

# Maintenance Therapy MM

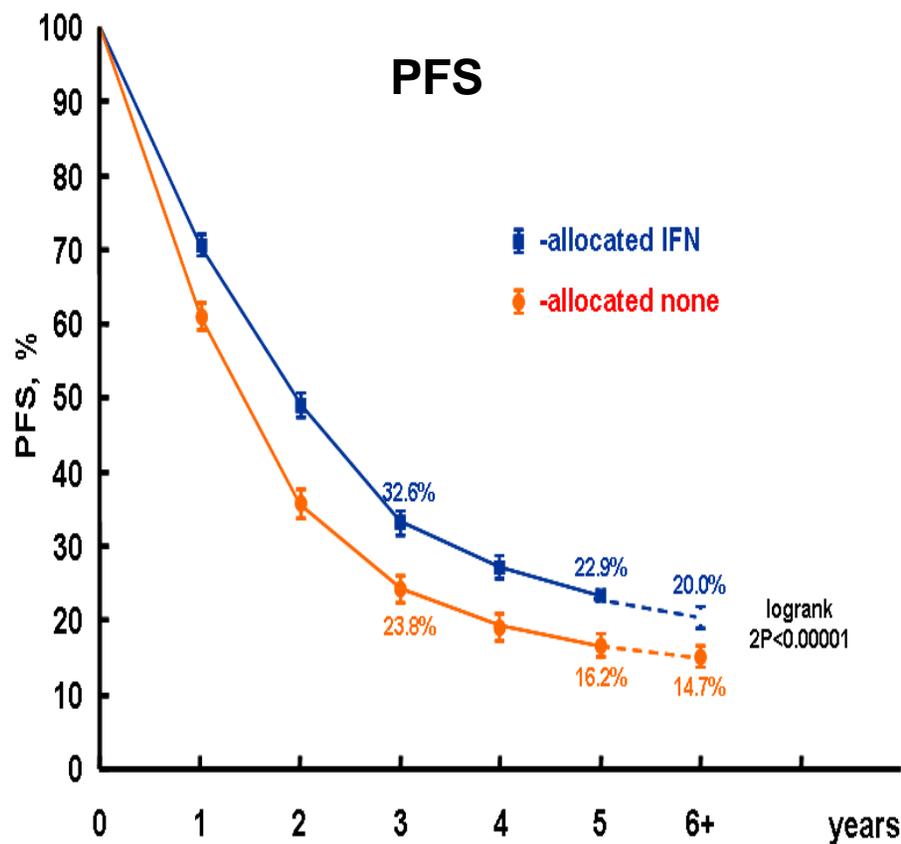
# What are the appropriate study endpoints?

- PFS is certainly appropriate as a surrogate in RRMM to hasten market approval; Td vs D, Vd vs D, Rd vs D, DVD vs Vd
- Patients with multiply relapsed disease that have longer plateaus clearly translate to improved OS the endpoint of greatest interest.
- For newly diagnosed patients OS needs to be demonstrated MPV vs MP, MPT vs MP

# Questions to Evaluate Maint. Trials

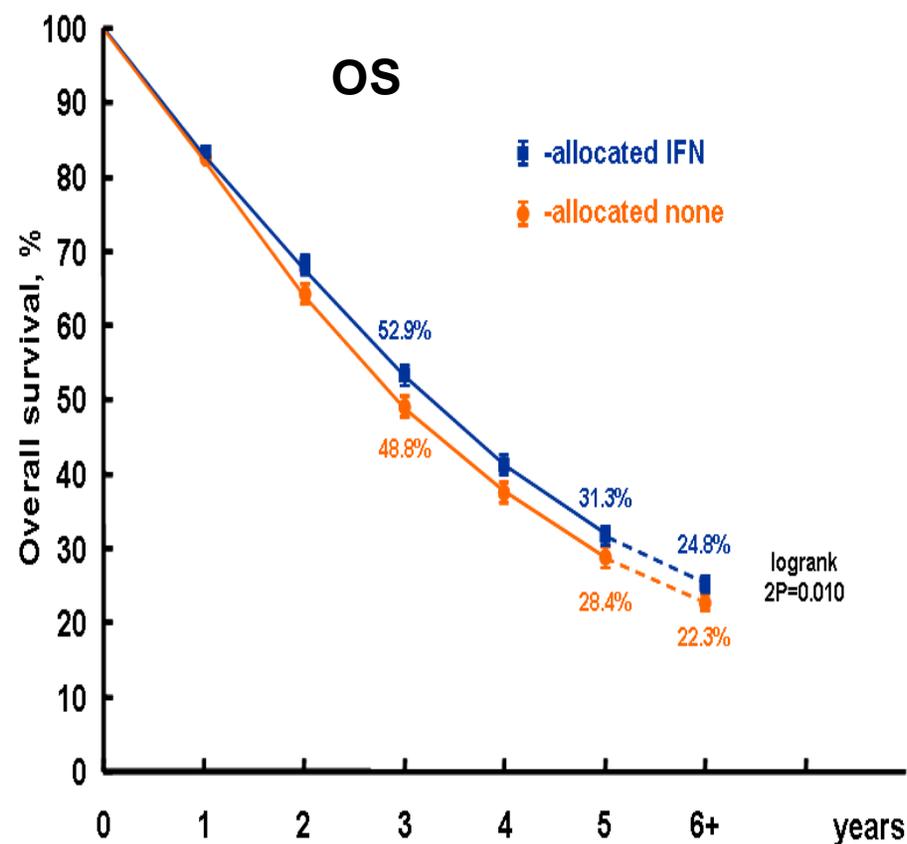
- In maintenance studies does PFS predict improved OS?
- Have these QOL studies been done?
- What fraction of patients on no maint get diarrhea, skin rashes DVT
- In patients that progress was the maintenance agent available to placebo patients-this is a key for study design
- Were induction arms identical in maint trial

# Interferon *Meta-analysis of >750 Patients--12 Trials*



Progression/person-years:

IFN	412/1214	287/770	184/458	57/287	27/175	28/224
None	561/1102	319/558	116/300	45/179	16/113	15/144



Death/person-years:

IFN	322/1751	280/1400	261/1044	185/716	126/472	121/524
None	344/1778	351/1364	261/968	181/669	116/431	120/488

# Thalidomide Maintenance after Conventional Chemotherapy (CC)

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- ❖ **No Trial comparing Thal vs no maintenance after the same Induction Therapy.**
- ❖ **The only Maintenance experience with Thal is provided by the 7 MP vs MPT trials:**
  - **5 used Thal maintenance after MPT:  
OS benefit of the MPT arm: 1/5.**
  - **2 did not use Thal maintenance after MPT:  
OS benefit of the MPT arm: 2/2.**
  - **Thal is not required to improve OS after MPT**

# Maintenance therapy in non-ASCT Pts

	N	Maintenance versus no maintenance		
		CR + VGPR, %	Med PFS, months	Med OS, months
GIMEMA <sup>6</sup> MPT vs MP	255	36 vs 12	22 vs 14	45 v 48
HOVON 49 <sup>7</sup> MPT vs MP	344	23 vs 8	33 vs 21	40 v 31
Nordic <sup>8</sup> MPT vs MP	363	6 vs 3*	15 vs 14	29 vs 32

\* CR rate only.

# Maintenance after ASCT with thali

	N	Initial dose, mg	Maintenance versus no maintenance	
			FU, mo	FES or PFS
Barlogie <sup>1</sup>	668			
<i>Abn Cyto</i>				
Attal <sup>2</sup>	597			
Spencer <sup>3</sup>	243			
Morgan <sup>4</sup>		100	38	~21 vs 15 m <sup>†</sup>
Stewart <sup>5</sup>	332	200 (+pred)	48	28 vs 17 m
Lokhorst <sup>6</sup>	536	50 (vs IFN)	52	34 vs 25 m
Krishnan <sup>7</sup>	366	200 (+dex)	36	3-yr 49 v 80%

83% received salvage thalidomide →  
 62% received salvage thalidomide →  
 54% received salvage thalidomide →

\* CR rate only.

† Pooled ASCT and nonASCT patients

1. Barlogie B, N Engl J Med. 2006;354:1021-30, updated Blood. 2008;112(8):3115-21. 2. Attal M, Blood. 2006;108:3289-94. 3. Spencer A, J Clin Oncol; 2009;27:1788-93. 4. Morgan GJ, ASH. 2010;abs 623. 5. Stewart ASH 2010, Abs 39; 6. Lokhorst Blood (2010); 115:1113-1120 7. Krishnan. ASH 2010;#41-

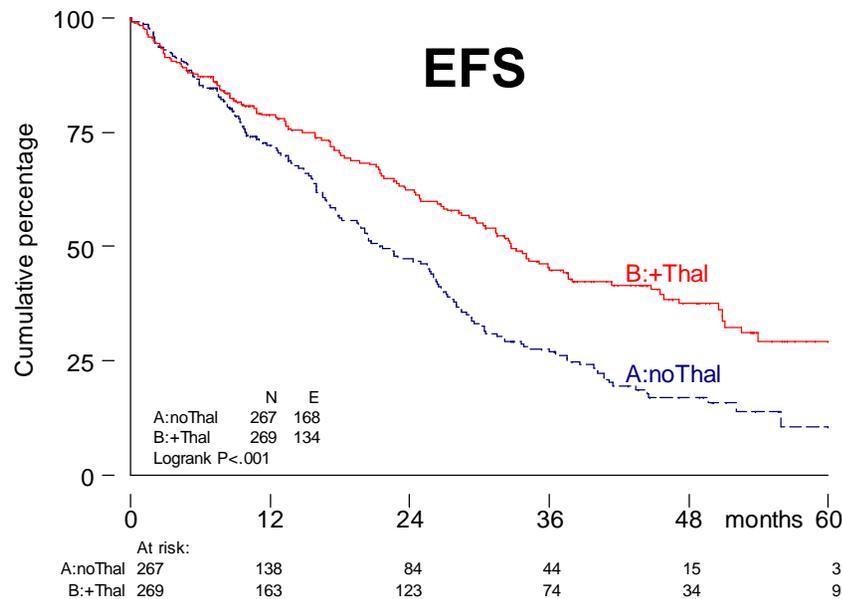
# HOVON 50



## Best response on protocol

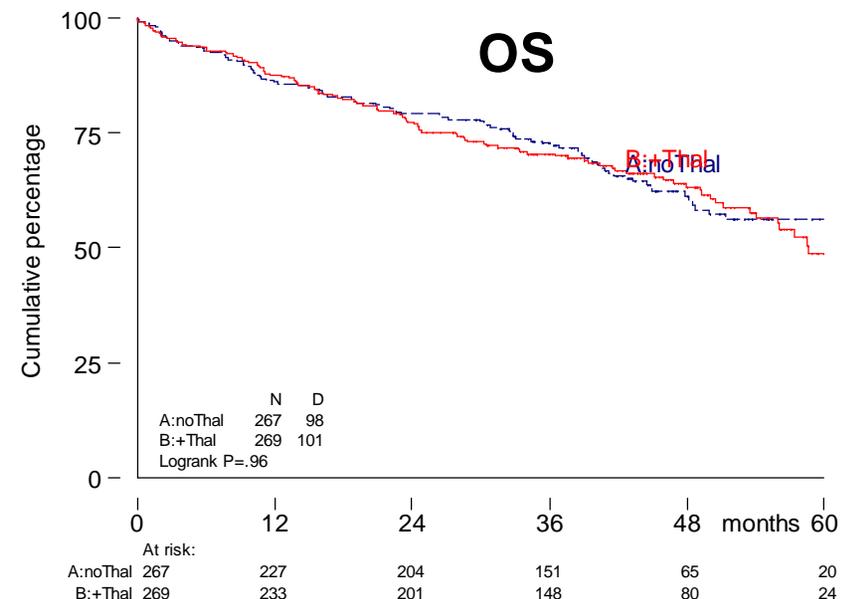
	VAD+IFN	TAD+Thal	p
≥ PR	79 %	88%	0.005
≥ VGPR	54 %	66%	0.005
≥ CR	23 %	31%	0.04

EFS with censoring at RIC allo-SCT  
Treatment arm



4 Jun 2008 - 17:11:36

Overall survival  
Treatment arm



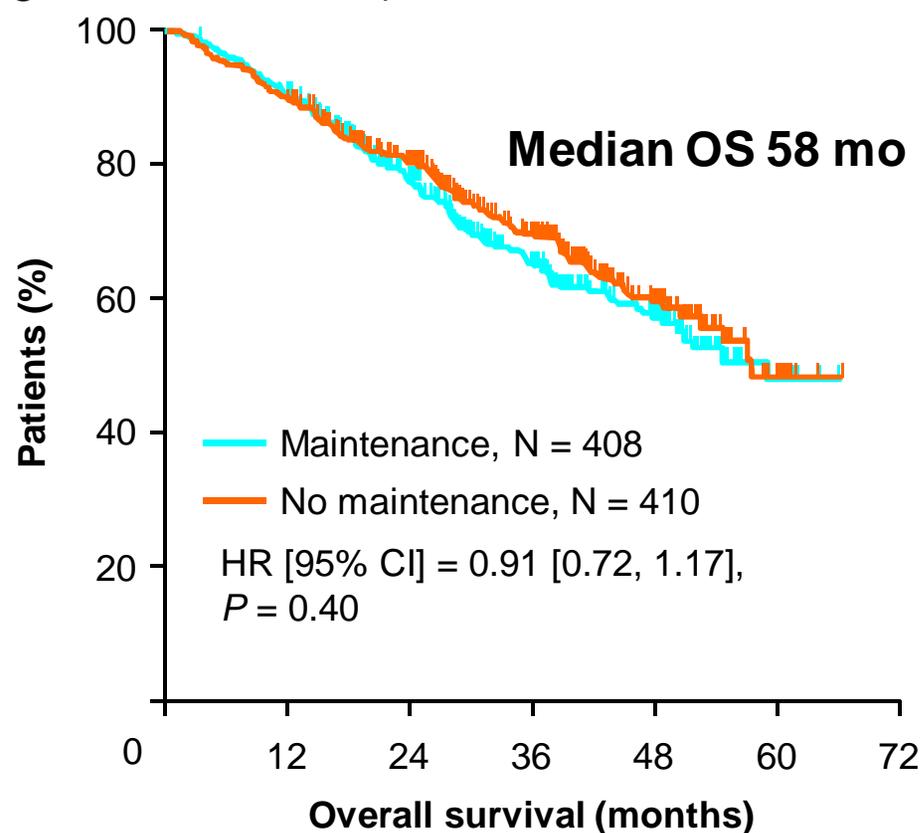
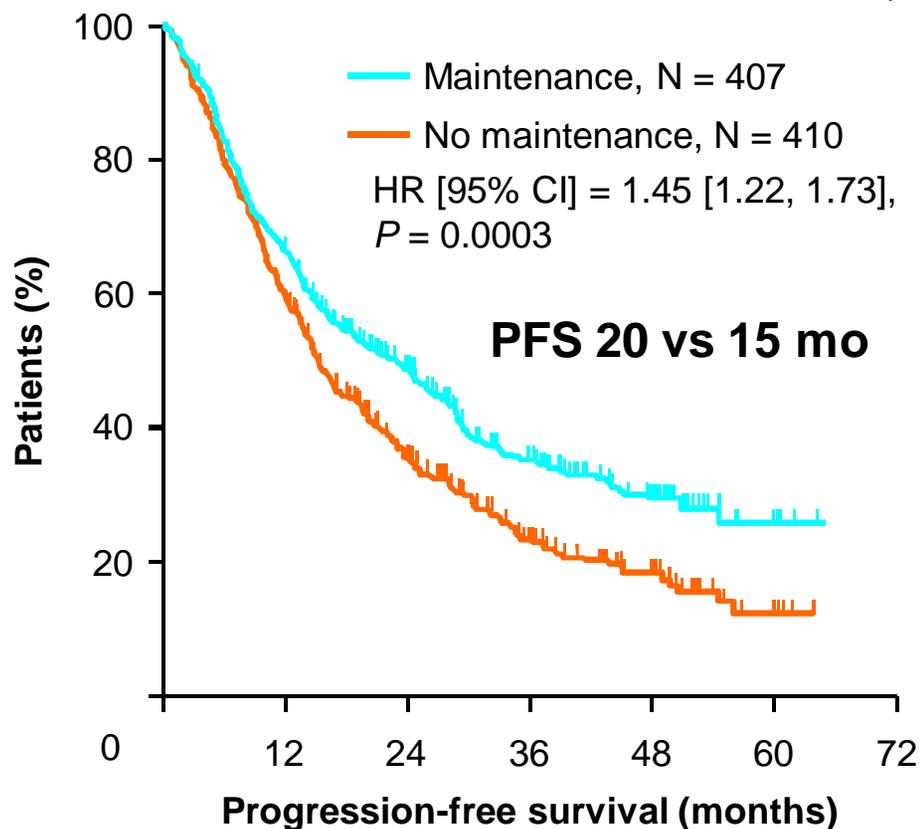
4 Jun 2008 - 17:11:38

Lokhorst Blood (2010); 115:1113-1120

Median fu is 52 months

# PFS and OS according to maintenance randomization

Median follow-up from maintenance randomization was 38 months (range 12–66 months)



**Thalidomide maintenance improves PFS with no OS advantage**

# Maintenance with Lenalidomide

	Initial TT	N	Time of Rando	Lenalidomide versus Placebo	
				Median PFS after Rando	OS after Rando
Attal et al. <sup>1</sup>	SCT	614	3 m post SCT	41 m vs 23 m <sup>***</sup>	4-year OS 73% vs 75%
McCarthy et al. <sup>2</sup>	SCT	460	SCT	39 m vs 21 m <sup>***</sup>	3-year OS 88% vs 80%*
Palumbo et al. <sup>3</sup>	MPR	305	Diagnosis	31 m vs 14 m <sup>**</sup>	3-year OS 70% vs 62%

1. Attal M, et al. NEJM 2012

2. McCarthy et al, NEJM 2012.

3. Palumbo et al, NEJM 2012

## IFM 2005-02: Grade 3–4 AEs (unblinding)

AE	Placebo	Lenalidomide
Anemia	2%	3%
Thrombocytopenia	7%	14%
Neutropenia	18%	51%
Febrile Neutropenia	1%	1%
Infections	5%	13%
DVT/PE	2%	6%
Skin disorders	4%	7%
Fatigue	2%	5%
Peripheral Neuropathy	1%	1%

## Number of patients with at least one SPM (10/2011)

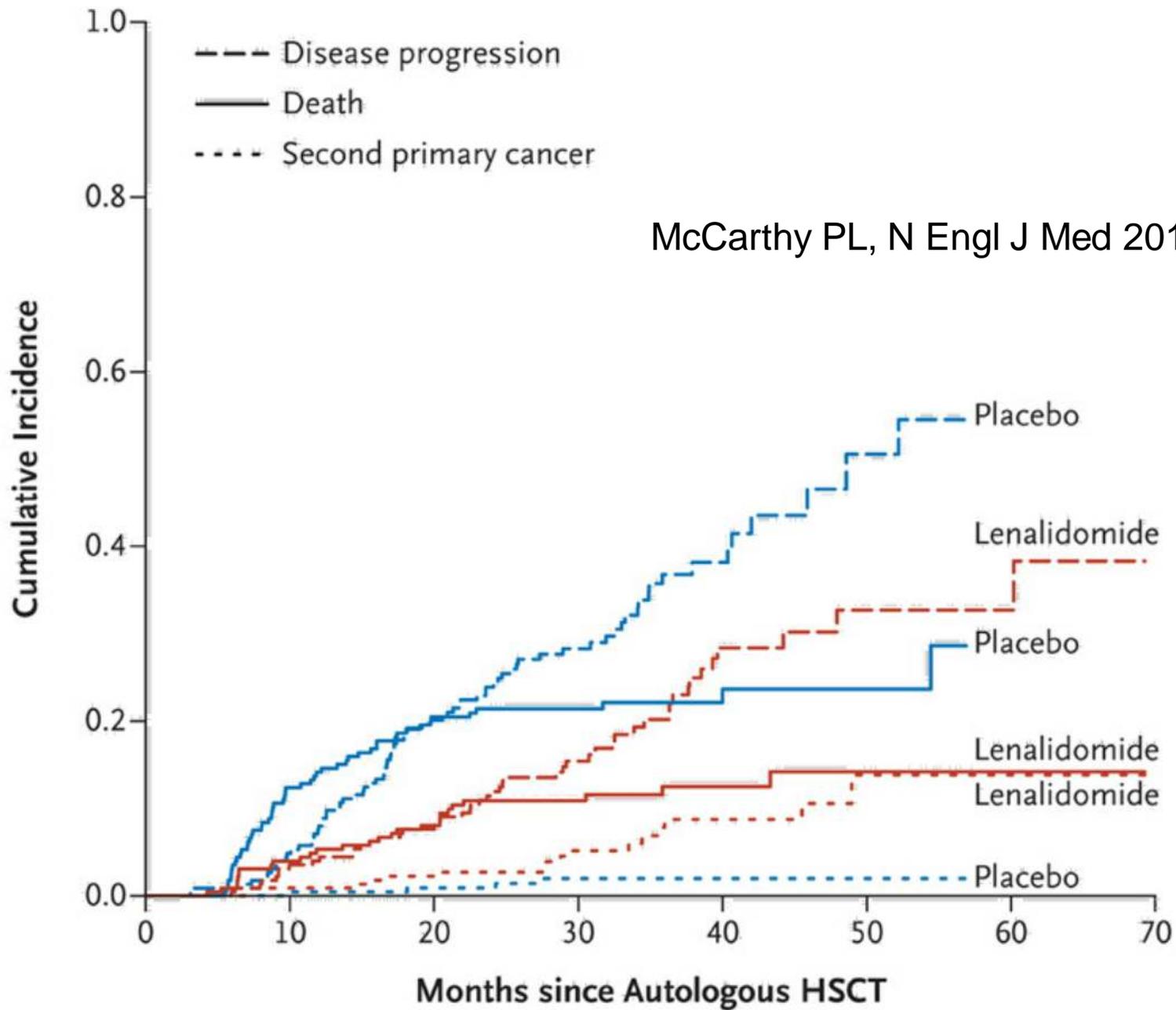
	<b>Lenalidomide (N= 306)</b>	<b>Placebo (N= 302)</b>	<b>Total (N= 608)</b>
<b>Hematologic malignancies (%)</b>	<b>13 (4.2)</b>	<b>5 (1.7)</b>	<b>18 (3.0)</b>
<b>AML/MDS</b>	<b>5</b>	<b>4</b>	
<b>ALL</b>	<b>3</b>	<b>0</b>	
<b>Hodgkin lymphoma / Non-HL</b>	<b>4 / 1</b>	<b>0 / 1</b>	
<b>Solid tumours (%)</b>	<b>10 (3.3)</b>	<b>4 (1.3)</b>	<b>14 (2.3)</b>
<b>Esophageal / Colon</b>	<b>4</b>	<b>0</b>	
<b>Breast</b>	<b>2</b>	<b>0</b>	
<b>Lung / Sinus</b>	<b>1</b>	<b>1</b>	
<b>Kidney / Prostate</b>	<b>3</b>	<b>2</b>	
<b>Melanoma</b>	<b>0</b>	<b>1</b>	
<b>Non-Melanoma skin cancers (%)</b>	<b>5 (1.6)</b>	<b>3 (1.0)</b>	<b>8 (1.3)</b>
<b>Total (%)</b>	<b>26* (8.5)</b>	<b>11** (3.6)</b>	<b>37 (6.1)</b>

# Lenalidomide toxicity

	Grade 3 Non Hematologic AE		Grade 4 Non Hematologic AE	
	N	%	N	%
<b>Max Non-Hematologic Len</b>	<b>73</b>	<b>32</b>	<b>8</b>	<b>3 &lt;0.001</b>
<b>Placebo</b>	<b>37</b>	<b>16</b>	<b>6</b>	<b>3</b>

McCarthy PL, N Engl J Med 2012;366:1770-81.

McCarthy PL, N Engl J Med 2012;366:1770-81.



# Maintenance with Bortezomib

	Initial therapy	Maintenance		
		Maintenance regimen	PFS	OS
Mateos et al. <sup>1</sup>	VMP vs VTP	VT	32 m	2-year: 86%
		VP	24 m	2-year: 81%
Palumbo et al. <sup>2</sup>	VMPT	VT	3-year: 60%	3-year: 89%
	VMP	0	3-year: 42%*	3-year: 89%
Sonneveld et al. <sup>3</sup>	PAD + SCT	V	3-year: 48%	3-year: 78%
	VAD + SCT	T	3-year: 42%*	3-year: 71%*

1. Mateos mv, lancet oncol 2010

2. Palumbo a, J Clin Onco 2010

3. Sonneveld p, ASH 2010

# Induction Therapy Myeloma

# Doublet? Triplet? Quadruplet?

- In myeloma progression is usually biochemical not clinical
- Does patient survival or QOL change whether therapy is initiated when M protein is 1.3 rather than 0.8 ?
- If survival is not the end point improved QOL is of interest to our patient population.

# Which is the Better Strategy? Comparing doublet & Triplet combinations

**Doublet Induction**



**Relapse regimens  
Including the missing  
third agent**

**versus**

**Triplet Induction**



**Relapse regimens  
New agents**

**But NOT relapse  
regimens minus  
The third agent**

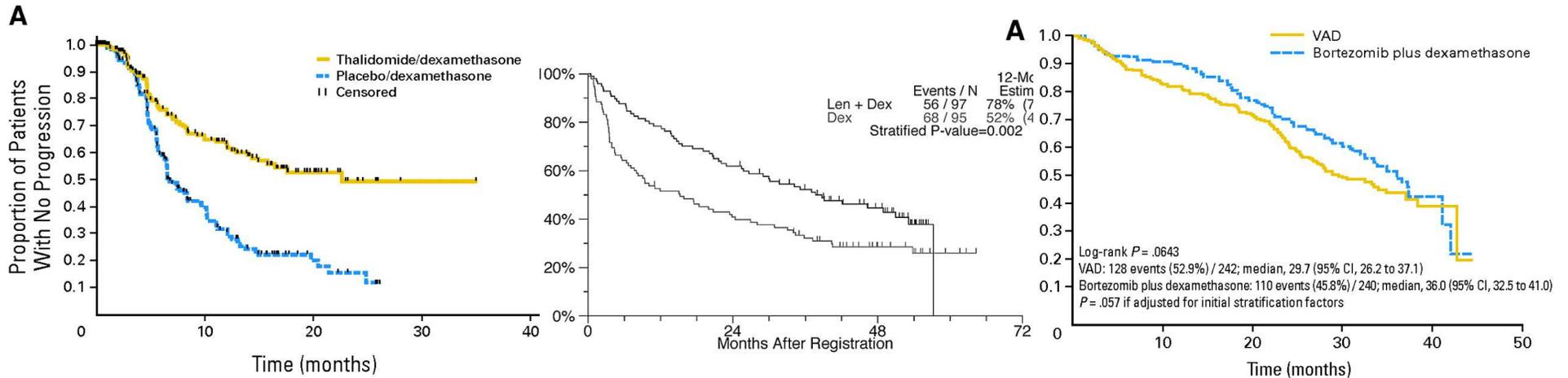
- In new diagnosis the control arm must have access to investigational agent at prog.
- In Vista of 338 randomized to MP; 130 received subsequent bortezomib **remainder did not(62%)** (JCO 28:2259-66)

# Doublet-Regimens

Thal-Dex (TD)

Len-Dex (RD)

Bortez-Dex (VD)



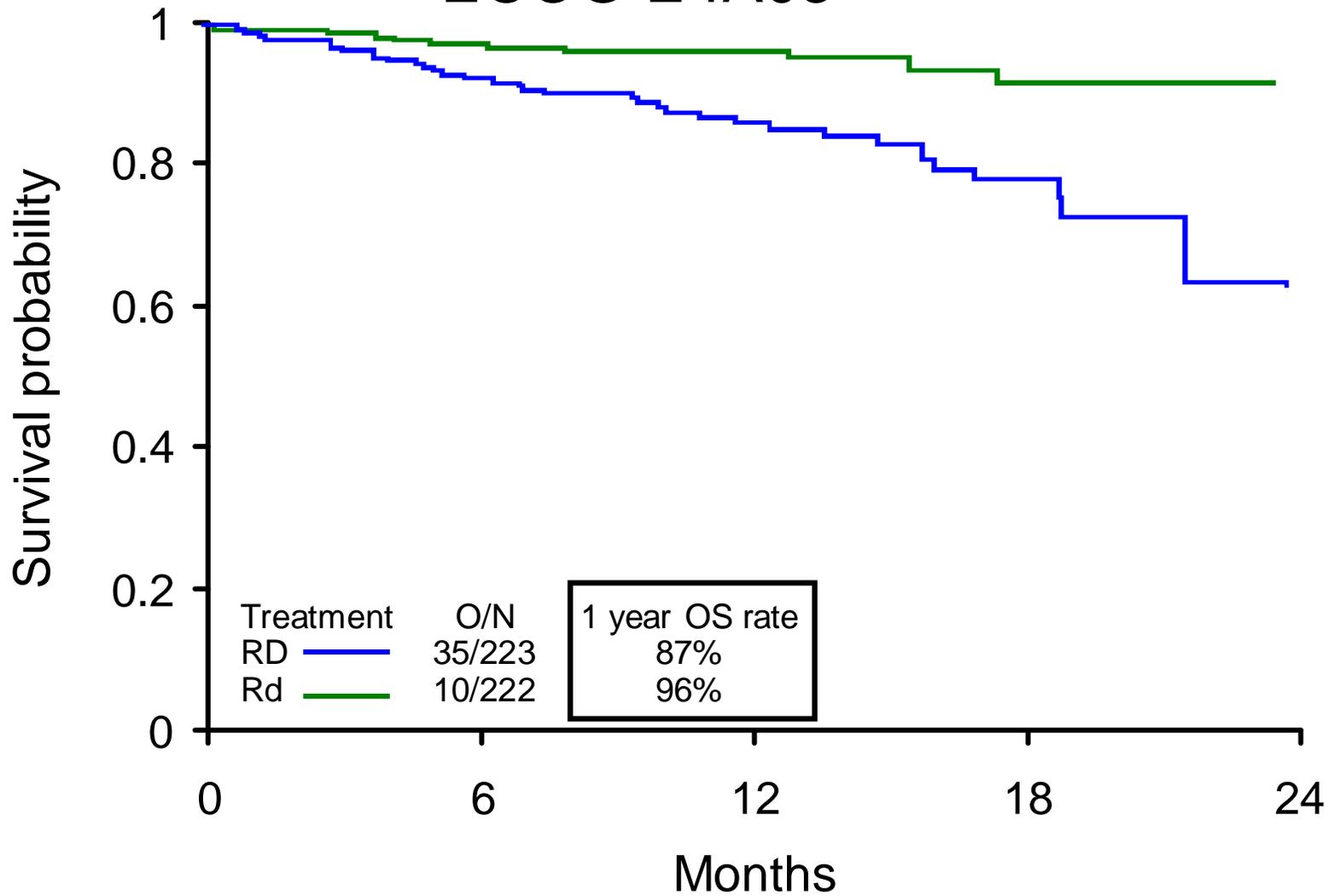
**PFS better than Dex/VAD**

Rajkumar, S. V. et al. J Clin Oncol 2008; 26:2171-2177

Zonder J A et al. Blood 2010;116:5838-5841

Harousseau J et al. JCO 2010;28:4621-4629

# ECOG E4A03



Number at risk

RD	223	179	103	37	0
Rd	221	192	103	37	0

# Can 3 or more drug regimens provide additional benefit?

## Doublets

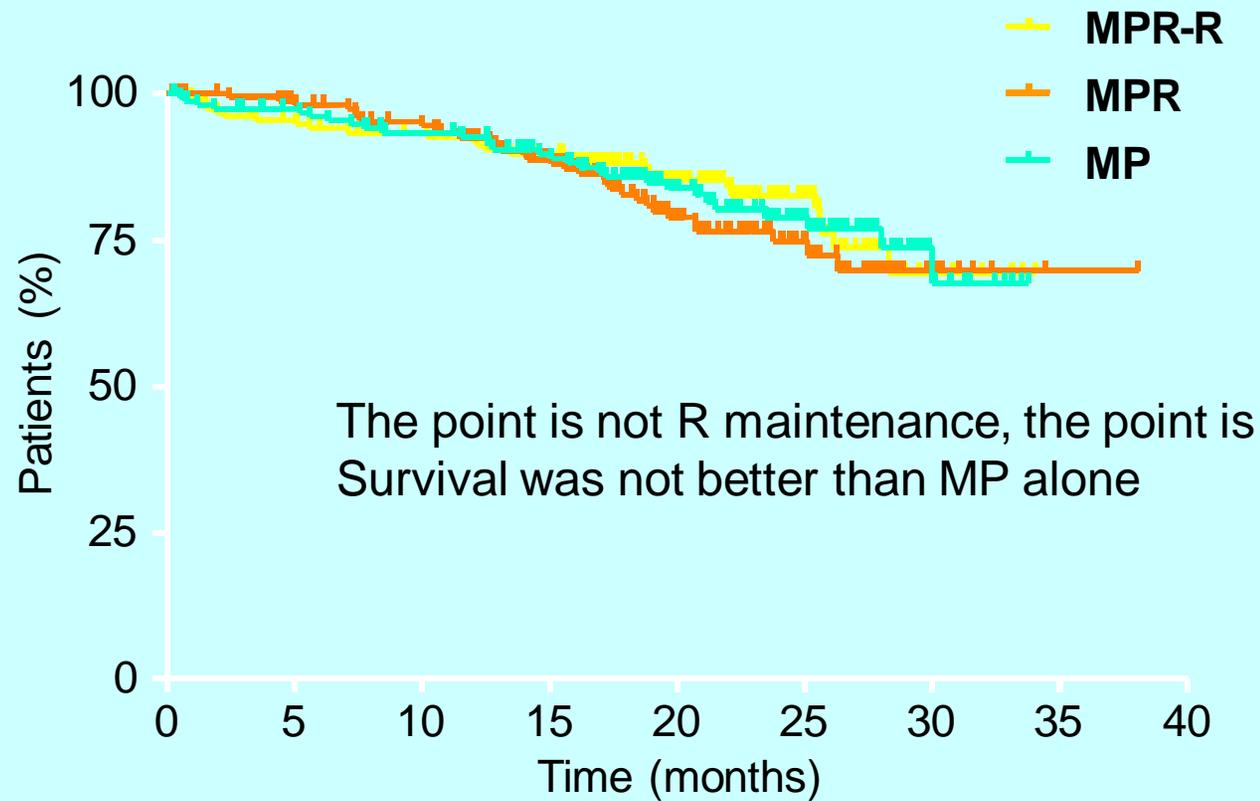
- TD
- RD
- VD

## Triplets

- VTD
- VRD
- VCD

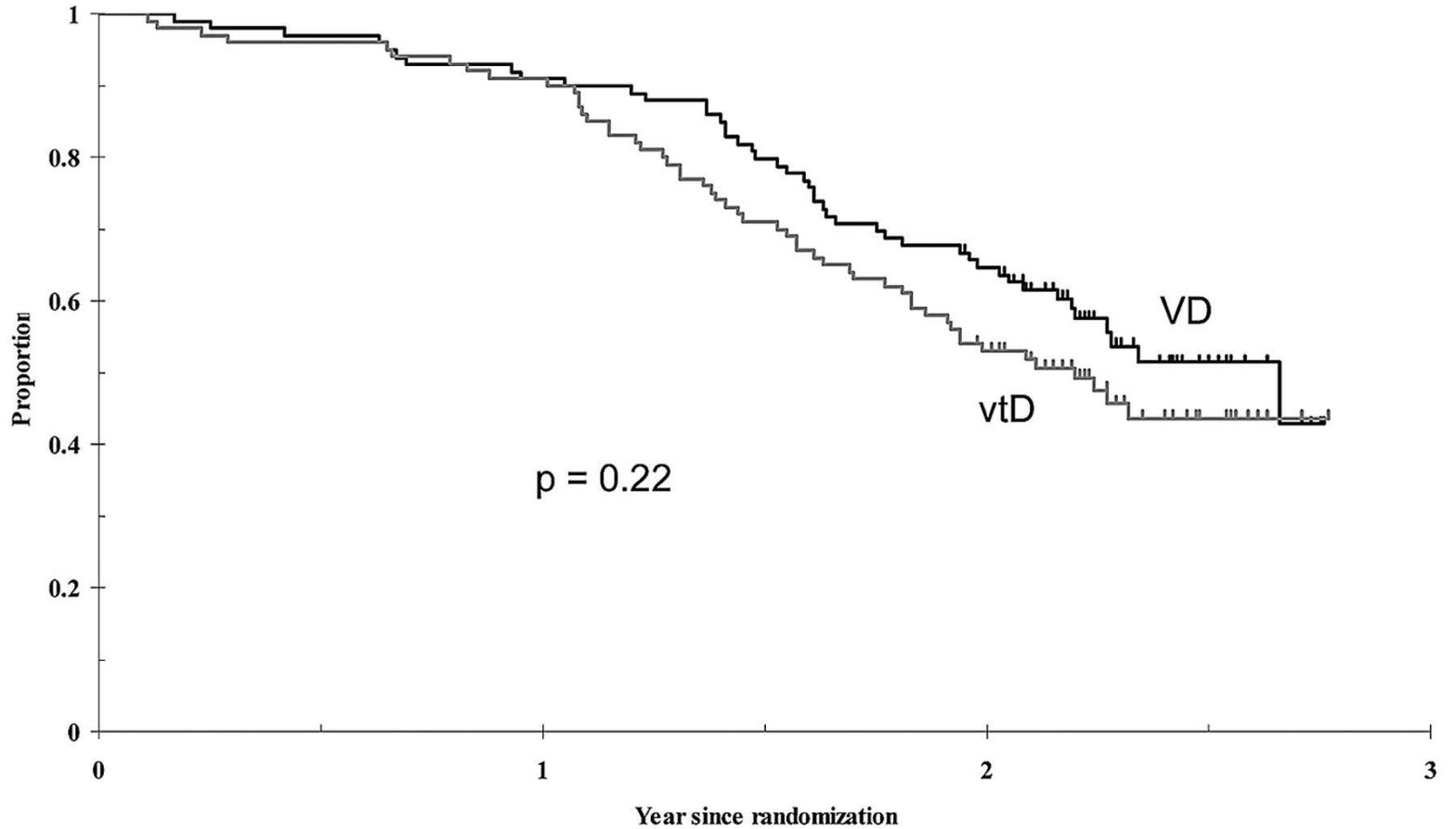
# MP-plus Regimens: MPR

## Overall Survival



•

# VTD versus VD Progression-free survival.

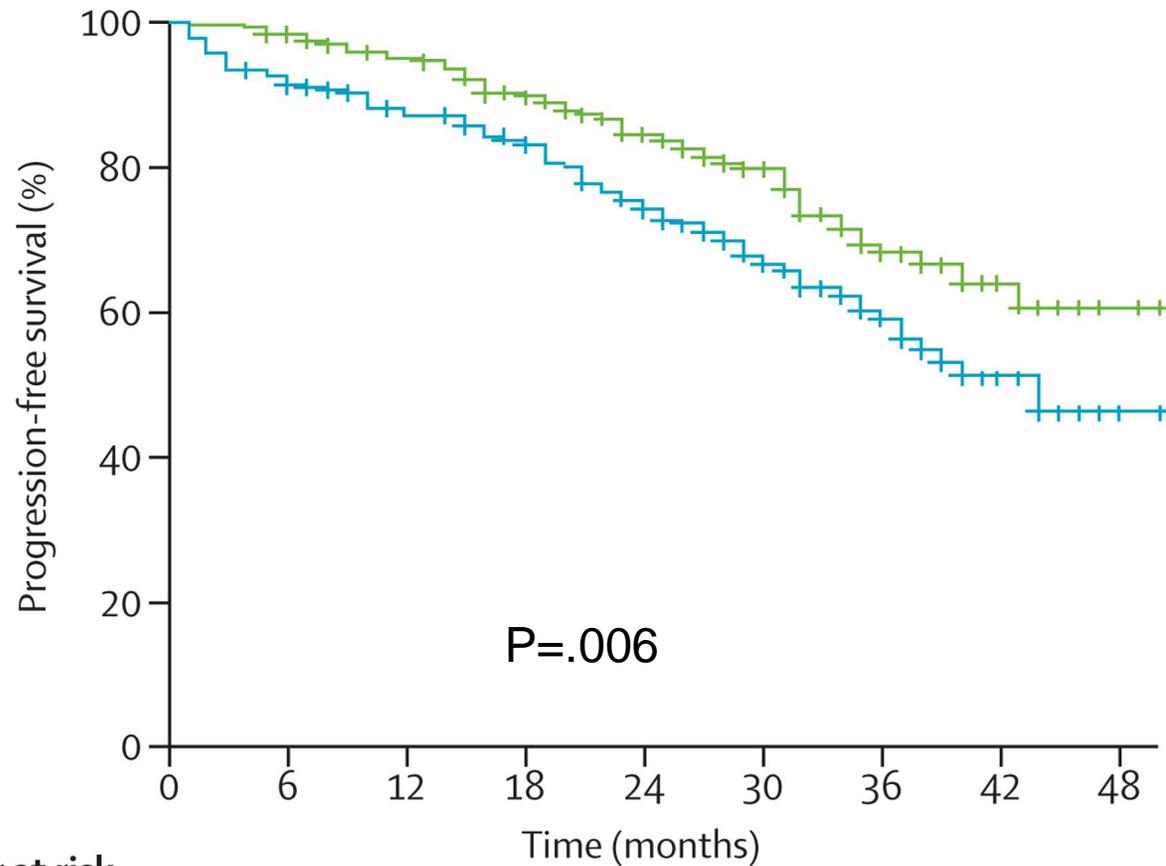


# at	99	96	90	79	63	15	VD
Risk	100	96	91	71	52	10	vtD

Moreau P et al. Blood 2011;118:5752-5758

# VTD vs TD

## Progression free survival

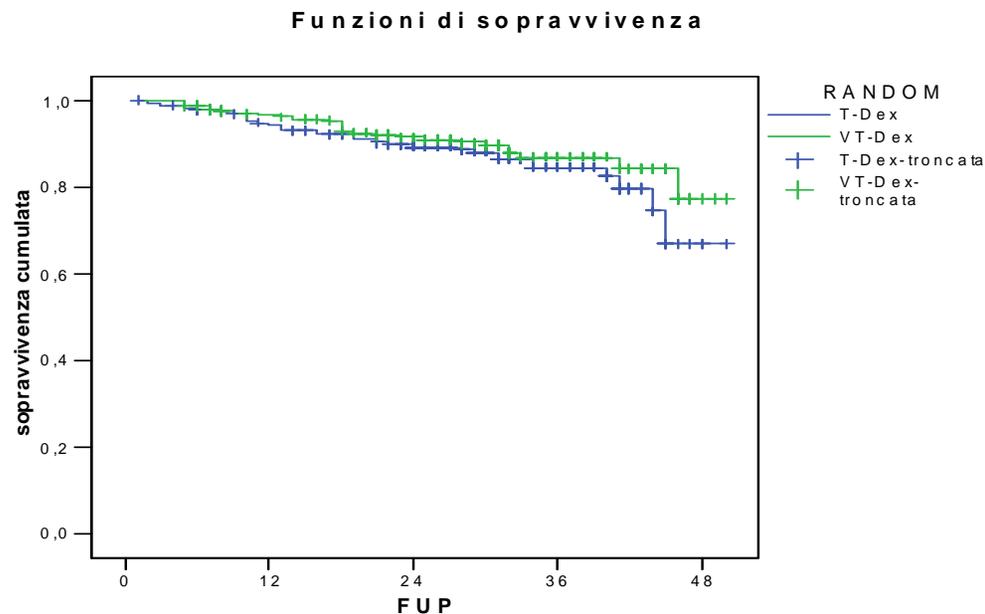


### Number at risk

	0	6	12	18	24	30	36	42	48
VTD	236	230	212	195	159	111	55	21	2
TD	238	218	200	185	158	99	51	13	2

Cavo et al. Lancet [376, Issue 9758](#), Pg 2075–85

- The estimated 3-year rate of overall survival was 86% in the VTD group and 84% in the TD group (p=0.30).



Cavo et al. Lancet [376, Issue 9758](#), Pg 2075–85

# Options in Transplant Ineligible Patients

## Non-melphalan based

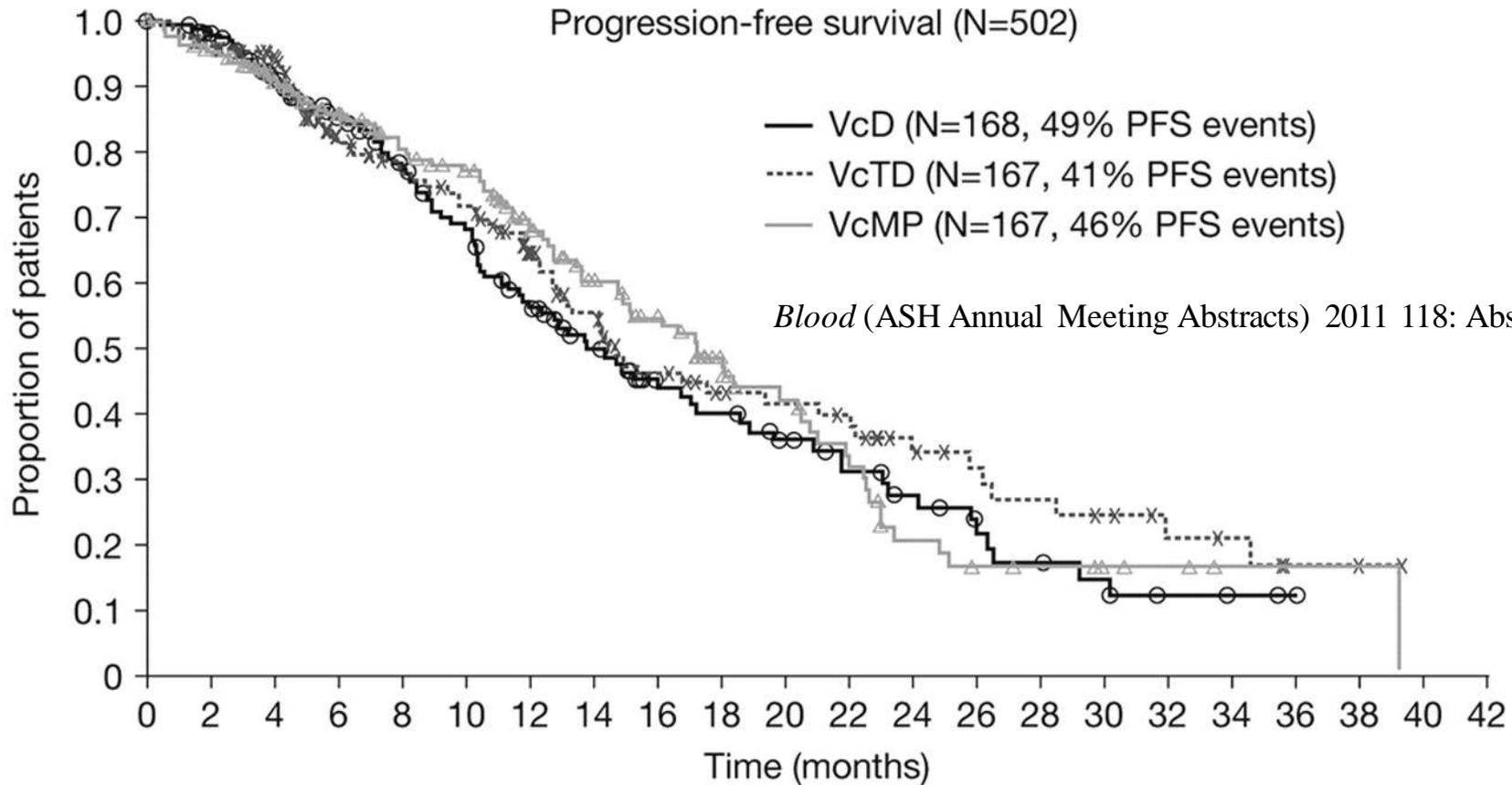
- Rd
- VCd
- VRd

## Melphalan based

- MPT
- VMP

Study	Regimen	TTP PFS/EFS	Overall Survival (months)	3 year OS (%)
Facon (Lancet 2007)	MPT	28	52	~65%
San Miguel (JCO 2010)	VMP	24	NR*	69%
Rajkumar (Lancet Oncol 2010)	Rd	25	NR*	75% (Rd age ≥65)

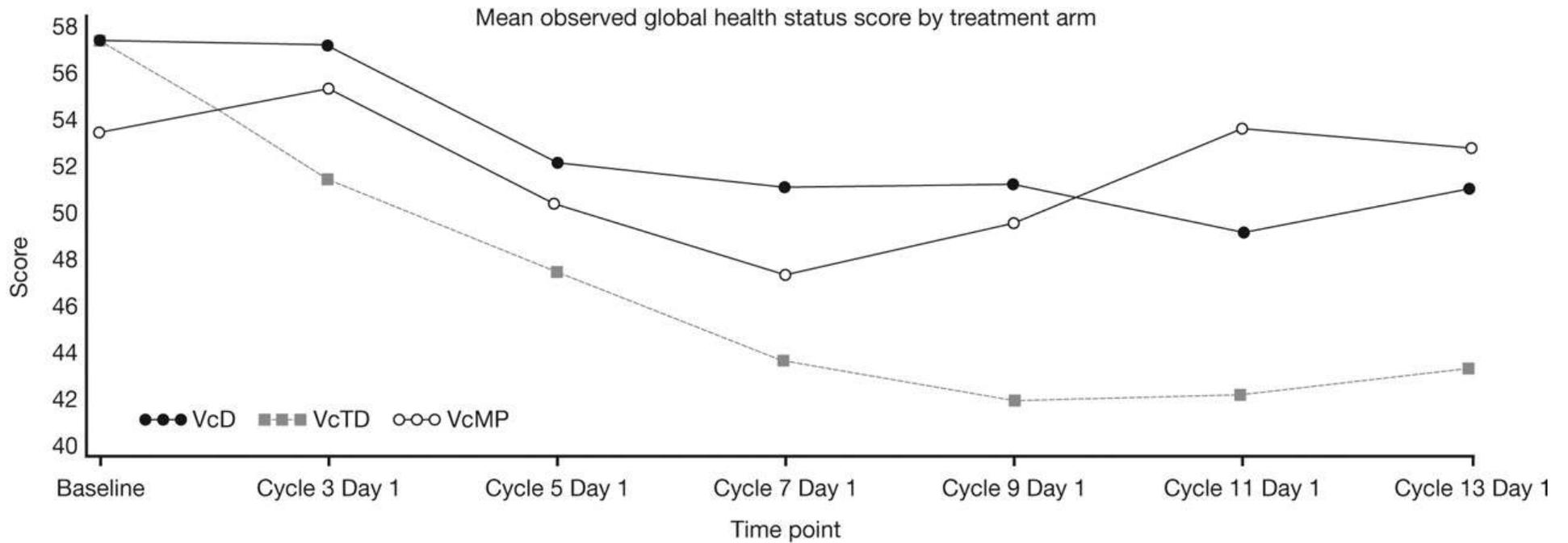
# UPFRONT



Patients remaining, n

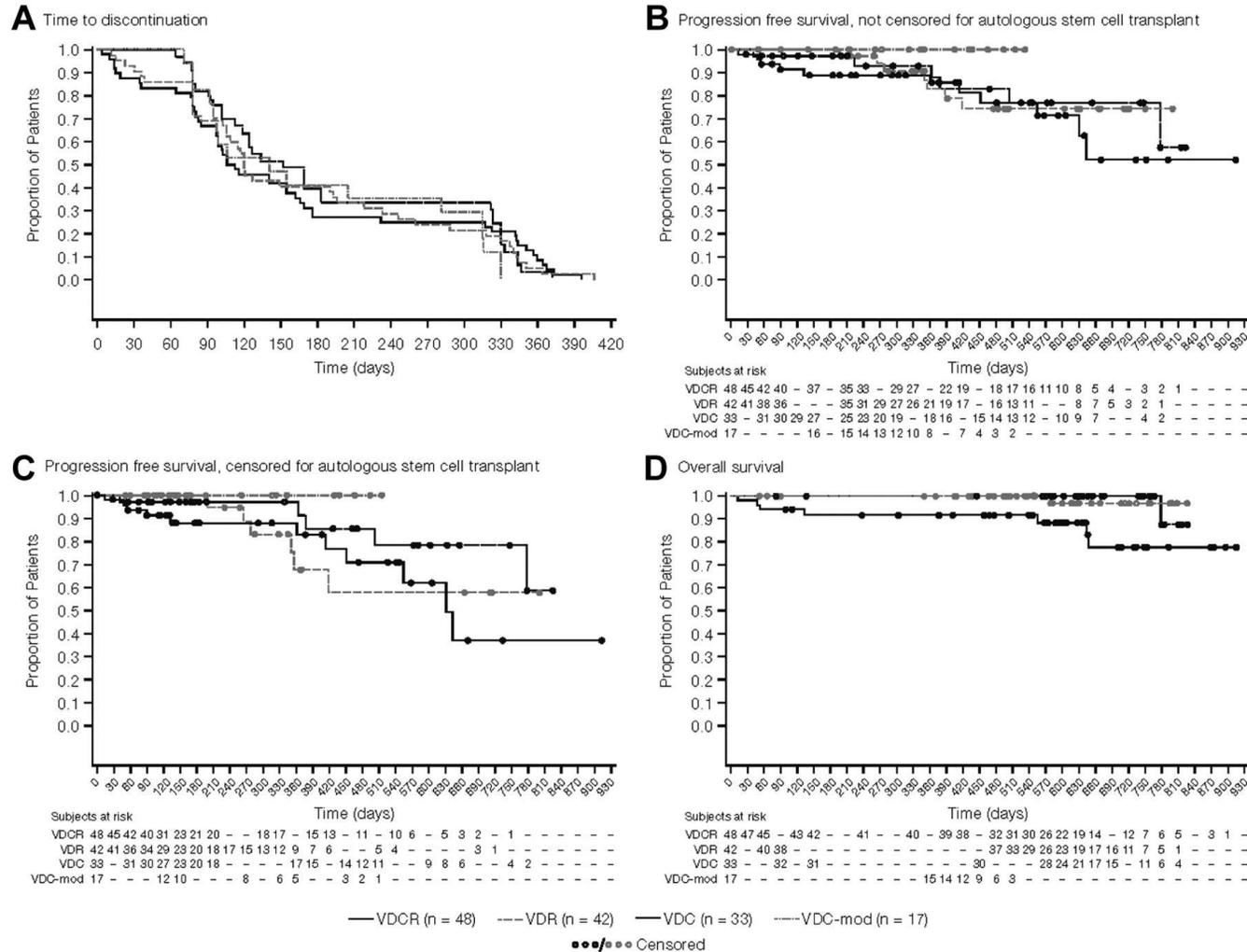
VcD:	168	147	125	102	87	75	59	46	34	30	24	20	15	11	8	6	3	2	1	
VcTD:	167	137	123	90	79	73	55	43	33	27	25	23	16	13	11	9	6	5	2	1
VcMP:	167	147	128	109	94	86	70	55	46	32	26	18	10	7	6	4	3	1		

# UPFRONT



*Blood* (ASH Annual Meeting Abstracts) 2011 118: Abstract 1864

## EVOLUTION



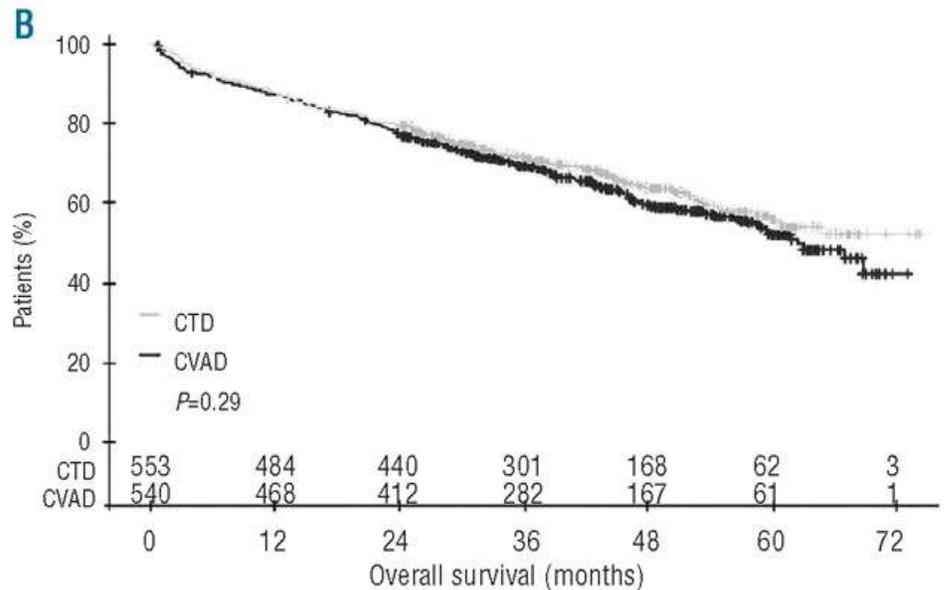
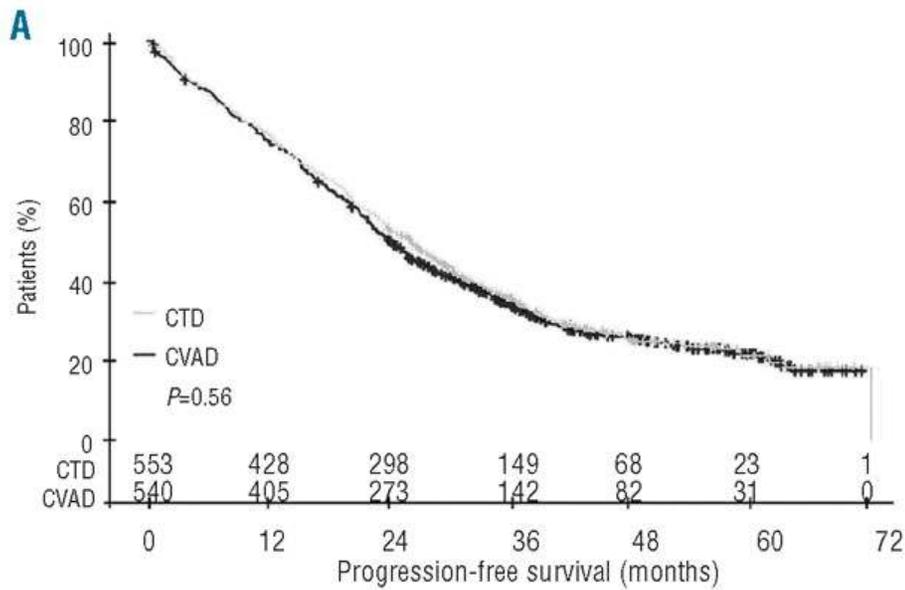
Kumar S et al. Blood 2012;119:4375-4382

### Four vs triplet

No substantial advantage was noted with VDCR over the 3-drug combinations.

**Impact of induction therapy on survival: (A) progression-free survival and (B) overall survival (P values from unadjusted log rank tests; per-protocol population). MRC IX**

**Effective salvage negates PFS & OS benefit even if that not used up front**



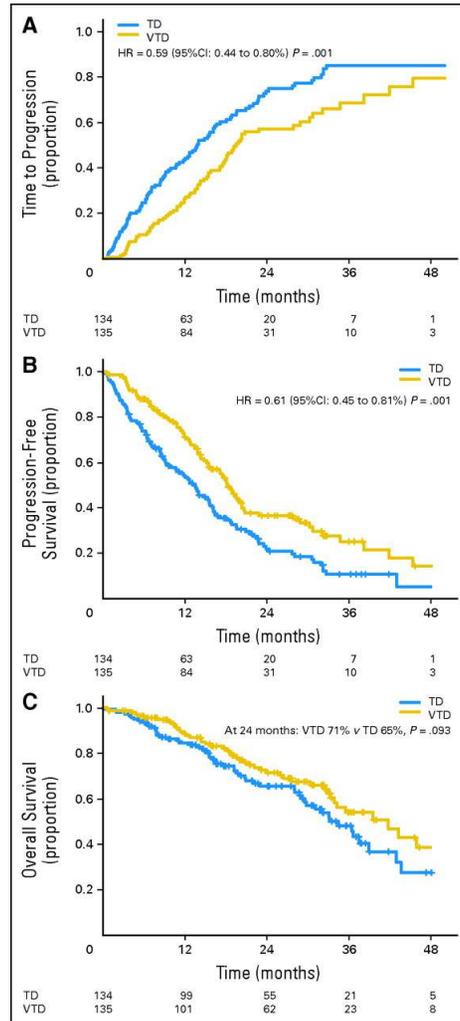
Note numbers in each arm  
 OS not better in subsets <CR;  
 Or based on High risk standard risk  
 FISH

Morgan G J et al. Haematologica 2012;97:442-450

**Comparison of the triple (bortezomib-thalidomide-dexamethasone) and dual (thalidomide-dexamethasone) treatment groups.**

Even comparing doublet & Triplet in the relapsed setting Superior PFS does not translate To superior OS. Moreover gr 3 neurotoxicity in triplet was 29 vs 12%  $p < .001$

Not living longer & with Triplet not living better



Garderet L et al. JCO 2012;30:2475-2482

# New Drugs

# Pomalidomide in R/R Multiple Myeloma

Study	Phase	N	Treatment	Population	Median Prior Therapies (Range)	ORR (≥ PR)
Schey <sup>1</sup>	1	24	<b>Pom:</b> 1, 2, 5, 10 mg (28/28-day cycle)	≥ 1 prior therapy	3 (1-6)	54%
Richards on <sup>2</sup>	1	38	<b>Pom:</b> 2, 3, 4, 5 mg (21/28-day cycle) <b>Dex:</b> 40 mg/week <sup>a</sup>	≥ 2 prior therapies including Len and Bort	6 (2-17)	25%
Richards on <sup>2</sup>	2	22	<b>Pom:</b> 4 mg (21/28-day cycle) ± <b>Dex:</b> 40 mg/week	≥ 2 prior therapies including Len and Bort	5 (2-13)	25%
Leleu <sup>3</sup>	2	84	<b>Pom:</b> 4 mg (21/28-day cycle vs 28/28-day cycle) <b>Dex:</b> 40 mg/week	≥ 2 prior therapies including Len and Bort	4 (1-8)	40%

1. Schey SA, et al. *J Clin Oncol.* 2004;22:3269-3276.

2. Richardson P, et al. *Blood.* 2010;116:377-378.[abstract 864].

3. Leleu X, et al. *Blood.* 2010;116:375.[abstract 859].

# Pomalidomide in R/R Multiple Myeloma

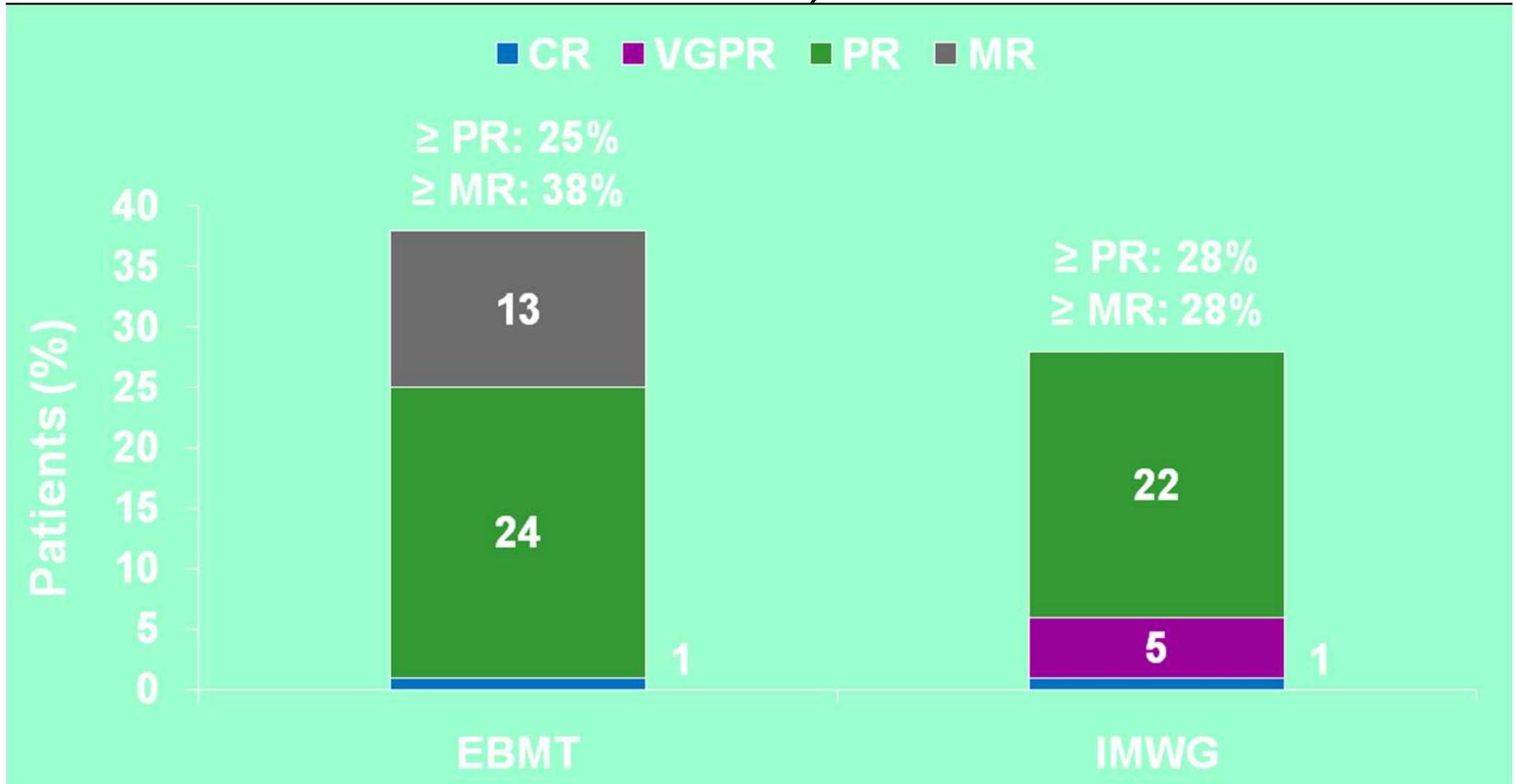
Study	Phase	N <sup>a</sup>	Treatment	Population	Median Prior Therapies (Range)	ORR (≥ PR)
Lacy <sup>1</sup>	2	60	<b>Pom:</b> 2 mg (28/28-day cycle) <b>Dex:</b> 40 mg/week	1-3 prior therapies	2 (1-3)	63%
Lacy <sup>2</sup>	2	34	<b>Pom:</b> 2 mg (28/28-day cycle) <b>Dex:</b> 40 mg/week	Len-refractory	4 (1-7+)	32%
Lacy <sup>3</sup>	2	35	<b>Pom:</b> 2 mg (28/28-day cycle) <b>Dex:</b> 40 mg/week	Len- and Bort-relapsed/refractory	6 (3-9)	26%
Lacy <sup>4</sup>	2	70	<b>Pom:</b> 2 mg vs 4 mg (28/28-day cycle) <b>Dex:</b> 40 mg/week	Len- and Bort-relapsed/refractory	6 (2-8+)	26%

<sup>a</sup> Four separate populations of a single phase 2 trial.  
Bort, bortezomib; Dex, dexamethasone; Len, lenalidomide; ORR, overall response rate; Pom, pomalidomide; PR, partial response.

1. Lacy MQ, et al. *J Clin Oncol.* 2009;27:5008-5014.  
2. Lacy MQ, et al. *Leukemia.* 2010;24:1934-1939.  
3. Lacy M, et al. *J Clin Oncol.* 2010;28:573s.[abstract 8002].  
4. Lacy M, et al. *Blood.* 2010;116:377.[abstract 863].

# Pom LD Dex in R/R Myeloma

*MM-002 Phase 2 Portion – Efficacy (Aggregated Data)*



# Pomalidomide Future Directions

Combinations	Population	N	ORR
Pomalidomide, cyclophosphamide, pred	R / R		65%
Pomalidomide, clarithromycin, dex	R / R, $\geq 3$ tx		60%
Pomalidomide, bortezomib, dex	Trials underway		

Pred, prednisone; dex, dexamethasone, ORR, overall response rate; R / R, relapsed / refractory; tx, therapy.

Phase III (Europe): Pomalidomide / dex vs dex

Palumbo A, et al. *ASH Annual Meeting Abstracts*. 2011;118(21):632. Mark TM, et al. *ASH Annual Meeting Abstracts*. 2011;118(21):635. National Institutes of Health. Available at: [www.clinicaltrials.gov](http://www.clinicaltrials.gov). Accessed March 2011.

# Carfilzomib PX-171-004

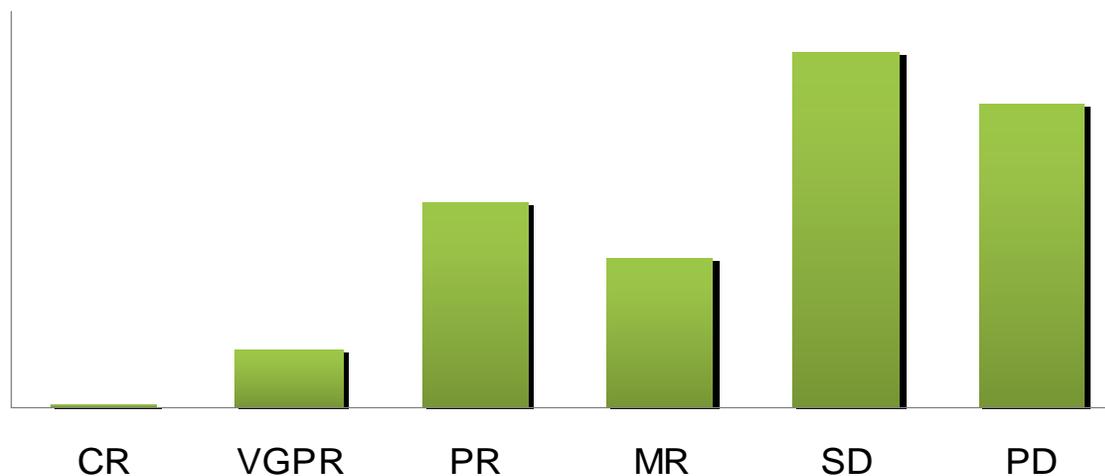
- Bortezomib naïve N= 129
- Cohort 1 20 mg/M2 N=59
- Cohort 2 20 mg/M2 cycle1 then 27 mg/M2
- PR + MR cohort 1 59.3% Cohort 2 64.2%
- Median DOR 13.1 mo; Median TTP 7.6
- Fatigue 62%; Nausea 49 %
- PN 17.1% grade 3 1 patient grade 4 none

# Carfilzomib Monotherapy in Heavily Pre-Treated MM

DCR = 69%

CBR = 37%

ORR = 24%



**Median OS**

**Median OS for  $\geq$  PR**

**Median PFS**

**Median PFS for  $\geq$  MR**

**Median DOR**

Median follow-up = 14.3 months

**Carfilzomib**

**N = 257**

**15.4 months**

**20.7 months**

**3.7 months**

**9.5 months**

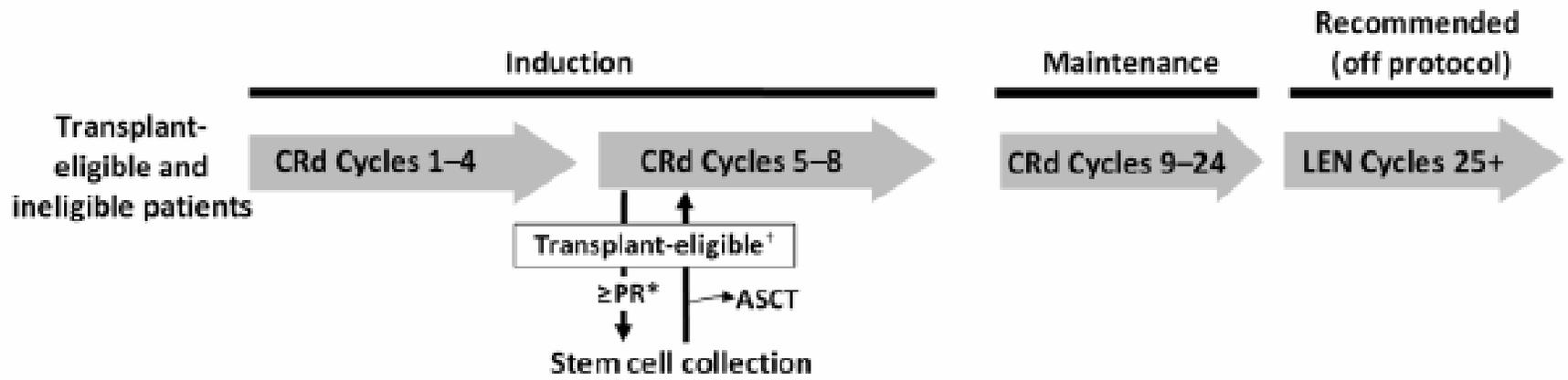
**8 months**

Unfavorable cytogenetics did not significantly impact response rates or DOR

CR, complete response; VGPR, very good partial response; PR, partial response; MR, marginal response; SD, stable disease; PD, progressive disease; DCR, disease control rate; CBR, clinical benefit rate; ORR, overall response rate; OS, overall survival.

Siegel DS, et al. *ASCO Meeting Abstracts*. 2011;29(15 suppl):8027. Jakubowiak AJ, et al. *ASH Annual Meeting Abstracts*. 2011;118(21):1875.

# CRd new diagnosis

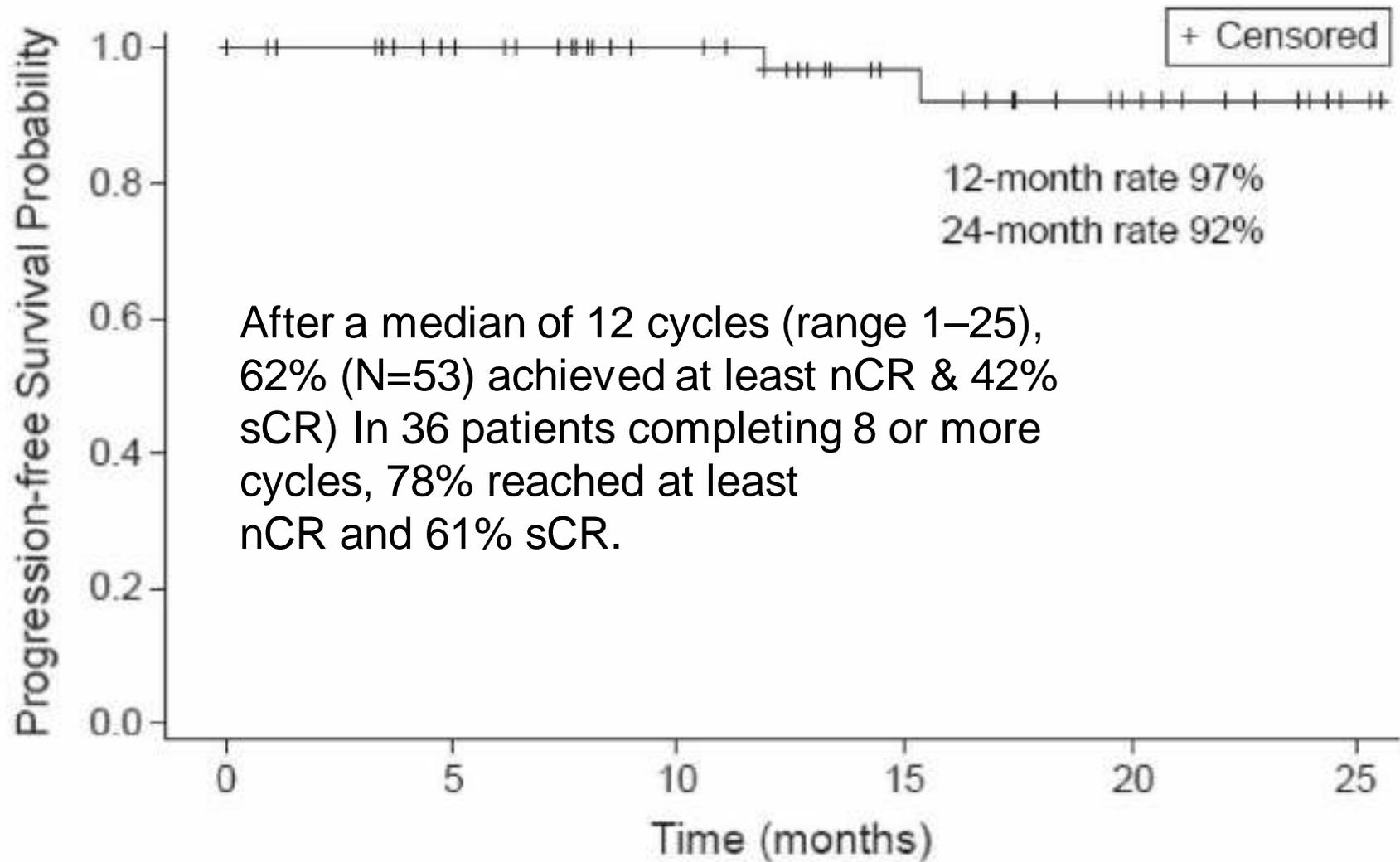


Until disease progression\* or unacceptable toxicity

	Cycles 1-4	Cycles 5-8	Cycles 9-24	Cycles 25+
<b>Carfilzomib</b>	20/27/36 mg/m <sup>2</sup>	20/27/36 mg/m <sup>2</sup>	20/27/36 mg/m <sup>2†</sup>	
Treatment days	1-2 <sup>‡</sup> , 8-9, 15-16	1-2, 8-9, 15-16	1-2, 15-16	
<b>Lenalidomide</b>	25 mg	25 mg	25 mg <sup>¶</sup>	25 mg <sup>¶</sup>
Treatment days	1-21	1-21	1-21	1-21
<b>Dexamethasone</b>	40 mg <sup>§</sup>	20 mg	20 mg <sup>¶</sup>	
Treatment days	1, 8, 15, 22	1, 8, 15, 22	1, 8, 15, 22	

[Blood](#). 2012 Jun 4. [Epub ahead of print]

Figure 4. Progression-free survival (N=53)



[Blood](#). 2012 Jun 4. [Epub ahead of print]

# Carfilzomib abstract 303 Siegel

- 20/M2 12 cycles same schedule all prior bortezomib
- Neuropathy 69%
- IMiD 77%
- $\geq$ PR 18%  $\geq$ MR 30%
- Median TTP 5.3 mos
- Patients being enrolled @27/M2

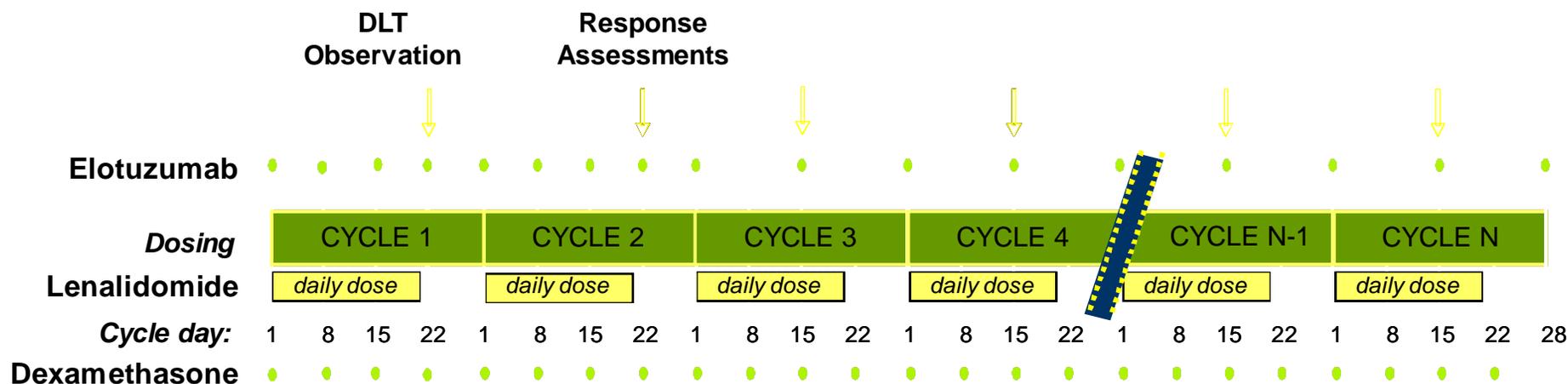
# Niesvetsky Blood 2010 abstract 304

- Rd+CFZ Ph 1
- 16 cycles Dex 1,8,15,22 cycles 1-4; d1 only cycles 5-16
- R d1-21; CFZ 1,2,8,9,15,16 cycles 1-8; 1,2,15,16 cycles 9-16
- N=32, 28 prior IMiD
- MTD R 25, CFZ 27/M2  $\geq$ VGPR 38%,  $\geq$ PR 59%  $\geq$ MR 72% Ph3 CFZ Rd vs Rd

# Elotuzumab

- Anti CS-1 humanized monoclonal expressed on PC's NK's & CD8 T cells
- Phase 1 study IV q 2 weeks
- MTD was not reach @ 20 mg/kg (1.6 g for an 80kg male vs 750 mg rituximab and 30 mg tiw for alemtuzumab)
- N=34 ORR 0

# Phase 1b/2 Study Schema



- Phase 1b 3+3 dose escalation cohorts evaluating elotuzumab 5, 10, and 20 mg/kg IV in combination with lenalidomide 25 mg PO and low-dose dexamethasone PO
  - First 5 patients limited to 6 cycles of therapy; remaining 23 treated until disease progression or unacceptable toxicity, if earlier
- Phase 2 randomizing (1:1) approximately 60 patients to either 10 or 20 mg/kg elotuzumab

DLT, dose-limiting toxicity.

Blood 2010:116a,abstract 1936

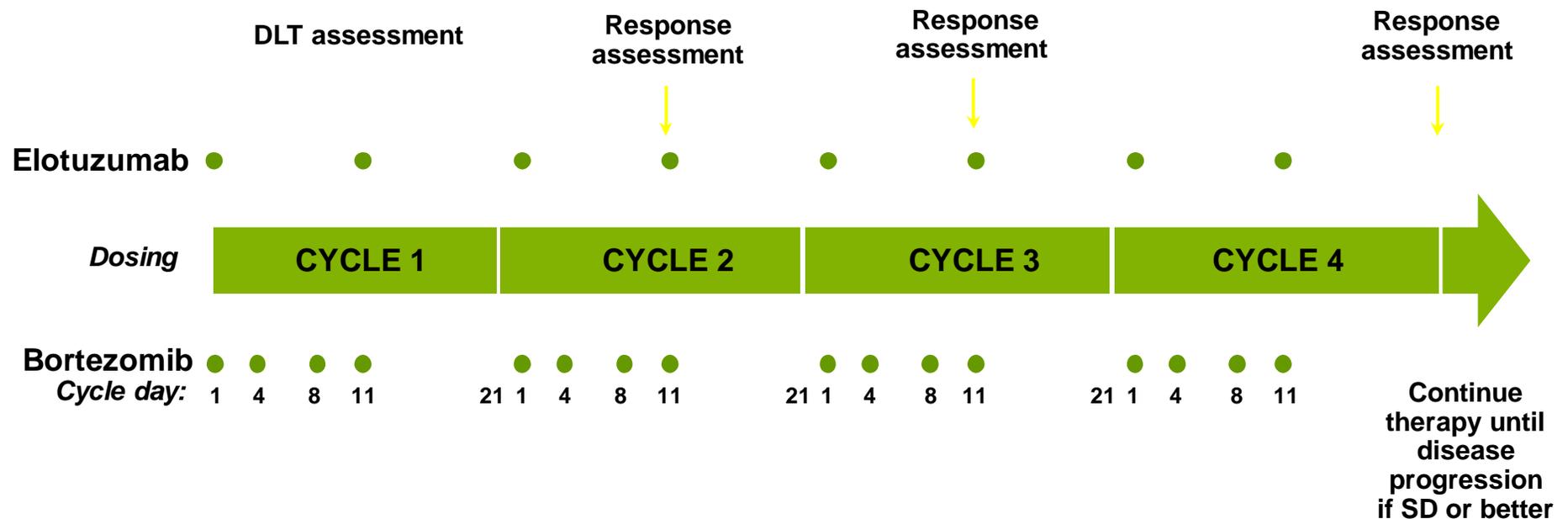
# *Best Confirmed Response (IMWG Criteria)*

	<b>Total Patients (%)</b>	<b>Lenalidomide-Naïve Patients (%)</b>
Total ITT	28	22
ORR ( $\geq$ PR)	23 (82)	21 (95)
CR	1 (4)	1 (5)
VGPR	7 (25)	6 (27)
PR	15 (54)	14 (64)
SD	4 (14)	1 (5)
PD	1 (4)	0

## *ORR by Prior Lines of Therapy*

Prior Lines of Therapy	All Patients		Lenalidomide-Naïve Patients	
	Total	RR (%)	Total	RR (%)
1	7	6 (86)	6	6 (100)
2	5	4 (80)	3	3 (100)
3	4	4 (100%)	4	4 (100)
≥4	12	9 (75)	9	8 (89)
Median: 3	28	23 (82)	22	21 (95)

# Study Schema



- 3+3 dose escalation with elotuzumab 2.5, 5, 10, and 20 mg/kg IV in combination with bortezomib 1.3 mg/m<sup>2</sup> IV
- Expansion phase with 12 additional patients at elotuzumab 20 mg/kg
- Dexamethasone 20 mg PO added at cycle 2 or 3 on days 1, 2, 4, 5, 8, 9, 11, 12 if disease progression noted

Blood 2010; 116a abstract 3023

DLT, dose-limiting toxicity.

# Efficacy

## *Best Confirmed Response*

<b>Parameter</b>	<b>Response by EBMT (%)</b>	<b>Response by Combined Uniform Criteria (%)</b>
Total patients*	27	27
( $\geq$ PR)	13 (48)	15 (56)
( $\geq$ MR)	17 (63)	19 (70)
CR	2 (7)	2 (7)
SD	7 (26)	5 (19)
PD	3 (11)	3 (11)

# Conclusion

- There is more that we do not know than we know
- For now Len maintenance is not standard of care for all myeloma patients. Longer follow up on any possible survival benefits and late toxicities (SPM) required
- This is not to say that Len maintenance is wrong, it could be completely right but longer time necessary to buy in

# Conclusion

- Triplet induction with novel agents is clearly better than doublets of standard therapy (VAD)
- Triplet induction with novel agents may not produce better OS than doublets.
- Time with neurotoxicity is a real issue as survival improves.
- New drug development is rapid & exciting

- The ability to successively salvage patients with new more active agents hold out the hope of pushing survivals to the point where myeloma becomes a truly chronic disease.