



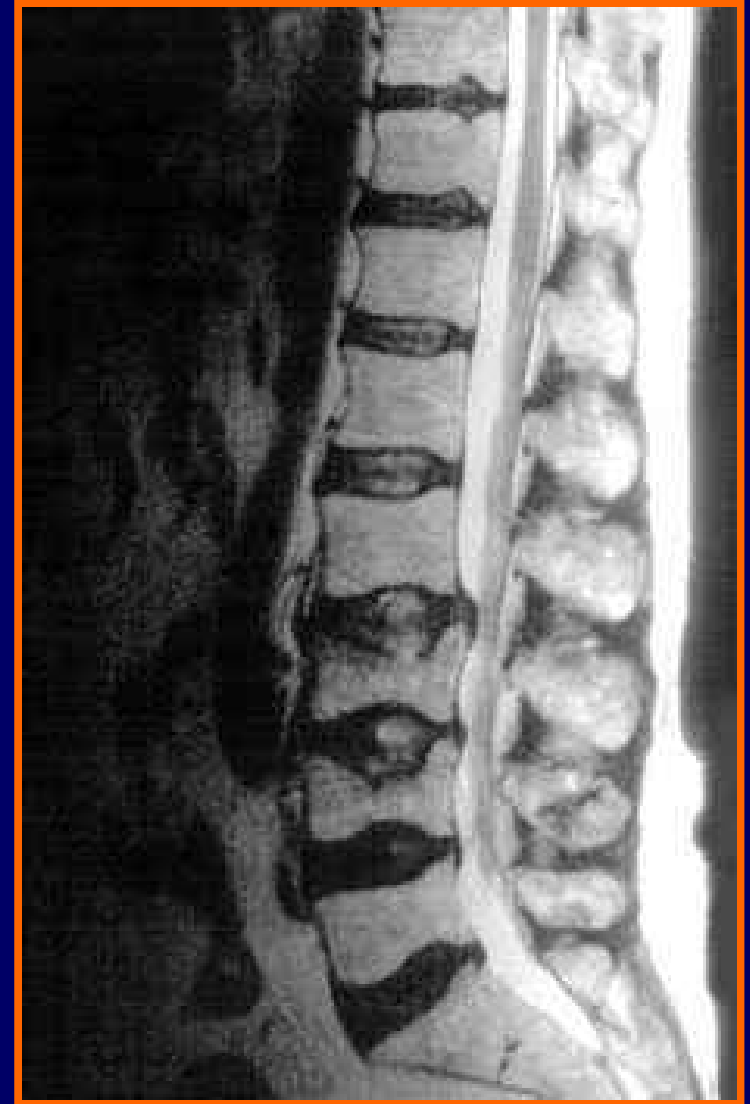
# **Myeloma Bone Disease & Proteasome Inhibition Therapies**

**Oct 16, 2010, Cracow, Poland**

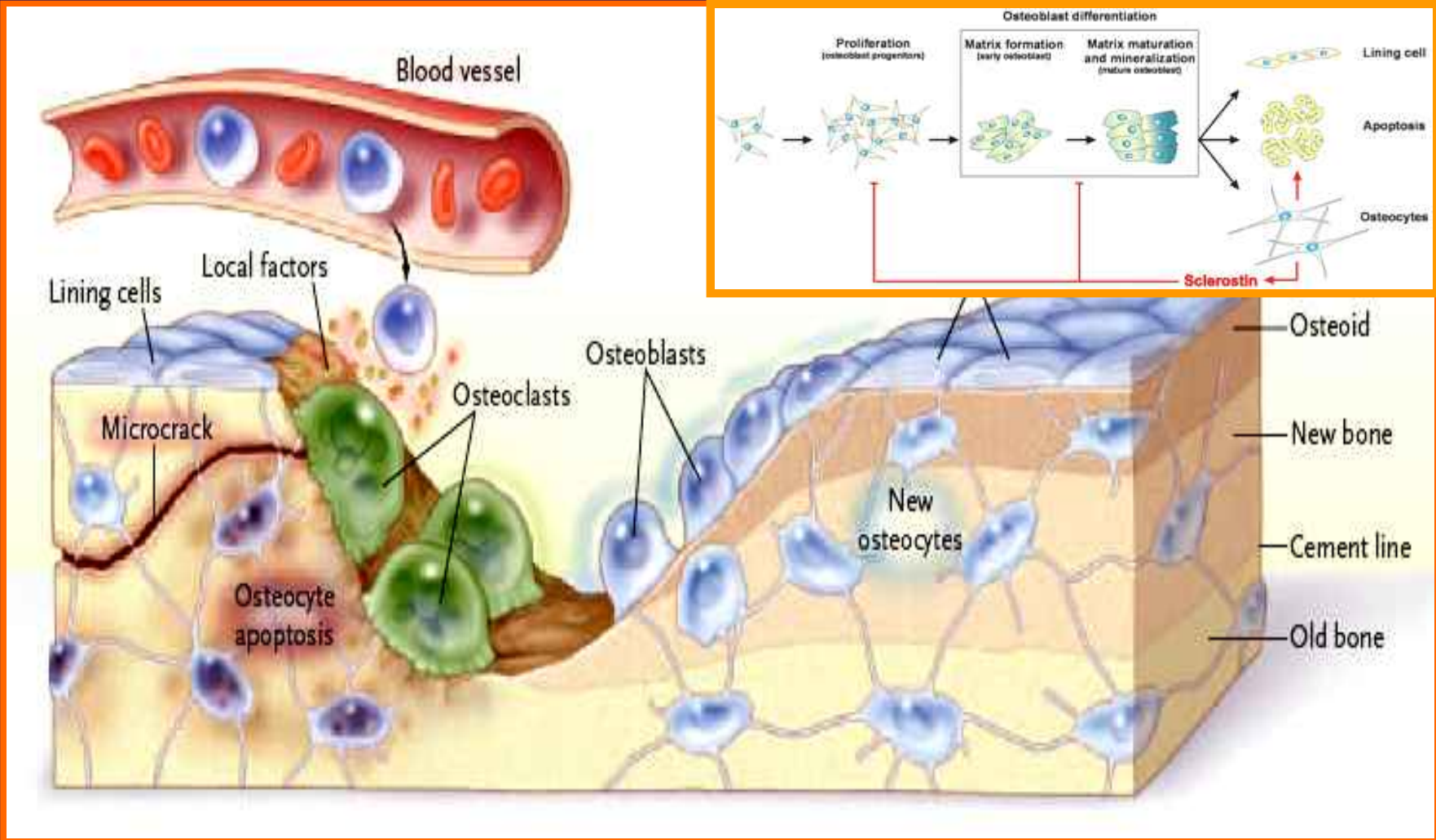
**Evangelos Terpos, MD  
University of Athens School of Medicine,  
Athens, Greece**

# Bone Disease in Multiple Myeloma

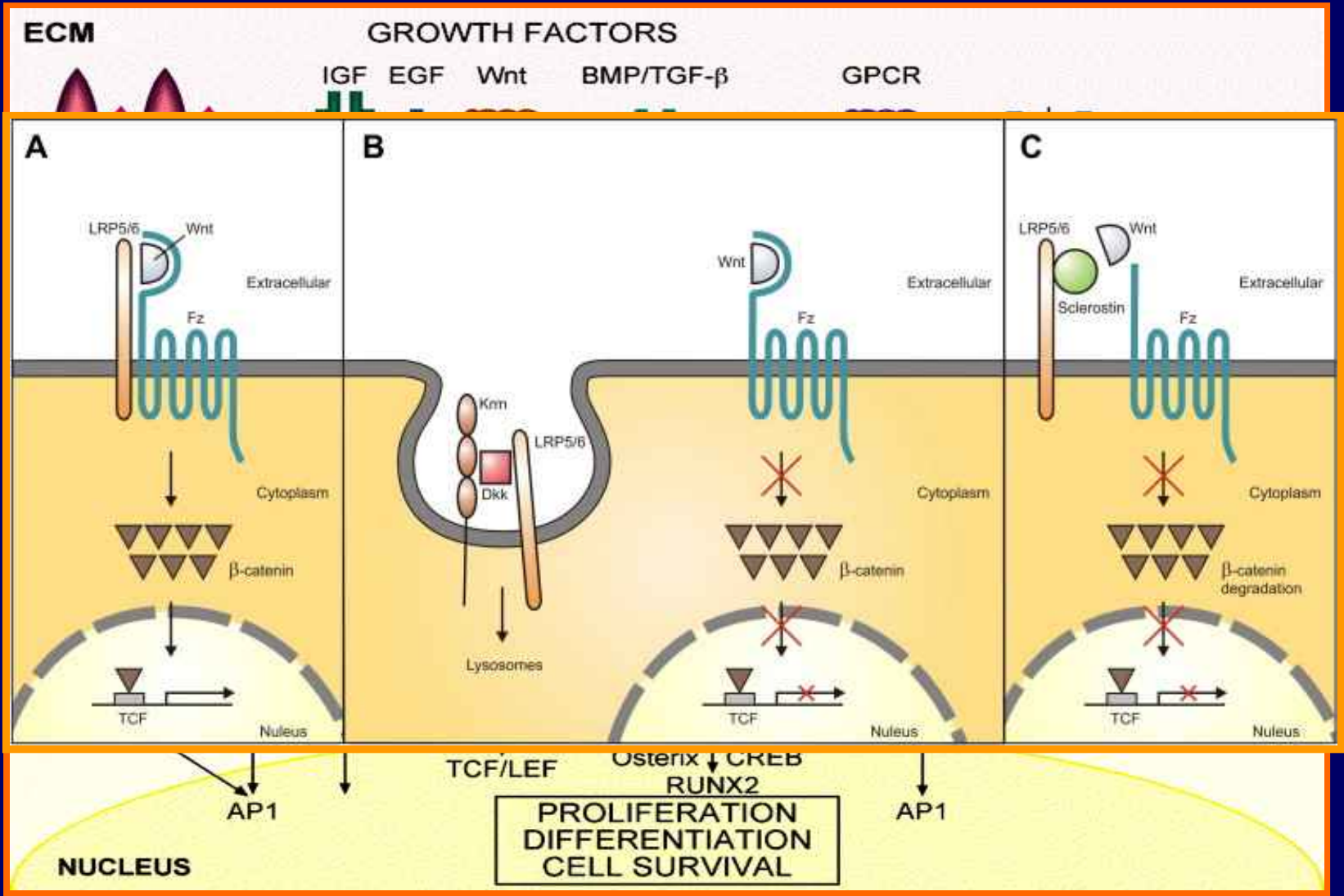
- A burdensome and frequent complication in MM
  - Present in up to 80% of patients at diagnosis
- Characterized by osteolytic bone lesions secondary to increased bone resorption and impaired bone formation
- Sequelae
  - Pathological fractures
  - Osteoporosis
  - Hypercalcemia
  - Bone pain
  - Spinal cord compression



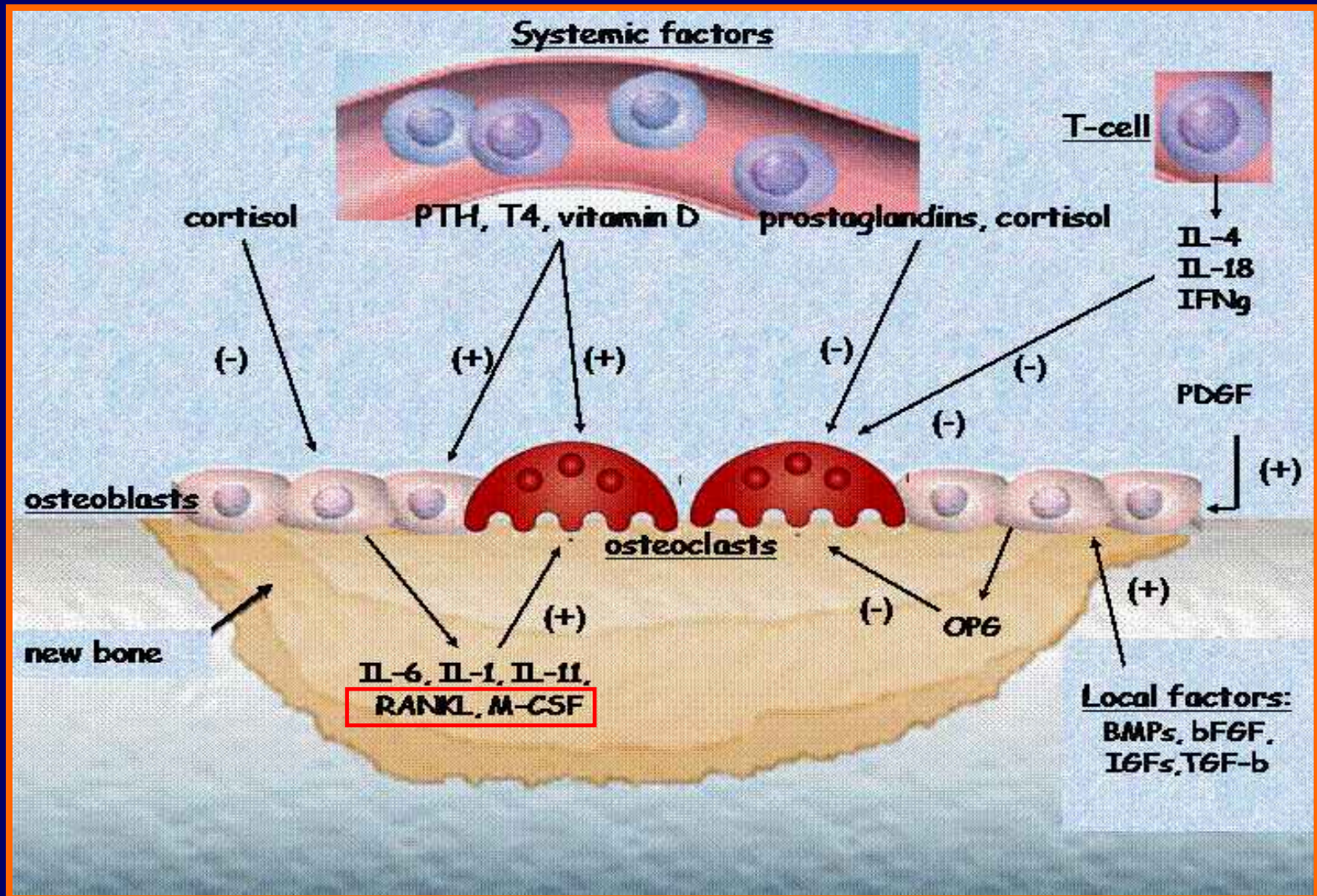
# Bone Metabolism: A Balance Between Osteoblasts and Osteoclasts



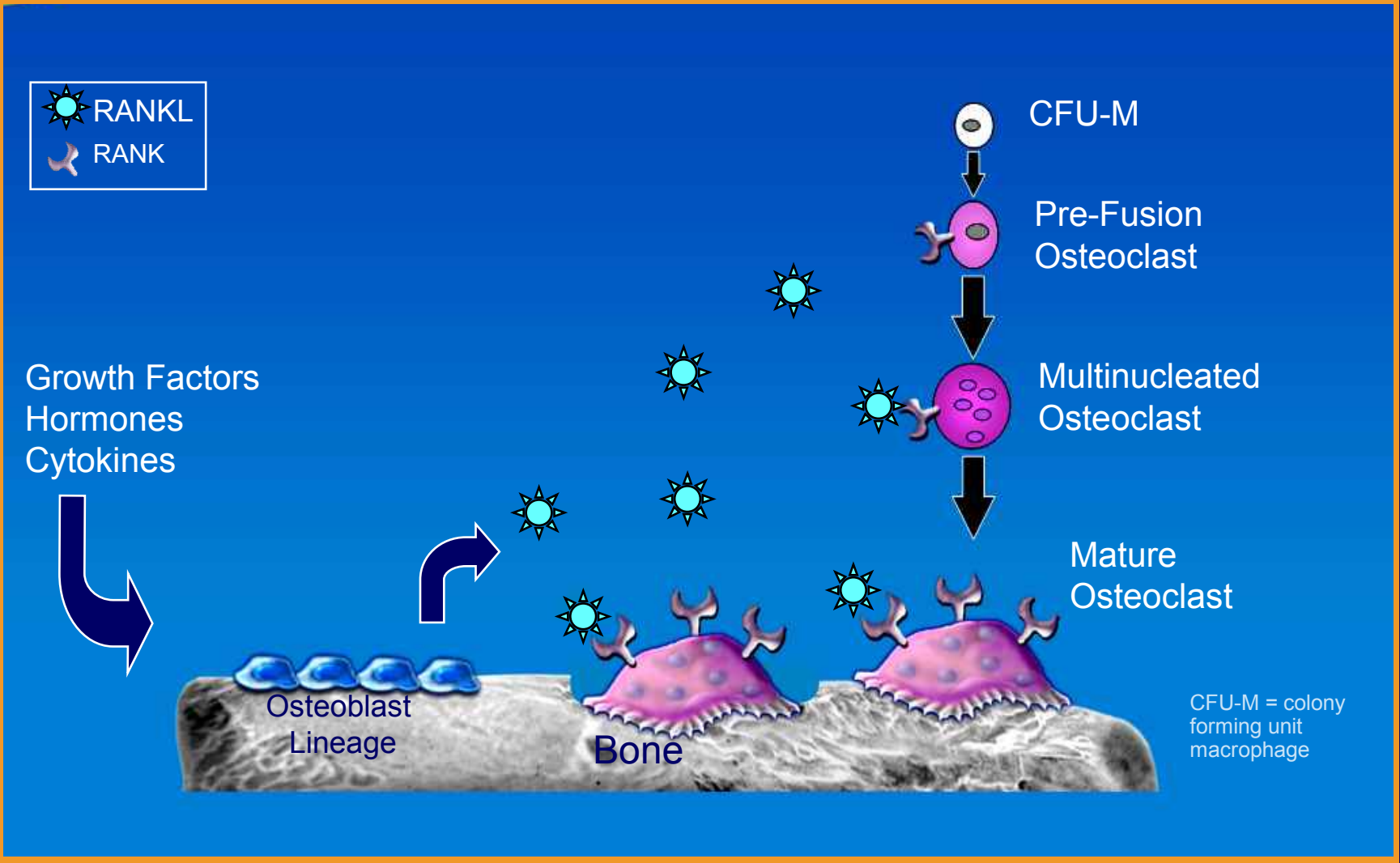
# Regulation of Osteoblast Function



# Bone Metabolism Unit



# RANK Ligand: An Essential Mediator of Osteoclasts



# Increased Bone Density Associated With Absence of RANKL

## Preclinical Experiments



Normal



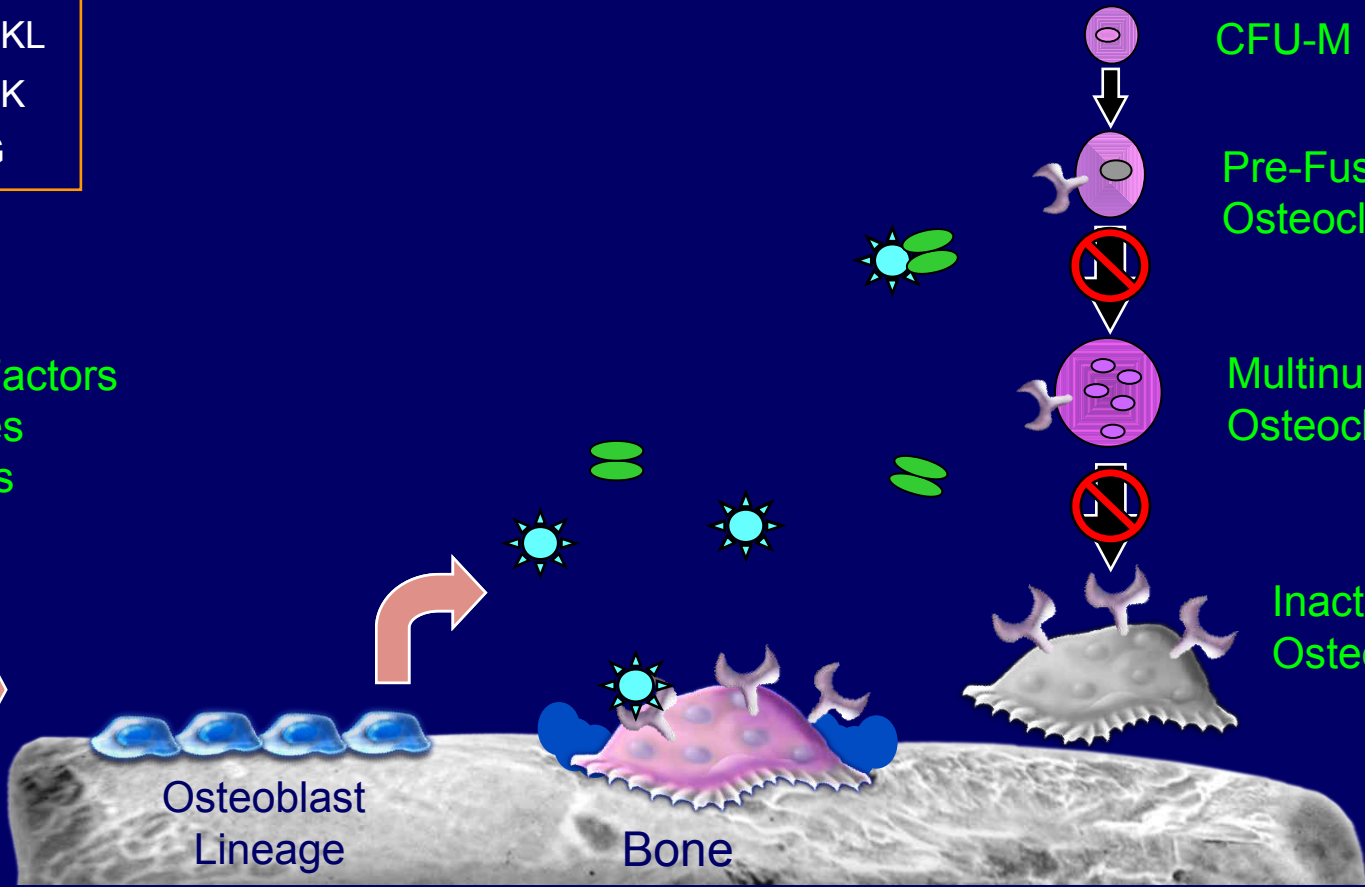
RANKL knockout

# Osteoprotegerin (OPG): the Decoy Receptor of RANKL

Osteoclast Formation, Function, and Survival Inhibited by OPG



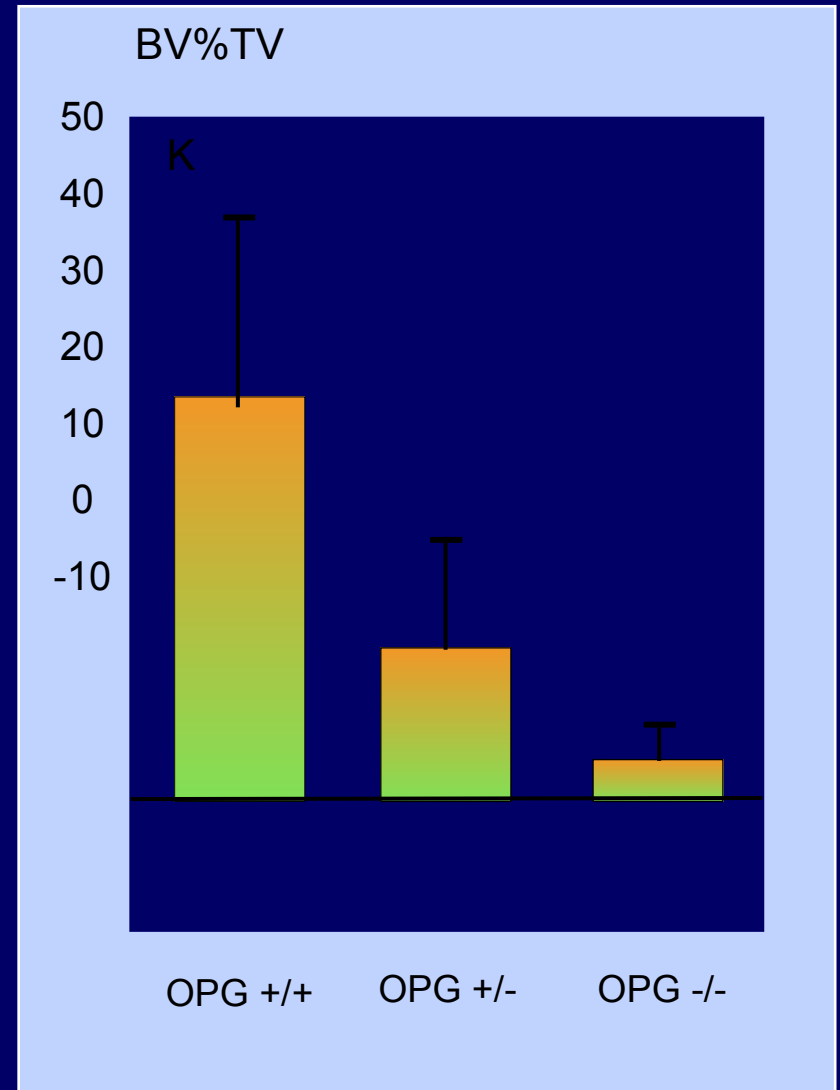
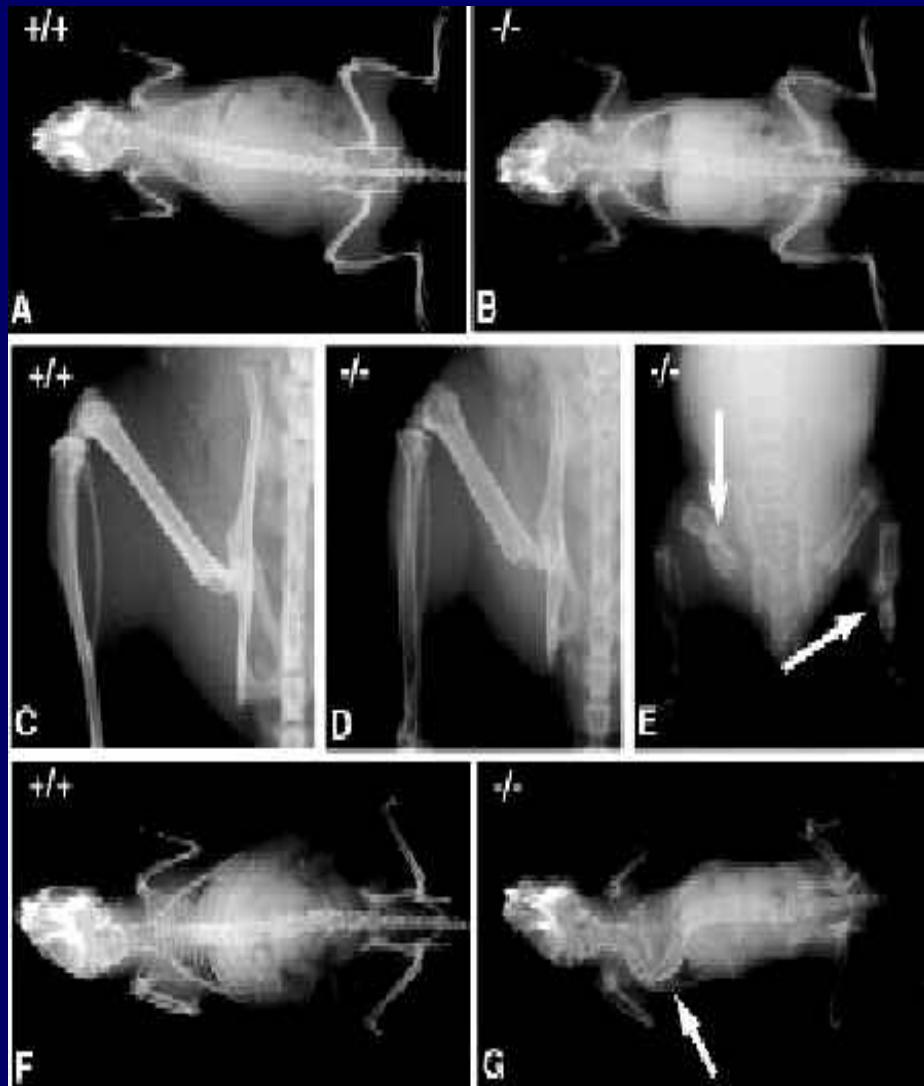
Growth Factors  
Hormones  
Cytokines



CFU-M = colony forming unit macrophage

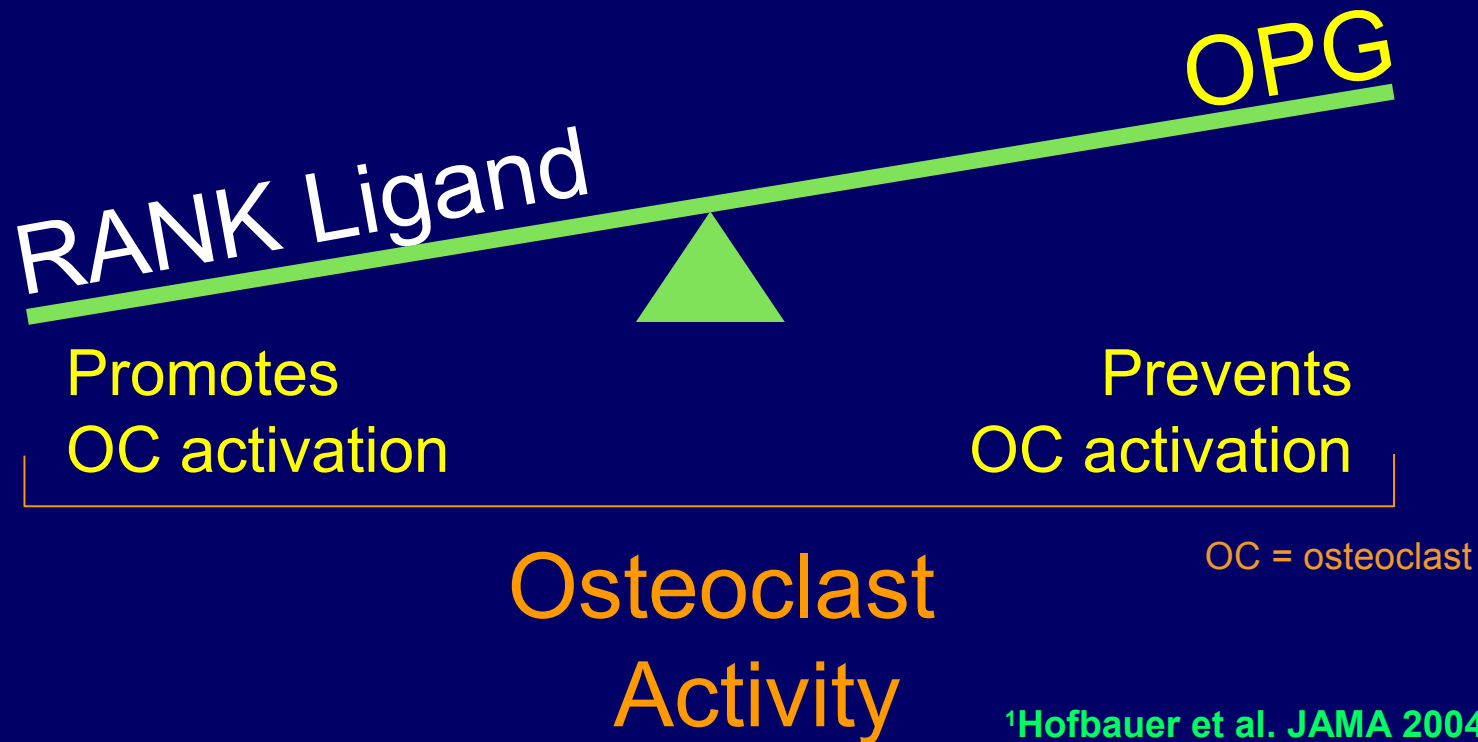


# Reduced Bone Density Associated With Absence of OPG



# RANKL/OPG Balance Drives Osteoclast Activity

Alterations of the RANK Ligand / OPG ratio are critical in the pathogenesis of bone diseases that result from increased bone resorption<sup>1-3</sup>

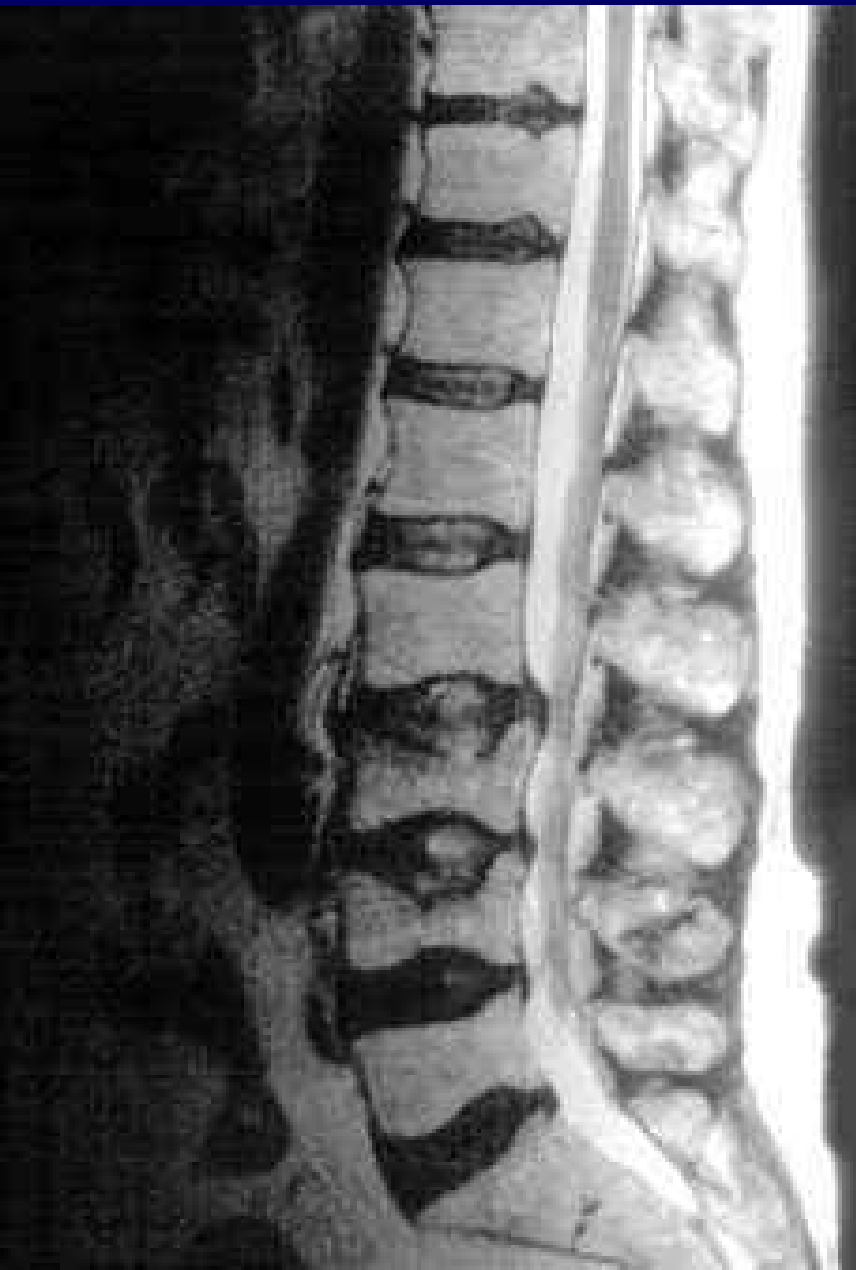


<sup>1</sup>Hofbauer et al. JAMA 2004;292:490-5

<sup>2</sup>Lacey et al. Cell 1998;93:165-76

<sup>3</sup>Boyle et al. Nature 2003;423:337-42

# MM Bone Disease: Pathogenesis

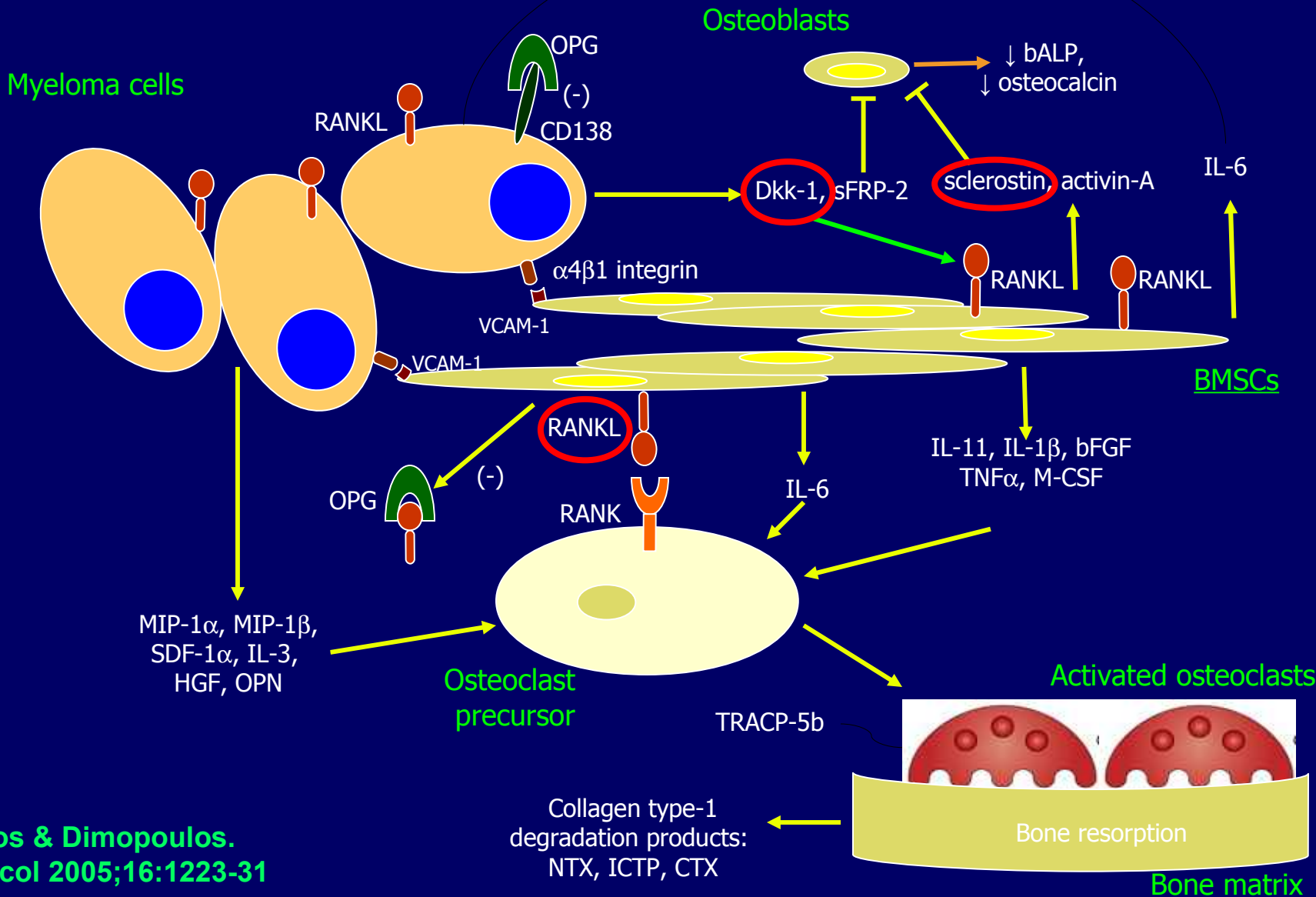


Skeletal destruction results from increased osteoclastic activity, which is not accompanied by a comparable increase in bone formation



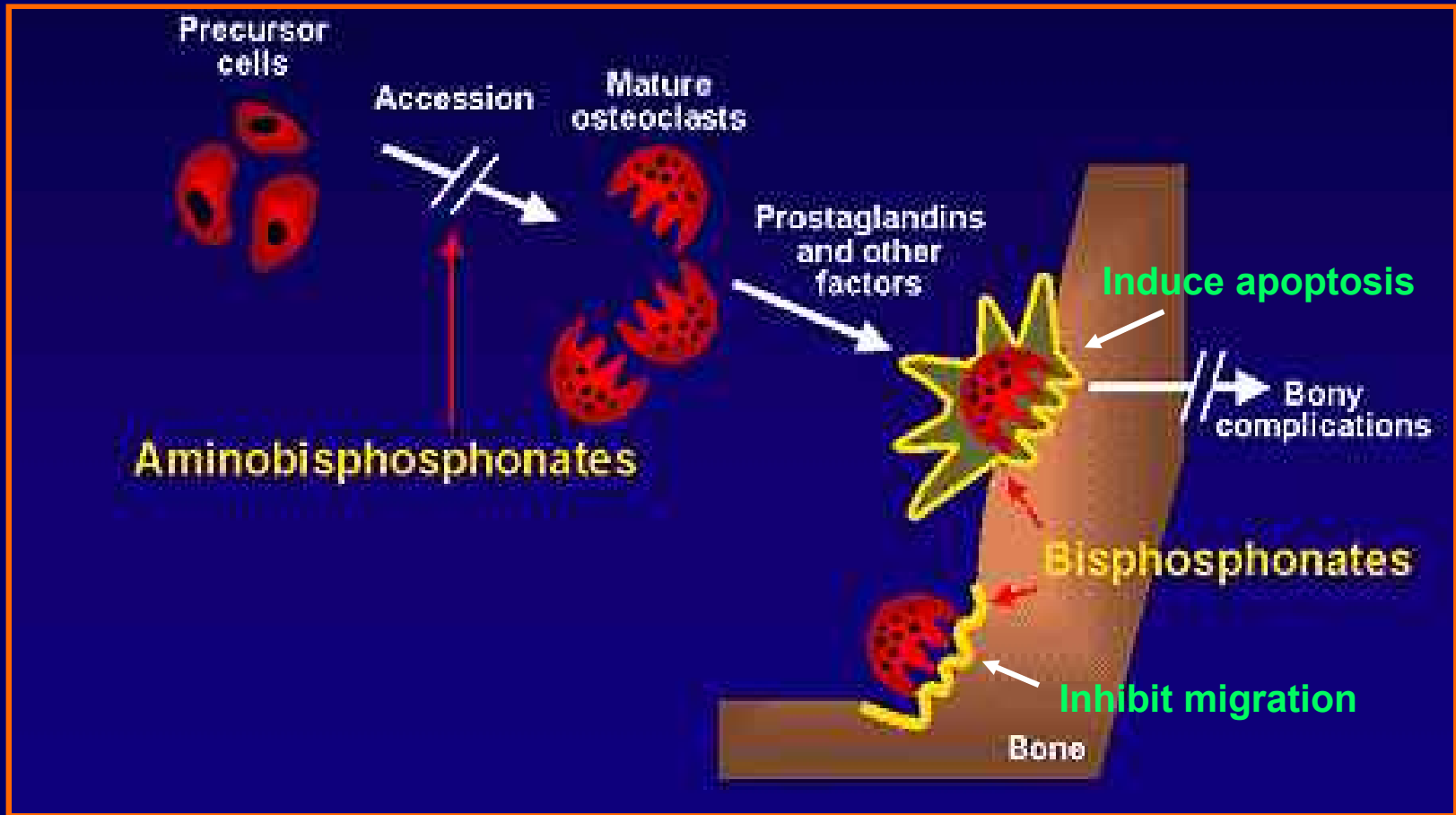
LYTIC LESIONS

# Myeloma Microenvironment & Bone Disease



Terpos & Dimopoulos.  
Ann Oncol 2005;16:1223-31

# Bisphosphonates



# ONJ: characteristics

## Symptoms

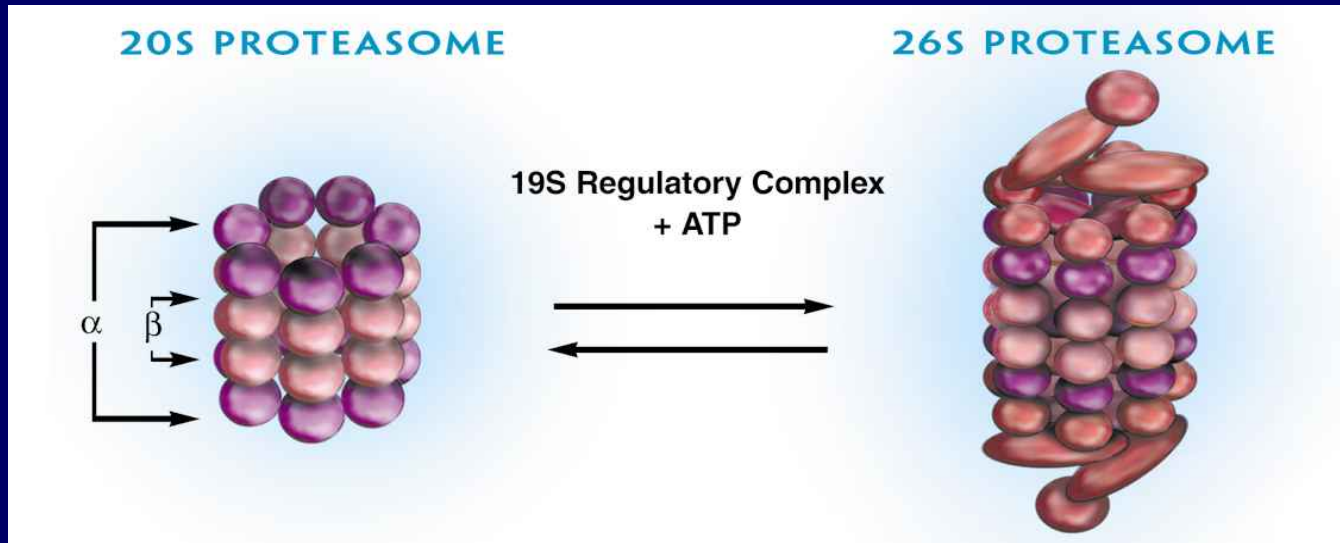
- “heavy jaw”, a dull aching sensation
- numbness/tingling of the jaw
- tooth pain
- undiagnosed oral pain

## Signs

- rough area on the jawbone
- soft tissue swelling, drainage or infection
- exposed bone in the oral cavity
- sudden change in the health of periodontal tissue
- failure of oral mucosa to heal
- loosening of teeth

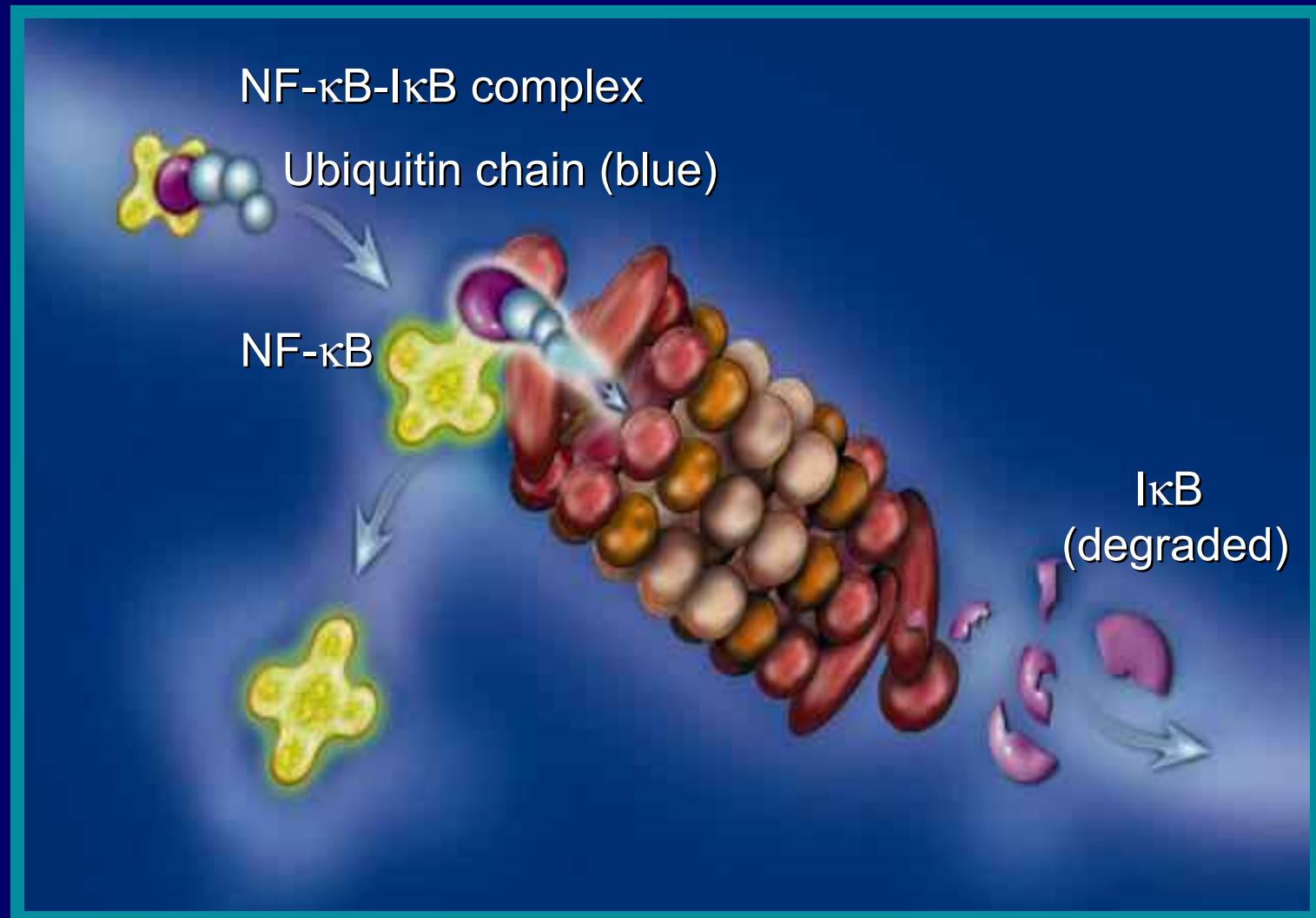


# The Proteasome: Enzyme With Important Impact on Multiple Regulatory Pathways\_



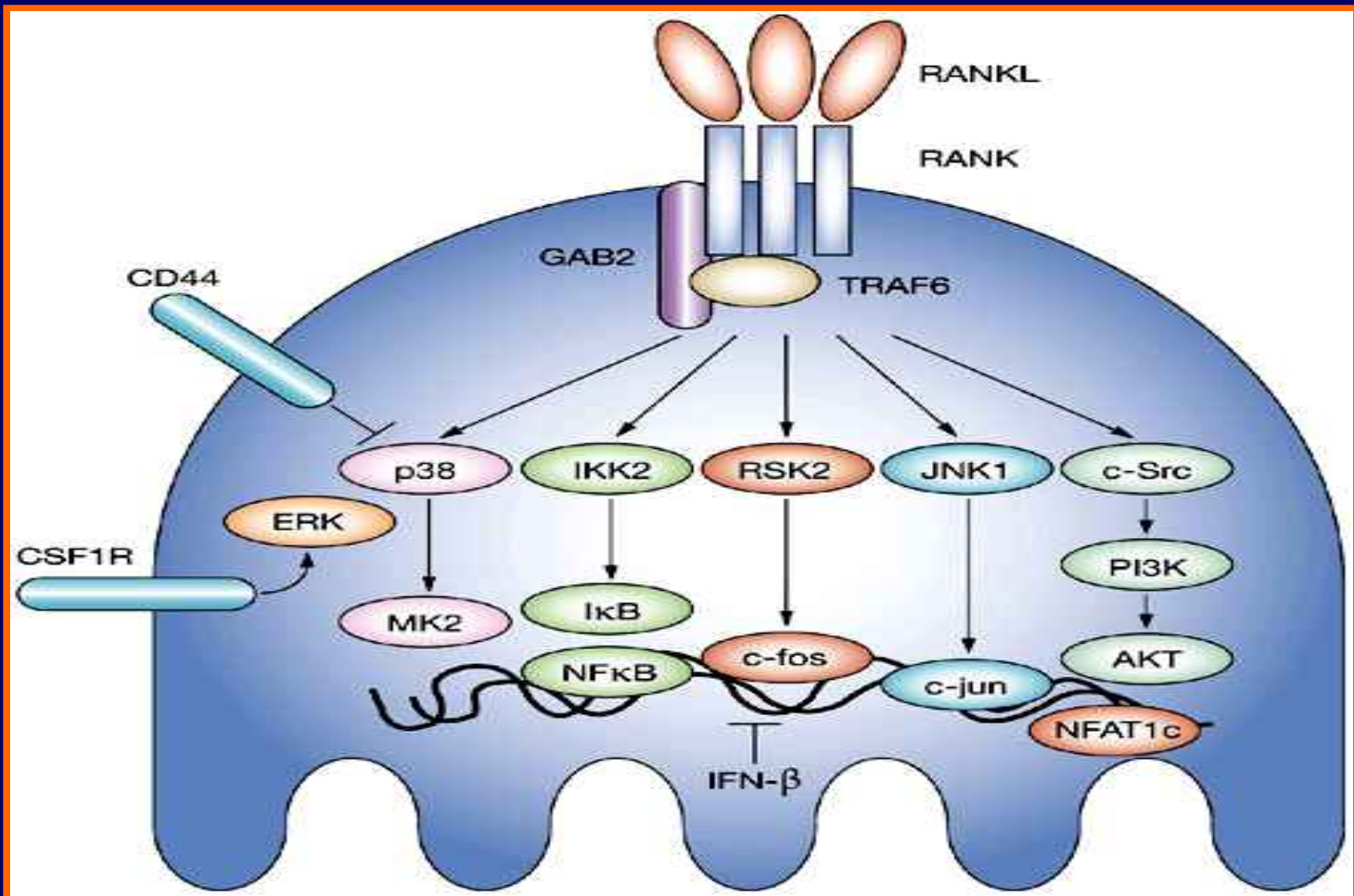
- Is found in all eukaryotic cells, from yeast to man
- Is present in the cytoplasm and nucleus
- Degrades proteins
  - Represents approximately 1% of all cellular protein

# NF- $\kappa$ B Activation After I $\kappa$ B Degradation by the Proteasome

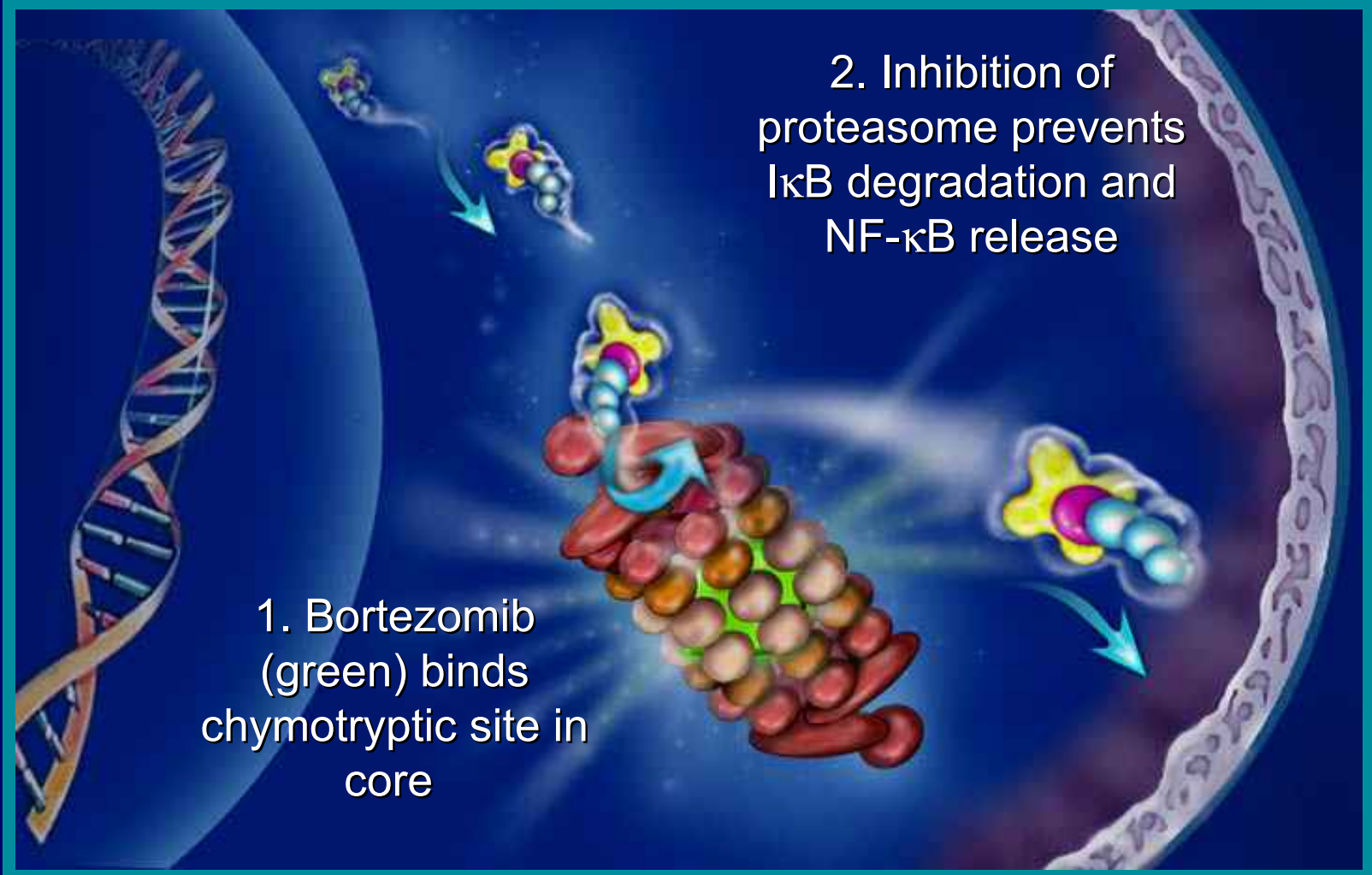




# RANKL: Action Mainly Through NFkB & c-fos in Osteoclasts



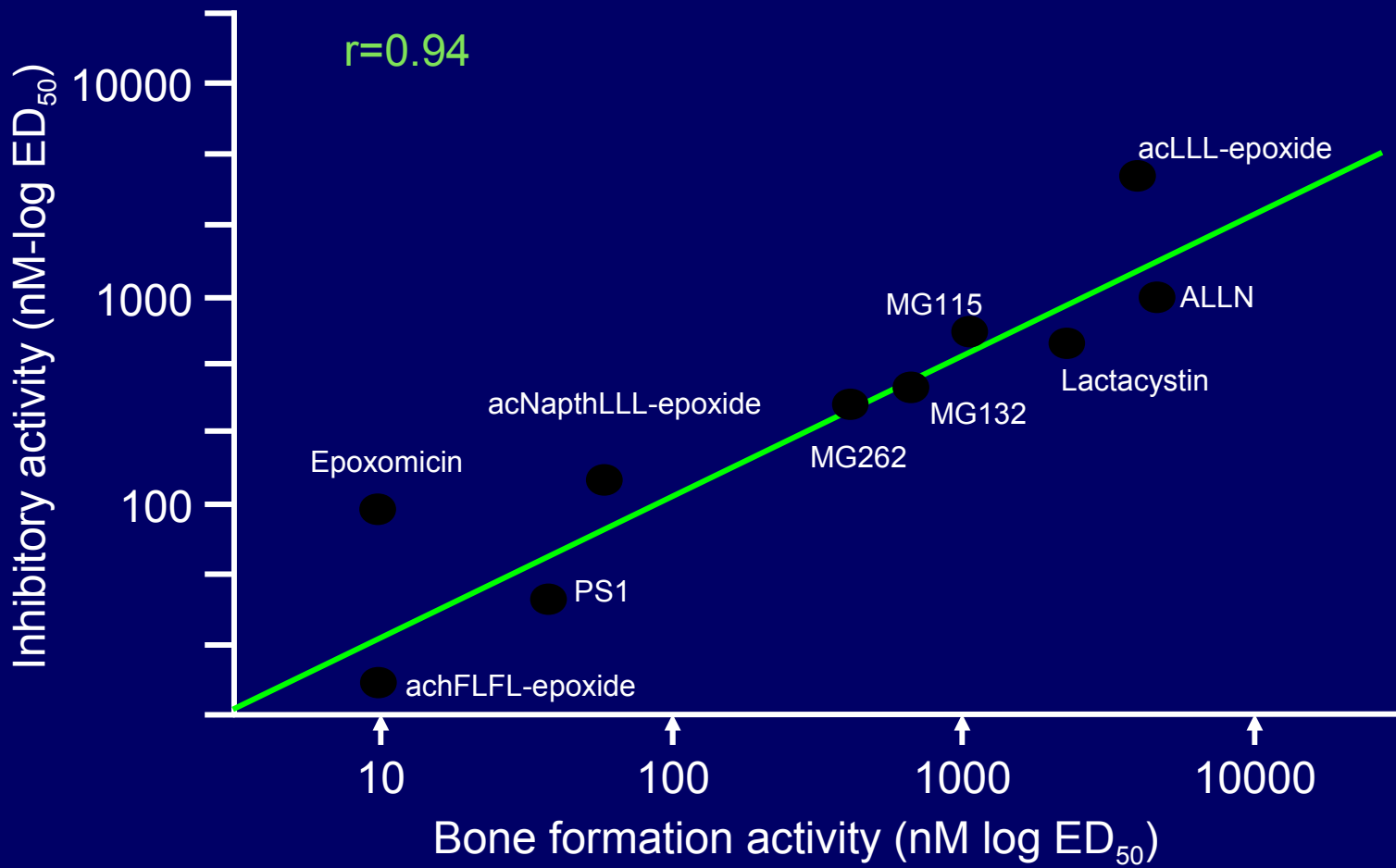
# Effect of Proteasome Inhibition



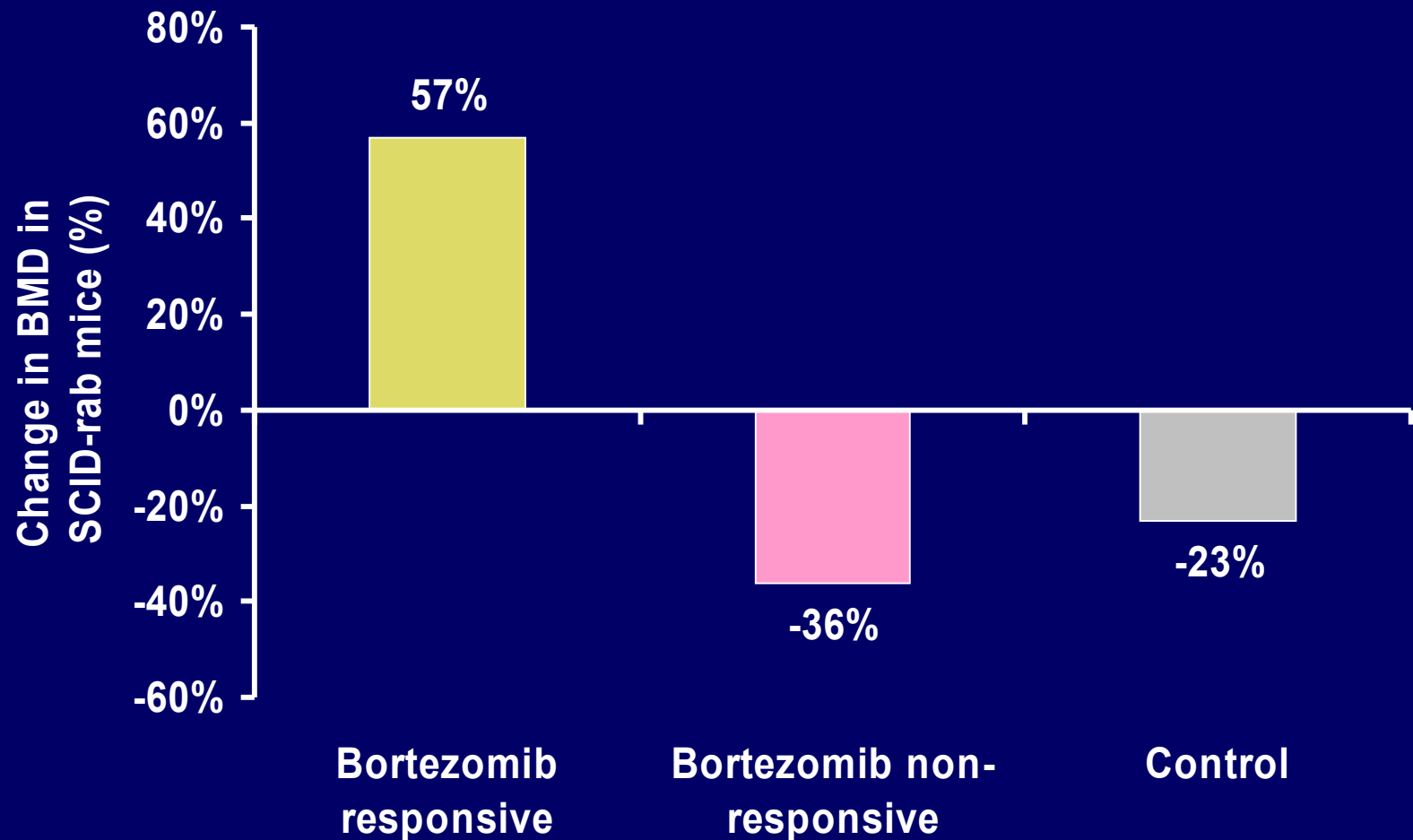
# Bortezomib Effect on Bone Metabolism: Preclinical Studies

Reference	Results
von Metzler et al. Leukemia 2007;21:2025-2034	Bortezomib inhibited osteoclastogenesis
Boissy et al. Leuk Res 2008;32:1661-8	Bortezomib transiently inhibited osteoclast activity
Breitkreuz et al. Blood 2008;22:1925-32	Bortezomib inhibited osteoclast differentiation
Feng et al. BJH 2007;139:385-97	Synergistic inhibition of osteoclastogenesis by bortezomib and PXD101
Pennisi et al. Am J Hematol 2009;84:6-14	Bortezomib suppresses osteoclastogenesis through downregulation of NFκB activity in osteoclast precursors Bortezomib increased BMD in responding mice
Oyajobi et al. Br J Haematol 2007;139:434-438	Bortezomib promoted bone formation
Giuliani et al. Blood 2007;110:334-338	Bortezomib increased osteoblast differentiation Bortezomib induced bone nodule formation Bortezomib did not affect mature osteoblasts

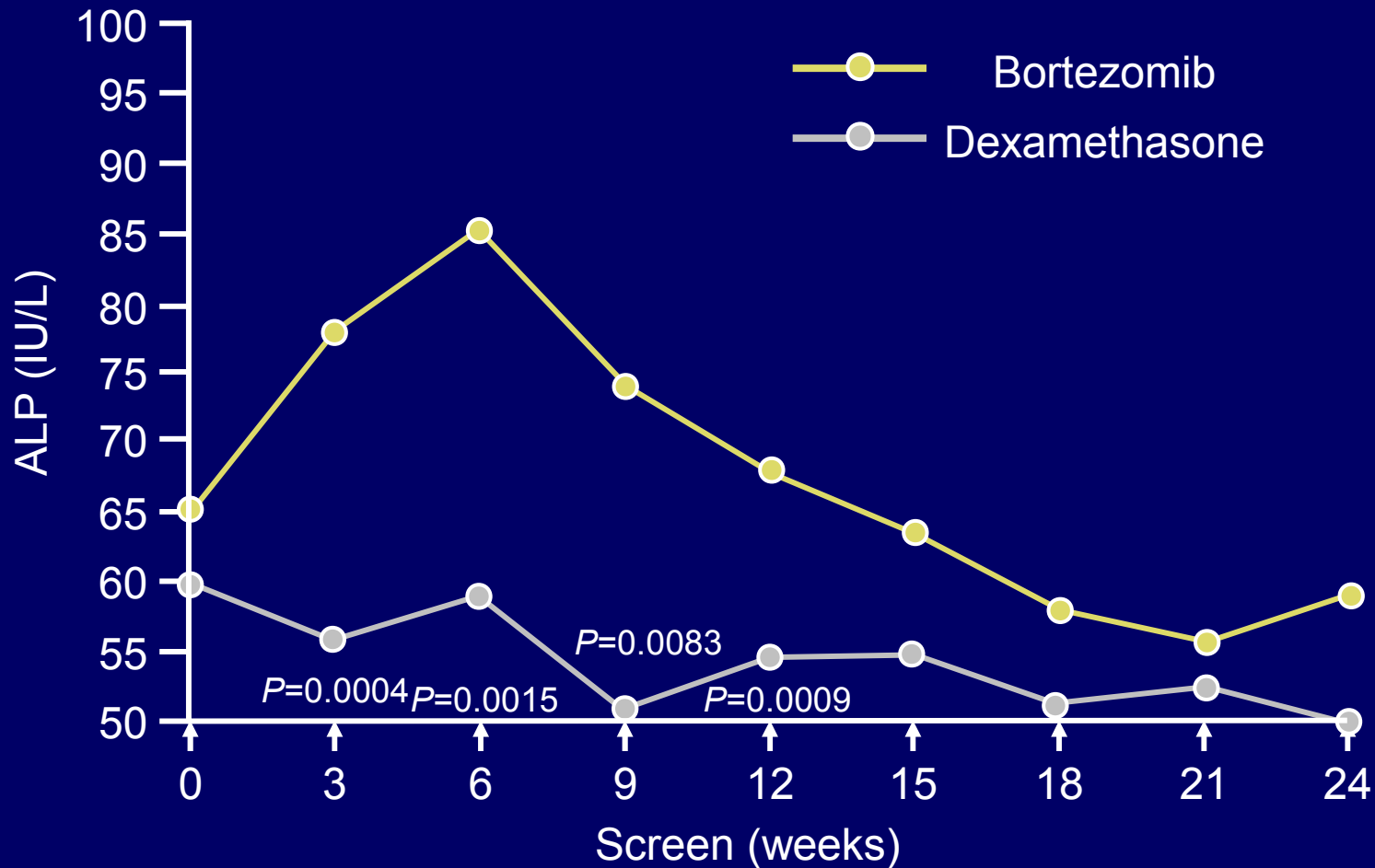
# Proteasome Inhibition and Bone Formation



# Bortezomib increased bone mineral density (BMD) in murine model of MM



# Clinical studies: Total ALP levels in bortezomib and dexamethasone responders in APEX



# Bortezomib Increases Osteoblast Activity in Myeloma Patients

- **Treatment**

- Bortezomib ± dex
- Control group: adriamycin + dex, melphalan + prednisone or thal-containing regimen

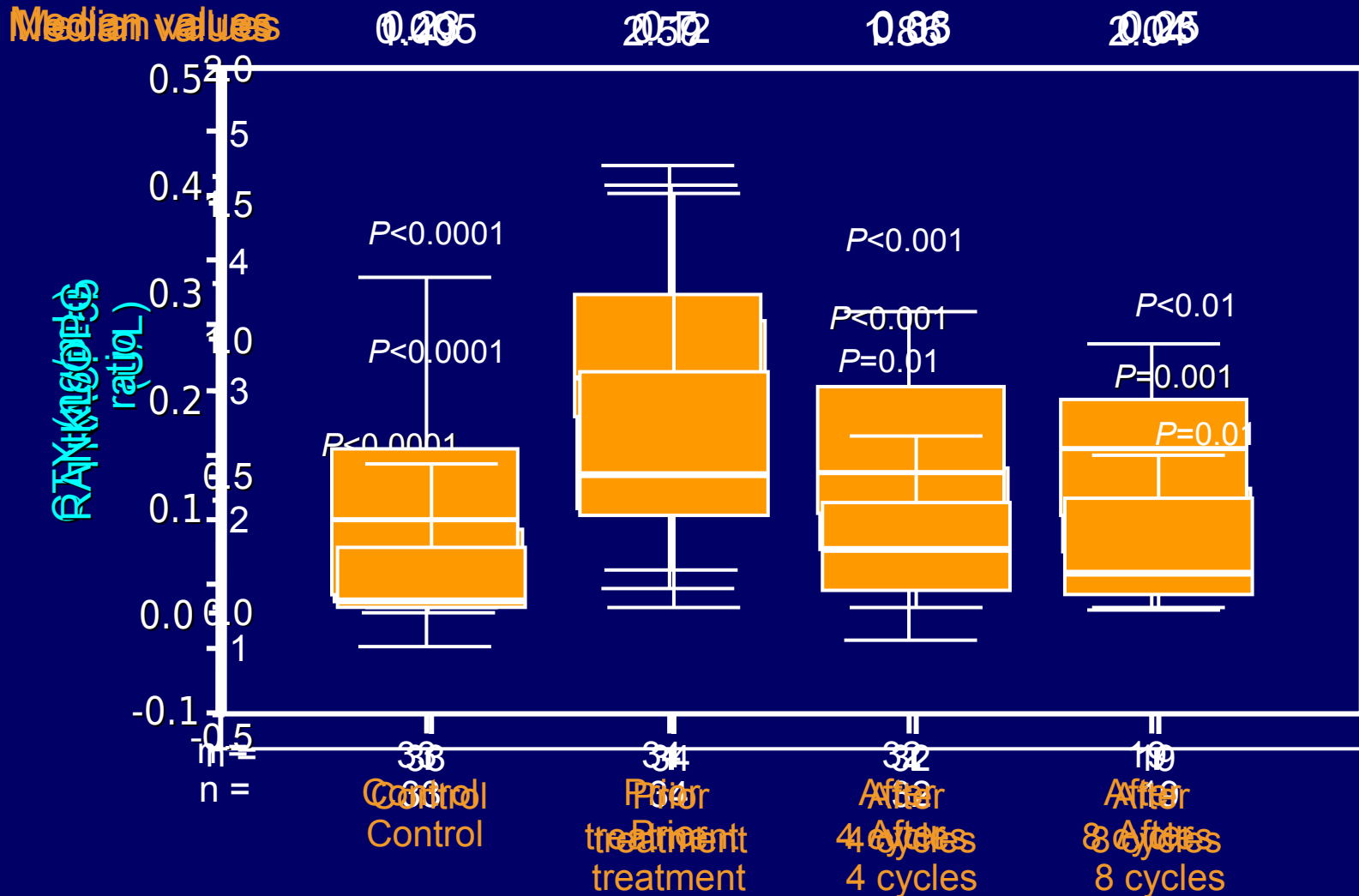
	Bortezomib (n=25)		Control group (n=58)	
	Mean	<i>P</i>	Mean	<i>P</i>
<b>bALP</b>				
Before treatment	19.7	<0.0005	24.8	NS
After treatment	30.2		23.3	
<b>Osteocalcin</b>				
Before treatment	6.3	0.024	6.97	NS
After treatment	10.8		6.6	

# Effect of Bortezomib on Bone Remodeling in Patients with Relapsed MM

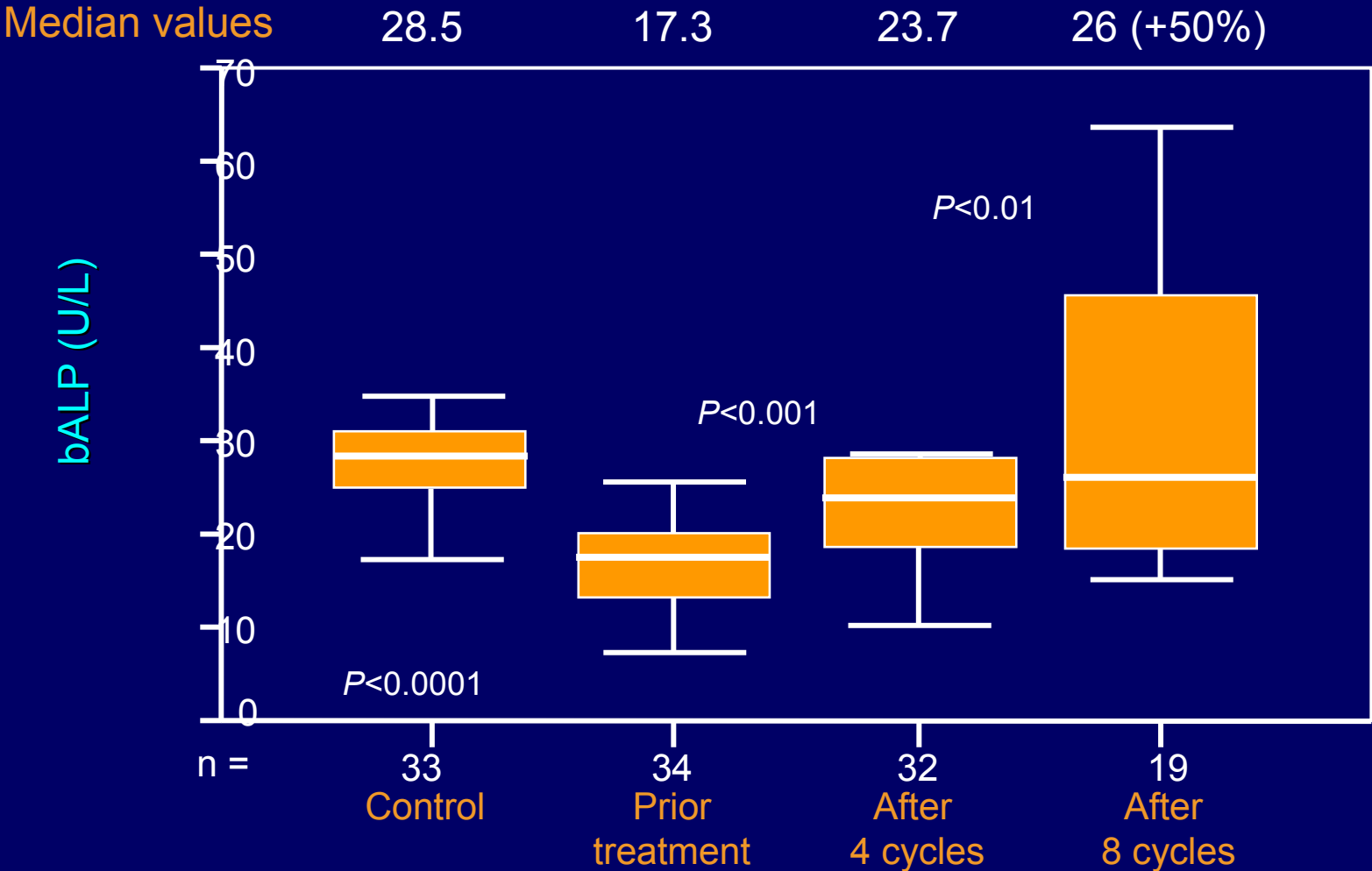
- **Aim**
  - Evaluate effect of bortezomib on markers of bone remodeling and osteoblast or osteoclast stimulators
    - DKK-1, RANKL, OPG
- 34 patients with relapsed MM
- Treated with bortezomib 1.3 mg/m<sup>2</sup> days 1, 4, 8, 11 of 3-week cycle x 4
  - Responders could receive 4 more cycles
  - Non-responders after 4 cycles could have dex added
- **Results**
  - Response data
    - 8% CR, 58% PR



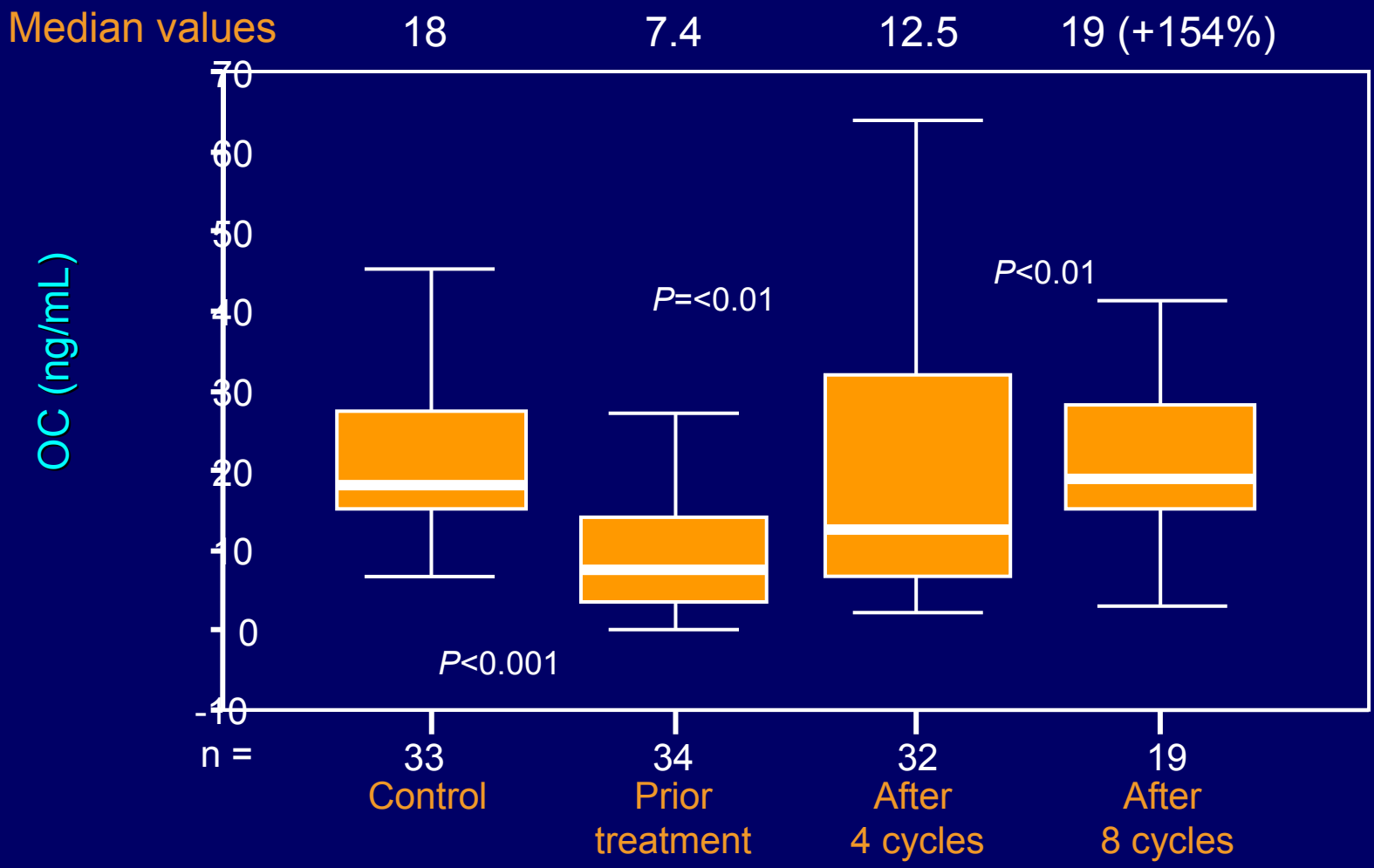
# Bone Resorption: Pre- and Post-bortezomib



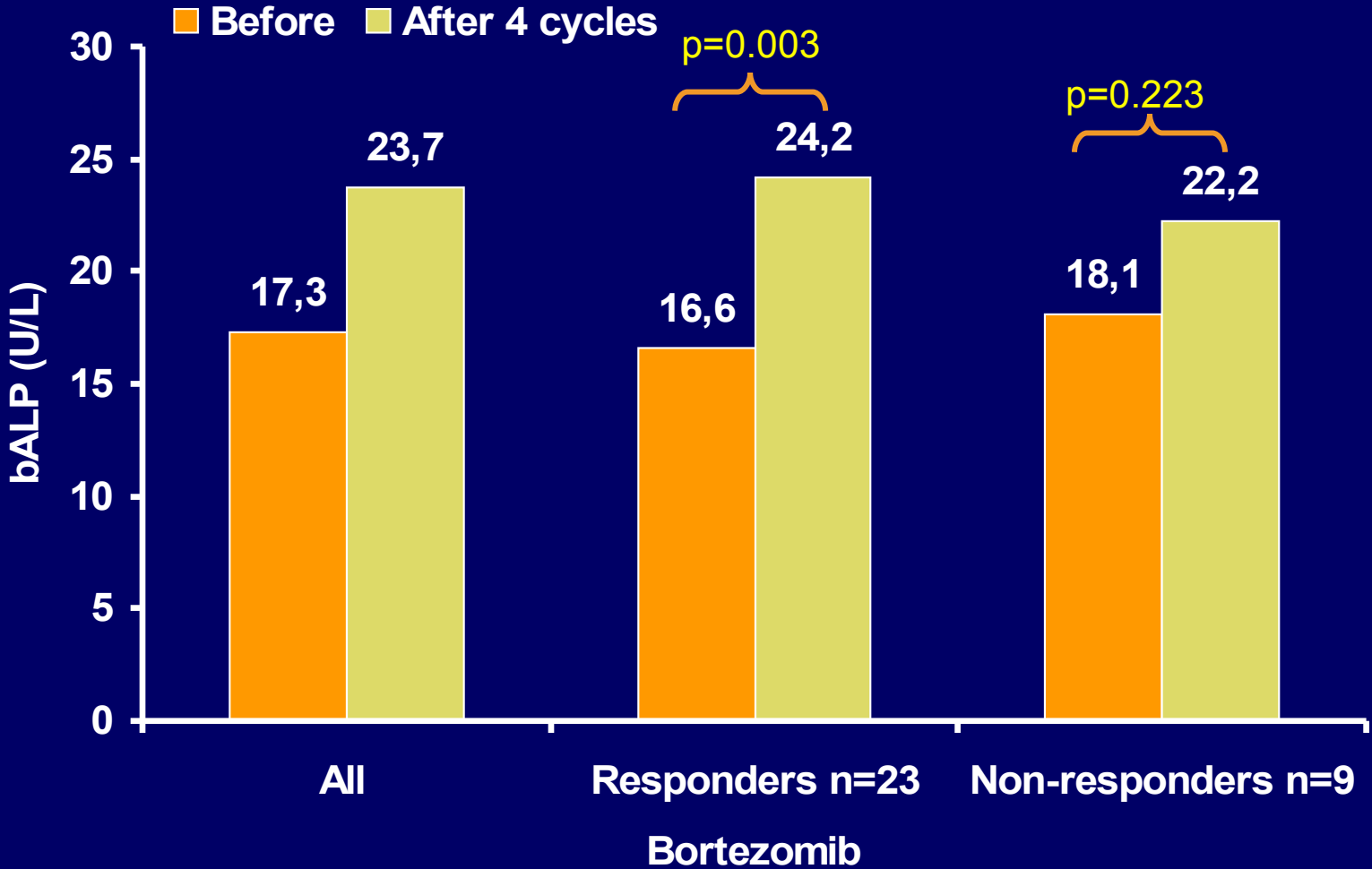
# Osteoblast Markers: Pre- and Post-bortezomib (1)



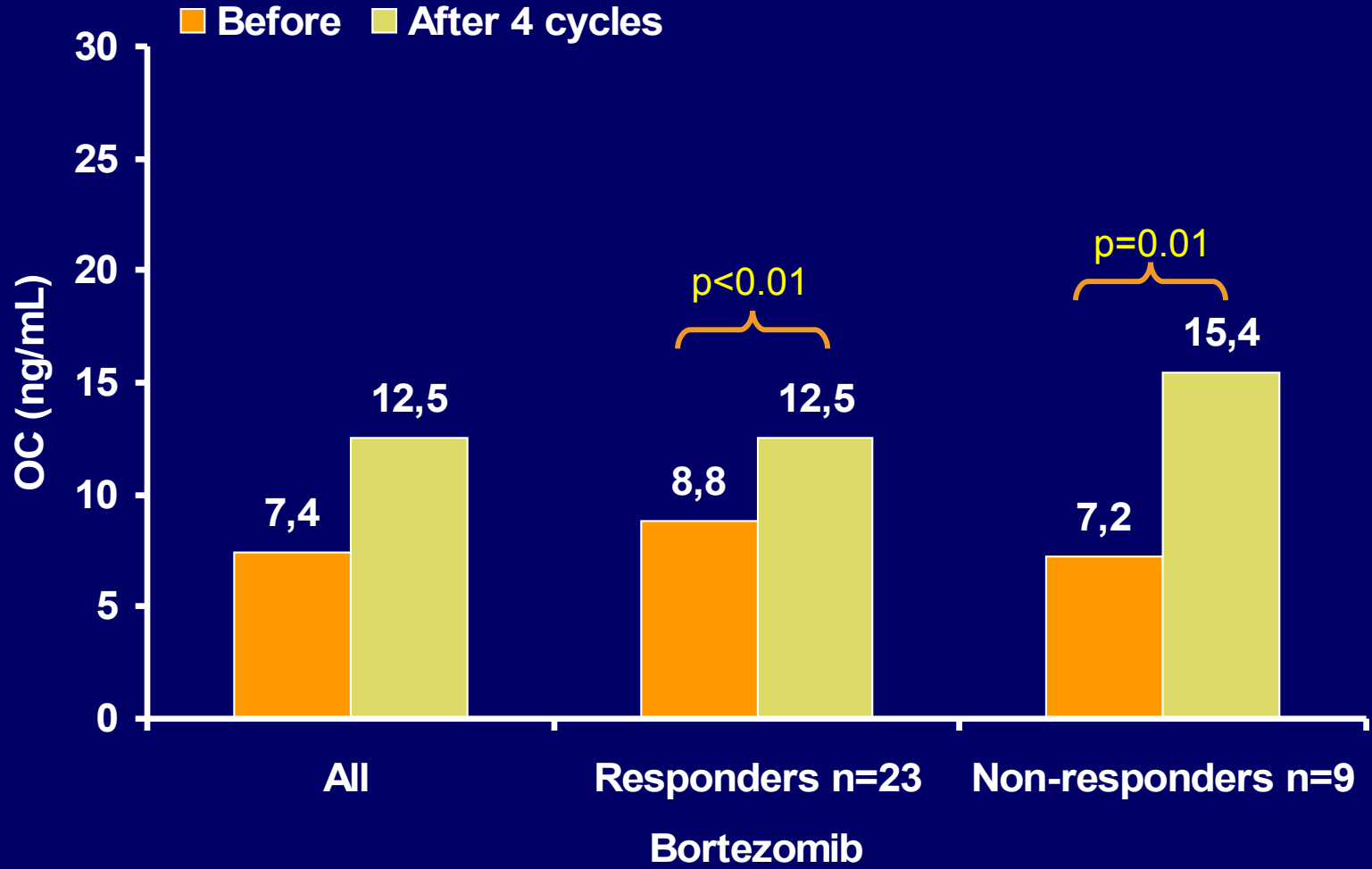
# Osteoblast Markers: Pre- and Post-bortezomib (2)



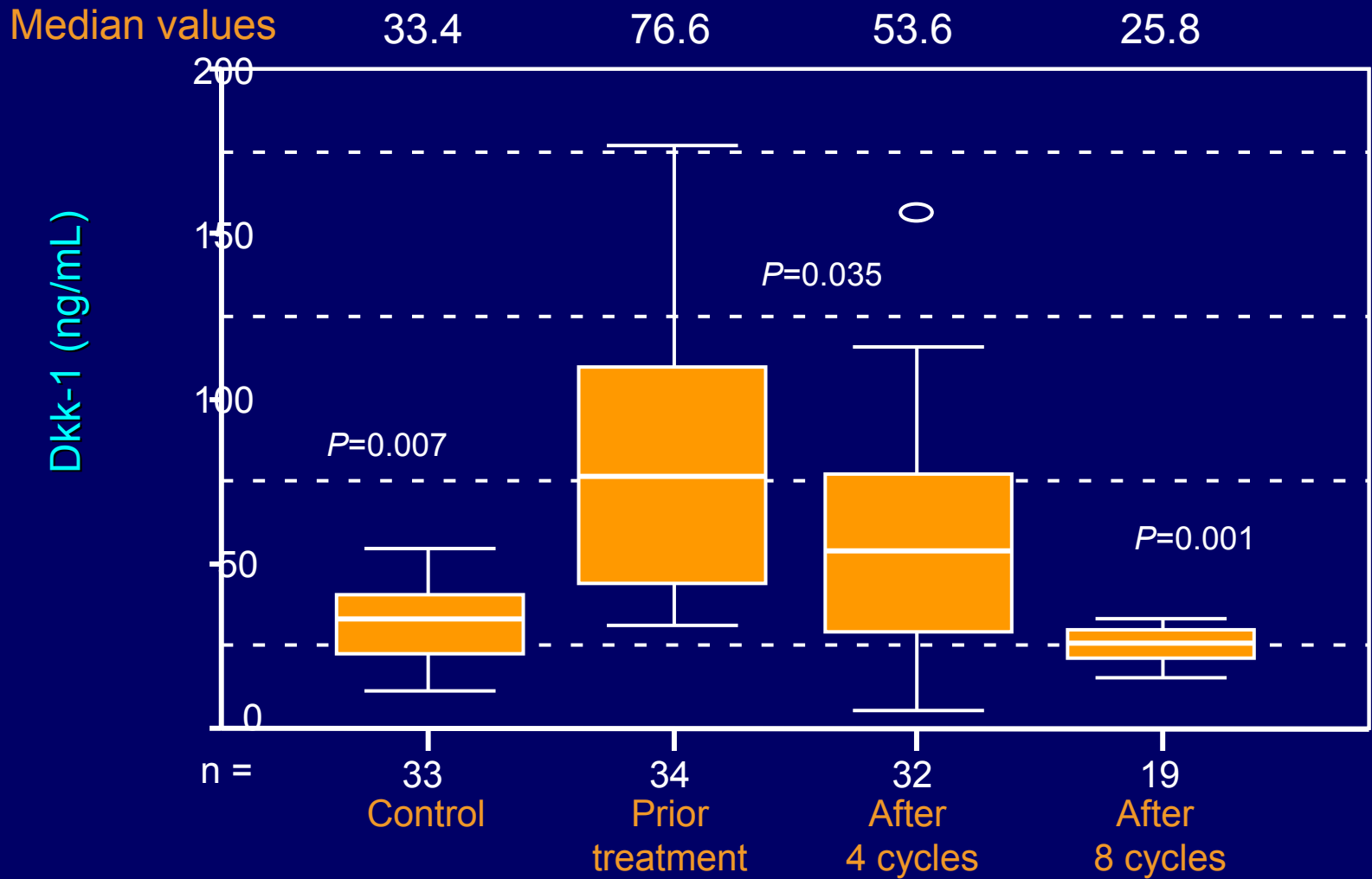
# Changes in bALP Levels



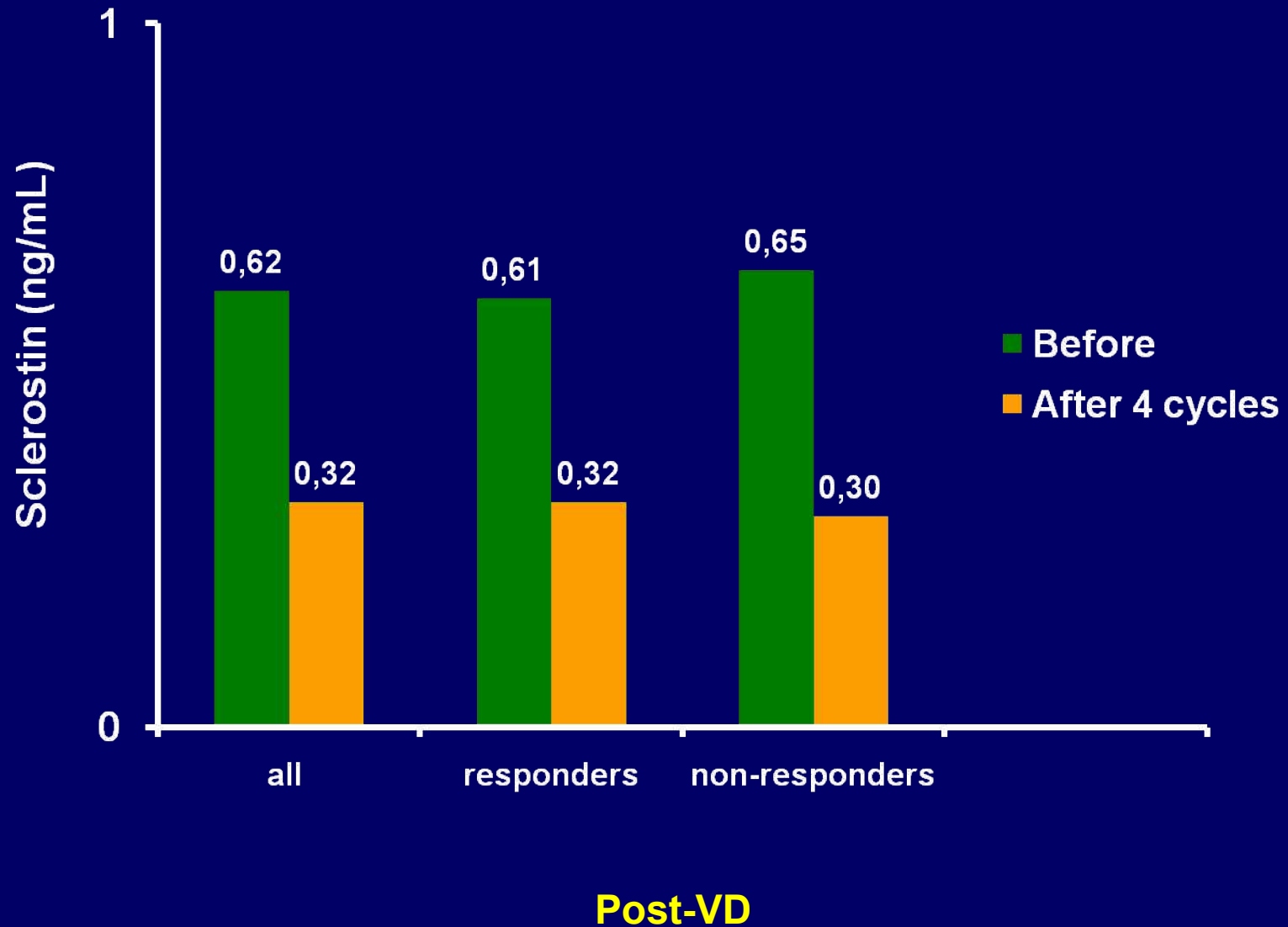
# Changes in Osteocalcin Levels



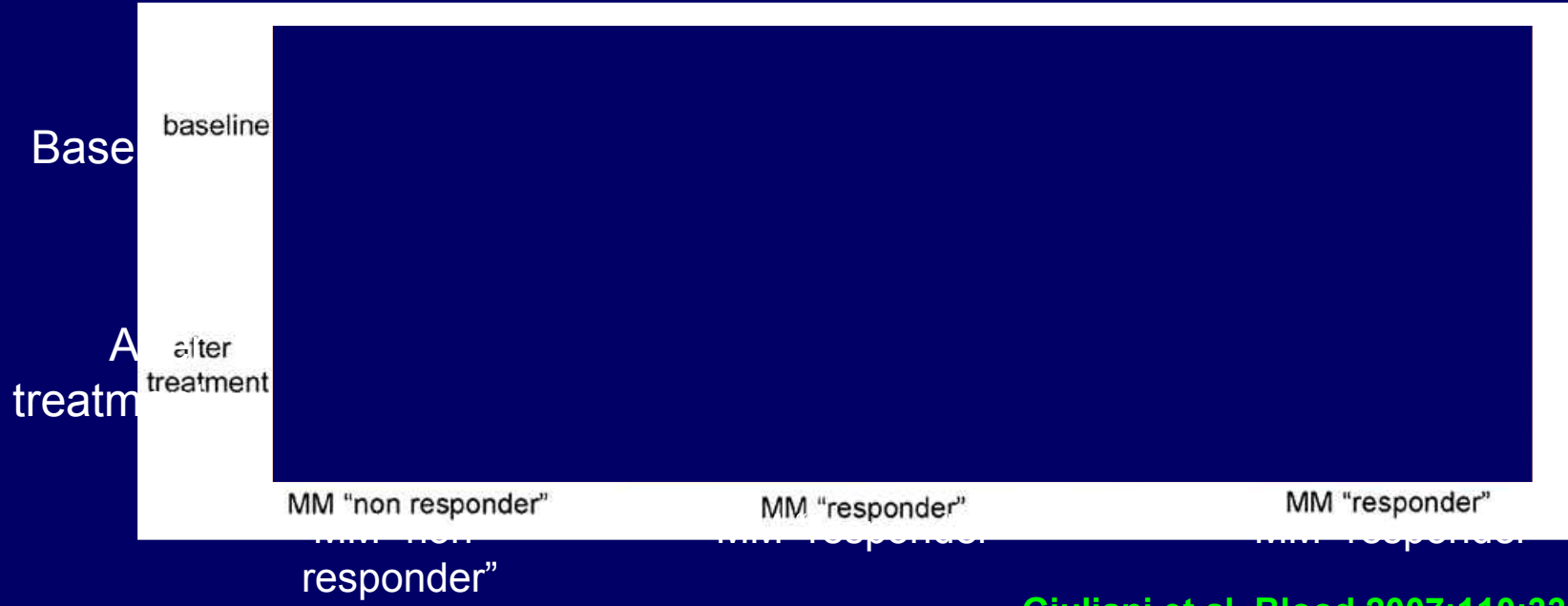
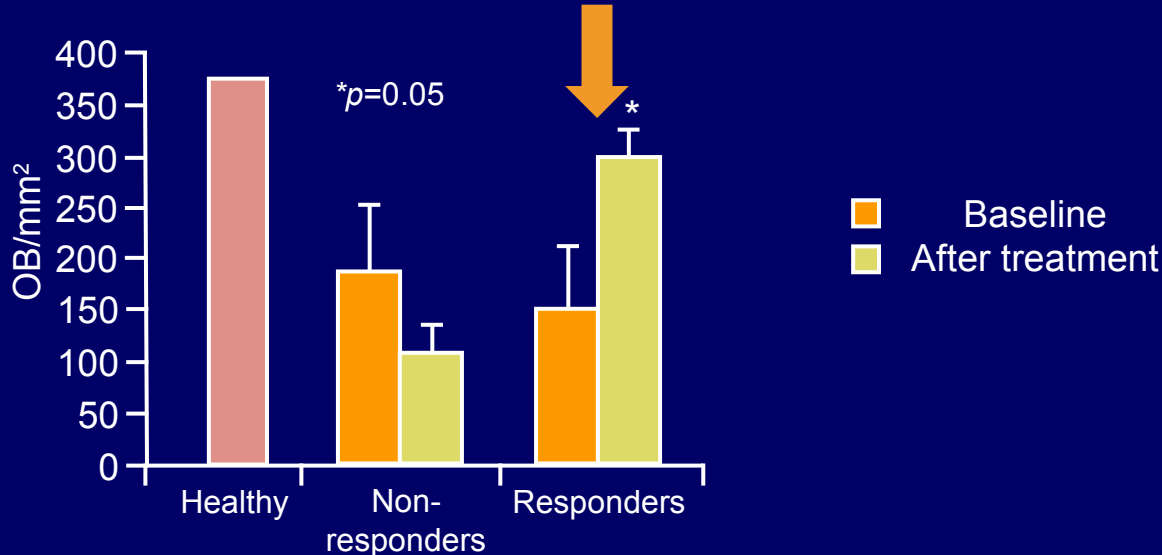
# Dkk-1: Pre- and Post-bortezomib



# Changes of sclerostin post-bortezomib in relapsed MM

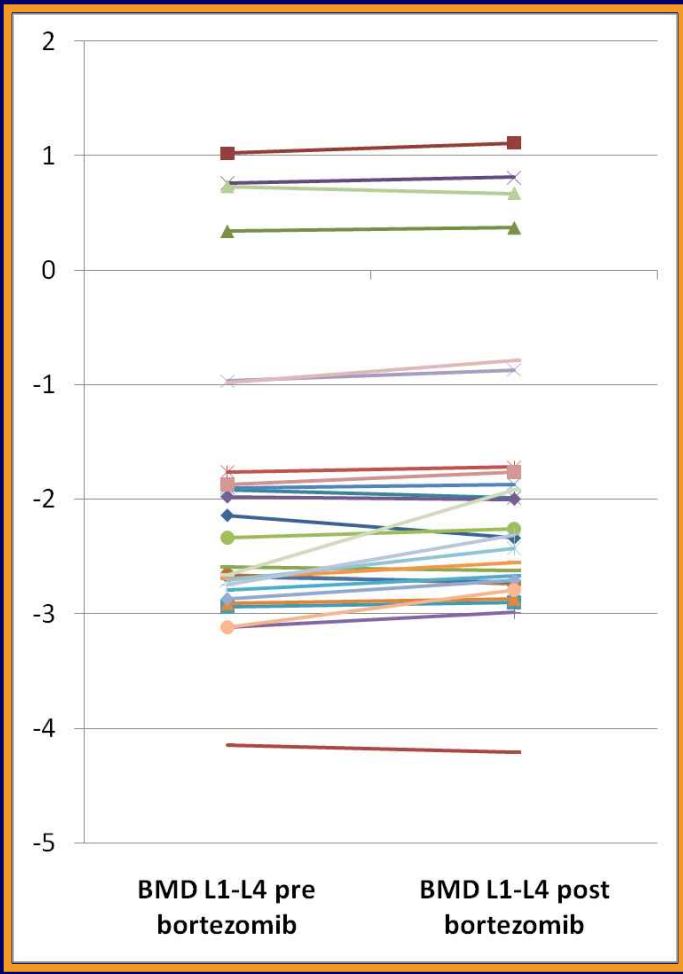
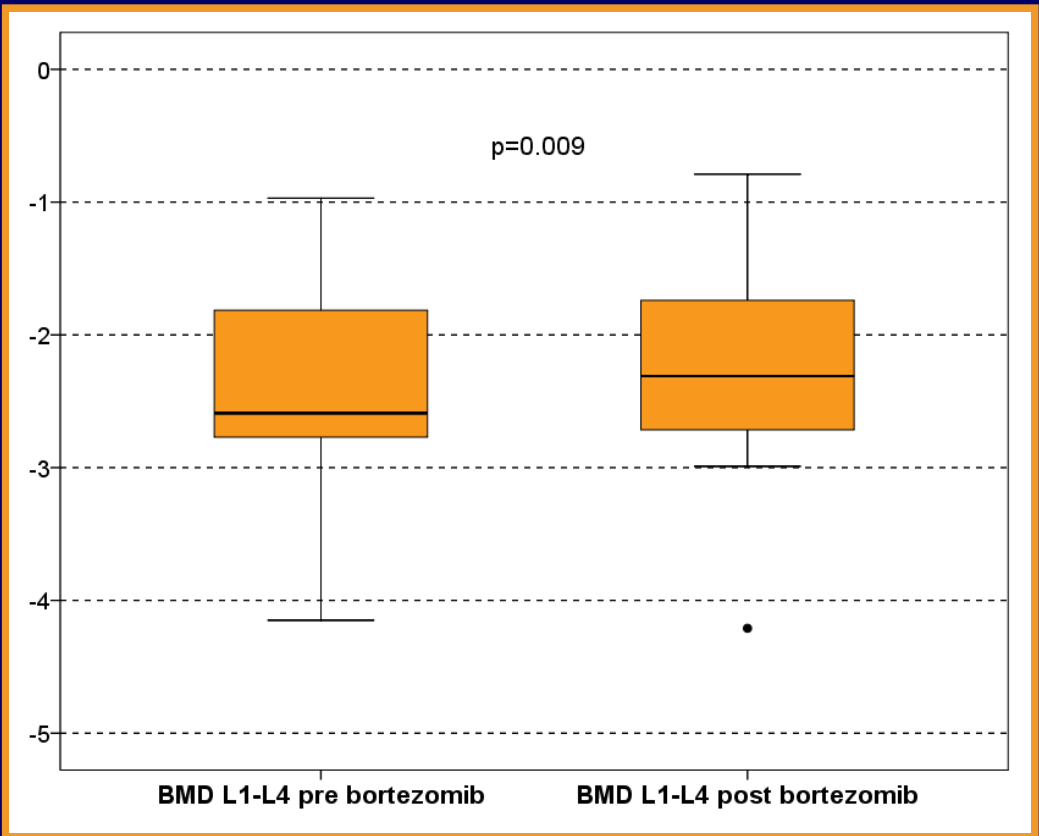


# Bortezomib increases osteoblast counts in responding patients





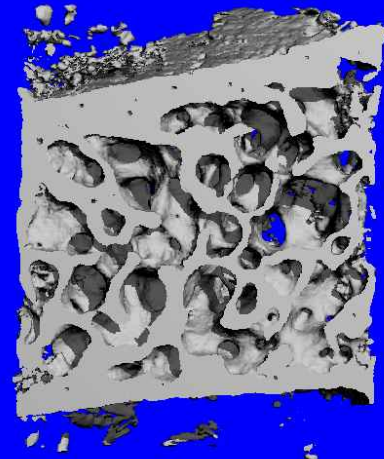
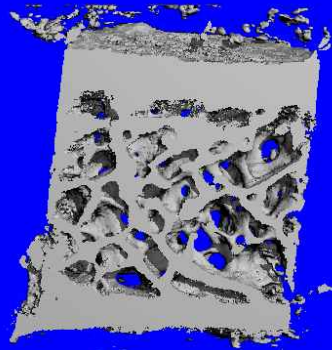
# BMD: Pre- and Post-bortezomib



4/27 patients (14%) showed at least 10% of increase in L1-L4 BMD; all these patients had osteoporosis according to DXA, had responded to VD therapy (3 PR and one CR), and had received VD as second line treatment

Pre-Bor

Post-Bor



$BV/TV = 12.85\%$

Tb.Th = 0.1

Tb.Sp. = 0.7

Tb.N. = 1.5

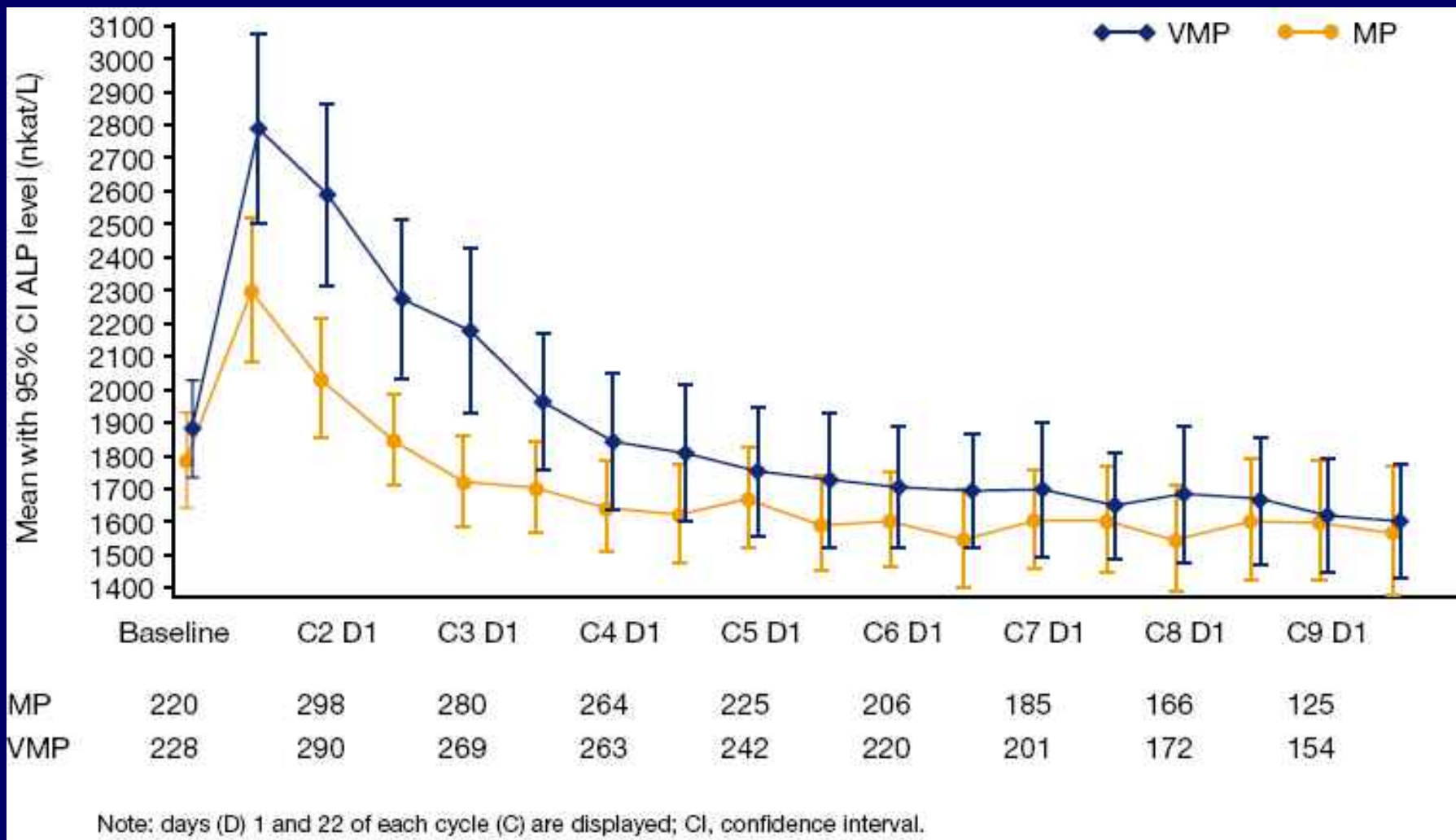
$BV/TV = 90\%$

Tb.Th = 0.7

Tb.Sp. = 0.2

Tb.N. = 2.8

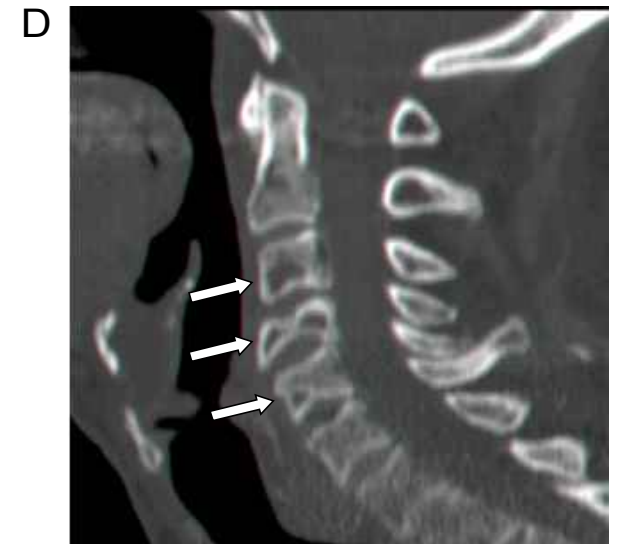
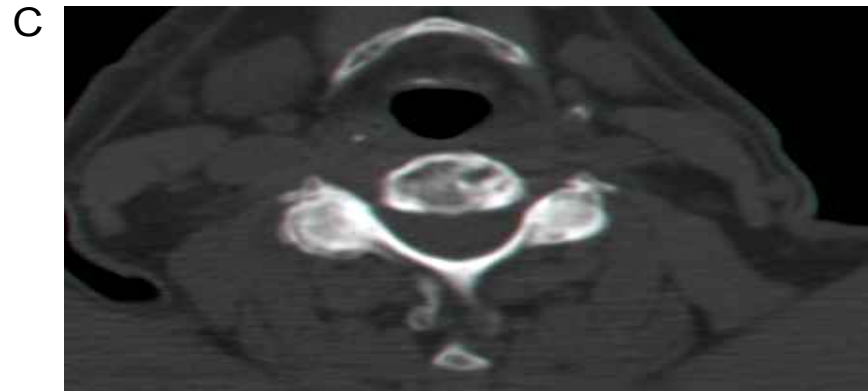
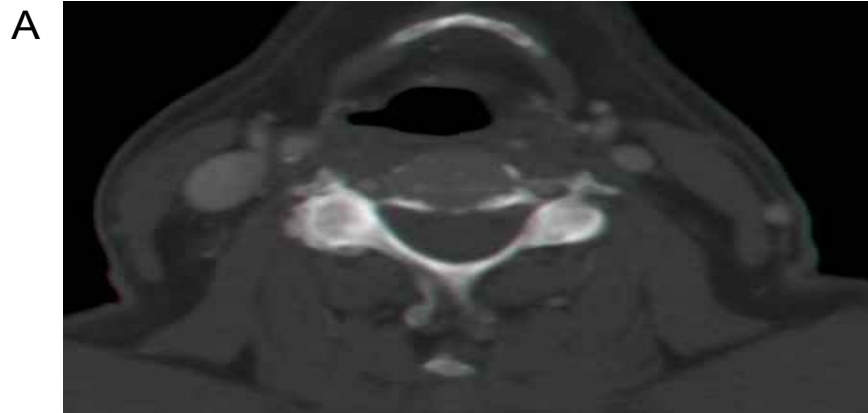
# VISTA: ALP Analysis



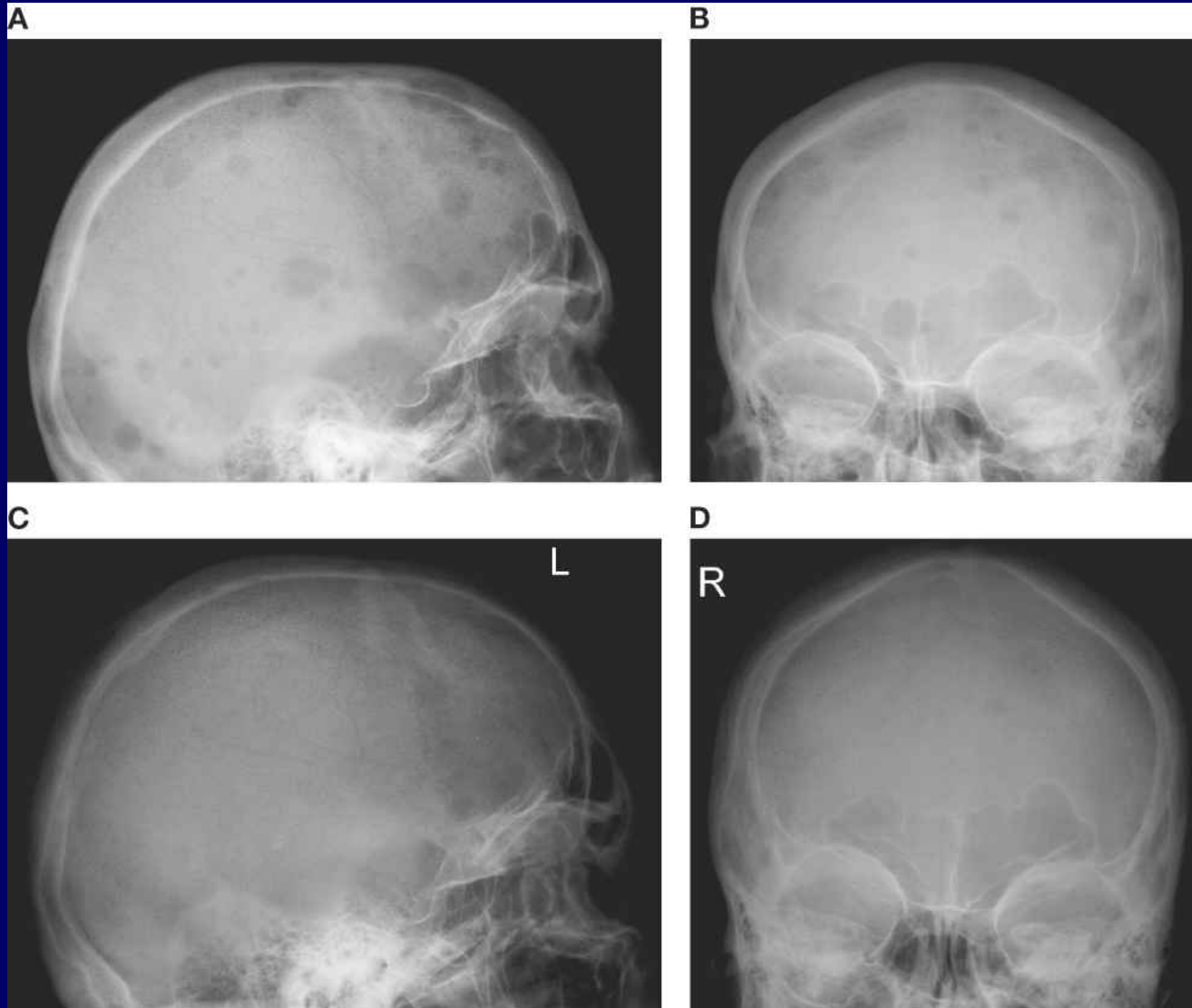
# VISTA: Dkk-1 analysis

DKK-1 (pg/mL), median (range)	VMP			MP		
	All n = 78	Responders n = 60	Non- responders n = 18	All n = 76*	Responders n = 23	Non- responders n = 50
Baseline	10587.9 (2532.6– 64000.0)	10630.2 (2532.6– 64000.0)	10579.3 (3846.8– 45460.5)	9240.7 (2436.2– 64000.0)	13852.9 (3941.6– 64000.0)	8256.2 (2436.2– 64000.0)
Cycle 1, Day 4	9911.7 (2217.6– 64000.0)	9388.3 (2217.6– 64000.0)	10858.9 (4027.9– 64000.0)	10565.8 (2511.8– 64000.0)	16135.0 (5237.0– 64000.0)	9399.1 (2511.8– 64000.0)
<b>Change from baseline</b>	<b>-694.4<sup>†</sup></b> <b>(-59059.9– 35501.6)</b>	<b>-1110.9</b> <b>(-59059.9– 35501.6))</b>	<b>259.5</b> <b>(-11931.6– 18539.5)</b>	<b>1273.3</b> <b>(-38233.9– 24681.3)</b>	<b>2089.6</b> <b>(-38233.9– 24681.3)</b>	<b>1208.2</b> <b>(-28078.3– 24063.0)</b>

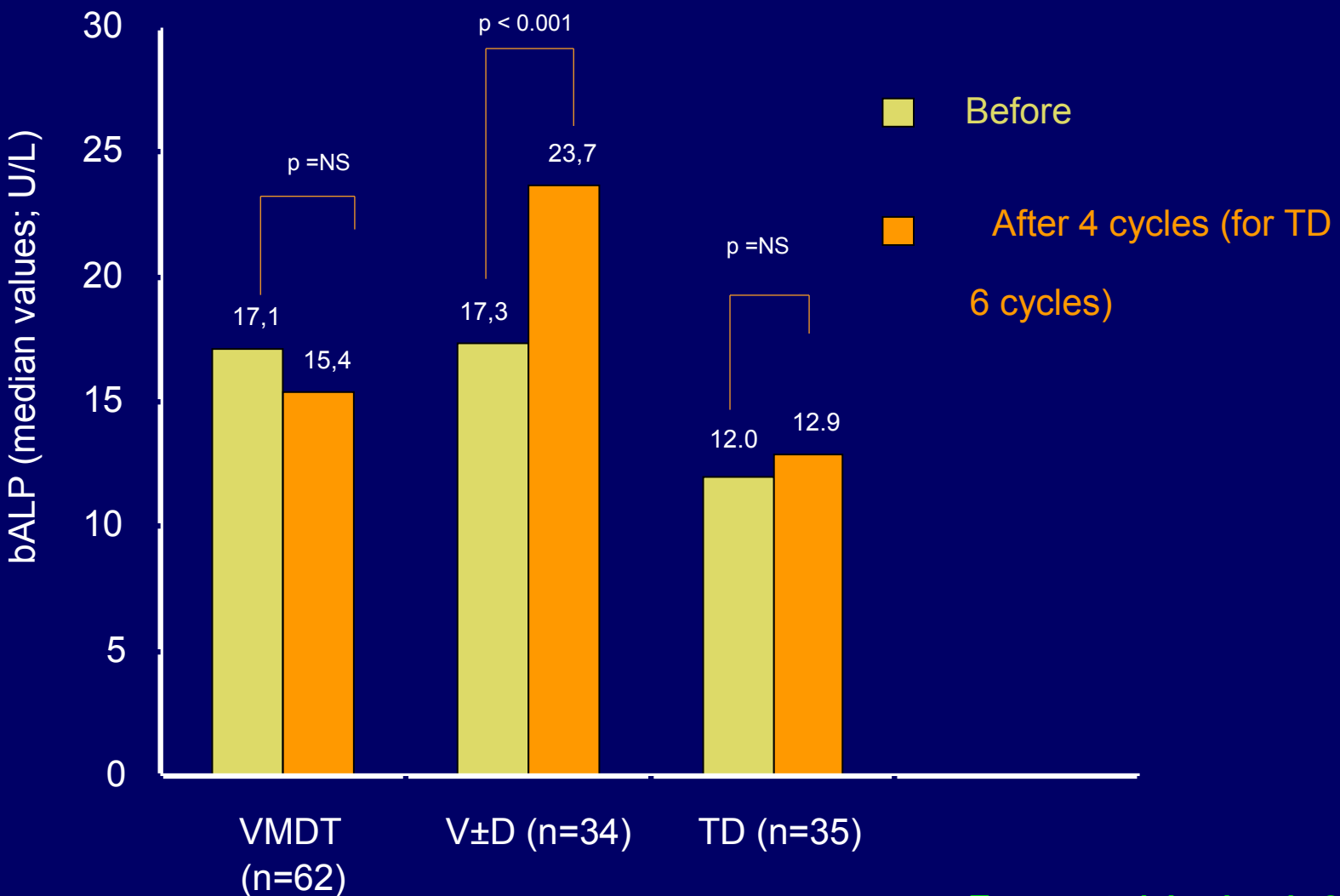
# VMP: results in a patient after 9 cycles of therapy (1)



# VMP: results in a patient after 9 cycles of therapy (2)



# Bone Formation in Bortezomib Combinations



# RD vs. VDR in Relapsed/Refractory Myeloma: Patient Eligibility & Treatment Schedule

- Relapsed/Refractory Myeloma

- No prior treatment with lenalidomide

- Peripheral neuropathy

< grade 2

V 1 mg/m<sup>2</sup> on days 1, 4, 8 and 11

R 15 mg days 1-14 (or at a lower dose if CrCl < 30 ml/min)

D 40 mg PO on days 1-4 Courses are repeated every 21d

N=49

≥ grade 2

R on days 1 to 21 according to CrCl

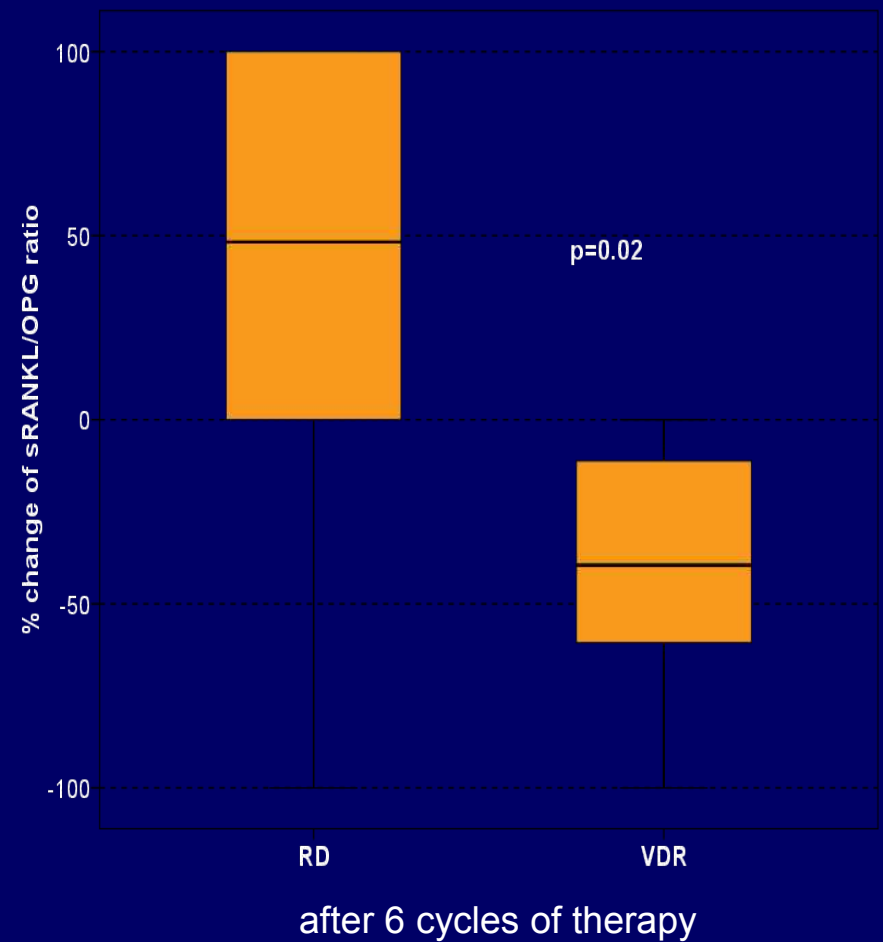
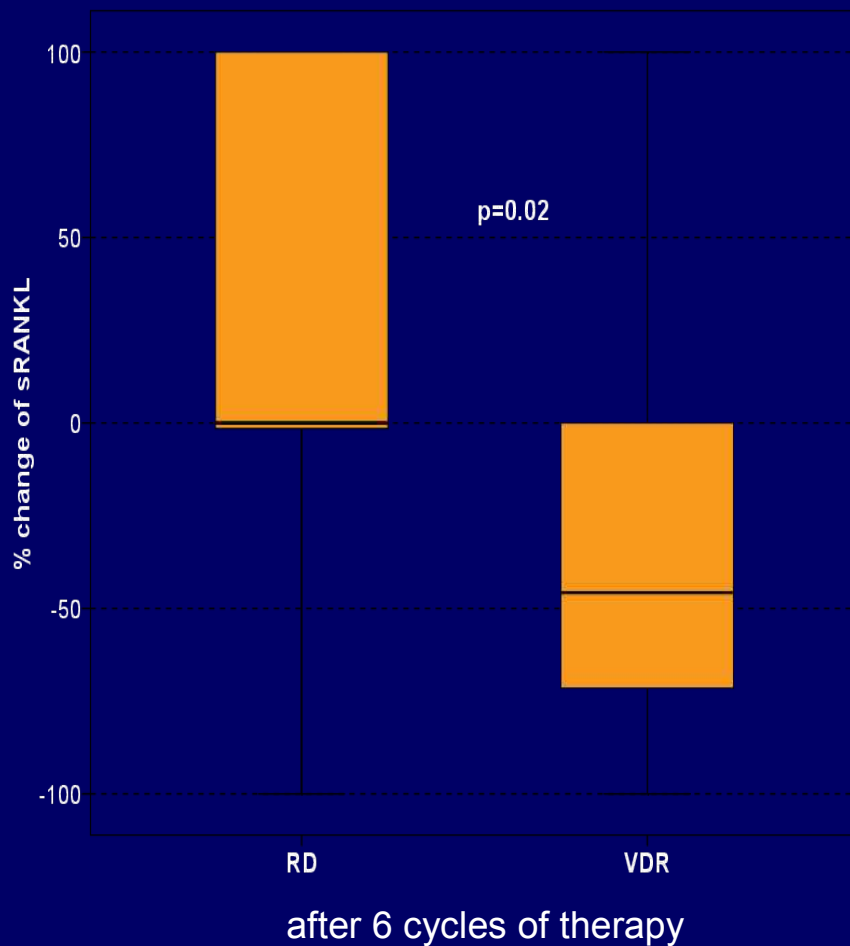
D 40 mg PO on days 1-4 and 15-28 for the first 4 cycles and only days 1-4 thereafter

Courses are repeated every 28d

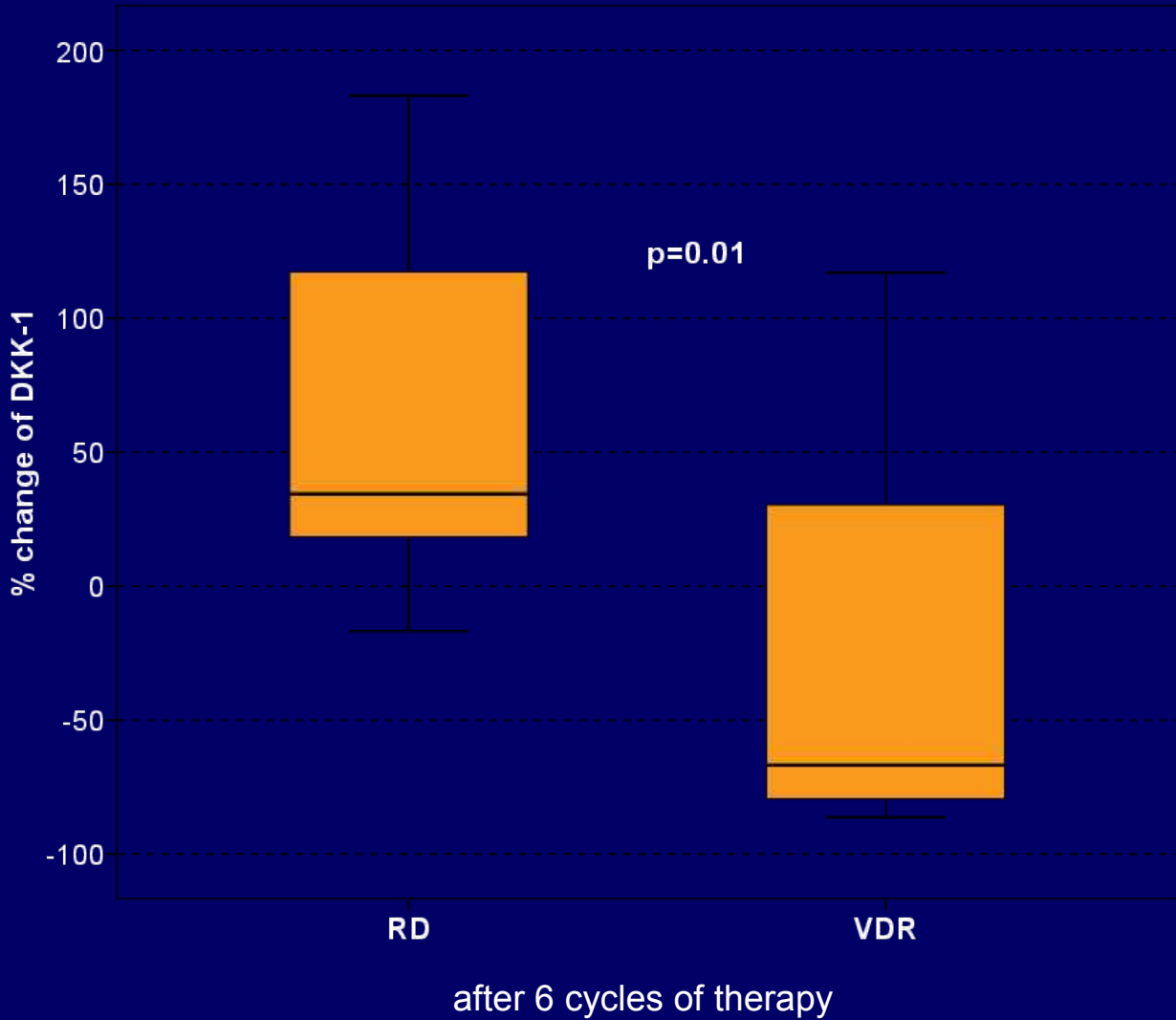
Dimopoulos et al. **N=50** Leukemia 2010; in press



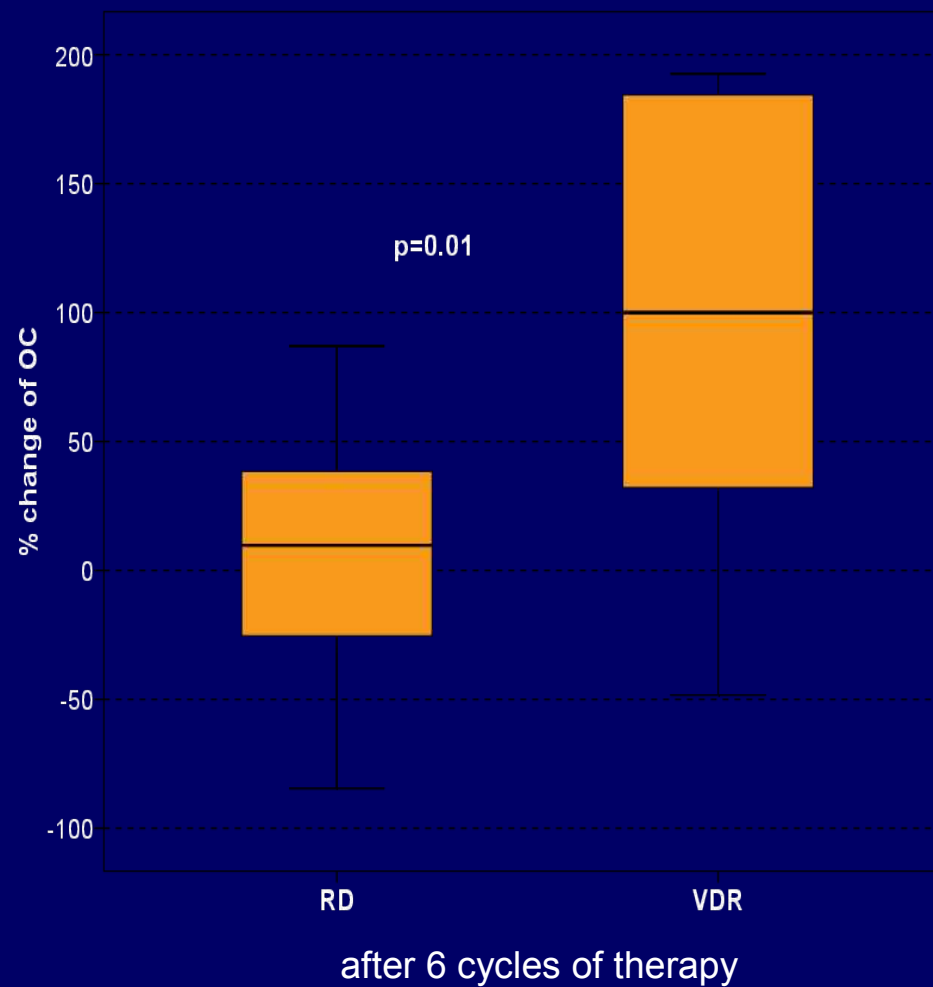
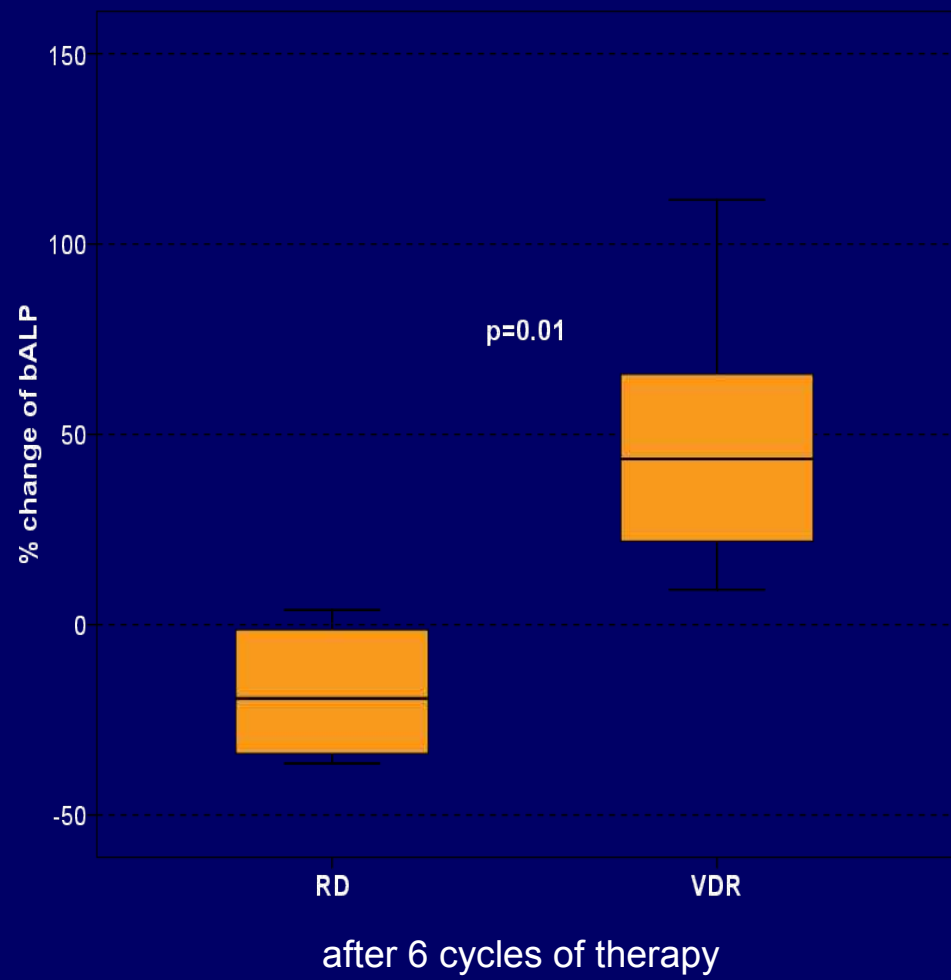
# Effect of RD and VRD on RANKL in Patients with Relapsed/Refractory MM: RANKL



# Effect of RD and VDR on Dickkopf-1



# Effect of RD and VDR on Bone Formation



# Conclusions

- **Bone disease is a frequent and debilitating complication of myeloma**
- **Preclinical and clinical data indicate that bortezomib reduces bone resorption**
- **Bortezomib increases also bone formation due to reduction of Dkk-1, sclerostin and possible other osteoblast inhibitors**
- **Increases on BMD and healing of the lytic lesions in subsets of myeloma patients. Long-term bortezomib studies with clinical endpoints (SRE and BMD) are needed.**

# Acknowledgments

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