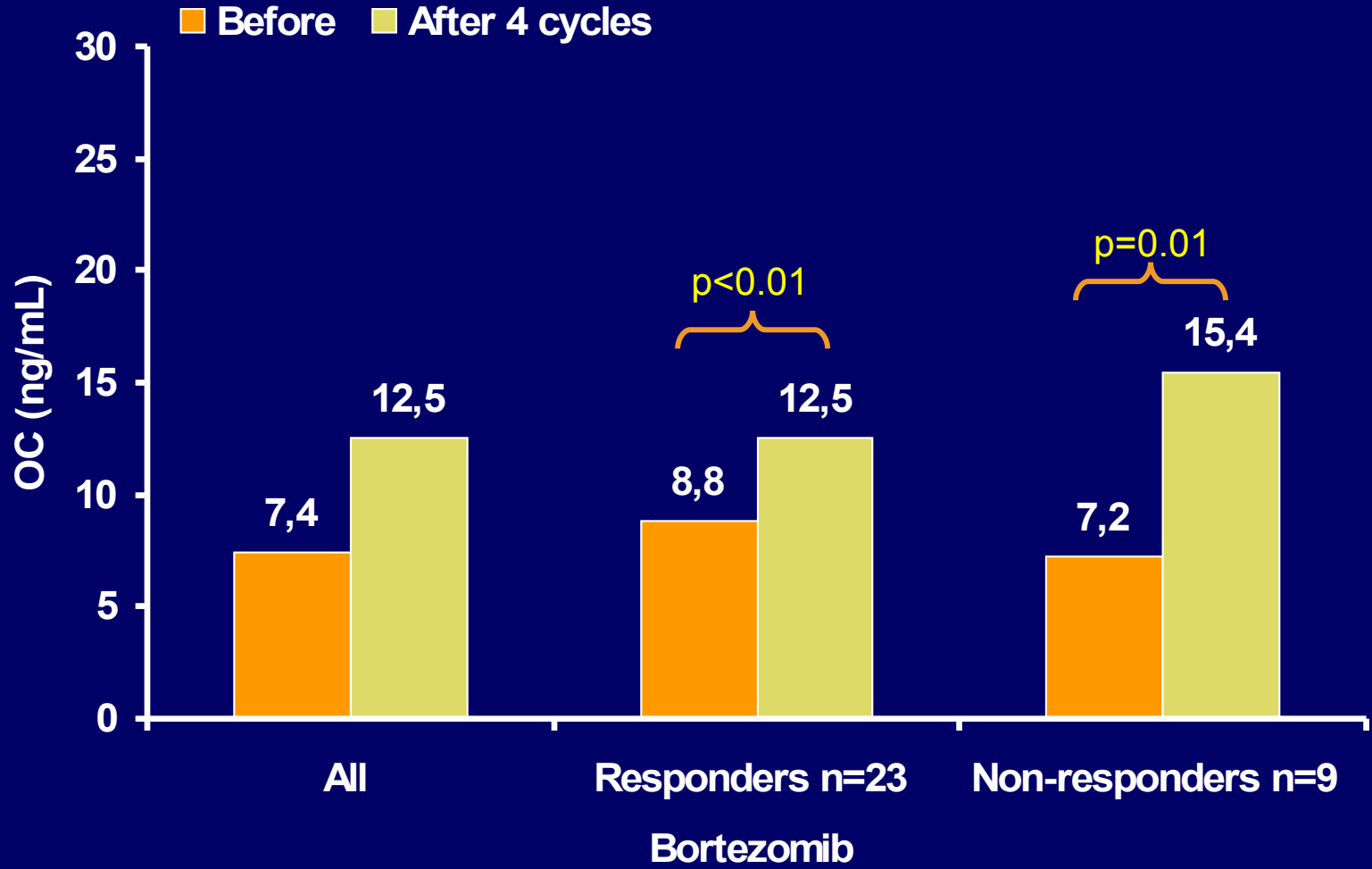
# Osteoblast Markers: Pre- and Post-bortezomib (2)



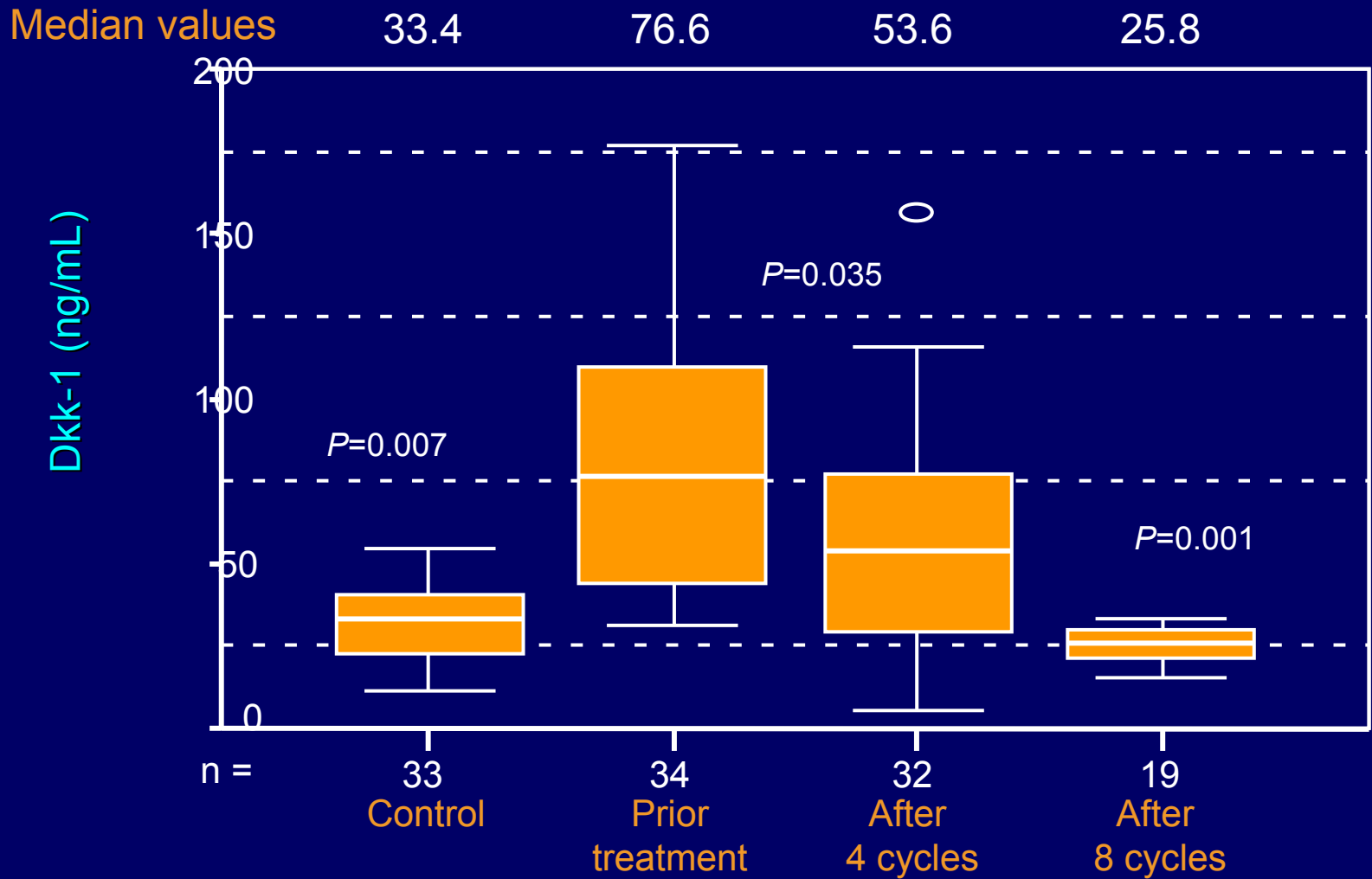
# Changes in bALP Levels



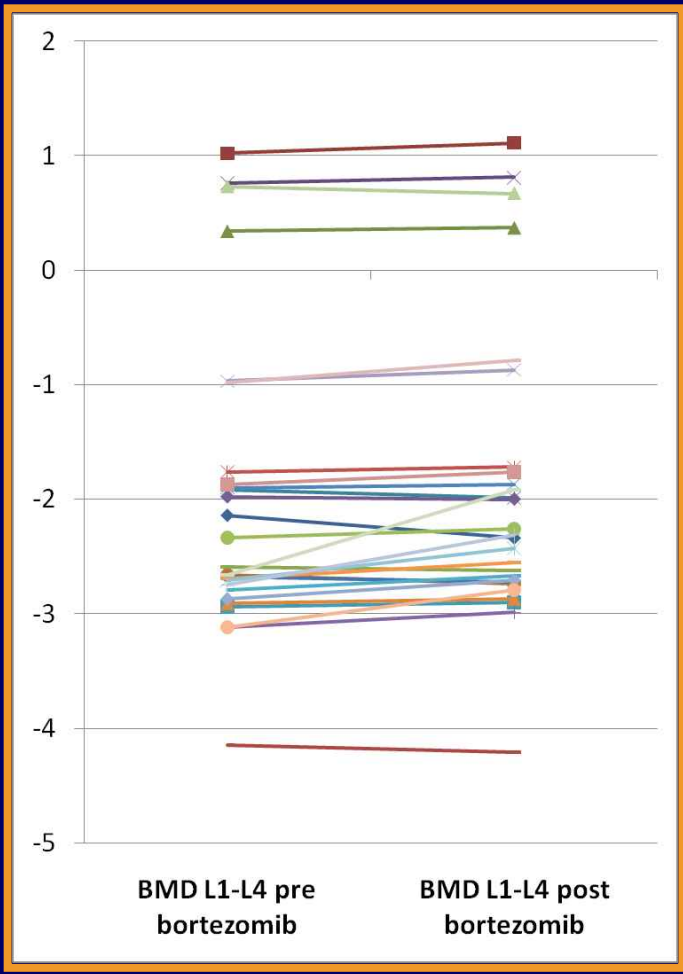
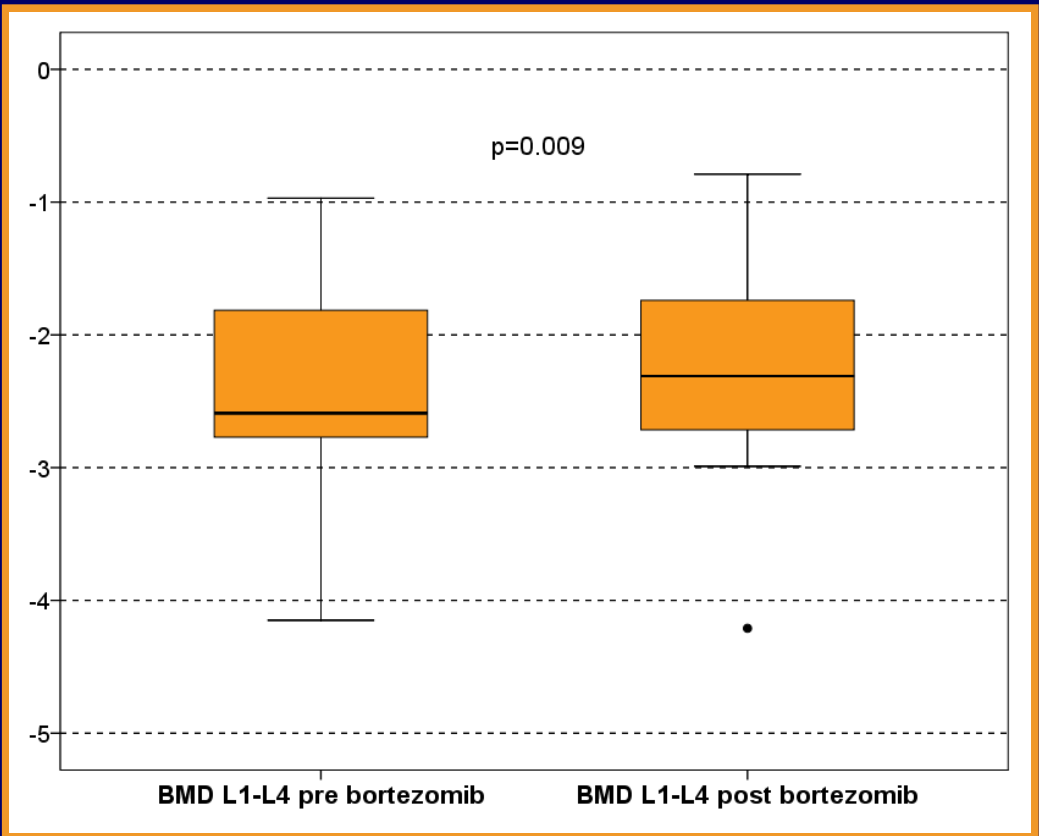
# Changes in Osteocalcin Levels



# Dkk-1: Pre- and Post-bortezomib

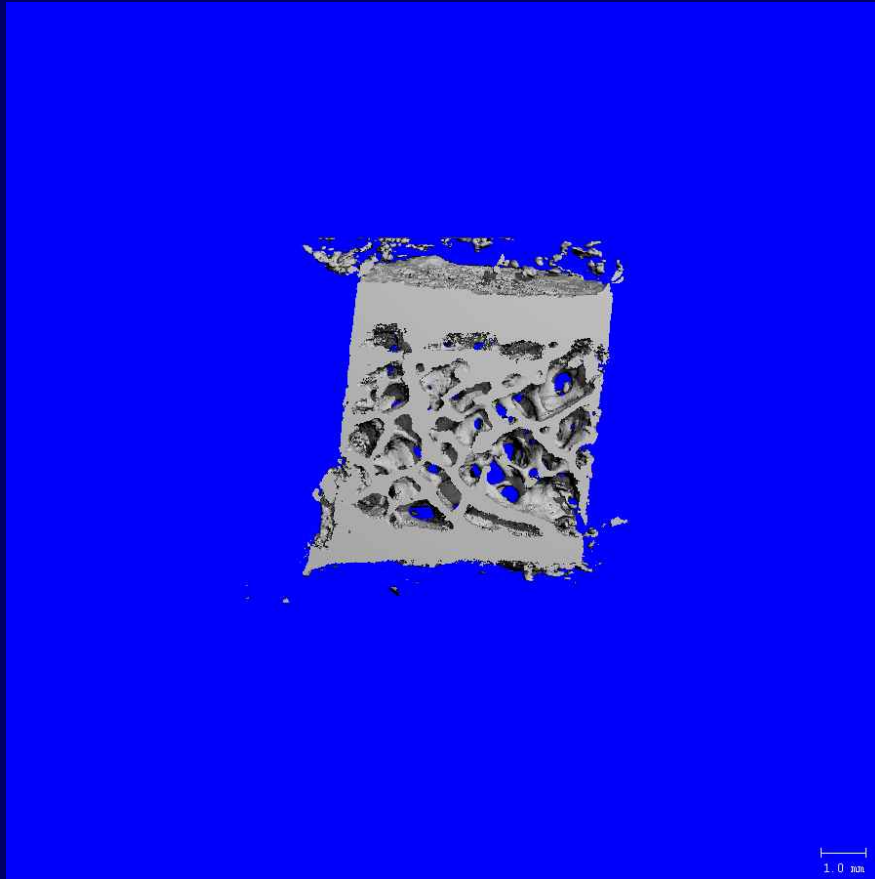


# BMD: Pre- and Post-bortezomib



4/27 patients (14%) showed at least 10% of increase in L1-L4 BMD; all these patients had osteoporosis according to DXA, had responded to VD therapy (3 PR and one CR), and had received VD as second line treatment

## Pre-Bor



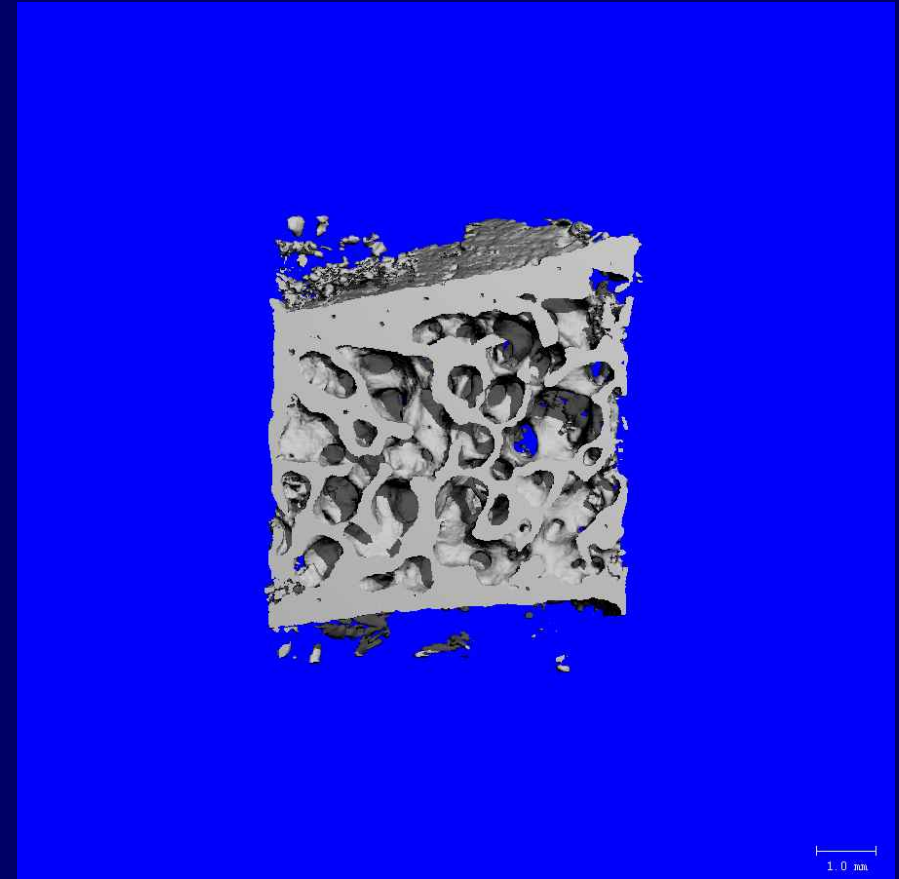
$$BV/TV = 12.85\%$$

$$Tb.Th = 0.1$$

$$Tb.Sp. = 0.7$$

$$Tb.N. = 1.5$$

## Post-Bor



$$BV/TV = 90\%$$

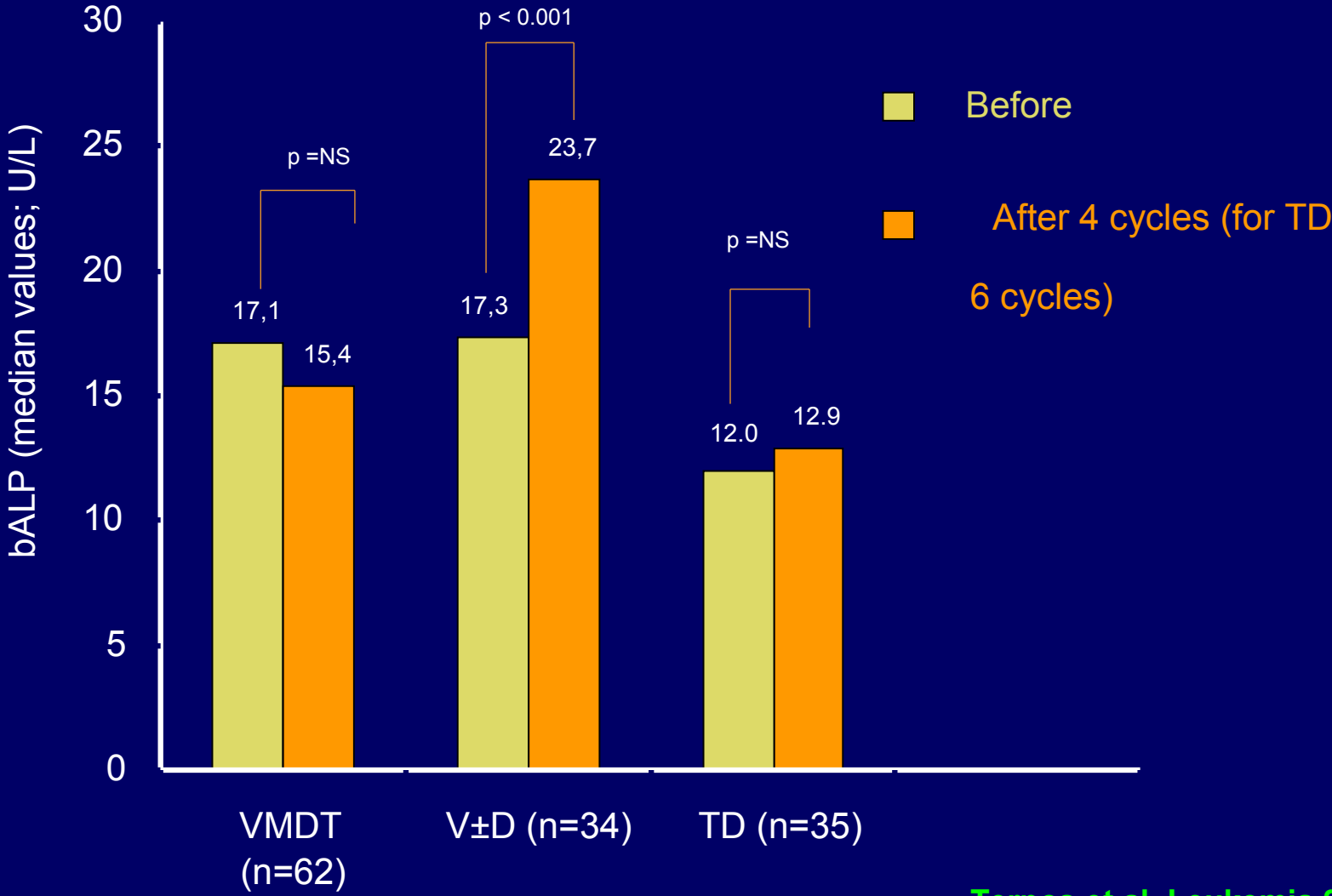
$$Tb.Th = 0.7$$

$$Tb.Sp. = 0.2$$

$$Tb.N. = 2.8$$



# Bone Formation in Bortezomib Combinations



# RD vs. VDR in Relapsed/Refractory Myeloma: Patient Eligibility & Treatment Schedule

- Relapsed/Refractory Myeloma

- No prior treatment with lenalidomide

- Peripheral neuropathy

< grade 2

V 1 mg/m<sup>2</sup> on days 1, 4, 8 and 11

R 15 mg days 1-14 (or at a lower dose if CrCl < 30 ml/min)

D 40 mg PO on days 1-4 Courses are repeated every 21d

N=40

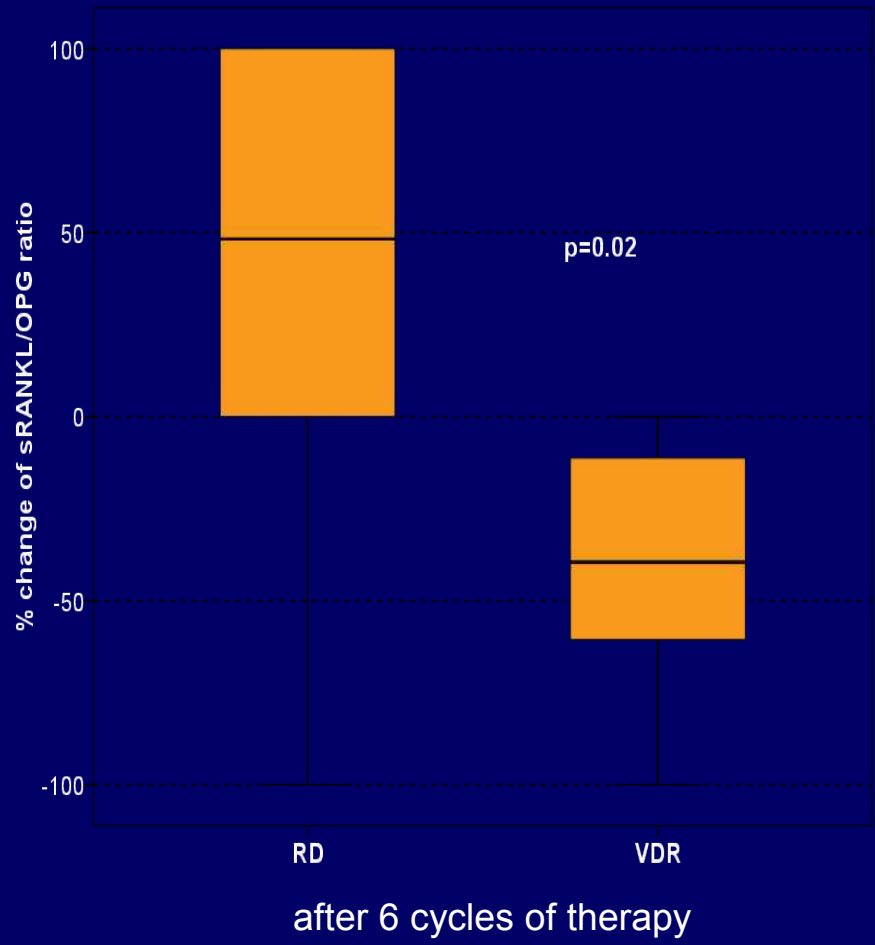
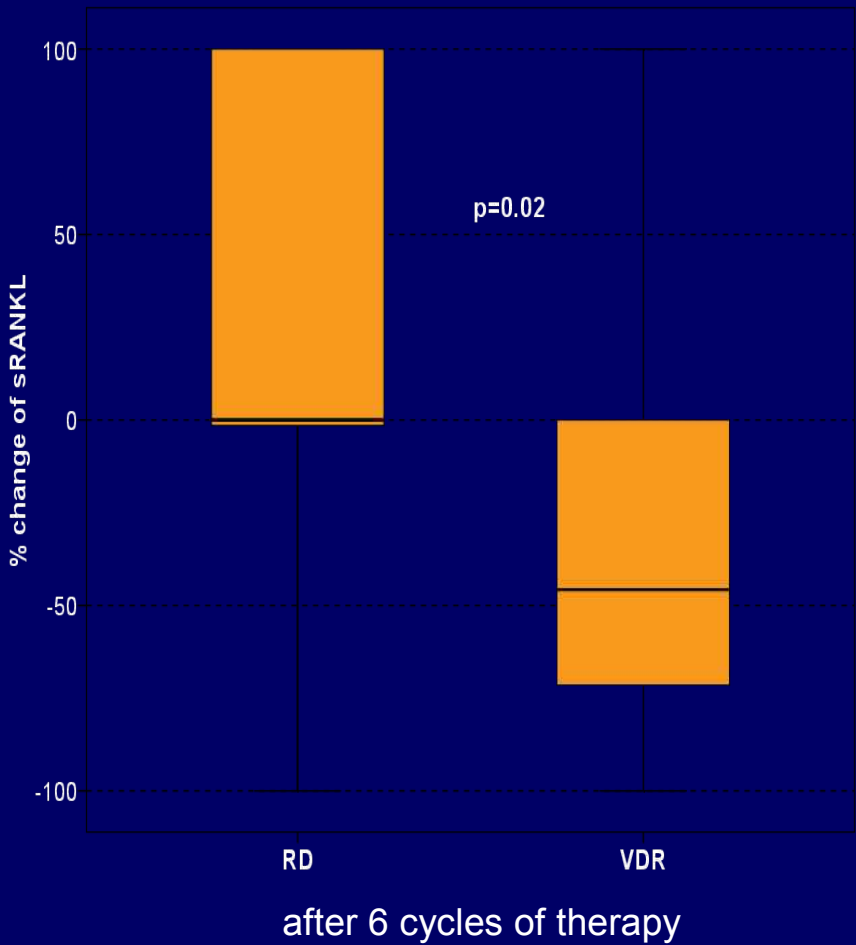
≥ grade 2

R on days 1 to 21 according to CrCl

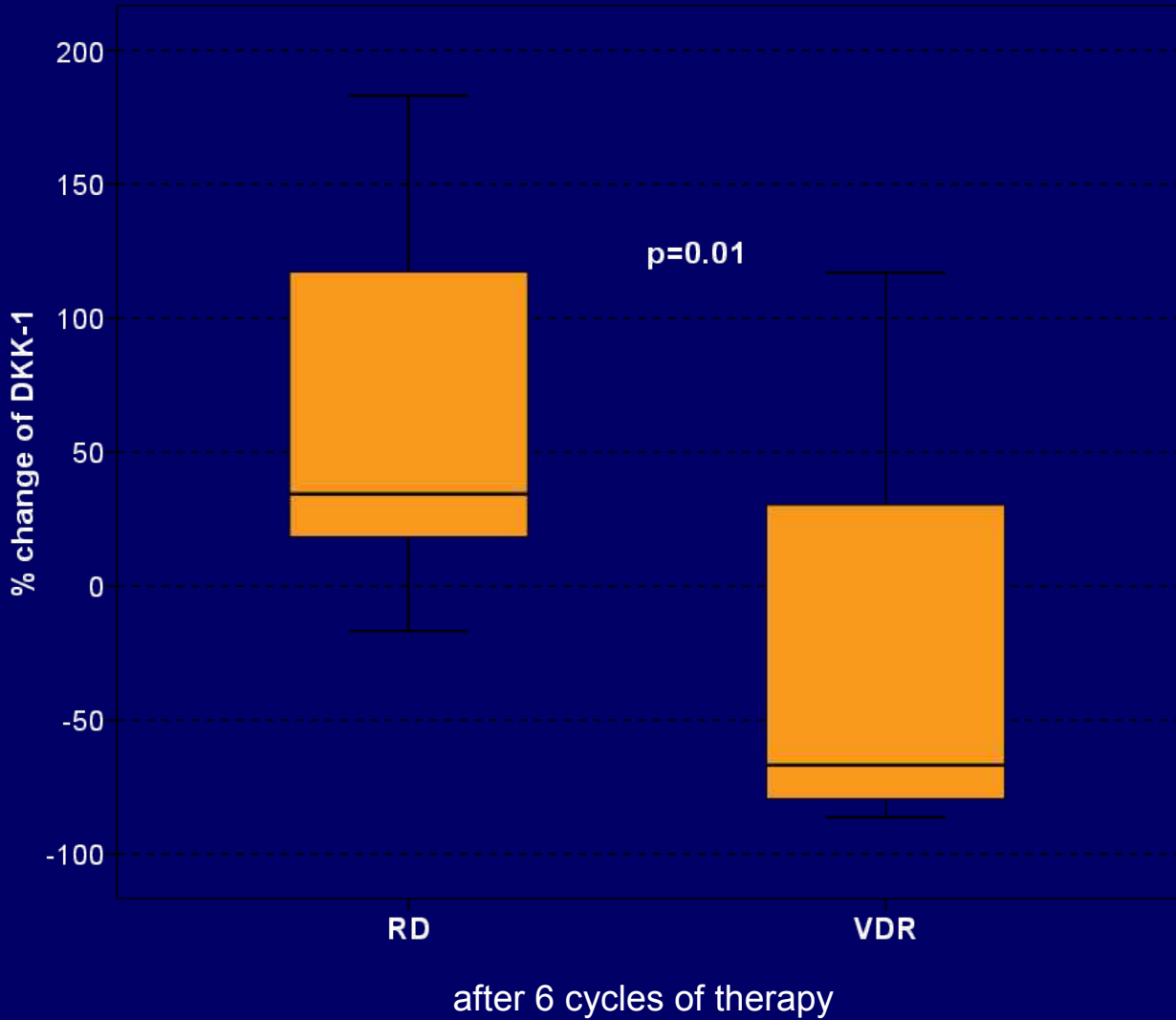
D 40 mg PO on days 1-4 and 15-28 for the first 4 cycles and only days 1-4 thereafter

Courses are repeated every 28d

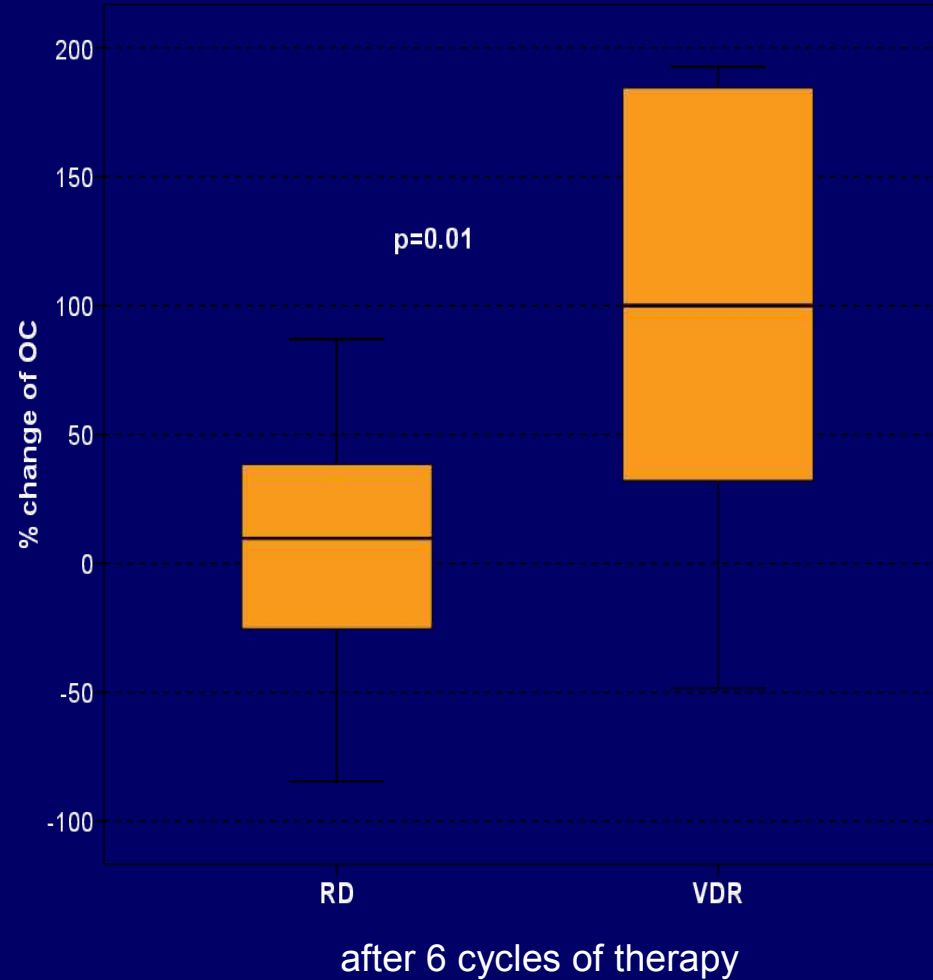
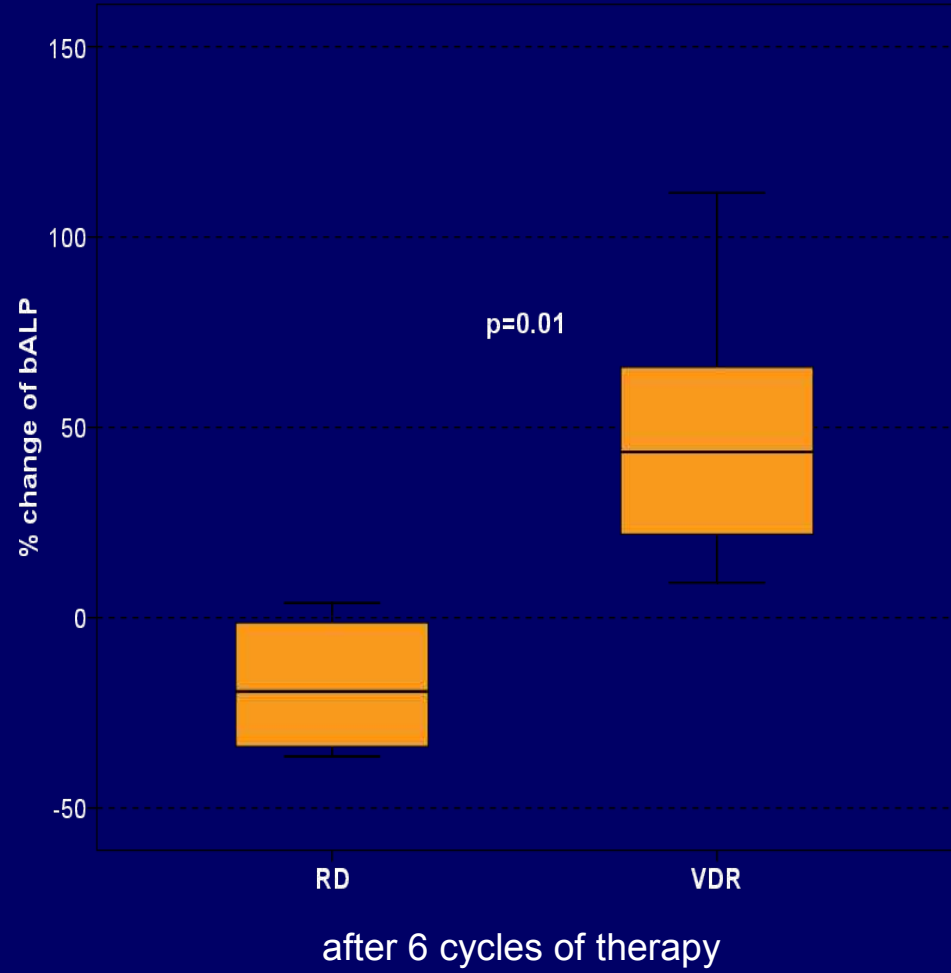
# Effect of RD and VRD on RANKL in Patients with Relapsed/Refractory MM: RANKL



# Effect of RD and VRD on Dickkopf-1



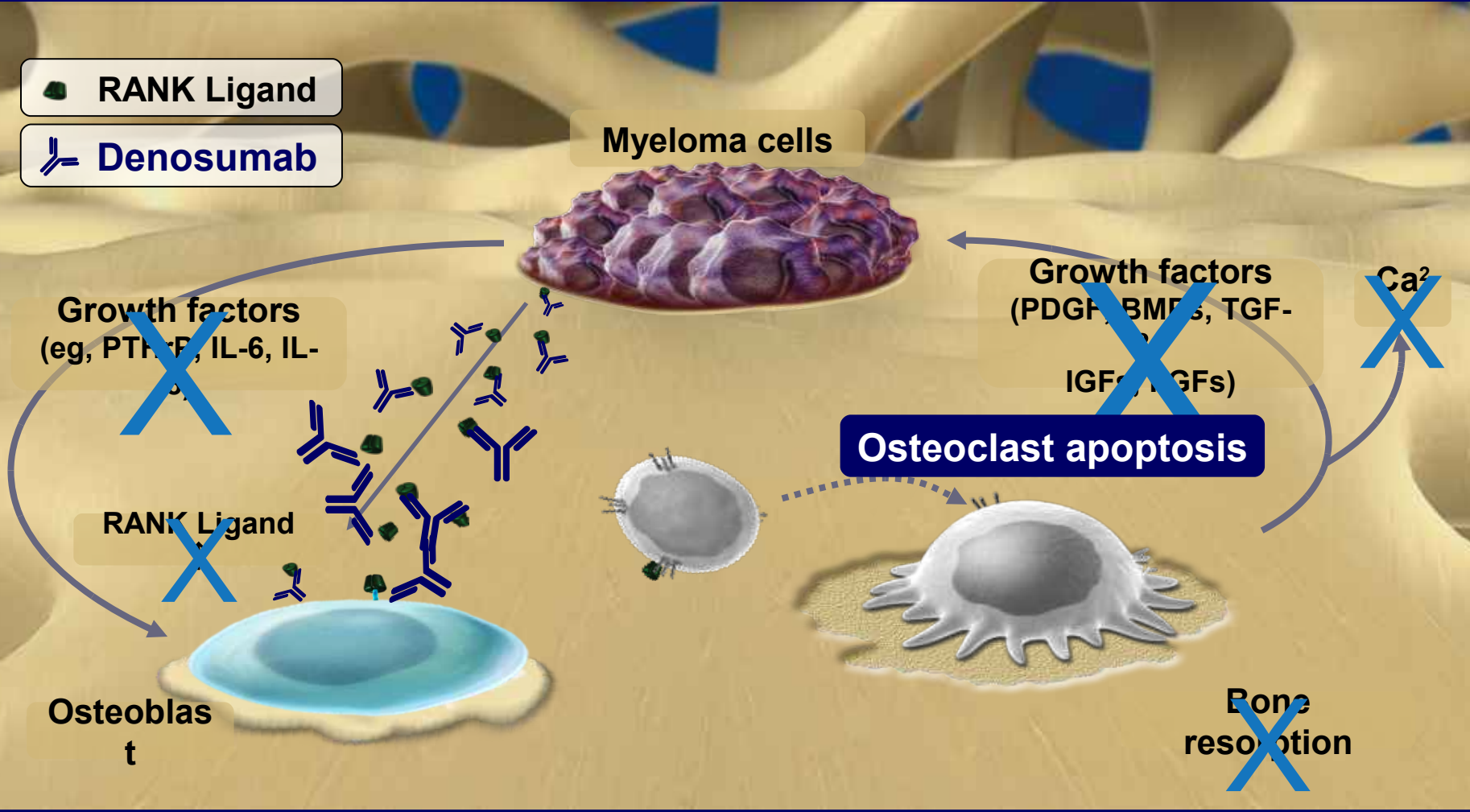
# Effect of RD and VRD on Bone Formation



# Denosumab in multiple myeloma

 RANK Ligand

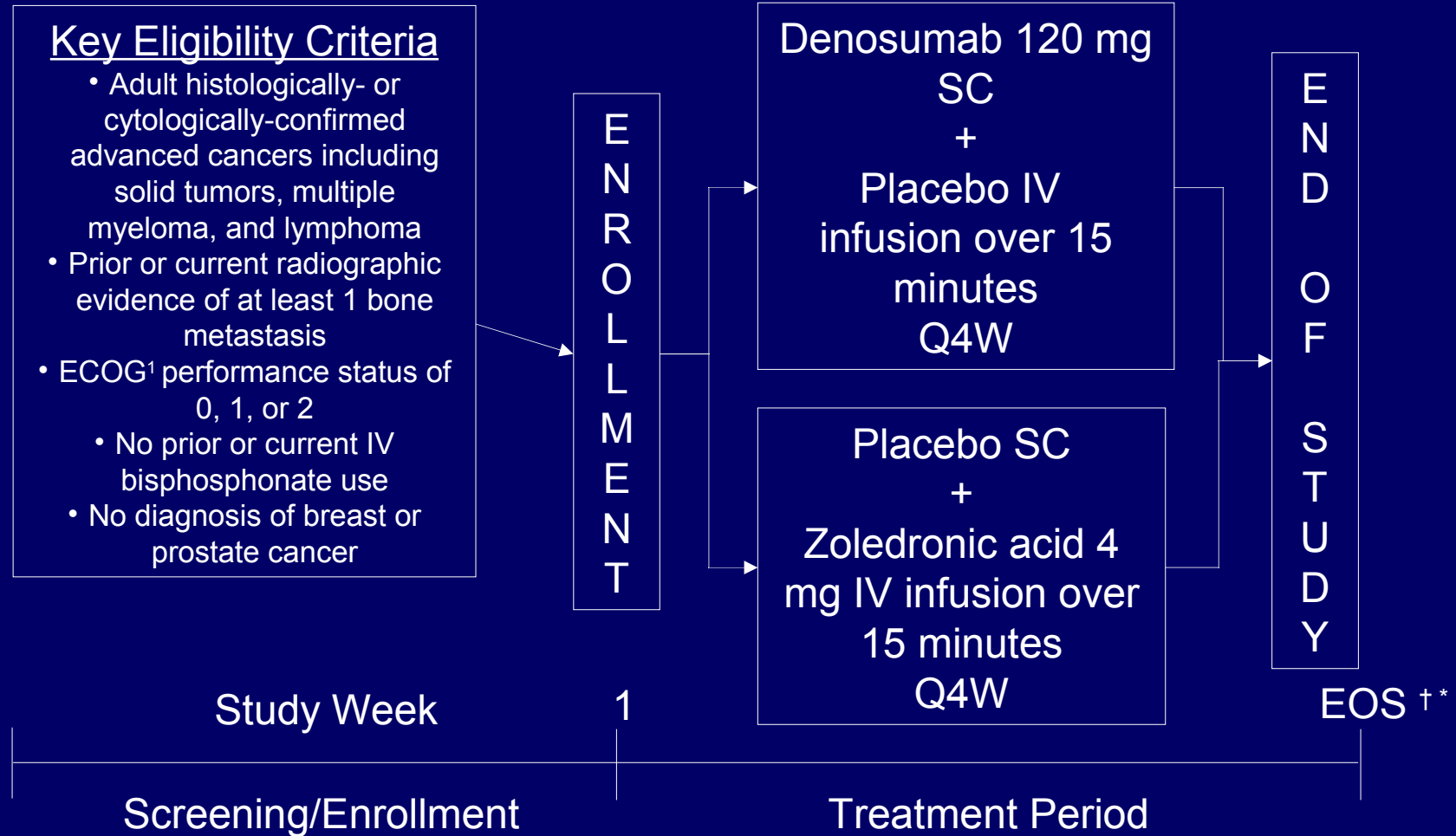
 Denosumab



Adapted from: Boyle et al. Nature 2003;423:337-42;  
Roodman GD. N Engl J Med 2004;350:1655-64

# Study Schema

## Denosumab 20050244



<sup>1</sup>Eastern Cooperative Oncology Group

† Event Driven

\* End Of Study

# Results of denosumab 20050244

- Similar **time to first SRE** (fracture, radiation to bone, surgery to bone, or spinal cord compression) compared to zoledronic acid (hazard ratio 0.84, 95 percent CI: 0.71-0.98), which is statistically significant for non-inferiority ( $p < 0.0007$ ).
- The **delay in the time to first SRE** associated with denosumab treatment was not statistically superior compared to zoledronic acid (adjusted  $p = 0.06$ ) (secondary endpoint).
- The **time to first-and-subsequent SRE** was also not statistically superior compared to zoledronic acid (hazard ratio 0.90, 95 percent CI: 0.77-1.04) (secondary endpoint).



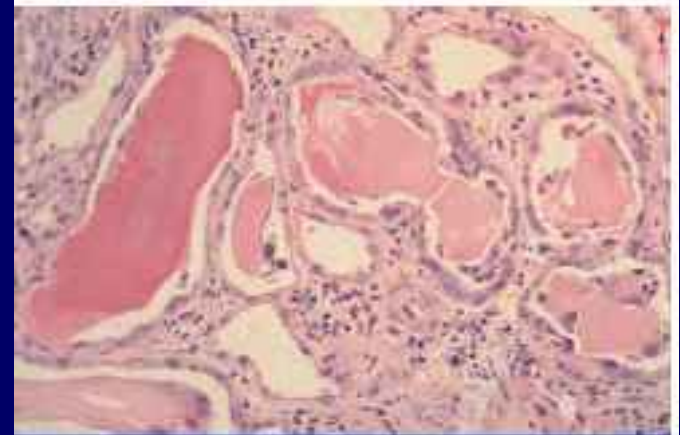
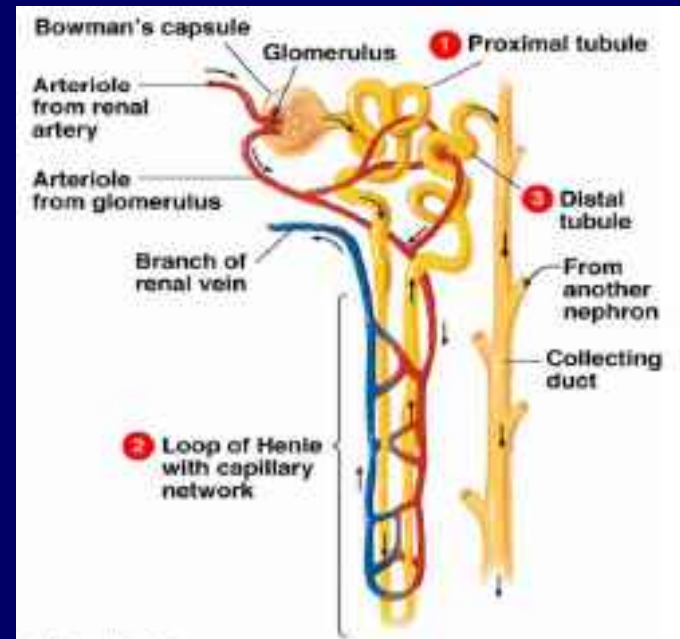
# CONCLUSIONS

- Bisphosphonates are useful and remain the cornerstone of the management of bone destruction in MM.
- However many questions have not been answered yet. What is the maximum duration for their use? What is the long-term safety profile? **Be careful in renal dysfunction and be aware of ONJ.**
- Novel agents (bortezomib, denosumab) in combination with or without bisphosphonates may help in the better management of myeloma bone disease.

# Myeloma and Renal impairment

# Renal Failure

- Renal failure is an important complication of myeloma
- Moderate renal impairment in 20-30% at presentation
- Severe renal failure in 3-5%
- Renal impairment in up to 50% during follow up
- 2-5% of myeloma patients require long-term dialysis
- Increased risk of early mortality



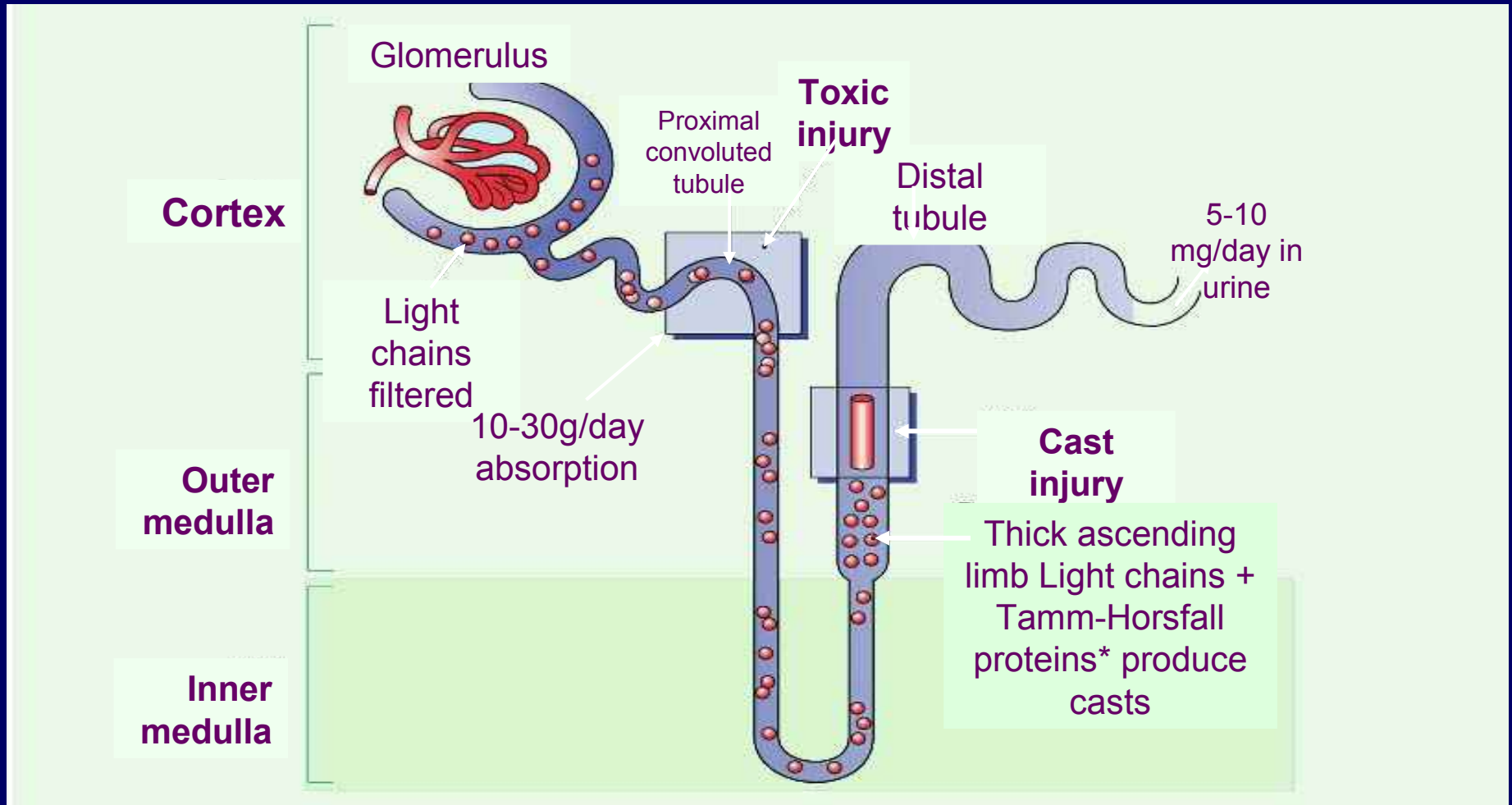
# Renal Impairment and Myeloma

- **Pathogenesis is multifactorial<sup>1</sup>**
  - **Toxic effect of light chains**
    - Myeloma kidney (light chain cast neuropathy)
    - Light chain deposition disease
    - Amyloidosis
    - Tubular dysfunction
  - **Dehydration**
  - **Hypercalcemia**
  - **Non-steroidal anti-inflammatory drugs**
- **Urinary light chain excretion and/or hypercalcemia are the most important factors and are present in 90% of cases<sup>2</sup>**

1. Dimopoulos et al, Leukemia 2008;22:1485-93

2. San Miguel et al. Haematologica 1999;84:36-58

# Cast nephropathy

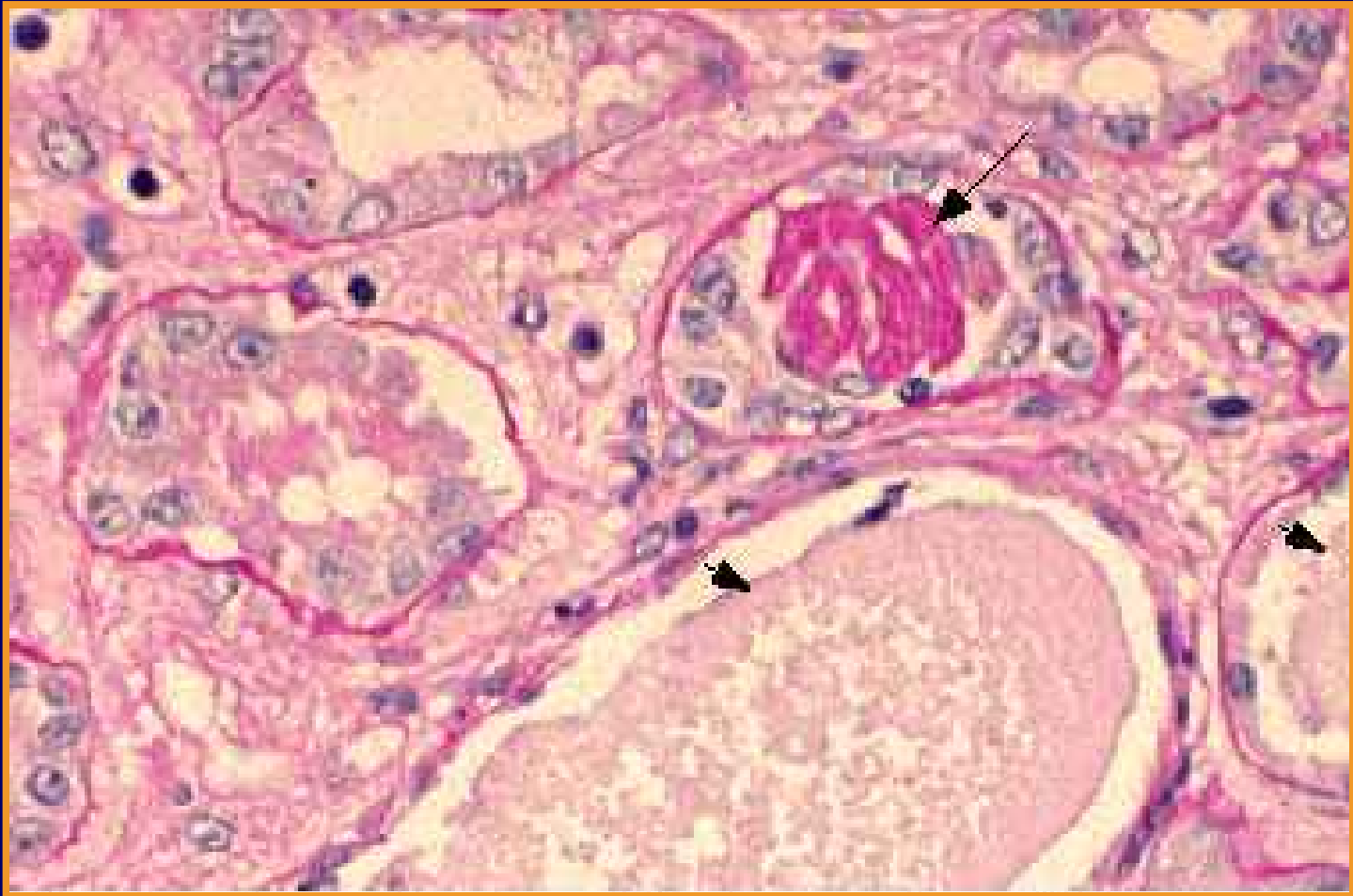


\*uromodulin, a glycoprotein synthesized by the cells in the medullary thick ascending limb of the loop of Henle with affinity for monoclonal light chains

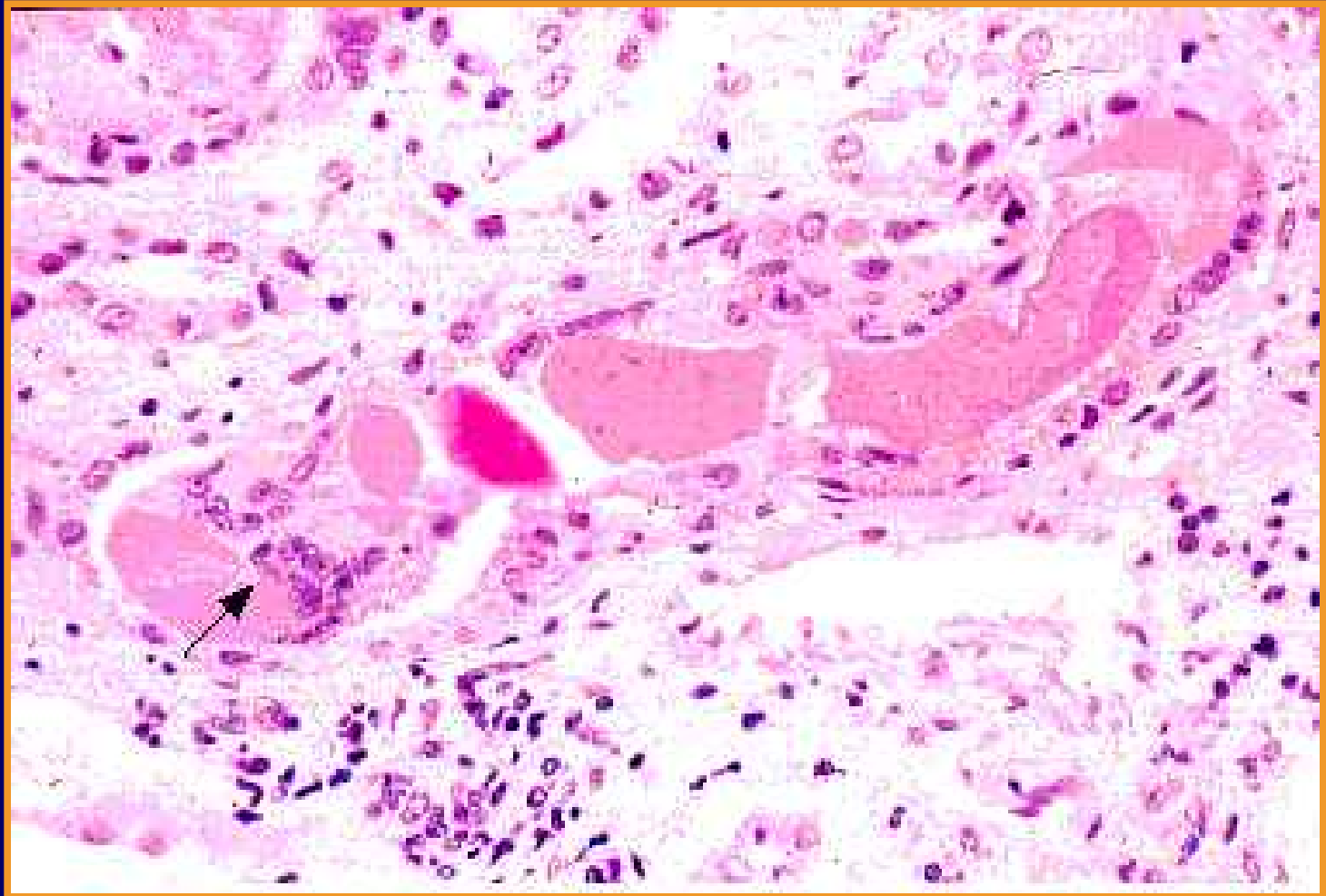
# What biochemical factors favour cast formation?

- Concentration FLC
- Concentration and -CHO content of Tamm Horsfall protein
- Distal nephron NaCl
- Distal nephron Calcium
- Tubular flow rate
- Presence of furosemide
- Acidic pH

# Cast Nephropathy

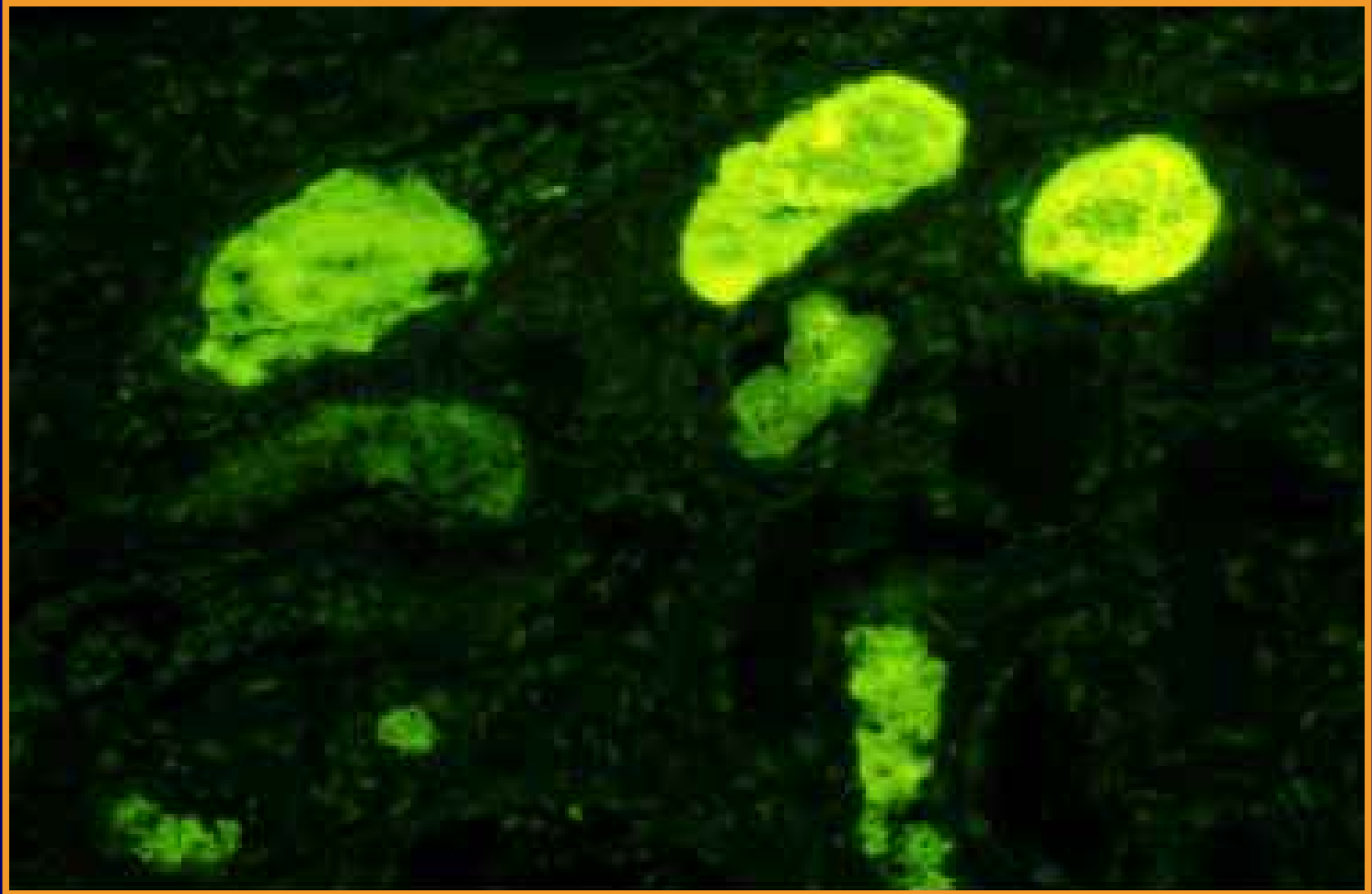


# Cast Nephropathy





# Cast Nephropathy

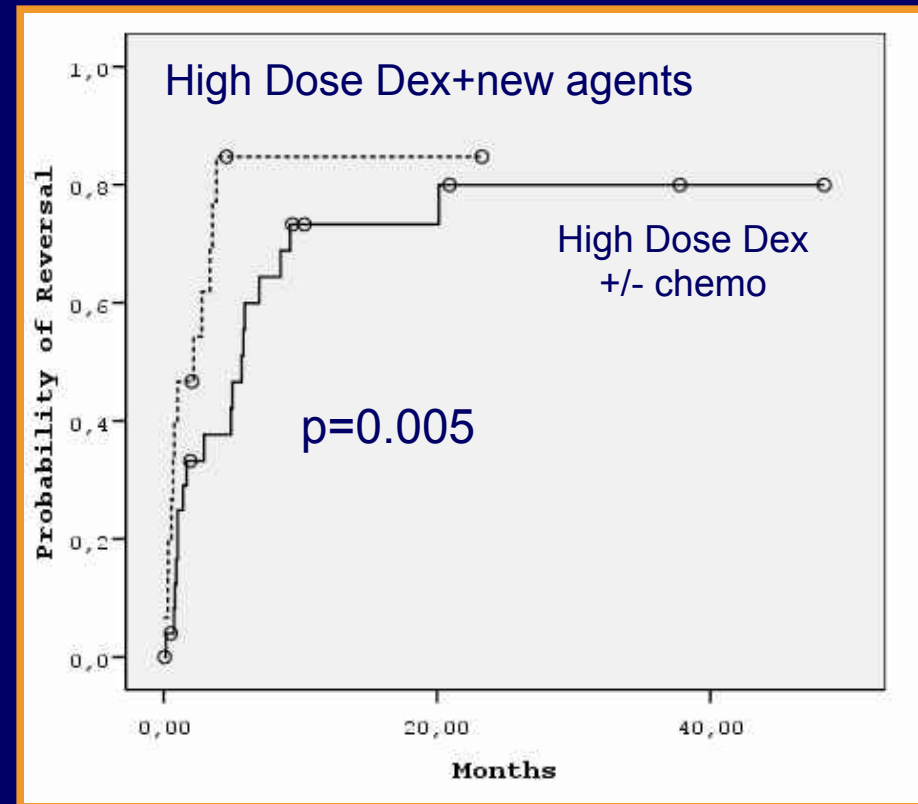


# Treatment of Renal Impairment in MM

- **Treat precipitants of renal failure**
  - **adequate hydration**
- **Maintain as much residual kidney function as is possible**
  - **Start dialysis if required**
  - **Plasma exchange/free light chain removal with dialysis filters**
  - **Use with caution: Melphalan, prednisone**
  - **Suitable therapies: high dose dexamethasone, bortezomib, ASCT, lenalidomide (?)**

# Management of renal failure with high dose dexamethasone and new agents

- High rates of RF reversal (~80%)
- Median time to RF reversal (sustained creatinine <1.5 mg/dl) → 0.9 months
- More rapid improvement of renal function with high dose dexamethasone combinations with novel agents (0.9 vs 2 months)
- Similar toxicity profile



# Rationale for use of Bortezomib in patients with renal impairment

- **Short time to response<sup>1</sup>**
  - **Median time to initial response: 1.2 months**
  - **First response within 4 cycles: 86%**
- **High overall and complete responses**
- **Reduces inflammation in myeloma kidney disease<sup>2</sup>**
- **Half-life independent of renal clearance<sup>3</sup>**
- **Well tolerated with toxicity similar in patients with and without renal impairment<sup>4,5</sup>**

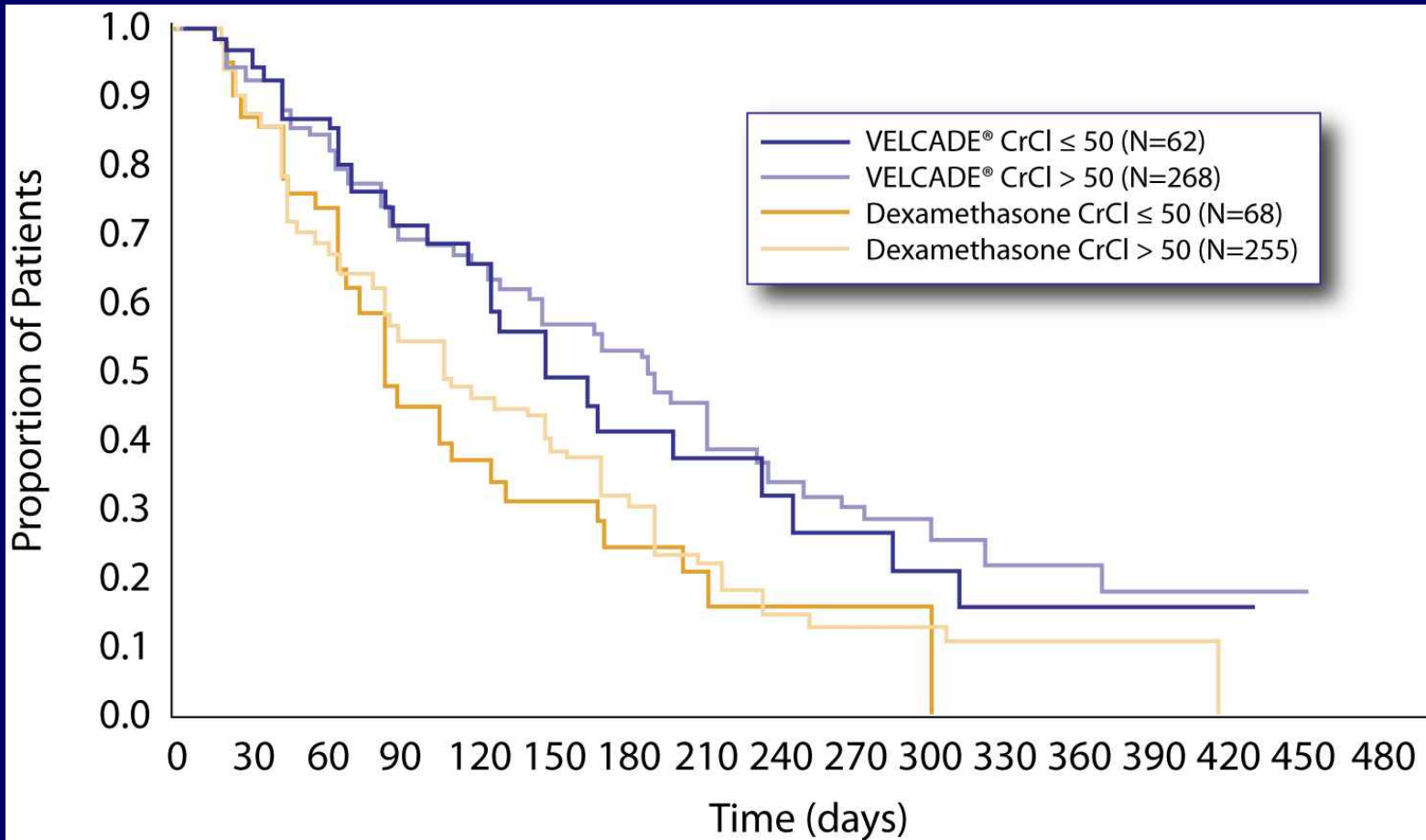
1. Richardson P *et al. Blood* 2005;106:(Abstract 2547); 2. Ludwig *et al. Haematologica* 2007;92:1411–1414;  
3. Mulkerin *et al. ASH* 2007:(Abstract 3477); 4. Jagannath S *et al. Cancer* 2005;103:1195–2000;  
5. Chanan-Khan *et al. Blood* 2007;109:2604–2606

# APEX: Renal Impairment

- Subgroup analysis of the Phase III APEX study assessing the safety and efficacy of MM patients with renal impairment.
- Bortezomib had significantly higher TTP and OS compared to dexamethasone irrespective of whether the CrCl was  $\leq 50$  or  $>50$ ml/min.

	All Patients	<30	30-50	$\leq 50$	51-80	>80	>50
ORR (CR+PR)	38%	47%	37%	40%	40%	36%	38%
CR	6%	0	9%	7%	8%	4%	6%
PR	32%	47%	28%	33%	32%	31%	32%
TTR (Months)	1.4	1.6	0.7	1.4	1.2	1.4	1.4
TTP (Months)	6.2	4.2	5.6	4.9	6.2	6.3	6.2
OS (Months)	29.8	22	22.8	22.8	30.0	NE	30.0

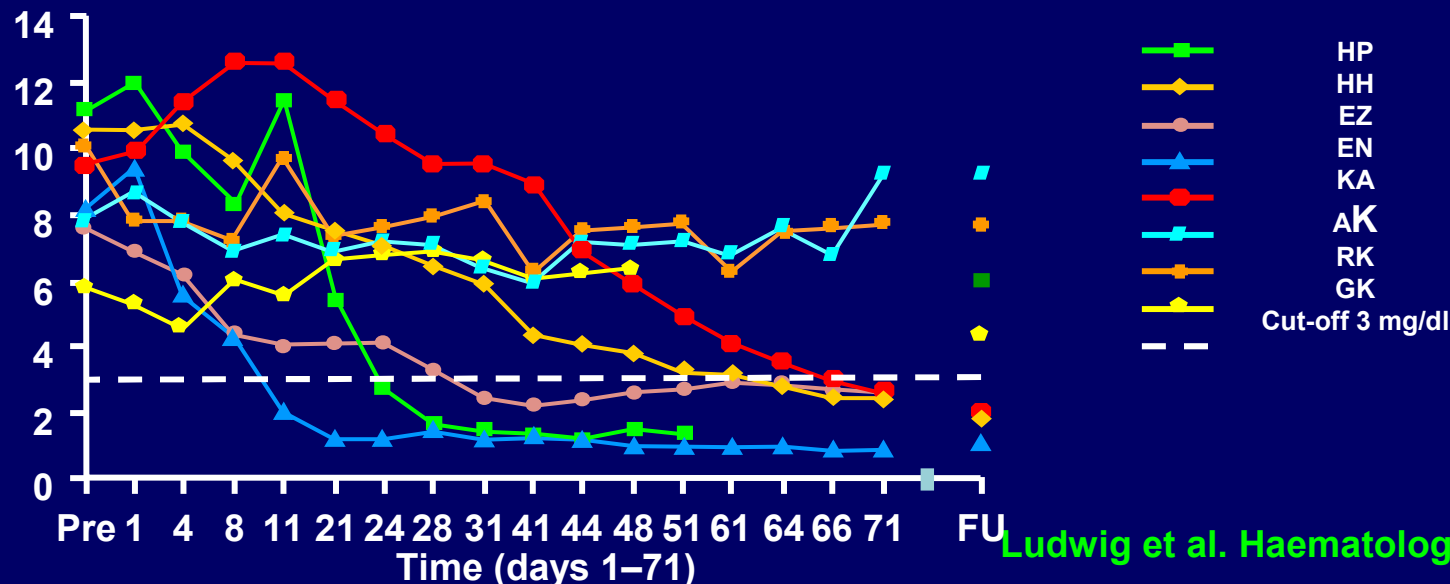
# APEX: Renal Impairment/TTP



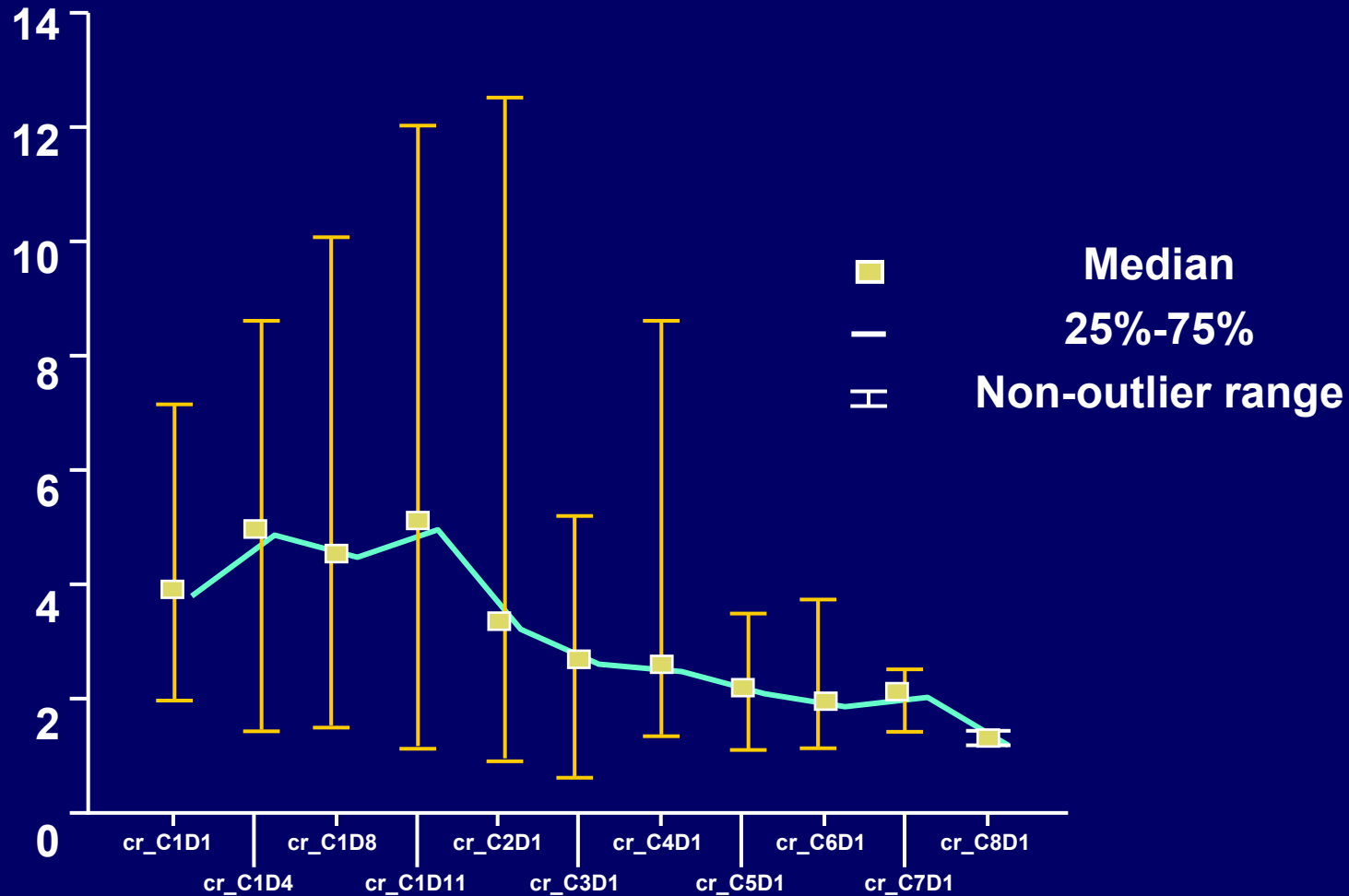
# Bortezomib-treated patients with acute renal failure

## MM Patients with acute renal failure (ARF)

- Newly diagnosed (n=7), previously treated (n=1)
- **Treatment**
  - Bortezomib 1.0 or 1.3 mg/m<sup>2</sup>, days 1,4,8,11 of 21-day cycle
  - Dexamethasone 20 mg added for 3 patients, doxorubicin 9 mg/m<sup>2</sup> added for 3 patients
- **Results**
  - Reversal of renal failure in 5 out of 8 patients

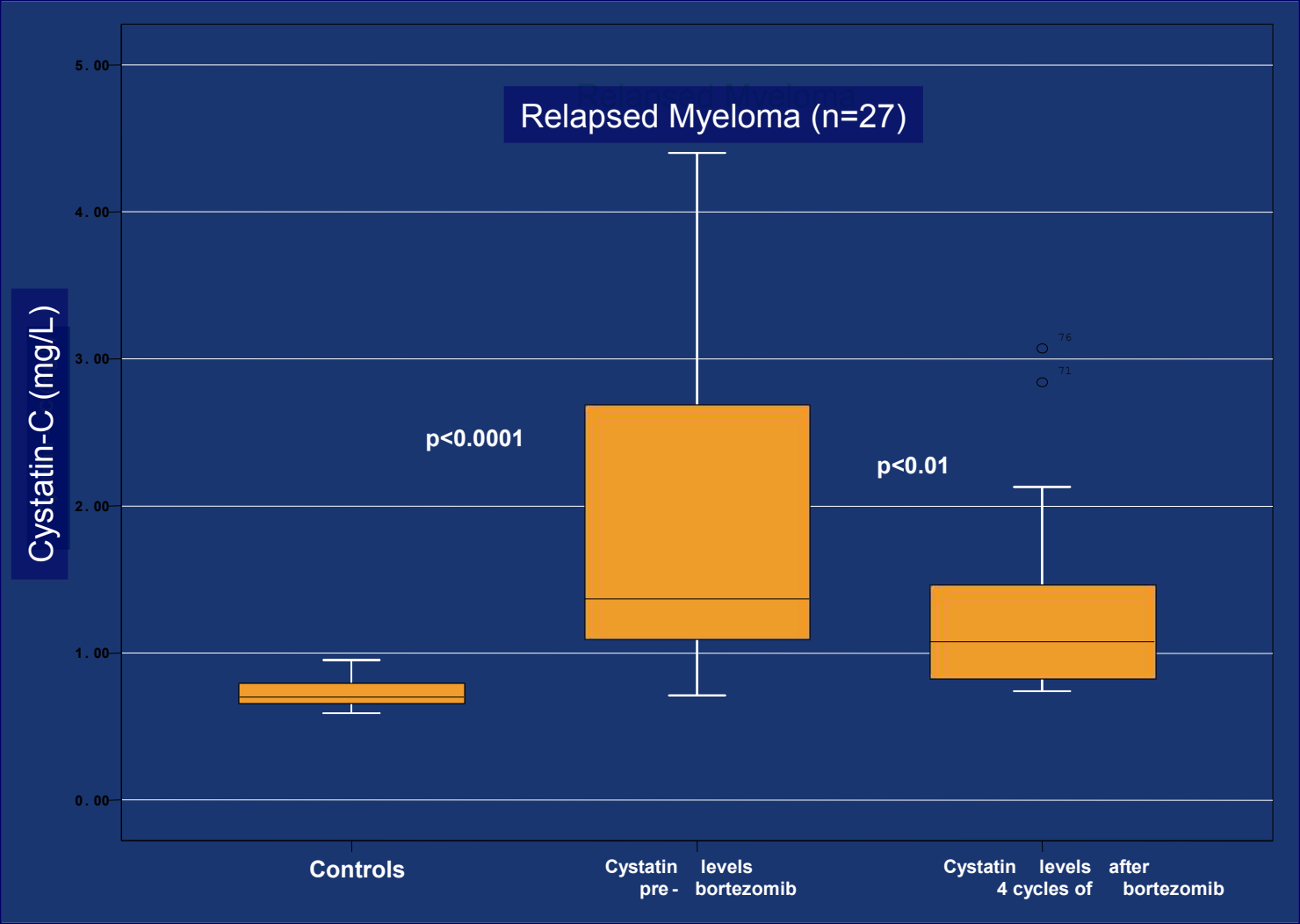


# Median serum creatinine by cycles after treatment with bortezomib-based regimens





# Reduction of Cystatin-C after treatment with bortezomib ± dexa in relapsed myeloma



# Bortezomib: Dialysis Patients

- Retrospective case analysis from 5 US cancer centers
- 24 patients with MM and advanced renal failure receiving or scheduled for dialysis
- Bortezomib 1.3 mg/m<sup>2</sup> alone or in combination before (n = 2), during\* (n = 1) or after (n = 19) dialysis

Response rates (%)	
ORR	75
CR	25
nCR	5
PR	45

# Bortezomib: Dialysis Patients

- Response
  - 1 patient responded rapidly (spared dialysis)
  - 3 patients became dialysis-independent

Adverse event (all grades, >10%)	Patients (n=18)
Thrombocytopenia	39%
Peripheral neuropathy	11%
Infection	11%
Serious AEs	6%
Progressive disease	33%

**Bortezomib is effective in patients with renal impairment and leads to high ORR in patients requiring dialysis**

# Lenalidomide: dosing recommendations for patients with renal insufficiency

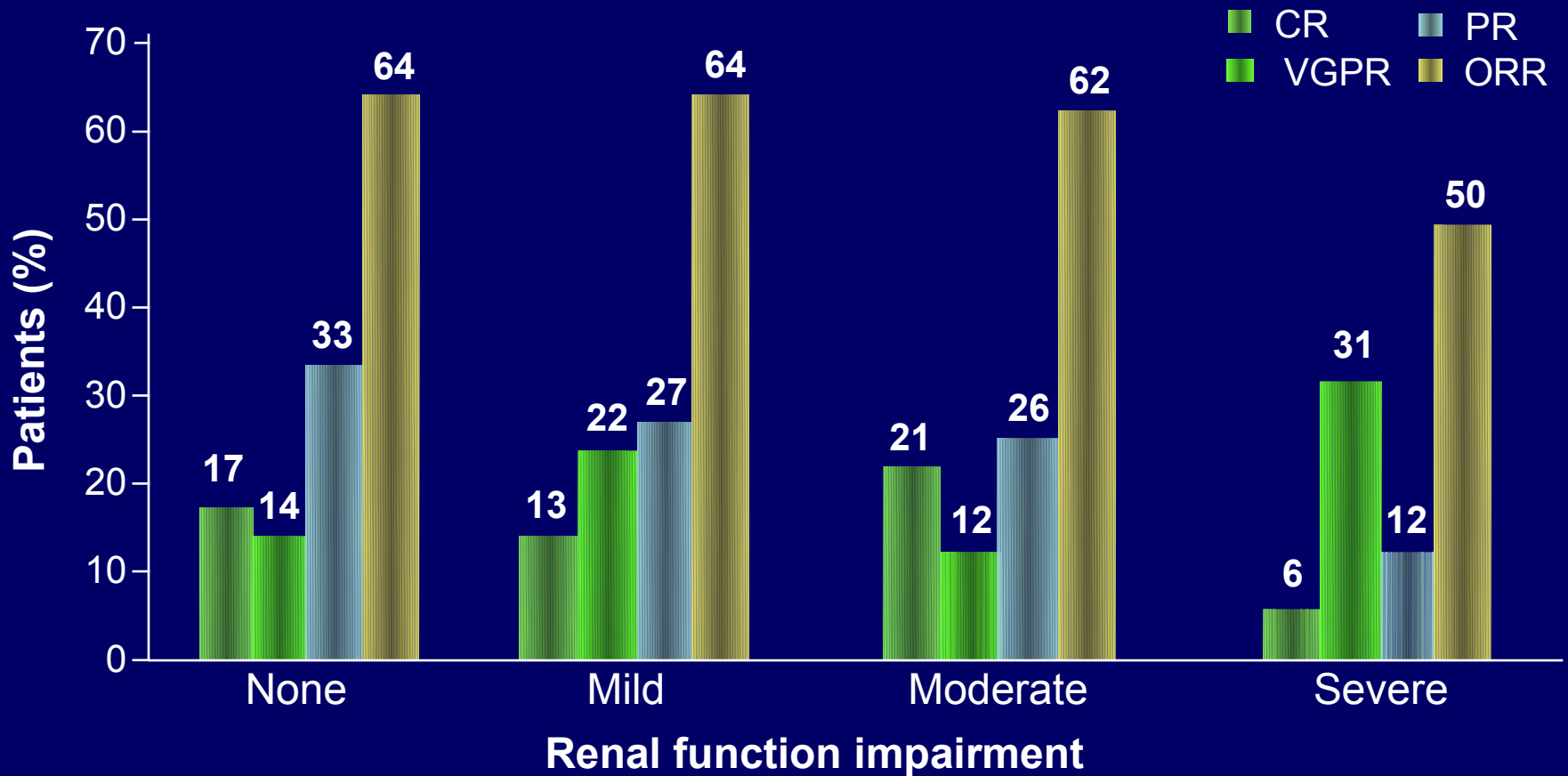
Renal function impairment	Lenalidomide dosage
Mild ( $Cl_{Cr} \geq 50$ ml/min)	25 mg/day (full dose)
Moderate ( $30 \leq Cl_{Cr} < 50$ ml/min)	10 mg/day*
Severe ( $Cl_{Cr} < 30$ ml/min, dialysis <i>not</i> required)	15 mg every 48 hours
End-stage renal disease ( $Cl_{Cr} < 30$ ml/min, dialysis required)	5 mg/day; on dialysis days the dose should be administered after the dialysis

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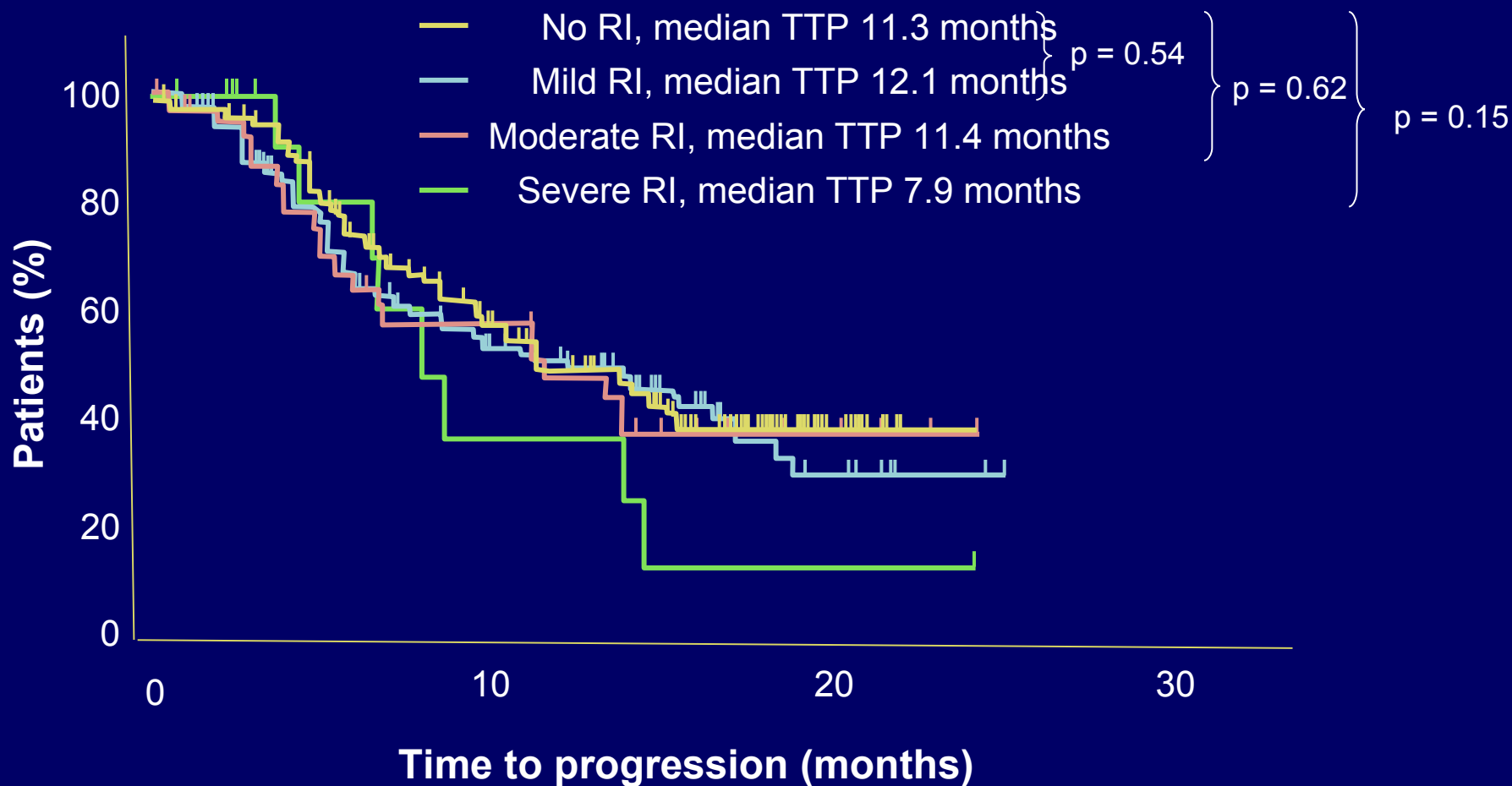
\*Dose may be increased to 15 mg/day after 2 cycles if patient has no response to treatment.

# Len + Dex is effective regardless of renal insufficiency

MM-009 and MM-010: prospective subgroup analysis of MM patients with renal insufficiency



# TTP with Len + Dex is consistent regardless of the extent of renal impairment



# Reversibility of Renal Failure

# Recovery of renal impairment by ASCT

- 46 patient with MM and renal failure, defined as serum creatinine >2 mg/dL sustained for >1 month before the start of preparative regimen received ASCT
- 10 patients (21%) were dialysis-dependent
- Post-ASCT: CR 9pts (22%) and PR 22pts (53%)
- TRM 2pts (4%)
- Significant **improvement in renal function**, defined as an increase in GFR by 25% above baseline, was seen in 15 patients (**32%**).
- 3-year PFS and OS were 36% and 64%, respectively



# Phase II: recovery of renal impairment by bortezomib-doxorubicin-dex (BDD)

## Patients

N=40, median age, 64 (41–82) years;  
60% newly diagnosed

Evaluable patients	N=32
CR/nCR, n (%)	9 (28)
VGPR, n (%)	9 (28)
PR, n (%)	4 (13)
ORR, n (%)	22 (69)

### Main grade 3/4 AE:

- infections (16%),
- neutropenia (16%),
- cardiovascular (10%), weakness (10%)

Baseline GFR, ml/min (range)	16.8 (4-48)
GFR after BDD, ml/min (range)	
All pts, n=32	54 (19->180)
≥VGPR, n=18	59 (19 ->180)
PR, n=4	35 (20->180)
Pts achieving ↓ GFR >50 ml/min, n (%)	14 (43)

# Recovery of renal impairment by bortezomib-based regimens: our experience

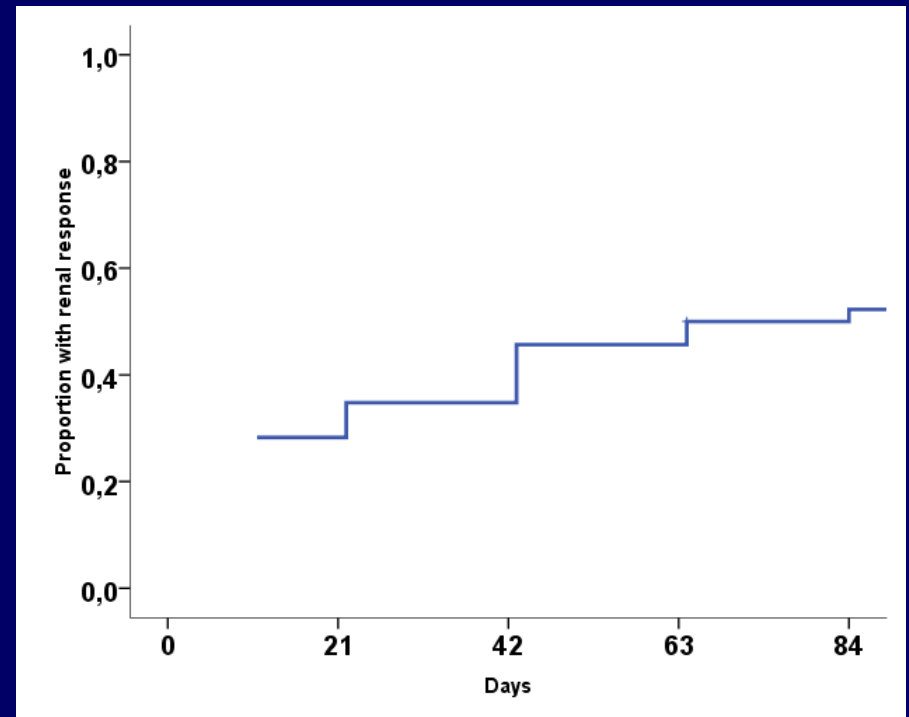
- 149 patients received bortezomib-based regimens over the last 5 years for the treatment of newly diagnosed or refractory/relapsed myeloma
- 46 had renal impairment, defined as a eGFR <50 ml/min
- ✓ 17 received bortezomib with dexamethasone (VD)
- ✓ 29 patients received VD-based regimens [VTD, PAD, VMTD, BRD]

# Criteria for evaluation of renal response

- **Renal complete response (CR<sub>renal</sub>):** improvement of baseline GFR from  $<50$  ml/min to  $\geq 60$  ml/min (Stage  $\geq 3$  to 1/2 CKD)
- **Renal partial response (PR<sub>renal</sub>):** improvement of baseline GFR from  $<15$  to 30–59 ml/min
- **Renal minor response (MR<sub>renal</sub>) :** improvement of baseline GFR of  $<15$  ml/min to 15–29 ml/min or from 15–29 ml/min to 30–59 ml/min.

# Results

- Renal response, N=27 (59%),
  - CRrenal in 14 (30%) patients,
  - PRrenal in 5 (11%)
  - MRrenal in 8 (17%)
- 2 of 9 patients became dialysis independent



**Median time to renal response: 11 days**

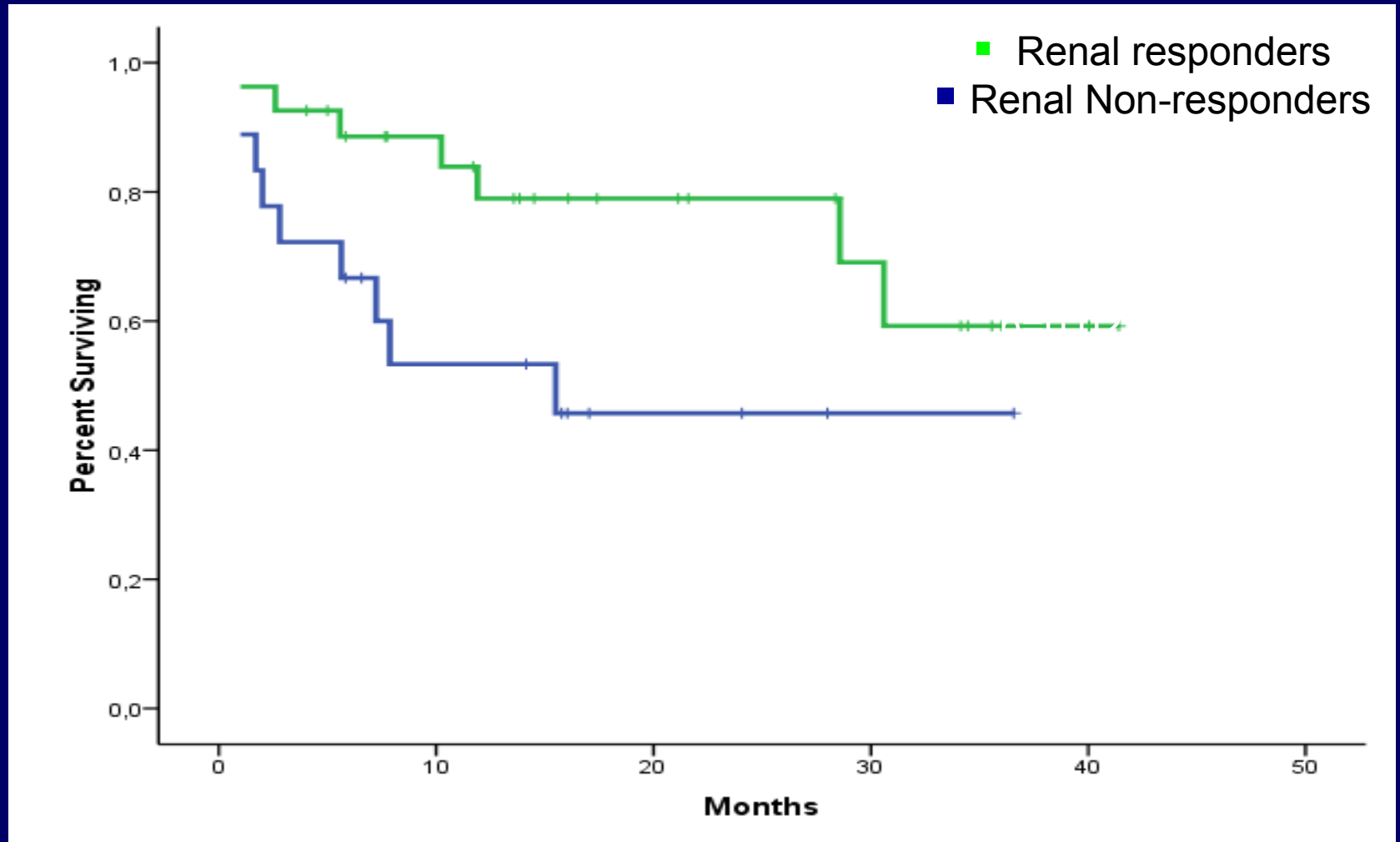
# Factors associated with renal response

	Renal response	p-value
Age $\geq 75$	50%	0.371
Pretreated	53%	0.160
Untreated	80%	
Male	63%	0.763
Female	56%	
BJ $< 2$ gr	54%	0.551
BJ $\geq 2$ gr	65%	
Ca $\geq 10.5$	57%	1.0
Ca $< 10.5$	59%	
VD	41%	0.120
VD+ other agents	69%	
Light chain only	81%	0.031
Yes	47%	
No		
Myeloma Response	76%	0.004
$\geq$ PR	29%	
NR		
Baseline eGFR $< 30$ m/ min	63%	0.331
$\geq 30$ ml/min	46%	

# Factors associated with a complete renal response

N=46 patients	CRrenal (eGFR>60 ml/min)	p-value
Pretreated	22%	0.047
Untreated	60%	
Age≥75	25%	0.535
Age<75	35%	
Male	32%	1.0
Female	30%	
Ca ≥10.5	25%	0.176
Ca<10.5	57%	
BJ <2 gr	23%	0.333
BJ ≥2 gr	40%	
VD	24%	0.520
VD+ other agents	35%	
Baseline eGFR <30 ml min	24%	0.171
≥30	46%	
Light chain only	38%	0.512
Heavy Chain	27%	

# Impact of renal response on survival (1-month landmark – only pretreated patients)



# eGFR with cystatin-C can identify patients with low probability of renal recovery

	eGFR by cystatin-C only	eGFR by Cystatin-C, age , gender	eGFR by Cystatin-C, creatinine , age, gender	eGFR by MDRD (creatinine, age , gender)
Median (ml/min)	21	20	15	14
Stage IV-V Stage V	11/19 (58%) 4/19 (21%)	13/19 (68%) 5 / 19 (26%)	13/19 (68%) 9 / 19 (47%)	16/19 (84%) 11 / 19 (58%)
Stage IV-V CRrenal	1	2	2	5
Stage V Any renal Response	2	5	7	9
Stage V CRrenal	0	0	1	2

**P=0.041**

**P=0.046**

**P=0.046**

**P=1.0**



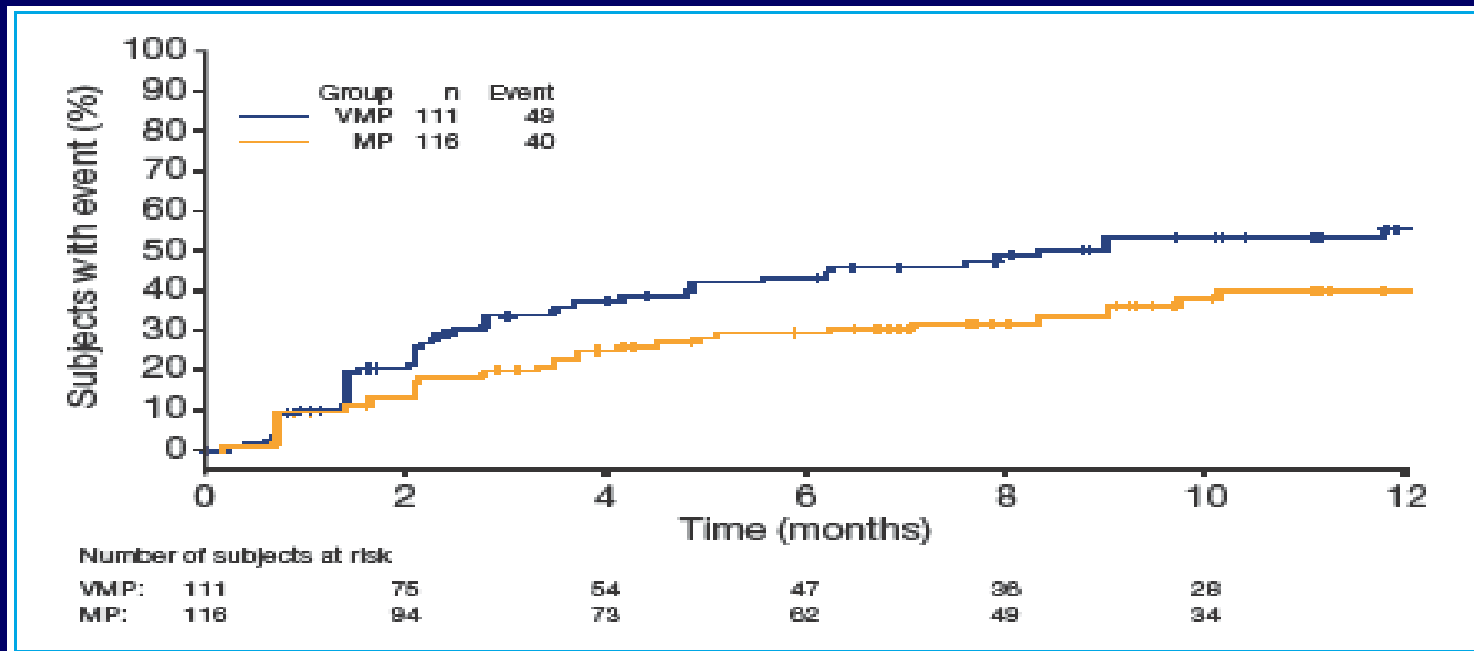
# VISTA: Reversal of Renal Impairment

- ▶ The rate of renal impairment reversal was more pronounced with VMP
  - ▶ The rate of  $CR^{renal}$  was higher with VMP vs.MP

	VMP	MP
<b>Rate of reversal of renal failure</b> (Baseline $CrCl < 50$ improving to $\geq 60$ mL/min on treatment)		
All Patients $CrCl < 50$ mL/min	44%	34%
$CrCl 30 - < 50$ mL/min	46%	39%
$CrCl < 30$ mL/min	37%	7%
$CrCl$ increases $\geq 20$ mL/min	86%	63%
<b>Renal Responses</b>		
$CR^{renal}$	44%	34%
$PR^{renal}$	-	50%
$MR^{renal}$	42%	67%

# VISTA: Time to Reversal of Renal Impairment

- ▶ Median time to renal impairment reversal in all patients with baseline CrCl <50 mL/min significantly shorter with VMP vs MP
  - 9.0 months (VMP) vs 13.6 months (MP) for all patients with baseline CrCl <50 mL/min



# Lenalidomide can be safely used in patients with renal insufficiency

Adverse events, %	Degree of renal function impairment			
	None (n = 158)	Mild (n = 125)	Moderate (n = 42)	Severe (n = 16)
Neutropenia	31	39	43	38
Thrombocytopenia	7	16*	19*	38**
Thrombotic events	11	12	14	6

\*p < 0.05 versus no renal impairment; \*\*p < 0.001 versus no renal impairment.

**Of 174 patients with renal insufficiency, 119 (68%) had improvement in their renal function by at least one level within 4 months, as assessed by peak creatinine clearance rate**

# Conclusions

- **Myeloma cast nephropathy is the most common type of myeloma-related renal impairment**
- **Prevention is very important**
- **Bortezomib-based regimens may rapidly improve renal function even in pretreated myeloma patients and in patients requiring dialysis**
- **Lenalidomide is also safe to be given in myeloma patients with renal impairment and improve renal function in a substantial subset of patients**
- **Renal recovery is associated with improvement of survival**
- **Cystatin-C may identify patients at lower probability for renal recovery**

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