

# Multiple Myeloma

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## Faculty

### **Sagar Lonial, MD**

*Professor of Hematology and Oncology*  
*Director, Translational Research B-Cell Malignancy Program*  
The Winship Cancer Institute  
Emory University  
Atlanta, Georgia

### **Robert Z. Orlowski, MD, PhD**

*Director, Myeloma Section*  
*Professor, Department of Lymphoma/Myeloma and of*  
*Experimental Therapeutics*  
Division of Cancer Medicine  
The University of Texas M. D. Anderson Cancer Center  
Houston, Texas

## Disclosures

**Sagar Lonial, MD**, has disclosed that he has received consulting fees from Bristol-Myers Squibb, Celgene, Merck, Millennium, Novartis, and Onyx.

**Robert Z. Orlowski, MD, PhD**, has disclosed that he has received consulting fees from Bristol-Myers Squibb, Cephalon, Novartis, and Onyx and research support from Celgene, Johnson & Johnson, and Millennium.

# Overview

- Carfilzomib combinations in newly diagnosed MM
  - Carfilzomib + melphalan/prednisone in elderly
  - CYCLONE: cyclophosphamide/carfilzomib/thalidomide/dexamethasone
  - Carfilzomib/lenalidomide/dexamethasone
- PANORAMA-2: HDAC inhibitor, panobinostat, to recover response in bortezomib-refractory MM
- Bisphosphonates: long-term efficacy and adverse effects
- Pomalidomide in relapsed/refractory MM
  - Pomalidomide with and without low-dose dexamethasone in lenalidomide- and/or bortezomib-refractory MM
  - Pomalidomide with clarithromycin/dexamethasone in relapsed/refractory MM

## Overview

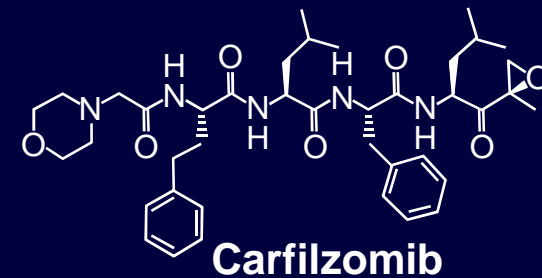
- Ixazomib (MLN9708)
  - Phase I study of twice-weekly ixazomib
  - Combination ixazomib with lenalidomide/dexamethasone
- New monoclonal antibody-mediated therapies
  - Siltuximab (anti-IL-6) plus bortezomib vs bortezomib alone in relapsed/refractory MM
  - Elotuzumab (anti-CD52) plus lenalidomide and low-dose dexamethasone in relapsed/refractory MM
  - Daratumumab (anti-CD38), phase I/II study
- MM disease registry: tracking the incidence of second primary malignancies

## Overview

- Follow-up of long-term lenalidomide/dexamethasone in newly diagnosed MM
- Stem cell transplantation
  - Feasibility of risk stratification to determine single vs tandem stem cell transplantation
  - Early stem cell transplantation, followed by lenalidomide/bortezomib/dexamethasone maintenance in high-risk MM

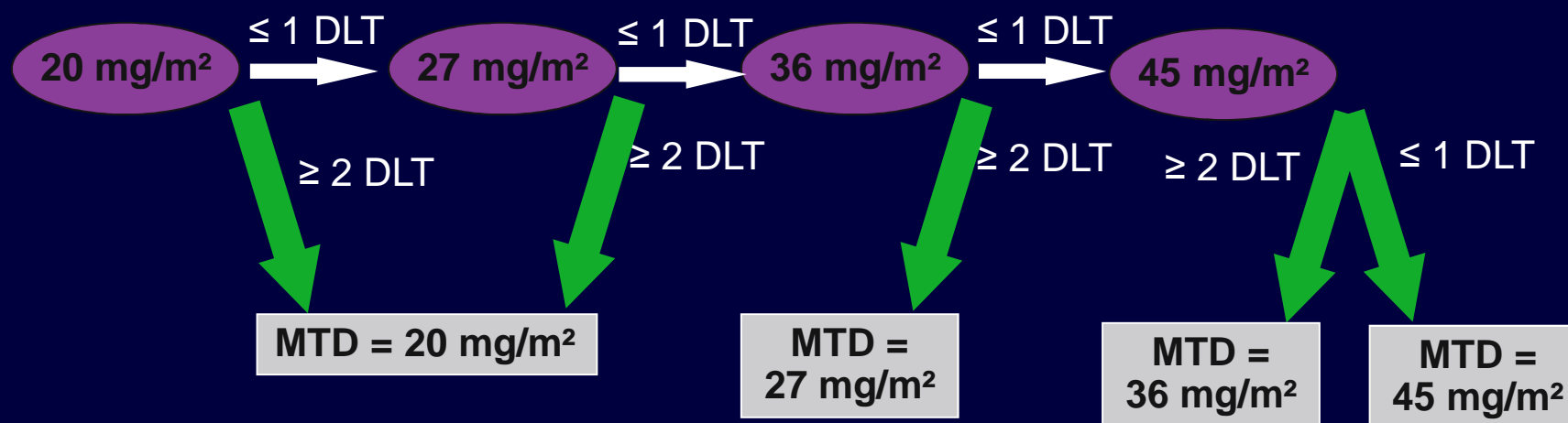
# Carfilzomib

- Tetrapeptide epoxyketone
- Novel proteasome inhibitor
  - Binds the  $\beta 5$  and  $\beta 5_i$  subunits irreversibly
- Active against bortezomib-resistant MM cell lines and samples from pts with bortezomib resistance<sup>[1]</sup>
- Well tolerated in phase I investigation<sup>[2]</sup>
- Active alone and in a number of combinations<sup>[3]</sup> in relapsed/refractory MM





## Phase I/II Study: CMP in Elderly Patients With de Novo Symptomatic MM



- CMP for 9 cycles of 6 wks each (N = 43)
  - Carfilzomib 20 mg/m<sup>2</sup> IV on Days 1, 2 of cycle 1, all patients, all arms; then 20, 27, 36, or 45 mg/m<sup>2</sup> on Days 8, 9, 22, 23, 29, 30; then in cycles 2-9 on Days 1, 2, 8, 9, 22, 23, 29, and 30
  - Melphalan 9 mg/m<sup>2</sup>/day PO on Days 1-4
  - Prednisone 60 mg/m<sup>2</sup>/day PO on Days 1-4

## CMP in Elderly Patients With de Novo Symptomatic MM: Outcomes

- MTD of carfilzomib in combination with MP defined at 36 mg/m<sup>2</sup>

Response, n (%)	Evaluable Patients (n = 35)
ORR (CR + VGPR + PR)	31 (89)
▪ CR	1 (3)
▪ VGPR	14 (40)
▪ PR	16 (46)
MR	1 (3)
SD	2 (6)
PD	1 (3)

- Median follow-up of 12 mos: OS 93.9%, EFS 80.7%
- Tolerable toxicity profile: limited neurotoxicity (single grade 1 event), DVT 6%, infection 15%

## Conclusions: CMP vs Other Options

- Authors assert that 89% ORR is very promising compared with MPT (76%), MPR (81%), and Rd (76%)
- Comparisons premature at this stage
  - Small cohort with no randomization/stratification
    - 8 patients with  $\leq 3$  cycles excluded from ORR
  - No information about median age, ISS stage, cytogenetic profiles, and genetic expression profiling risk
  - Different study designs, with other trials (MPT, MPR, VMP) incorporating a maintenance phase

## Phase I/II CYCLONE Trial: Overview

Agent	Dose Level	Days
Carfilzomib	Phase I: 15 mg/m <sup>2</sup> first cycle, 20 mg/m <sup>2</sup> subsequent cycles Phase II: 20 mg/m <sup>2</sup> first cycle, 27 mg/m <sup>2</sup> subsequent cycles	1, 2, 8, 9, 15, 16 (of every 28-day cycle)
Thalidomide	100 mg	1-28
Cyclophosphamide	300 mg/m <sup>2</sup>	1, 8, 15
Dexamethasone	40 mg	1, 8, 15, 22

- Transplantation-eligible patients (N = 27) with newly diagnosed MM
- Rationale
  - Build on international standard of CTD
  - Add new proteasome inhibitor with less neuropathy in frontline treatment
  - Save lenalidomide and bortezomib for relapse

Mikhael J, et al. ASCO 2012. Abstract 8010.

# CYCLONE: Outcomes with Carfilzomib + CTD in Newly Diagnosed MM

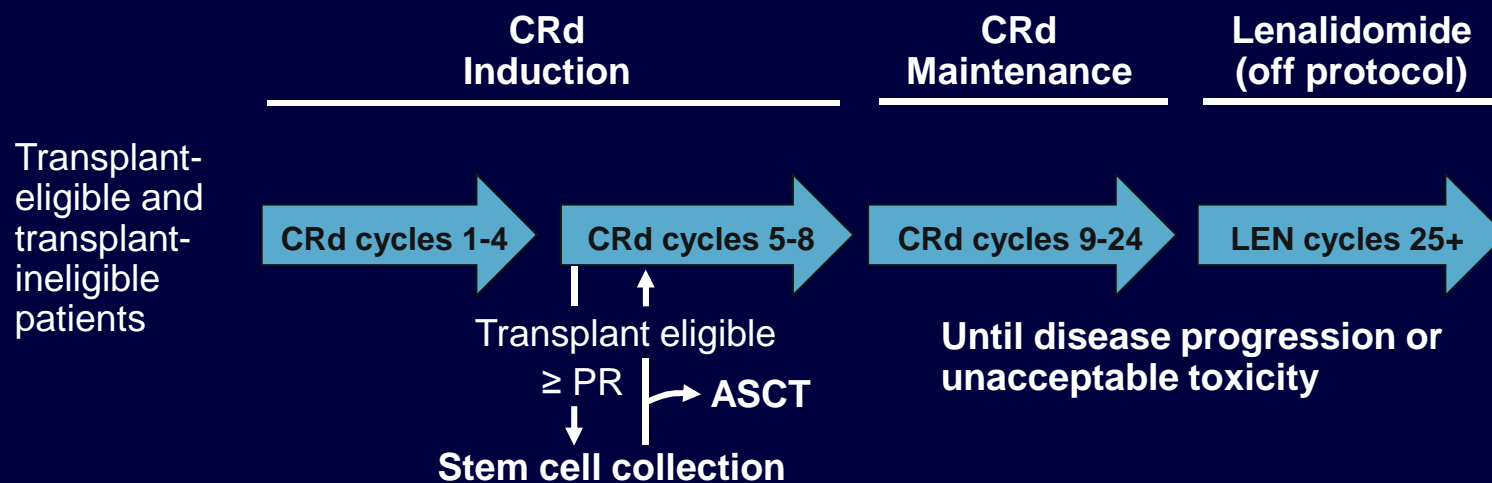
Response, n (%)	Evaluable Patients in Phase II Portion (n = 24)
ORR (CR + VGPR + PR)	23 (96)
▪ CR	7 (29)
▪ VGPR	11 (46)
▪ PR	5 (21)
MR	1 (4)

- No dose-limiting toxicities found in phase I portion; MTD not reached
- Most frequent low-grade AEs: fatigue, constipation, lethargy
  - Most frequent low-grade hematologic event: grade 1 thrombocytopenia
- Grade 4 AEs: neutropenia 17%, lymphopenia 4%, thrombosis 8%

## CYCLONE: Conclusions

- Carfilzomib + CTD effective as induction therapy in transplantation-eligible patients with newly diagnosed MM
  - After 4 cycles: ORR of 96%, VGPR of 75%
- Manageable toxicity profile
- All attempted stem cell collections were successful
- Future study goals: extend phase II portion with increasing carfilzomib dose levels to target dose of 45 mg/m<sup>2</sup>

# Phase I/II Investigation of CRd in Newly Diagnosed MM



- Assessments on Days 1, 15 and cycle 1 and Days 1 thereafter using modified IMWG criteria with nCR

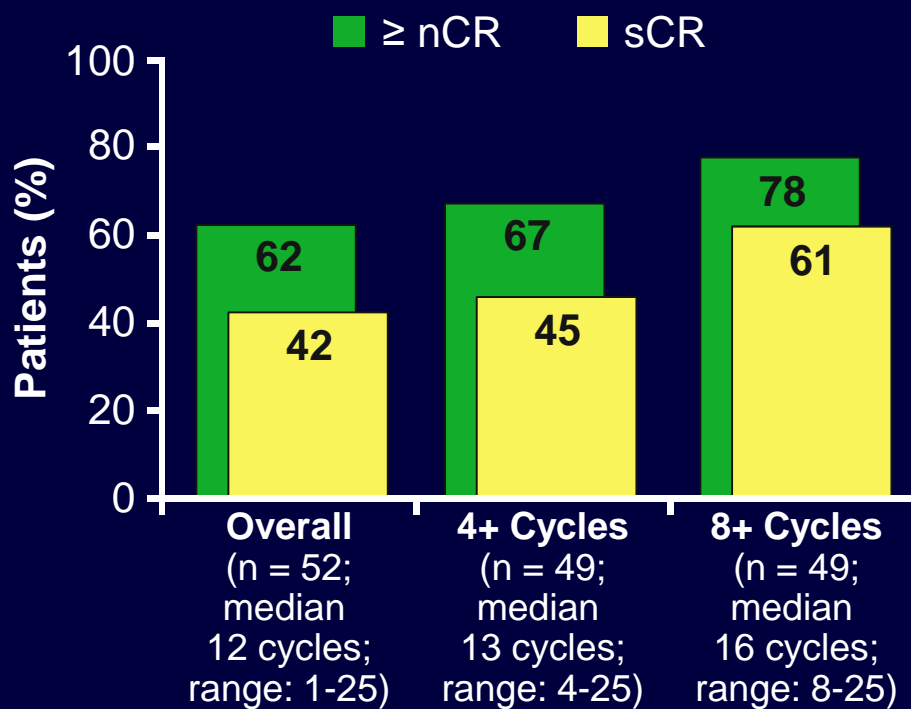
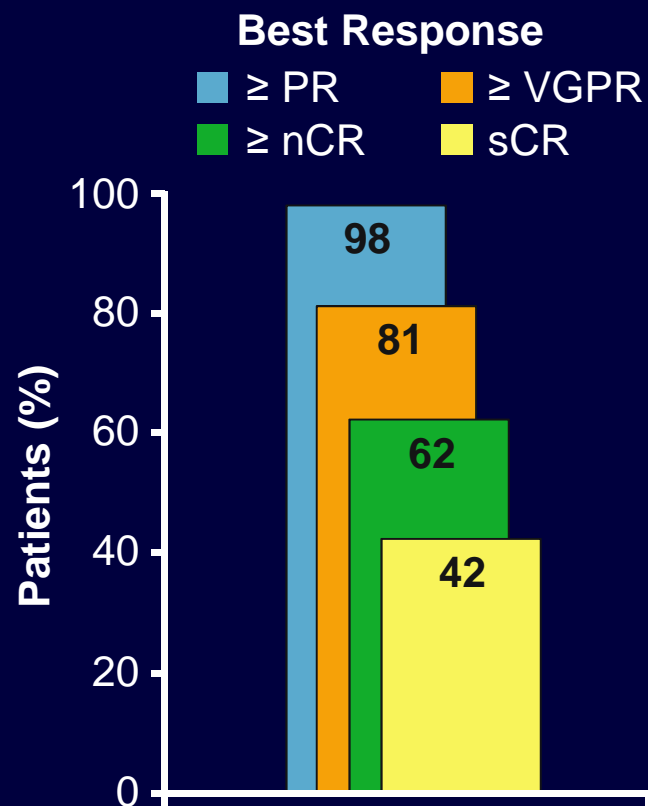
## Cycles 1-8

- Carfilzomib 20, 27, or 36 mg/m<sup>2</sup> on Days 1, 2, 8, 9, 15, 16
- Lenalidomide 25 mg/day on Days 1-21
- Dexamethasone 40 mg/day on Days 1, 8, 15, 22 (20 mg/day after cycle 4)

## Cycles 9-24

- Carfilzomib at last best tolerated dose on Days 1, 2, 15, 16
- Lenalidomide at last best tolerated dose on Days 1-21
- Dexamethasone at last best tolerated dose on Days 1, 8, 15, 22

# CRd in Newly Diagnosed MM: Efficacy and Durability



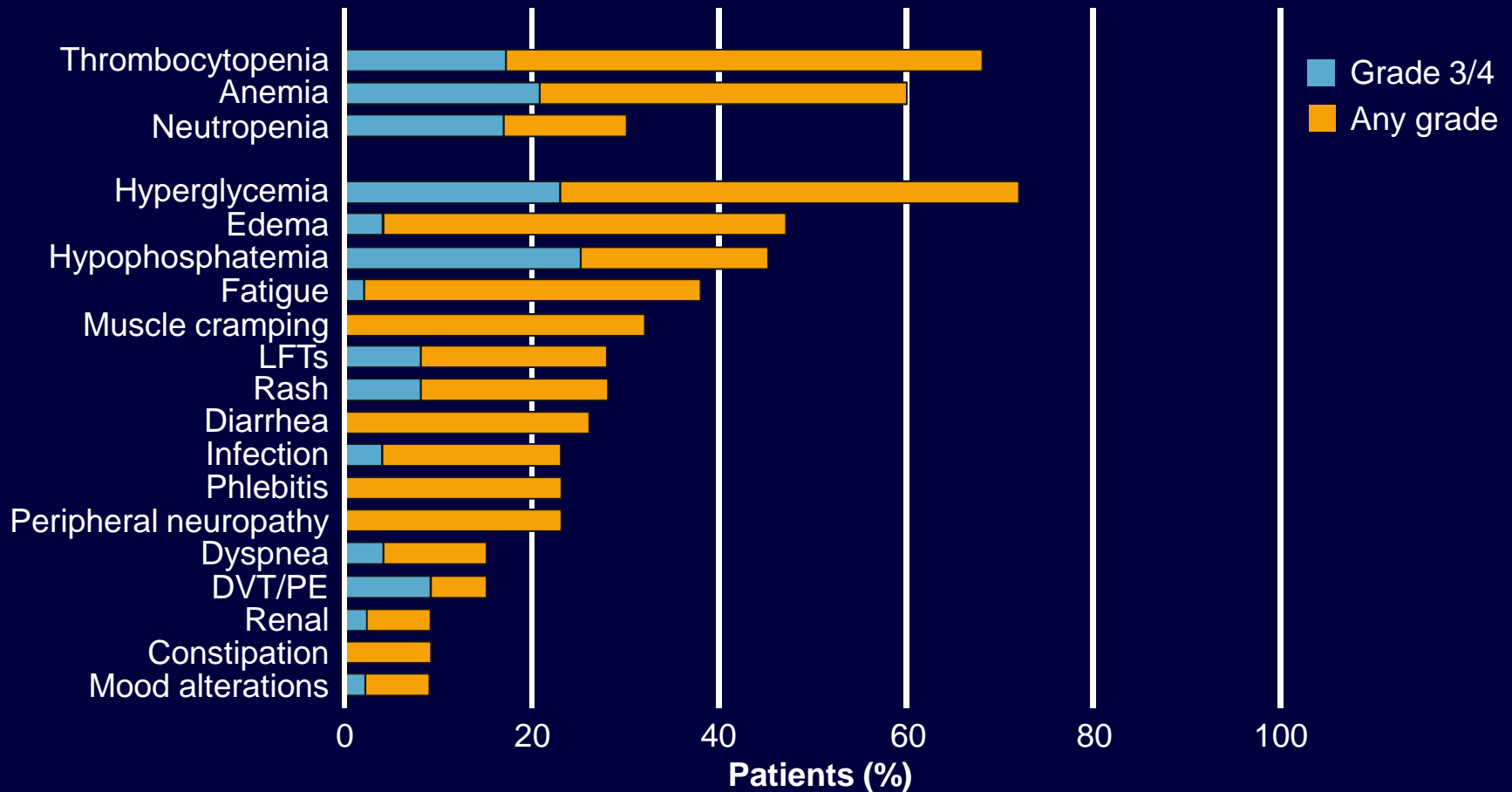
N = 53; median 12 cycles (range: 1-25)

PFS 97% at 12 mos  
 PFS 92% at 24 mos

Jakubowiak AJ, et al. ASCO 2012. Abstract 8011.



# CRd in Newly Diagnosed MM: Toxicity



## CRd in Newly Diagnosed MM: Conclusions

- Clinical responses durable and continue to improve with extended treatment<sup>[1]</sup>
  - 78% achieved nCR or better after 8 or more treatment cycles
  - Estimated 2-yr PFS: 92%
- High rate of sCR (CR + normal serum free light chains) of 61% after 8+ cycles
  - As sCR is a relatively new parameter, it has not been reported in RVD<sup>[2]</sup>
  - sCR may not have better outcome than CR<sup>[3]</sup>
- 91% with suspected CR had no MRD by flow immunophenotyping
  - Immunophenotypic CR associated with prolongation of TTP and EFS compared with less rigorous CR

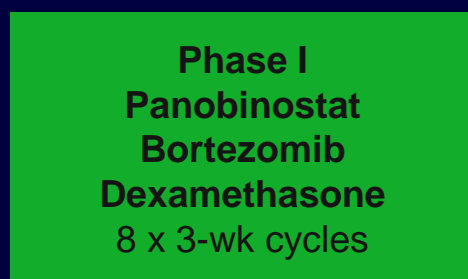
1. Jakubowiak AJ, et al. ASCO 2012. Abstract 8011. 2. Richardson PG, et al. Blood. 2010;116:679-686.  
3. Paiva B, et al. J Clin Oncol. 2011;29:1627-1633.

## Rationale for Phase II PANORAMA 2 Study of Panobinostat + BTZ/DEX<sup>[1]</sup>

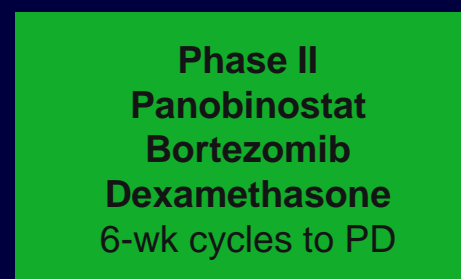
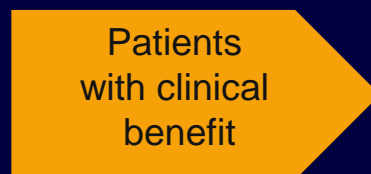
- Panobinostat, oral, pan-HDAC inhibitor<sup>[1]</sup>
  - Low nanomolar activity against classes I, II, IV HDACs
  - Alters transcription of multiple oncogenic pathways
  - Inhibits aggresomes and proteasomes; leads to misfolded protein accumulation and apoptosis
- Panobinostat synergized with BTZ in BTZ-refractory patients in phase Ib trial<sup>[2]</sup>
  - 50% response rate in BTZ-refractory patients

# PANORAMA 2: Panobinostat + BTZ/DEX in Relapsed/BTZ-Refractory MM

- Relapsed and BTZ refractory; previous IMiDs



- Panobinostat 20 mg PO
  - Days 1, 3, 5, 8, 10, 12
- Bortezomib 1.3 mg/m<sup>2</sup> IV
  - Days 1, 4, 8, 11
- Dexamethasone 20 mg PO
  - Days 1, 2, 4, 5, 8, 9, 11, 12



- Panobinostat 20 mg PO
  - Days 1, 3, 5 of Wks 1, 2, 4, 5
- Bortezomib 1.3 mg/m<sup>2</sup> IV
  - Days 1, 8, 22, 29
- Dexamethasone 20 mg PO
  - Days 1, 2, 8, 9, 22, 23, 29, 30

## Endpoints and assessments

- Primary: ORR
- Secondary: PFS, TTP, OS, MR, TTR, DOR
- Efficacy assessment by modified EBMT criteria

## PANORAMA 2: Results and Conclusions

Best Confirmed Response (Confirmed at 6 Wks), n (%)	N = 55
Overall response (CR + nCR + PR)	17 (31)
▪ CR	--
▪ nCR	1 (2)
▪ PR	16 (29)
Clinical benefit (CR + nCR + PR + MR)	28 (51)
▪ MR	11 (20)

Adverse Events, n (%)	All Grades	Grade 3/4
Diarrhea	38 (69)	11 (20)
Thrombocytopenia	35 (64)	34 (62)
Nausea	33 (60)	3 (5)
Fatigue	31 (56)	8 (15)
Anemia	24 (44)	8 (15)

Alsina M, et al. ASCO 2012. Abstract 8012.

- Adding panobinostat to bortezomib/dexamethasone can produce clinical responses in patients with heavily pretreated, bortezomib-refractory MM
- No patients discontinued due to thrombocytopenia
- Peripheral neuropathy generally mild
  - 1 grade 3 neuropathy
- No reports of QTc prolongation

# MRC Myeloma IX: Extended Follow-up of Long-term Bisphosphonate Use in MM

Patients with newly diagnosed, stage I-III MM (N = 1960)

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graph LR; A[Patients with newly diagnosed, stage I-III MM (N = 1960)] --> B[Zoledronic acid 4 mg IV every 3-4 wks + intensive or nonintensive chemotherapy (n = 981)]; A --> C[Clodronate 1600 mg/day PO + intensive or nonintensive chemotherapy (n = 979)]; D[Bisphosphonate treatment continued at least until disease progression];
```

**Zoledronic acid** 4 mg IV every 3-4 wks + intensive or nonintensive chemotherapy (n = 981)

*Bisphosphonate treatment continued at least until disease progression*

**Clodronate** 1600 mg/day PO + intensive or nonintensive chemotherapy (n = 979)

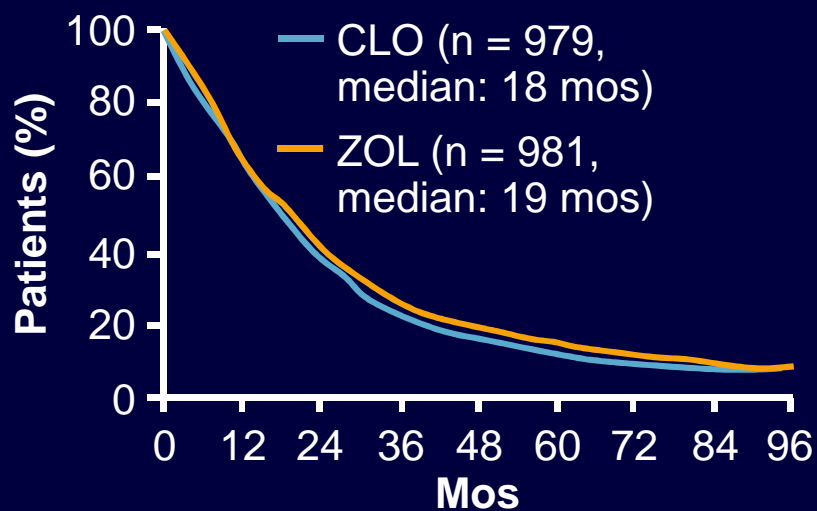
## ■ Endpoints

- Primary: PFS, OS, response
- Secondary: SREs (time to first SRE, SRE incidence), safety, QoL

# MRC Myeloma IX: PFS and OS With ZOL vs CLO

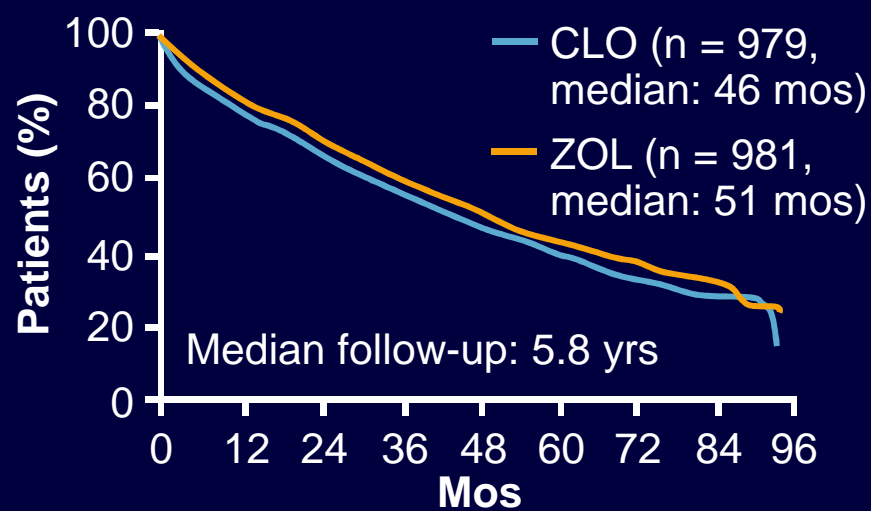
## PFS

$P = .01$  (Cox model)  
HR: 0.88 (95% CI: 0.80-0.97)



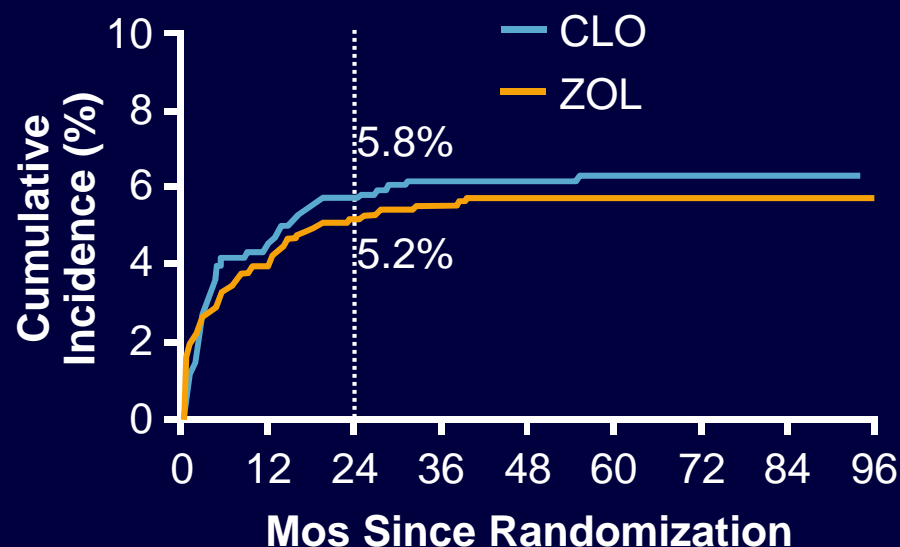
## OS

$P = .03$  (Cox model)  
HR: 0.88 (95% CI: 0.78-0.99)



- AEs were similar between arms, except ONJ
- No substantial changes in AEs during long-term follow-up

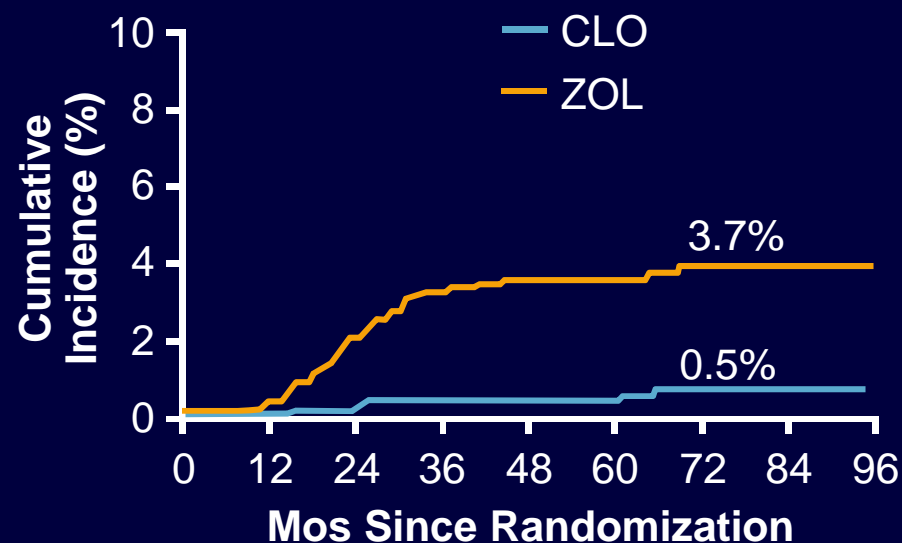
# MRC Myeloma IX: Renal Adverse Events With ZOL vs CLO



- Cumulative acute renal failure at 2 yrs was not statistically different



## MRC Myeloma IX: ONJ With ZOL vs CLO



- $P < .0001$
- Most ONJ events occurred at 12-36 mos
- Patients receiving thalidomide experienced fewer ONJ events
- ONJ prevention is important

## Long-term Bisphosphonate Use: Conclusions

- No consensus on optimal duration of bisphosphonate therapy
- NCCN recommends bisphosphonates to all patients receiving primary myeloma therapy to prevent bone loss and preserve skeletal health<sup>[1]</sup>
  - Potential direct effects on myeloma cell growth and survival
  - Annual bone survey
  - Monitor renal function
  - Monitor for ONJ
- ZOL maintained OS advantage over CLO<sup>[2]</sup>
- CLO had lower incidence of ONJ than ZOL<sup>[2]</sup>

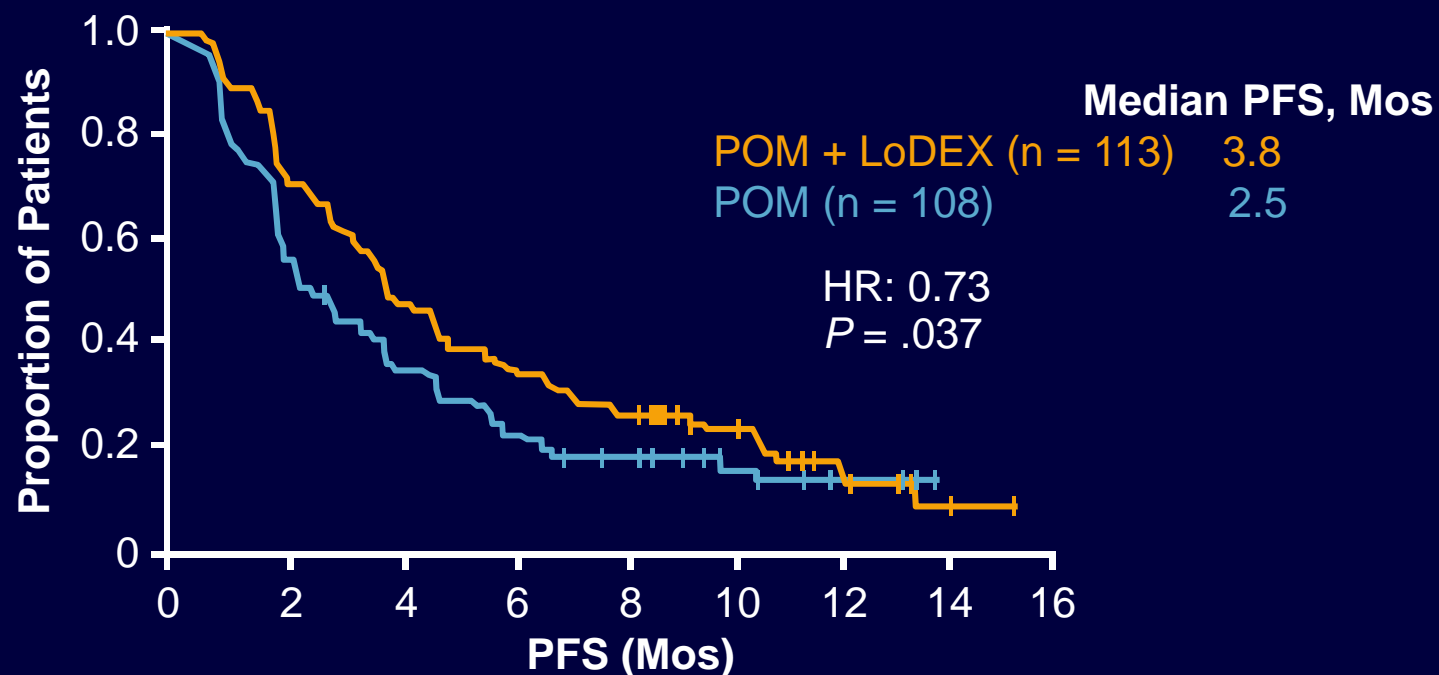
1. NCCN. Clinical practice guidelines in oncology: myeloma. v.1.2012.

2. Morgan GJ, et al. ASCO 2012. Abstract 8015.

# Pomalidomide/Low-Dose Dexamethasone in Refractory Patients

- POM: oral immunomodulator
- POM + LoDEX active in LEN- and/or BTZ-refractory patients<sup>[1]</sup>
- This preplanned subset analysis examines outcomes in LEN- and/or BTZ-refractory disease<sup>[2]</sup>
- Study design
  - Required previous progression during last LEN or BTZ treatment
  - Randomized to POM 4 mg on Days 1-21 of 28-day cycle, with an option to add LoDEX if disease progresses or to POM plus LoDEX 40 mg/wk
  - Primary endpoint: PFS; secondary: ORR, safety, DOR, OS

# POM + LoDEX vs POM Alone: PFS and Adverse Events



- Neutropenia (47%), thrombocytopenia (22%), anemia (22%), leukopenia (6%) were most common hematologic AEs in POM-alone arm
- Pneumonia (14%), fatigue (10%), back pain (12%), dyspnea (7%) were most common nonhematologic AEs in POM-alone arm

# POM + LoDEX Response Rates Stratified by Resistance to LEN or BTZ

Response	LEN Refractory (n = 87)	BTZ Refractory (n = 82)	LEN/BTZ Refractory (n = 69)	LEN/BTZ Refractory + Prior Transplant (n = 47)
ORR (≥ PR), %	25	29	28	34
▪ ≥ MR	41	46	46	53
▪ CR	0	0	0	0
▪ PR	25	29	28	34
▪ MR	16	17	19	19
SD, %	40	33	35	28
PD, %	7	7	7	6
Time to ≥ PR, mos	1.9	1.9	1.8	1.6
Median duration of ≥ PR, mos	7.0	5.8	6.2	5.7
Median duration of MR only, mos	3.4	3.2	3.0	5.7

## Clarithromycin + POM/DEX in Relapsed/ Refractory MM: Phase II Study

- CLA enhances LEN + DEX in first-line MM treatment<sup>[1]</sup>
- Phase II trial POM + CLA + DEX<sup>[2]</sup>
  - All patients received  $\geq 3$  previous therapies, of which  $\geq 1$  was LEN therapy
  - POM 4 mg/day on Days 1-21 of 28-day cycle, CLA 500 mg BID, DEX 40 mg/wk
  - Evaluation: immunoelectrophoresis, free light chain analysis; bone marrow biopsy and skeletal imaging to confirm response
- Median number of cycles: 6 (range: 1-17)

# Clarithromycin + POM/DEX in Heavily Pretreated Relapsed/Refractory MM

- Phase II study (N = 66)
- Median PFS: 5 mos
- ORR not affected by LEN or BTZ resistance
- Grade  $\geq$  3 AEs: fatigue (n = 1), muscular weakness (n = 1)

Response, %	Rate
ORR	56
$\geq$ VGPR	23
▪ sCR	5
▪ VGPR	18
▪ PR	33
▪ MR	12
▪ SD	21

Response, %	Refractory to		
	LEN	BTZ	LEN + BTZ
ORR	85	82	76

## Conclusions: Pomalidomide

- Pomalidomide/low-dose dexamethasone was active in lenalidomide- and bortezomib-refractory disease
- Adverse events are manageable
- Addition of clarithromycin may improve pomalidomide/dexamethasone therapy
- Potential future option in MM



# Oral Proteasome Inhibitor Ixazomib in Relapsed/Refractory MM: Phase I Study

- Ixazomib (MLN9708): orally bioavailable, potent, reversible, specific inhibitor of 20S proteasome
- Greater tissue penetration, faster dissociation from proteasome vs BTZ<sup>[1]</sup>
- Phase I study<sup>[2]</sup>
  - Primary endpoints: safety, MTD; secondary: ORR, plasma pharmacokinetics, pharmacodynamics
  - Ixazomib on Days 1, 4, 8, 11 of 21-day cycle
  - Patients: relapsed/refractory MM, ≥ 2 previous therapies (must include BTZ, thalidomide, or LEN and corticosteroids)
  - Blood samples collected after dosing on Days 1 and 11 of cycle 1
  - Response assessed using IMWG criteria, with the addition of MR and nCR
- MTD determined to be 2.0 mg/m<sup>2</sup>

# Oral Ixazomib in Relapsed/Refractory MM: Responses and Adverse Events

- Grade 3/4 adverse events
  - Hematologic: thrombocytopenia (34%; 21% grade 4), neutropenia (14%), anemia (5%), leukopenia (3%)
  - Peripheral neuropathy: no grade  $\geq$  3 (10% grade 1/2)
  - Nonhematologic: fatigue (9%), rash (7%), abdominal pain (3%), hypophosphatemia (3%), hypotension (3%)
  - 38% required dose reductions, 12% discontinued due to adverse events
- Data support twice-weekly dosing
  - MLN9708 rapidly absorbed, terminal half-life: 4-6 days, dose-dependent whole blood 20S proteasome inhibition
- Responses achieved in relapsed/refractory MM
  - $\geq$  PR in 6 patients (1 sCR, 1 nCR, 1 VGPR, 3 PRs)
  - 2 patients achieved MR
  - Durable SD in 32 patients, up to 17.3 mos

## Ixazomib + Lenalidomide/Dexamethasone

- Bortezomib currently used with LEN and DEX
- Phase I trial in untreated MM, 28-day cycle
  - Primary endpoints: safety, MTD, recommended phase II dose, CR + VGPR rate
  - Previously untreated patients
  - Ixazomib 1.68-3.95 mg/m<sup>2</sup> on Days 1, 8, 15
  - LEN 25 mg/day on Days 1-21, DEX 40 mg/day on Days 1, 8, 15, 22

## Ixazomib/LEN/DEX: Responses and Adverse Events

- Ixazomib MTD: 2.97 mg/m<sup>2</sup>; RP2D: 2.23 mg/m<sup>2</sup>
- Grade 3/4 adverse events
  - Hematologic: anemia (n = 2), thrombocytopenia (n = 1)
  - Nonhematologic (n = 2 each): erythematous rash, syncope, vomiting
  - Peripheral neuropathy 21% (n = 6); no grade ≥ 3
- Responses in patients with untreated MM
  - All 19 evaluable patients achieved ≥ PR
  - 1 sCR, 4 CR, 4 VGPR, 10 PR

## Potential Immunotherapy Targets in MM

APRIL	CD74	IGF-1	SDF-1 $\alpha$
BAFF	CD200	IGR1R	TGFB
BSF-3	CS1 (elotuzumab)	IL-6 (siltuximab)	TNF $\alpha$
CD126	FGFR	IL-6R	VACM-1
CD20	GFGR3	KIR	VEGF
CD38 (daratumumab)	GM-2	LFA-1	VEGFR
CD40	ICAM-1	MUC-1	VLA-4
CD56			

Hideshima T, et al. Nat Rev Cancer. 2002;2:927-937.

Hideshima T, et al. Blood. 2004;104:607-618.

# Siltuximab + BTZ vs BTZ Alone in Relapsed/Refractory MM

- Siltuximab: chimeric IgG<sub>1</sub>κ anti-human IL-6 antibody
  - High affinity, half-life ≈ 3 wks
  - Tolerability: no DLT up to ≥ 15 mg/kg
- Study design: phase II, randomized, double-blind, placebo-controlled
  - Patients: 1-3 previous lines of therapy; no previous BTZ
  - Treatment
    - BTZ 1.3 mg/m<sup>2</sup>, 8 x 42-day cycles on Days 1, 4, 8, 11, 22, 25, 29, 32 followed by maintenance, 4 x 35-day cycles on Days 1, 8, 15, 22
    - Placebo or siltuximab 6 mg/kg every 2 wks
  - Patients progressing had option to end BTZ and start DEX 40 mg on Days 1-4, 9-12, 17-20 and maintenance therapy at 40 mg on Days 1-4

## Siltuximab + BTZ Efficacy

- Nonsignificant trend toward improved ORR with siltuximab
- Nonsignificant, marginal effect on overall PFS
- Regional differences in PFS noted
  - Significant increase in NA and WE ( $P = .01$ ) vs no effect for rest of world
  - Patients outside of NA and WE less often pretreated, which was thought to obviate benefit of adding siltuximab
- Siltuximab continues to be developed for frontline therapy

## Siltuximab + BTZ: Adverse Events

- Modest increase in adverse events observed with the addition of siltuximab

Adverse Events, n (%)	BTZ + Siltuximab (n = 142)	BTZ + Placebo (n = 139)
Grade ≥ 3	129 (91)	103 (74)
▪ Blood and lymphatic system disorders	79	52
• Neutropenia	49	30
• Thrombocytopenia	48	34
• Anemia	11	15
▪ Infections	16	14
▪ Gastrointestinal disorders	13	4
▪ Peripheral sensory neuropathy	12	10



## Daratumumab: Phase I/II Study in Relapsed/Refractory MM

- Daratumumab: anti-CD38 antibody; kills MM cells via ADCC, CDC, and induction of apoptosis
- Patients: relapsed/refractory MM ( $\geq 2$  different therapies), not eligible for ASCT; 3 patients/dosing group
- Efficacy based on serum and/or urine M-component analyses
- At the highest dose (4 mg/kg), patients had a 49%, 55%, and 64% reduction in serum M-component and a 80%, 89%, and 97% reduction in plasma cells
- Adverse events were manageable

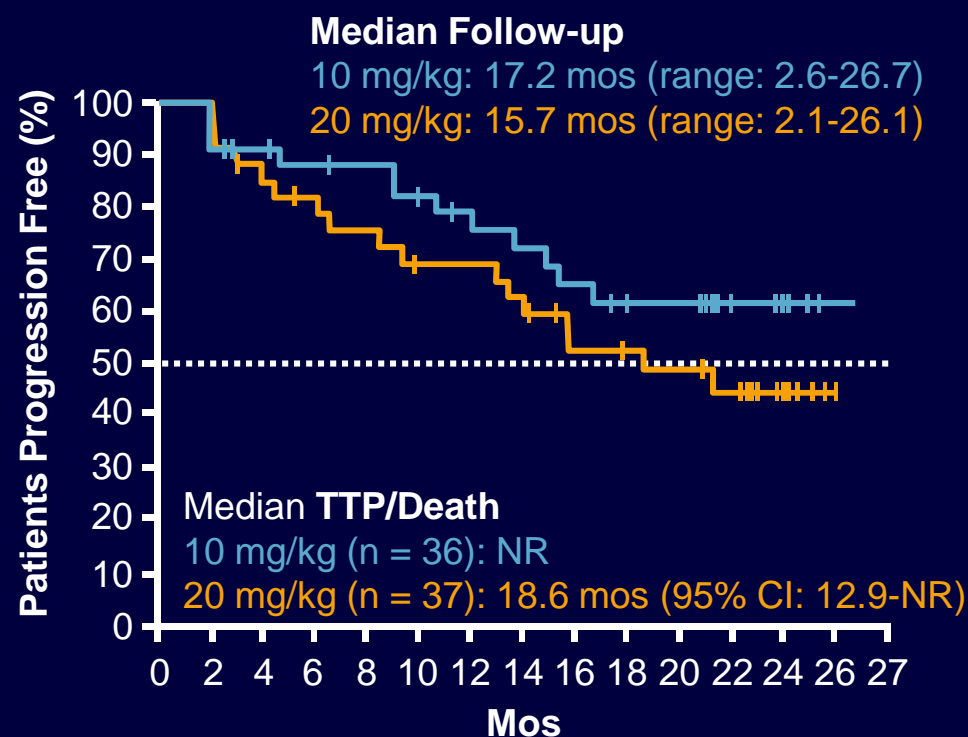
## Phase II Study: Elotuzumab + LEN and Low-Dose DEX in Relapsed/Refractory MM

- Elotuzumab, humanized, anti-CS1 IgG<sub>1</sub> antibody<sup>[1]</sup>
  - CS1 is highly expressed on MM cells, much less on NK cells, and has very little to no expression on normal cells
  - MOA of elotuzumab is postulated to be through NK-mediated ADCC
- Phase I/II study in relapsed/refractory MM<sup>[2]</sup>
  - Primary endpoint: ORR; secondary endpoint: PFS, safety
  - 1-3 previous therapies, no LEN
  - Elotuzumab 10 or 20 mg IV on Days 1, 8, 15, 22 (2 x 28-day cycles), then every 2 wks until disease progression or unacceptable adverse events
  - LEN 25 mg/day PO on Days 1-21 (28-day cycle)
  - Low-dose DEX 40 mg/wk PO

# Elotuzumab + LEN/Low-Dose DEX in Relapsed/Refractory MM

	Elotuzumab 10 mg/kg	Elotuzumab 20 mg/kg
Patients, n	36	37
<b>ORR (≥ PR), n (%)</b>	<b>33 (92)</b>	<b>28 (76)</b>
▪ CR/stringent CR, n (%)	5 (14)	4 (11)
▪ VGPR, n (%)	17 (47)	13 (35)
▪ PR, n (%)	11 (31)	11 (30)
< PR, n (%)	3 (8)	9 (24)

- PFS by cytogenetics: 9 mos for high-risk patients vs not reached for standard-risk



# Elotuzumab + LEN/Low-Dose DEX AEs

- No DLTs observed
- MTD not reached

	Elotuzumab 10 mg/kg	Elotuzumab 20 mg/kg
Total enrolled (ITT population), n	36	37
Treatment cessation, n (%)	18 (50)	24 (65)
▪ Disease progression	12	12
▪ AE	2	9
▪ Other	4	3

- Elotuzumab + LEN/low-dose DEX is active in relapsed/ refractory MM with manageable AEs

AE, n (%)	Elotuzumab 10 mg/kg (n = 36)		Elotuzumab 20 mg/kg (n = 37)	
	Any Grade	Grade 3/4	Any Grade	Grade 3/4
Diarrhea	20 (56)	3 (8)	21 (57)	2 (5)
Muscle spasms	19 (53)	2 (6)	22 (60)	0
Fatigue	21 (58)	3 (8)	16 (43)	2(5)
Constipation	17 (47)	0	19 (51)	0
Anemia	14 (39)	4 (11)	12 (32)	5 (14)
Lymphopenia	11 (31)	9 (26)	8 (22)	5 (14)
Neutropenia	11 (31)	5 (14)	8 (22)	7 (19)
Thrombo- cytopenia	12 (33)	6 (17)	7 (19)	6 (16)
Leukopenia	8 (22)	2 (6)	5 (14)	4 (11)

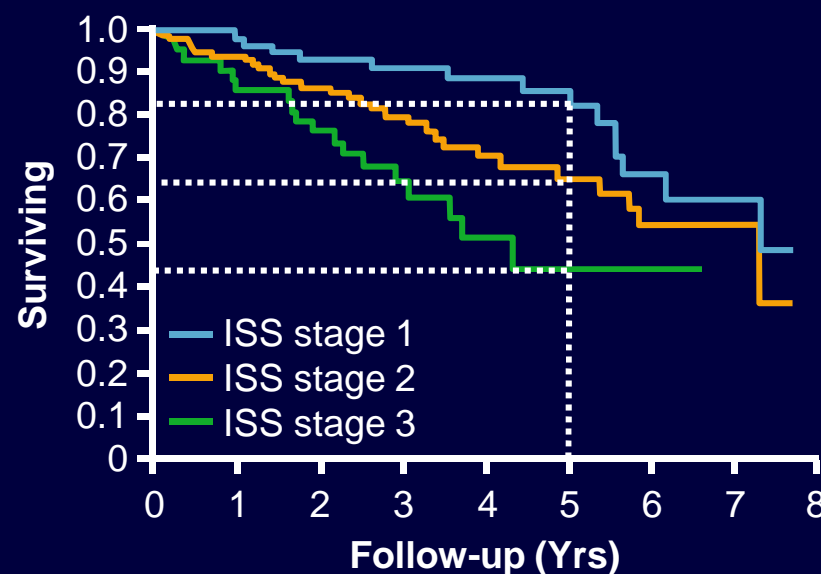
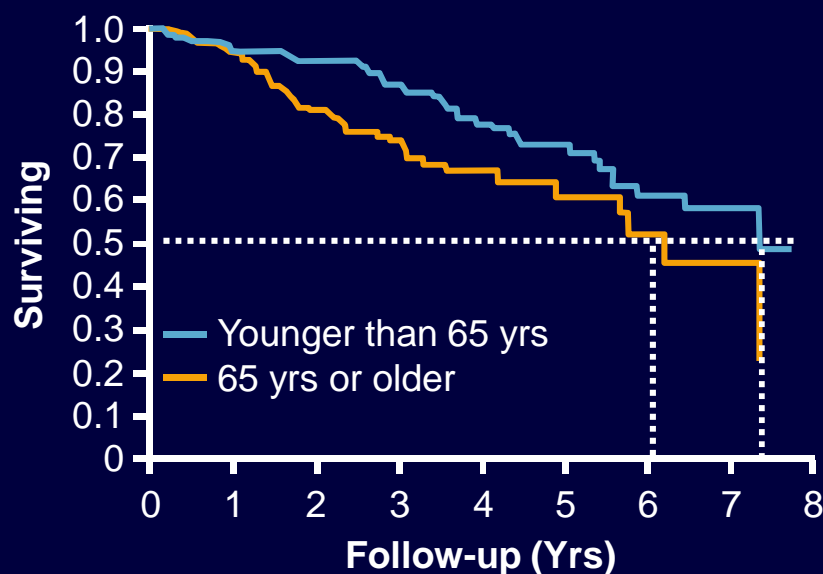
## Second Primary Malignancies in Newly Diagnosed MM by Age and Regimen

Malignancy Type	Aged < 65 Yrs (n = 519)	Aged ≥ 65 Yrs (n = 656)	All Patients (N = 1175)
Invasive SPM (hematologic and solid tumor), n (%)	7 (1.3)	8 (1.2)	15 (1.3)
Incidence per 100 pt-yrs (CI)	1.21 (0.57-2.53)	1.16 (0.58-2.33)	1.18 (0.71-1.96)
▪ Hematologic, n (%)	4 (0.8)	2 (0.3)	6 (0.5)
• Incidence per 100 pt-yrs (CI)	0.69 (0.26-1.83)	0.29 (0.07-1.15)	0.47 (0.21-1.05)
▪ Solid tumor, n (%)	3 (0.6)	6 (0.9)	9 (0.8)
• Incidence per 100 pt-yrs (CI)	0.51 (0.17-1.59)	0.87 (0.39-1.94)	0.71 (0.37-1.36)
Non-invasive SPM, n (%)	0	7 (1.1)	7 (0.6)
• Incidence per 100 pt-yrs (CI)	0	1.02 (0.48-2.13)	0.55 (0.26-1.15)

- SPMs: AML, melanoma, bronchus (2 each); MDS, CMML, NHL, DLBCL, breast, prostate, tonsil, renal, gastric (1 each)
- 9 unique regimens (drugs included: bortezomib, carfilzomib, doxorubicin, melphalan, lenalidomide, thalidomide, dexamethasone, prednisone)
- Causal relationship between SPM and therapy inconclusive

Rifkin R, et al. ASCO 2012. Abstract 8037.

# Long-term Follow-up With Lenalidomide/ Dexamethasone in Newly Diagnosed MM



- Median OS: 7.4 and 6.2 yrs (< 65 and ≥ 65 yrs of age, respectively)
- Median OS at 5 yrs: 82%, 65%, 44% (ISS stage 1, 2, 3, respectively)

## Tandem vs Single SCT in High- and Standard-Risk MM: Time to Relapse

- Tandem SCT in high-risk patients compared vs single SCT in high-risk and standard-risk MM patients at a single center
- Risk-stratified SCT allocation (129 patients: 22% HRT, 36% HRS, 43% SRS); most patients in each group received maintenance therapy

Response, %	HRT	HRS	SRS
≥ VGPR	68	72	80
1-yr relapse	7	29	7
2-yr survival	91	81	97

- Greater depth of remission in HRT patients may result in better outcomes vs single SCT in high-risk patients

# Early ASCT Followed by RVD Maintenance in High-Risk Patients With MM

High-risk patients  
receive ASCT  
(N = 37)

*60-day*  
→  
*rest*

**Lenalidomide** 10 mg/day on Days 1-21 of  
28-day cycle +  
**Bortezomib** 1.3 mg/m<sup>2</sup> on Days 1, 8, 15 +  
**Dexamethasone** 40 mg/wk

- Patients with high-risk cytogenetic features (del[17p], t(4;14), t(14;16), complex karyotype) have poor outcomes with a median PFS of 18.5 mos
- Median PFS and OS have not been reached
  - Subset patients with < VGPR, pre-ASCT have median PFS of 28 mos
  - Subset patients with < VGPR on maintenance have median PFS of 11 mos



## Early ASCT + RVD Maintenance: Efficacy

- Median PFS and OS have not been reached
  - Subset patients with < VGPR, pre-ASCT have median PFS of 28 mos
  - Subset patients with < VGPR on maintenance have median PFS of 11 mos
- No thrombotic events (DVT prophylaxis used)
- No second primary malignancies
- No grade 3/4 adverse events

Response, %	Patients
sCR + CR	51
▪ sCR	47
▪ CR	14
≥ VGPR	73
▪ VGPR	22
≥ PR	81
▪ PR	8
▪ SD	0
▪ PD	8

## Conclusions

- Carfilzomib, second-generation proteasome inhibitor, had efficacy in newly diagnosed patients; grade 3/4 AEs primarily hematologic and manageable; high-grade peripheral neuropathy uncommon
- Panobinostat, histone deacetylase inhibitor, showed activity in bortezomib-refractory patients
- No consensus on optimal duration of bisphosphonate therapy; however, in the MRC Myeloma IX trial, zoledronic acid maintained OS advantage over clodronate after a median follow-up of nearly 6 yrs
- Pomalidomide had activity in relapsed/refractory MM, including lenalidomide-refractory disease

## Conclusions

- Ixazomib (MLN9708) active in MM with no peripheral neuropathy
- Siltuximab active in combination with bortezomib; extent of pretreatment may affect benefit
- Daratumumab reduced serum M-component plasma cells in a phase I/II study
- Elotuzumab active in combination with lenalidomide/low-dose dexamethasone, encouraging PFS among high-risk patients

## Conclusions

- Increased second primary malignancy as a result of MM therapy could not be conclusively proven or disproven
- Long-term follow-up of patients receiving LEN/DEX maintenance revealed a longer PFS and OS in younger patients and those of lower ISS stage
- Early autologous stem cell transplantation in high-risk patients improved outcomes in small study
- Tandem stem cell transplantation in high-risk patients was more effective than single stem cell transplantation in this patient population in a single-center trial

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