

New IMiD Therapy

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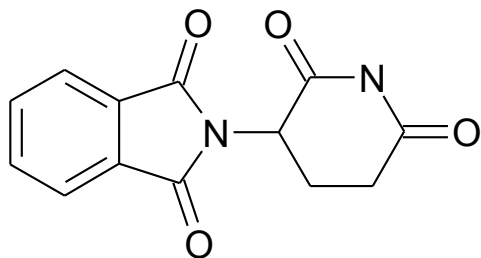


Jacksonville, Florida

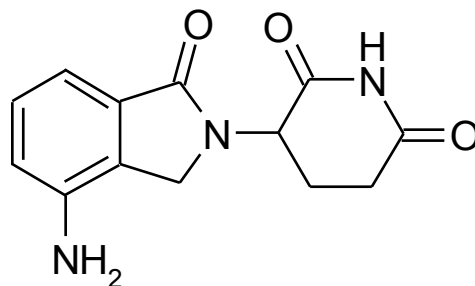
IMiDs

	Thalidomide + dex	Lenalidomide + dex
Newly diagnosed MM	60-75%	70-90%
Relapsed MM	45-55%	60%

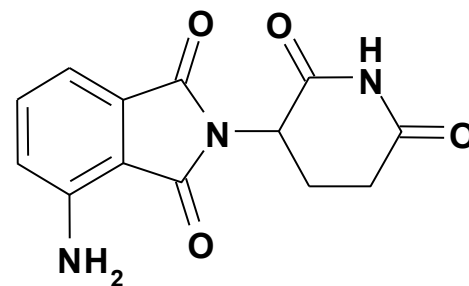
Molecular Structure of Thalidomide, Lenalidomide and Pomalidomide



Thalidomide
100-200 mg/d
Neuropathy
Constipation
Sedation
DVT



Lenalidomide
15-25 mg/d
Myelosuppression
Skin rash
DVT



Pomalidomide
1-4 mg/d

Structurally similar, but functionally different both qualitatively and quantitatively

In vitro Pharmacology

	<u>Thalidomide</u>	<u>Pomalidomide</u>
Anti-angiogenic activity (human explant model)	+++++	+++++
Anti-inflammatory activity against monocytes	+	+++++
T cell/NK cell costimulation	+	+++++
T regulatory cell inhibition	-	+++++
Antibody-dependent Cellular Cytotoxicity (ADCC)	-	+++++

+ = potency factor of 10

Phase I trials for Pomalidomide

	N	Dose	MTD	ORR
Schey	24	1-10 mg	2 mg	54%
Streetly	20	1-10* mg QOD	5 mg QOD	50%

* Nine patients also received dexamethasone

Phase II Trial of Pomalidomide + Dexamethasone in Relapsed MM

Study Goals:

- **To assess the response rate and duration of remission with Pom/dex in patients with relapsed or refractory myeloma.**
- **To assess the toxicity, overall survival and progression free survival of Pom/dex in this patient population.**

Study design

- **Phase II trial, 60 patients**
- **A confirmed response is defined to be a CR, PR or VGPR as assessed by the International Myeloma Working Group Uniform Response criteria.**

Eligibility

- **Previously treated, relapsed multiple myeloma.**
- **> 1 and \leq 3 prior regimens.**
- **Measurable disease (one of the following) :**
 - **Serum M-spike \geq 1.0 g/dL**
 - **24-hour Urine M-spike >200 mg**
 - **Serum immunoglobulin FLC \geq 10 mg/dL with abnormal FLC ratio**
 - **Measurable soft tissue plasmacytoma, not previously radiated**
 - **> 30% plasma cells in bone marrow**
- **Age \geq 18 years.**
- **ANC \geq 1000/ μ L and PLT \geq 75,000/ μ L**
- **Creatinine \leq 2.5 mg/dL**
- **ECOG PS 0, 1, or 2.**

Patient Characteristics

	N=60
Age, median (range)	65.5 (35-88)
Gender, male	36 (60%)
ISS Stage	
Stage I	12 (28%)
Stage II	17 (40%)
Stage III	14 (32%)
β-2 M	3.5 (1.5-14.0)
PC Labeling Index, %	0.7 (0.0-9.6)
Baseline neuropathy	
Grade 1	24 (40%)
Grade 2	3 (5%)

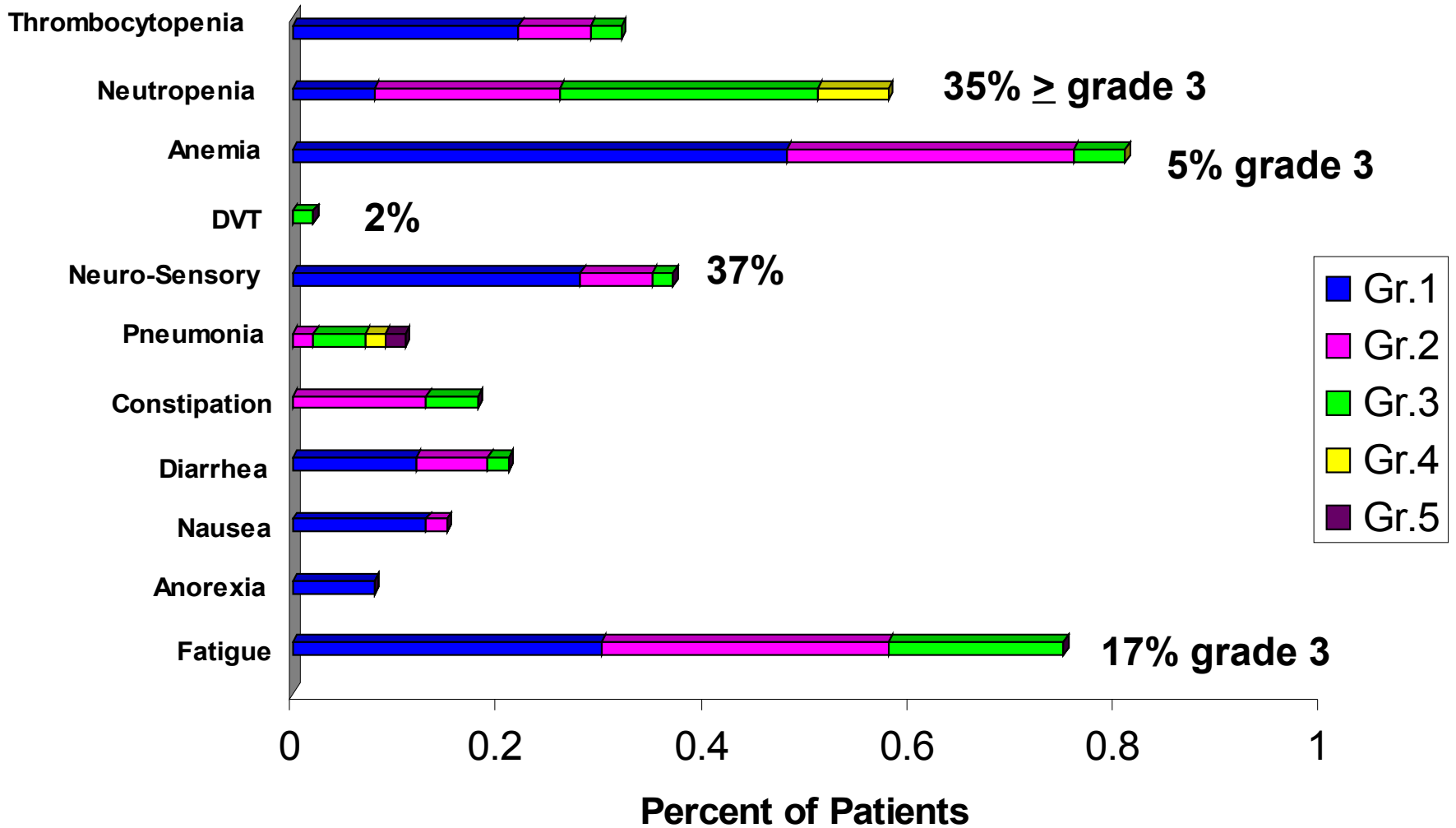
Prior treatments

	Total (N=60)
Diagnosis to On Study, median (months, range)	44 (9.1-192.5)
No. Prior Chemotherapies	
1	17 (28%)
2	22 (37%)
3	21 (35%)
Transplant, yes	39 (65%)
Previous IMiD use, yes	36 (60%)
- Lenalidomide	21 (35%)
- Thalidomide	28 (47%)
Bortezomib	20 (33%)

Study treatment

- **Starting Dose:**
 - **Pomalidomide - 2mg p.o. daily days 1-28**
 - **Dexamethasone - 40mg p.o. days 1, 8, 15 & 22**
 - **Aspirin - 325mg p.o. days 1-28**
- **G-CSF was not permitted**
- **Patients allowed to increase to 4 mg/day if no grade 3/4 toxicity and if NR or progressing**

Toxicity



Neutropenia

- **Overall, 21 (35%) patients experience grade 3/4 neutropenia.**
- **All patients first experienced the neutropenia in cycle 1-3.**
- **No new patients experienced grade 3/4 neutropenia in cycle 4 or later.**

Treatment Administration

No. of Cycles Administered		399
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Pomalidomide

Patients with Reductions

11 (18%)

Neutropenia

Neuropathy

Dexamethasone

Patients with Reductions

24 (40%)

Edema

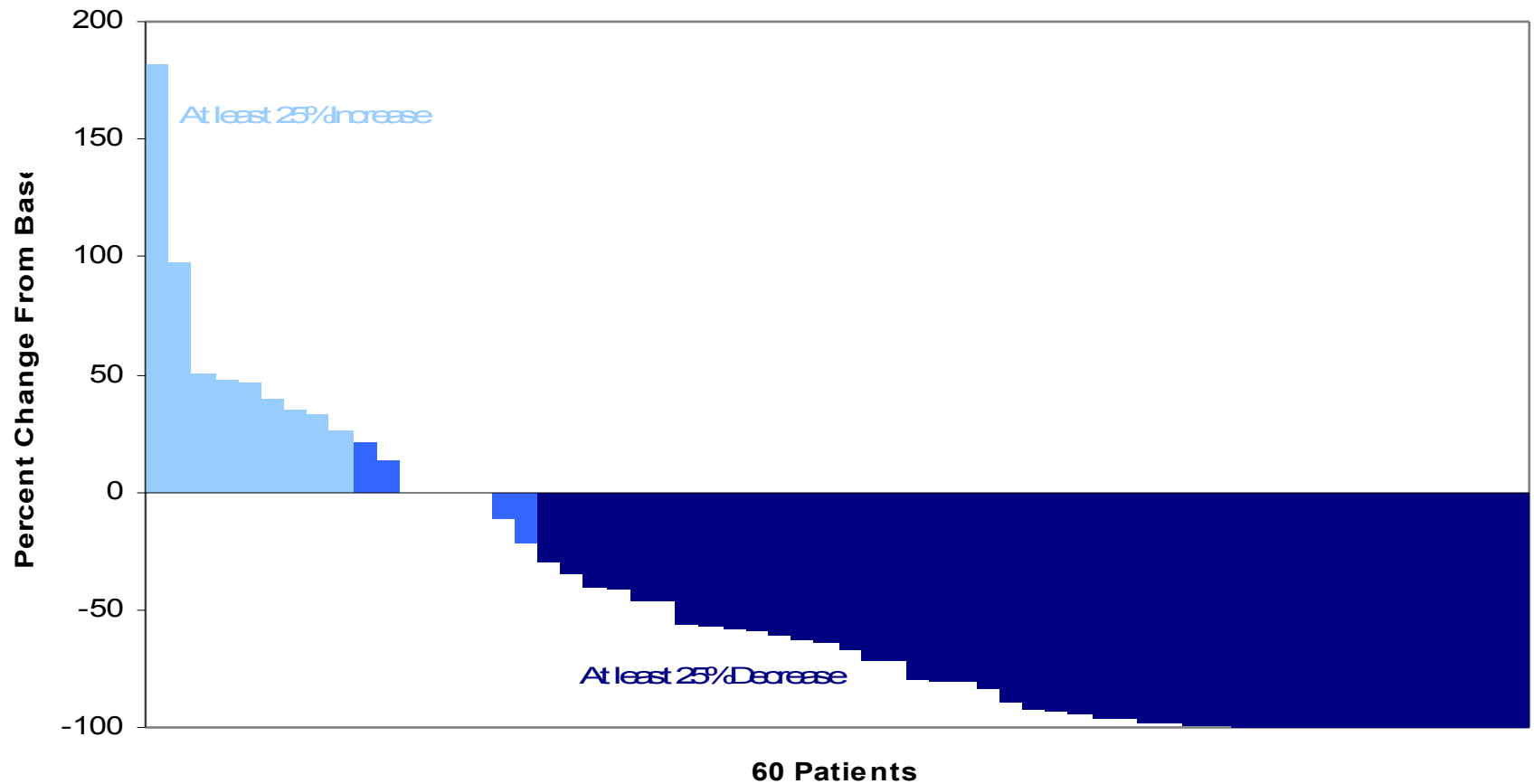
Hyperglycemia

Confusion/Mood Alteration

Muscle Weakness

Measurable parameter as maximum % change from baseline

Waterfall Plot



Best Responses

	Confirmed Response	IMWG* response criteria	
		N= 60	
Median follow-up 7 months	CR	3 (5%)	} CR +VGPR 33%
	VGPR	17 (28%)	
	PR	18 (30%)	} ORR 63%
	SD	18 (30%)	
	PD	3 (5%)	
	NE	1 (2%)	

Dose Escalation

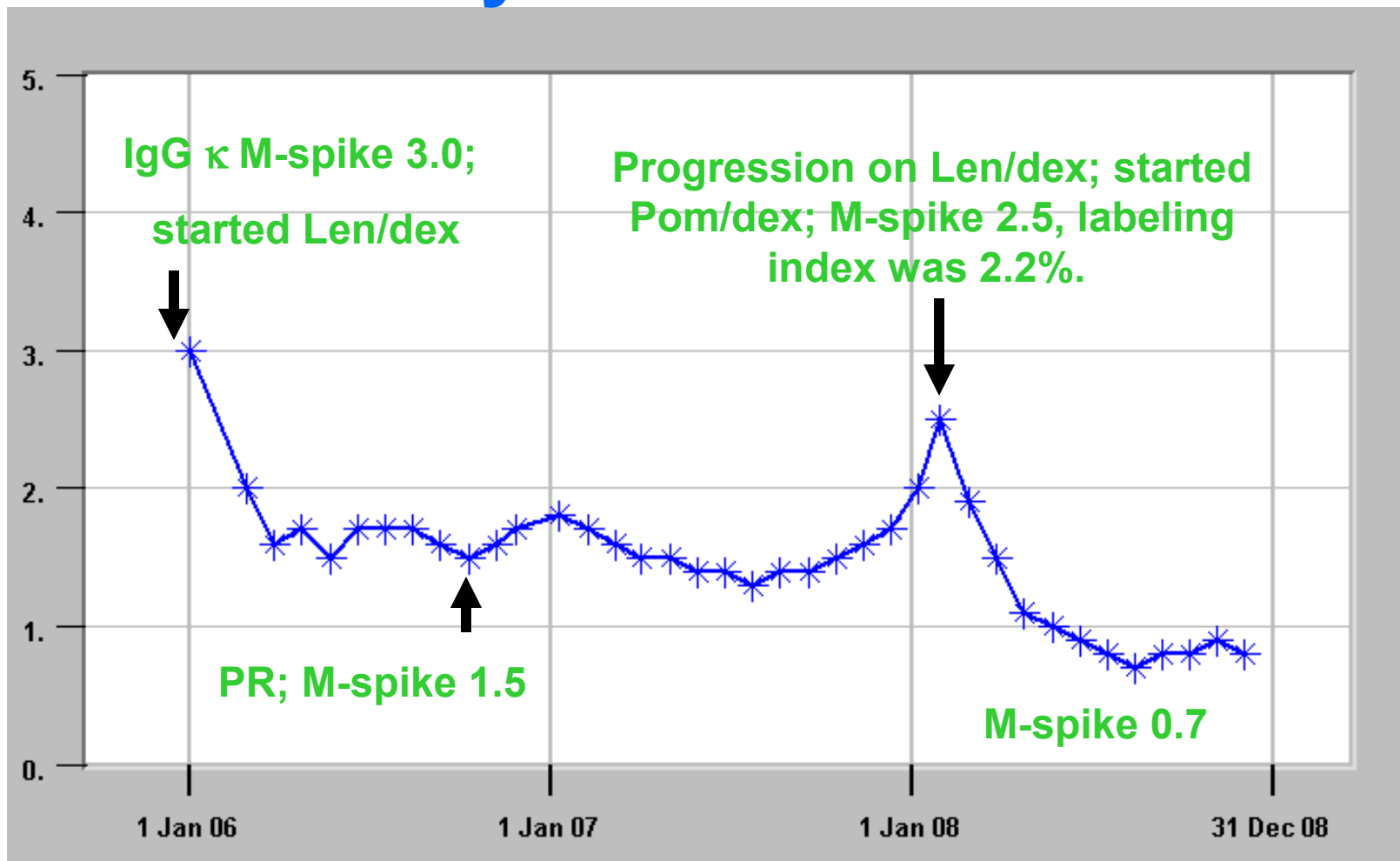
- Escalation to 4 mg/day permitted if NR or if progressing if no grade 3/4 toxicity
- 4 patients escalated the dose to 4 mg/d
 - 1 VGPR
 - 2 SD
 - 1 Prog

Responses in patients treated with other novel agents

	Previously treated	Refractory	≥PR in refractory patients
Bortezomib	20 (33%)	10	6 (60%)
Lenalidomide	21 (35%)	20	8 (40%)
Thalidomide	28 (47%)	16	6 (37%)

Refractory defined as progressing on therapy regardless of previous response

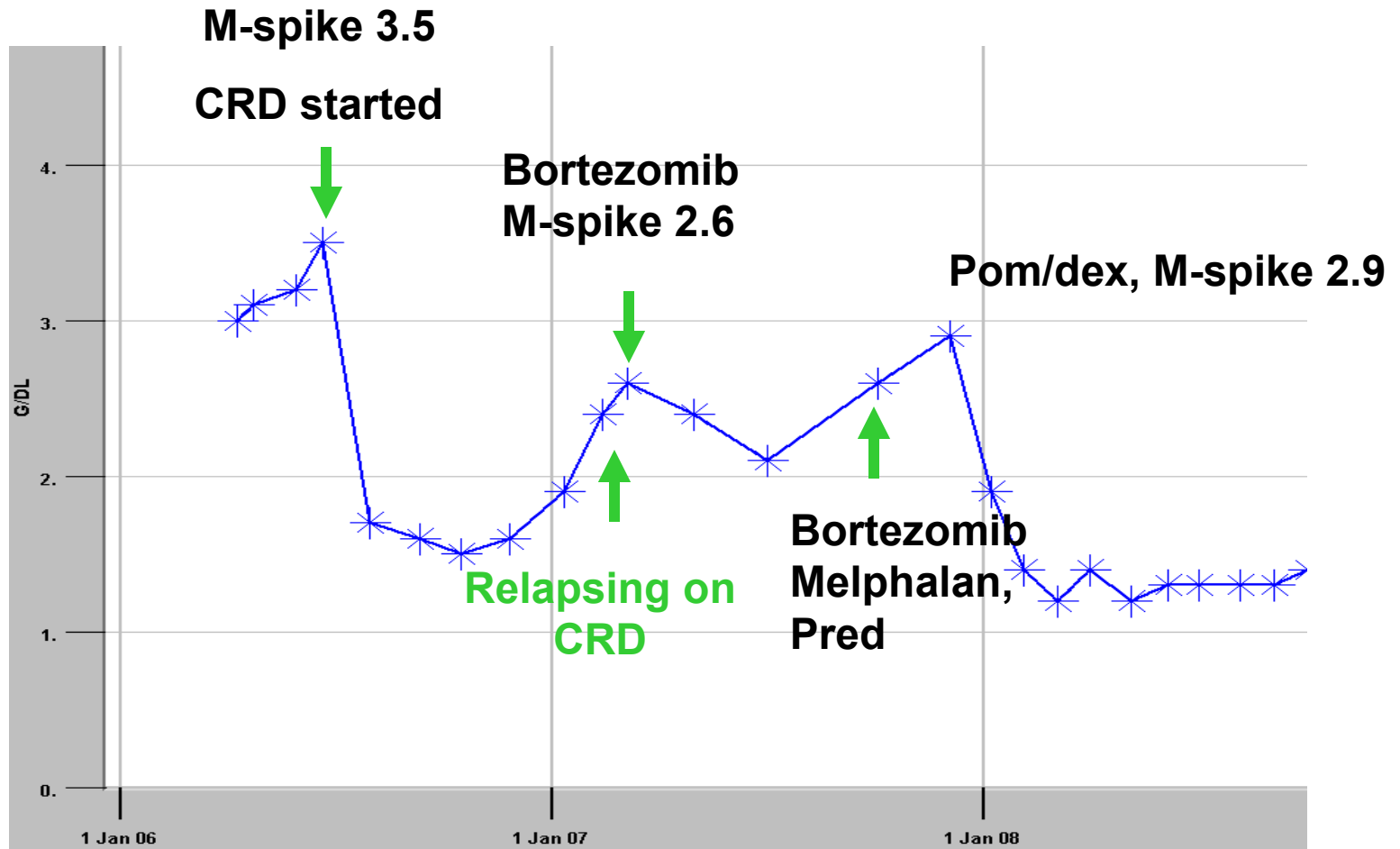
Patient 1, Lenalidomide refractory 69 year old male



Patients refractory to both Bortezomib and Lenalidomide

- 5 patients refractory to both Bortez and lenalidomide
 - 2 SD
 - 3 \geq PR

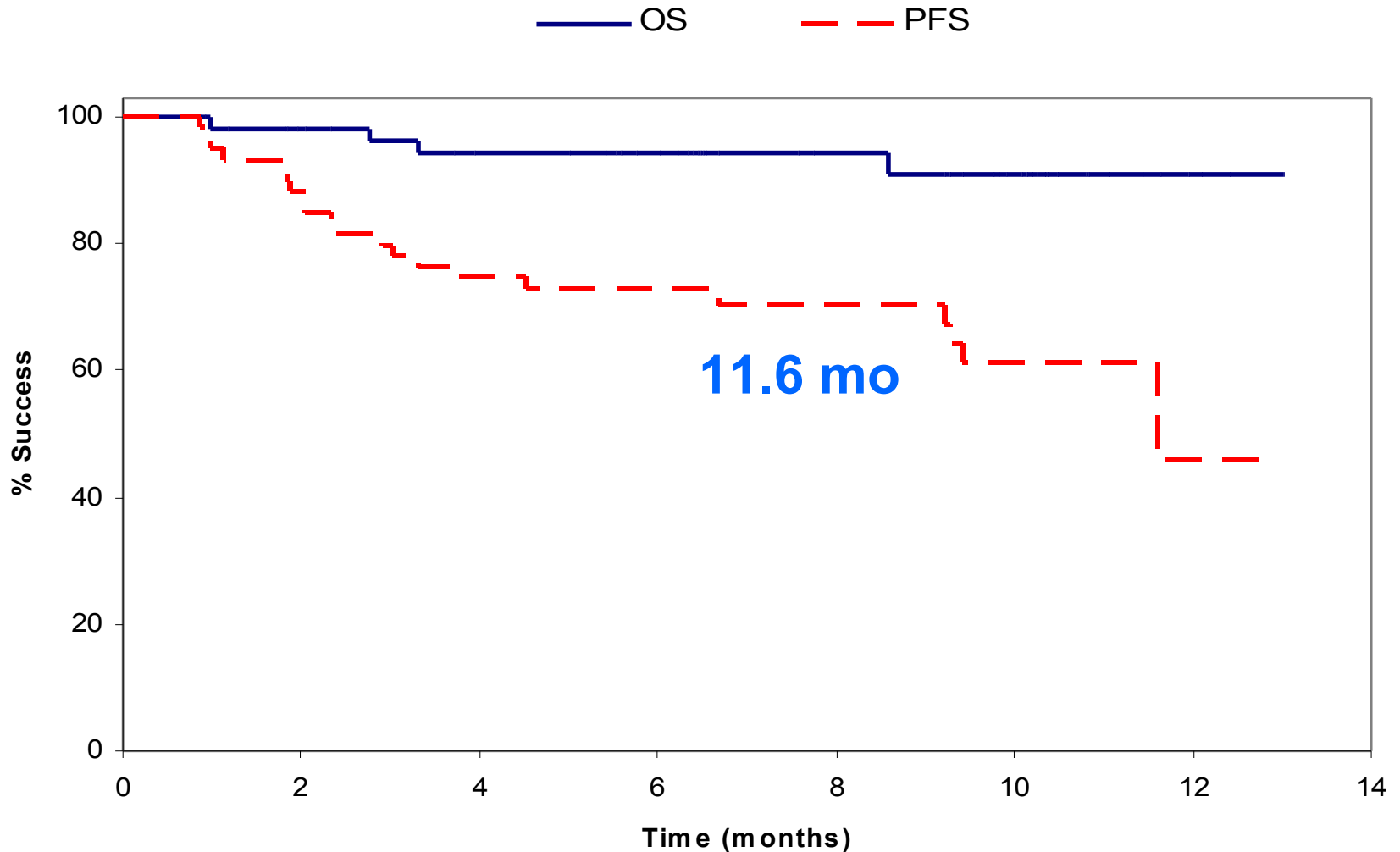
Patient 2, 67 year old female



Follow-up

Continuation of treatment	Total
Currently Receiving Treatment	34 (57%)
Reason for Ending Treatment	
Disease Progression	19 (73%)
Died on Study	2 (8%)
Other - MD Discretion	5 (19%)
Deaths (2 on-study; 2 off)	4
Disease Progression	2
Unrelated (valvular heart disease)	1
Neutropenic sepsis	1

Overall and Progression free Survival



Other Novel Agents for Relapsed Myeloma

	Regimen	Dex dose/cycle	DVT	ORR
Dimopoulos	Thal/dex	480 mg	7%	55%
Anagnostopoulos	Thal/dex	480 mg	8%	47%
Weber	Len/dex	480 mg	14%	61%
Dimopoulos	Len/dex	480 mg	11%	60%
Palumbo	VMPT	-	0	67%
Current Study	Pom/Dex	160 mg	2%	63%

Conclusions

- **The combination of Pom/dex is highly active in relapsed/refractory MM.**
- **Toxicity in our trial has been manageable and consists primarily of myelosuppression with neutropenia.**
- **Future directions include phase II trials**
 - **Pom/dex for lenalidomide- and bortezomib –refractory patients**
 - **trials using combination therapy**

Thanks for inviting me

Myeloma group at Mayo

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