### Newly Diagnosed Myeloma <65 years: Facts and Questions

#### **EMN-PETHEMA/GEM**

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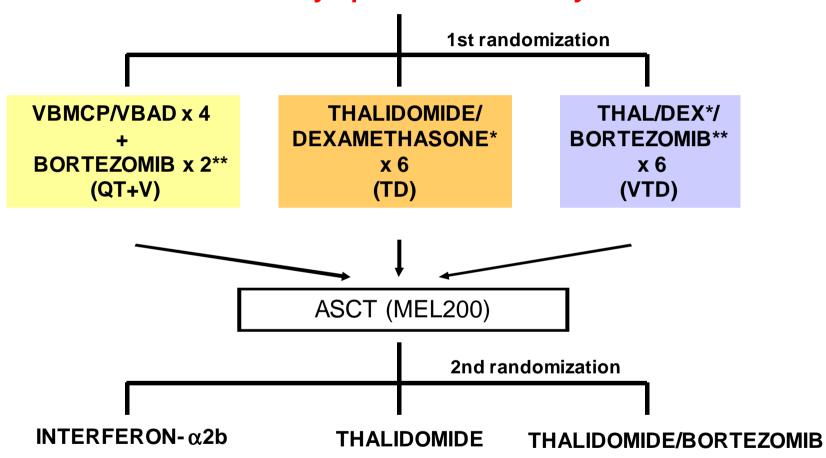
On Behalf of PETHEMA/Spanish Myeloma Group

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#### **GEM05MENOS65**

De "novo" symptomatic MM <65 yrs



\*Thalidomide: 200 mg/day; Dexamethasone: 40 mg on days 1-4, 9-12

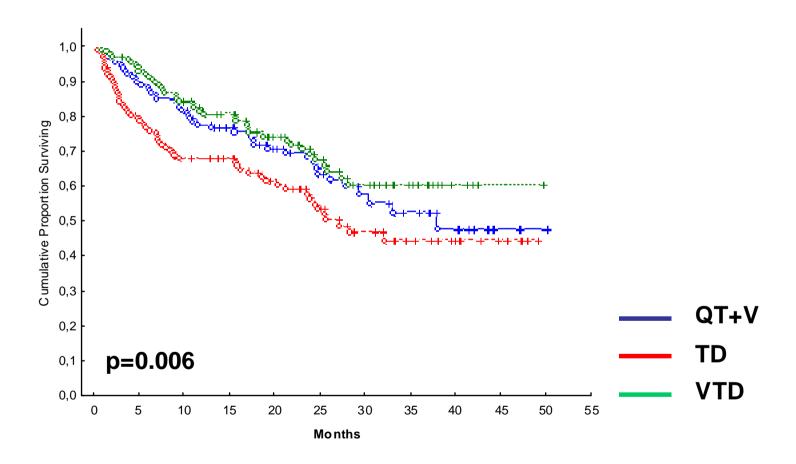
\*\*Bortezomib: 1.3 mg/m<sup>2</sup> on days 1,4,8, and 11

TD and VTD at 4 week-interval

## Pre- and post-ASCT CR according to the induction regimen

	Pre-ASCT	Post-ASCT
	(%)	(%)
QT+V	21	38
TD	14	24
VTD	35	46

### PFS according to the induction arm



Median follow-up: 27 months

- 1. Number of induction cycles?
- 2. Progression on induction: still an issue?
- 3. Best therapy for extramedullary disease?
- 4. Can novel agents overcome high-risk cytogenetics?

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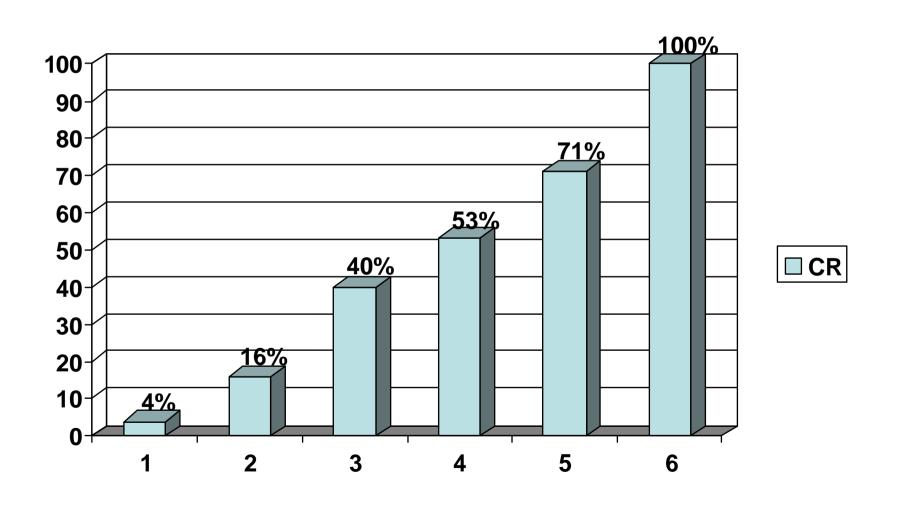
# Response rate with VTD according to the number of cycles

Trial	Nº cycles	CR (%)
GIMEMA <sup>1</sup>	3	19%
PETHEMA/GEM <sup>2</sup>	6	35%

<sup>&</sup>lt;sup>1</sup>Cavo et al, The Lancet 2010;376:2075-2085

<sup>&</sup>lt;sup>2</sup>Rosiñol et al, Blood 2010;116:139 (abstract 307)

# CR rate over induction (in patients who achieved CR)



- 1. Number of induction cycles?
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### Progression disease with induction

	QT+V	TD	VTD
	(n=129)	(n=127)	(n=130)
CR (%)	21*	14*	35*
VGPR (%)	15	15	25
PR (%)	39	33	25
SD (%)	12	12	6
PD (%)	12#	23	<b>7</b> &
Early deaths (%)	1	1	2

<sup>\*</sup>VTD vs QT+V, p=0.01; VTD vs TD, p=0.0001

<sup>#</sup>QT+V vs TD, p=0.02

<sup>&</sup>amp;VTD vs TD, p=0.0004

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## Response in patients with extramedullary plasmacytomas (EMP)

	QT+V	TD	VTD
	(n=17)	(n=23)	(n=26)
CR (%)	29	14*	42*
VGPR (%)	12	8	12
PR (%)	35	22	26
SD (%)	-	12	4
PD (%)	24	40**	12**
Early death (%)	-	-	4

<sup>\*</sup>p=0.02 \*\*p=0.02

### Progressive disease in patients with and without EMP

24% vs. 11%, p=0.01

	QT+V (n=17)	TD (n=23)	VTD (n=26)
EMP (%)	24	40*	12*
No EMP (%)	9	19	6

<sup>\*</sup>p=0.02

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## Response in patients with high-risk cytogenetics: t(4;14); t(14;16); del (17p)

	QT+V	TD	VTD
	(n=23)	(n=22)	(n=23)
CR (%)	22*	_*	35*
VGPR (%)	9	27	22
PR (%)	30	18	22
SD (%)	13	14	9
PD (%)	26**	41**	3**
Early death (%)	-	-	9

<sup>\*</sup>VTD vs TD, p=0.002; VTD vs QT+V, p=0.02

<sup>\*\*</sup>VTD vs TD, p=0.004; VTD vs QT+V, p=0.04

### CR rate according to cytogenetics and induction arm

	QT+V	TD	VTD
	(n=16)	(n=16)	(n=13)
t(4;14)(%)	25	-	38

\*VTD vs TD, p=0.01; VTD vs QT+V, p=0.05

	QT+V	TD	VTD
	(n=8)	(n=7)	(n=7)
Del (17p)(%)	-	-	58*

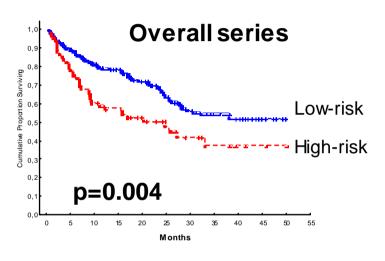
<sup>\*</sup>p=0.03

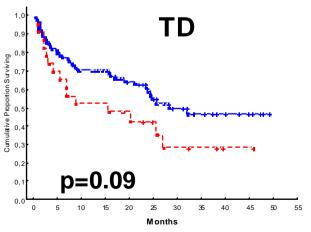
## CR rate in patients with and without t(11;14)

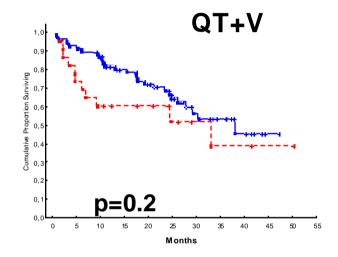
11% vs. 27%; p=0.01

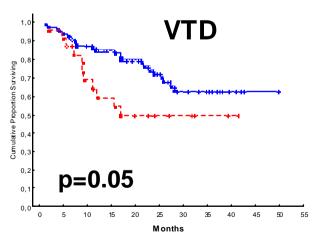
	QT+V	TD	VTD
	(n=16)	(n=22)	(n=16)
t(11;14) (+)	18%	4%	12%
t(11;14) (-)	24%	16%	40%

### PFS in patients with low and high-risk cytogenetics according to the treatment arm

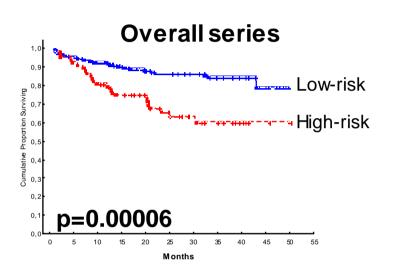


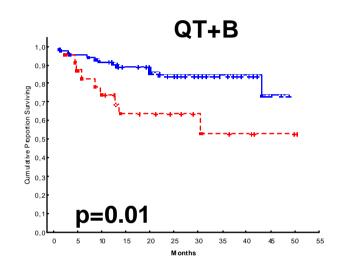


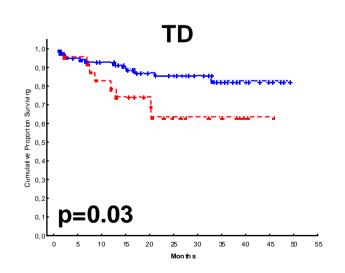


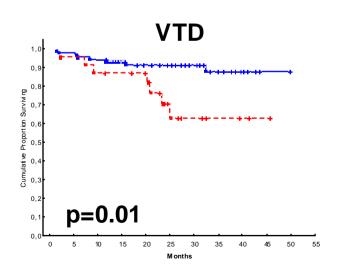


### OS in patients with low and high-risk cytogenetics according to the treatment arm







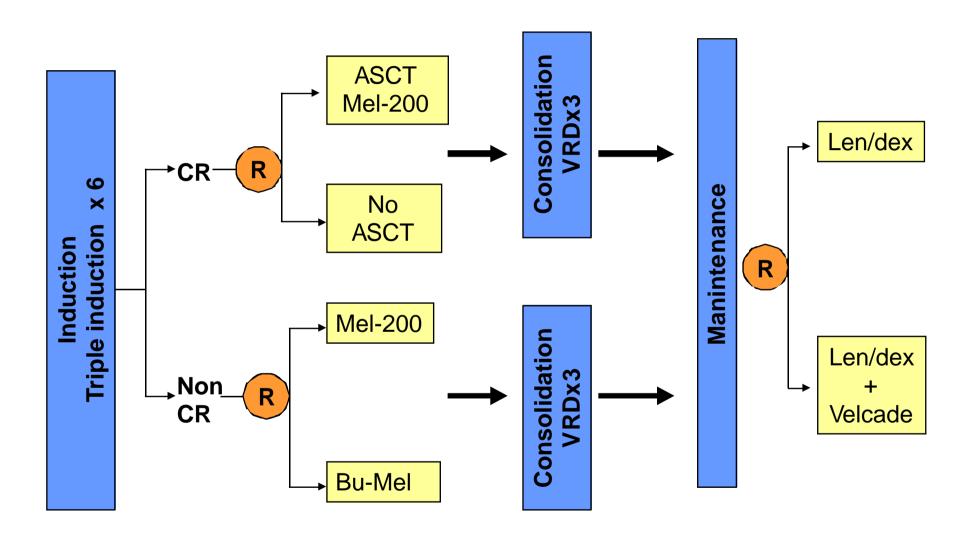




And, what about the future?

More questions...

#### **GEM11MENOS65**



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Pedro

 $V_{\text{illa}}$ 







### Acknowledgments



The investigators of the Spanish Myeloma trials!